



### THIS WEEK'S BAYSIDE GAZETTE

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# BANGSODE Image: Market and Mark



TONY RUSSO/BAYSIDE GAZETTE

Ethan Suplee gets a ride on a robot basketball player constructed by SDHS and SHHS students for a national robotics competition to be held in Baltimore next week (See Page 11).

### **Golf Club lifetime membership passes**

Program aimed at new greens funding gets the OK from OPA Board

#### **By Tony Russo** *Staff Writer*

OCEAN PINES — After months of planning, negotiation, re-negotiation and presentations galore, the OPA Board of Directors this week passed a measure allowing Association General Manager Bob Thompson to sell lifetime

memberships to the golf club.

For between \$12,500-\$25,000 (see Page 4) a limited number of golfers can join the Ocean Pines Golf Club for life as part of a plan to help fund the already-approved greens replacement on the course.

The cost of improving, maintaining and running the Ocean Pines Golf Club has been a matter of contention for at least a decade.

As the majority of the OPA general membership are of non-golfers, continued cost overruns were a continuing source of complaint. Attempts to keep operations costs down, however, have contributed over time to the course's deterioration.

The amount of work the course requires to return to its former glory as well as to attract significant numbers of outside play is significant.

In addition to having to continue the golf course drainage program to protect and improve the fairways, many of the trees around the course will require removal and a sustainable maintenance *Continued on Page 4* 

### **OPA to seek** referendum on Y.C. first

Thompson told to start renovation preparation

**By Tony Russo** Staff Writer

OCEAN PINES — The Ocean Pines Association board of directors elected this week to set aside potential plans to rebuild or rehabilitate the Country Club in favor of a plan that could have a new Yacht Club open for business as early as next spring.

Faced with growing opposition to the notion of doing both buildings at once and even objections about replacing either building at all, the directors elected to take the safer and what they believe is the easier route and begin by trying to get a referendum to replace the Yacht Club.

The decision to direct General Manager Bob Thompson to begin the work in earnest follows months of planning, research and negotiation and nearly failed as some board members wanted additional input before setting Thompson to the task.

The question of repairing or replacing both the Yacht and Country Club has been a contentious one in recent years as the issue continually resurfaces. Thompson's recent "concept" plans combined with the continued deterioration of both buildings has brought the issue to a head.

Tasked with researching the possibilities, Thompson, with help from several community volunteers, enumerated the problems and the minimum replacement costs for both buildings as well as the minimum repair costs.

*Continued on Page 6* 



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### **CFES** grants

SALISBURY — The Community Foundation of the Eastern Shore (CFES) announces the award of funds from the Small Grants Program to Worcester County GOLD - \$2,000 from the Help Your Neighbor Fund to provide support for their Emergency Assistance Program.

The Small Grants Funds are set up to provide support to address a wide range of needs including pilot projects, emergencies, organizational improvement, capacity building and equipment purchases. Grants are typically in the \$200 -\$2,000 range.

### Poultry training

ANNAPOLIS — To help farmers meet growing consumer demand for local meats, the Maryland Department of Agriculture (MDA) in partnership with the University of Maryland and Southern Maryland Agricultural Development Commission will conduct a training workshop for on-farm poultry and rabbit slaughter and processing.

Training will be conducted 9 a.m.-4 p.m. March 23 at the University of Maryland Extension, Community Resource Building, 30 Duke Street, Conference Room 105, in Prince Frederick.

The training fee is \$20 and includes lunch and materials.

Registration deadline is March 16. To download a copy of the registration

### form, visit:

**NEWS BRIEFS** 

www.mda.state.md.us/pdf/poultryrabbitwkshp.pdf.

For more information, call Sherry Weygant at 410-841-5769 or email: weygansl@mda.state.md.us.

Space is limited, so register early.

To learn more about Maryland's Pouland Rabbit Program, visit: trv www.mda.state.md.us/feed-food\_safetygrading/food\_qual\_assur/poultry\_rabbit/index.php.

### **Political forum**

SALISBURY - Salisbury University's Institute of Public Affairs and Civic Engagement (PACE) hosts a new forum for civil discourse, "Affecting Change in a Political World," 7 p.m. Monday, Feb. 27, in Perdue Hall's Bennett Family Auditorium.

Panelists include Vincent DeMarco, executive director of the Maryland Citizens Health Initiative; Michele Hughes, executive director of the Life Crisis Center; Dr. Adam Hoffman, director of PACE; and Mike Pretl, chairman of the Wicomico Neighborhood Congress. They discuss what residents may do to become active participants in their communities.

Admission is free and the public is invited.

For more information call 410-677-5045 or visit the SU Web site at www.salisbury.edu.

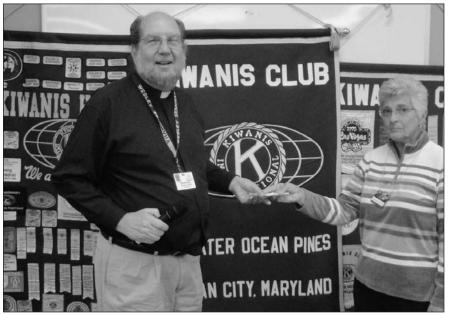


Cash in for a cause this month at A+ Gold Buyers! This is to help raise money to benefit sweet Ava DelRicco as she struggles to recover from a terrible car accident in OC. During the month of February, when you mention Baby Ava and this ad, A+ Gold Buyers will donate a portion of each sale to the DelRicco Benefit Fund to help with Baby Ava's medical bills and recovery. Route 589 **Taylorville** Center 10441 Racetrack Rd Berlin, MD 21811

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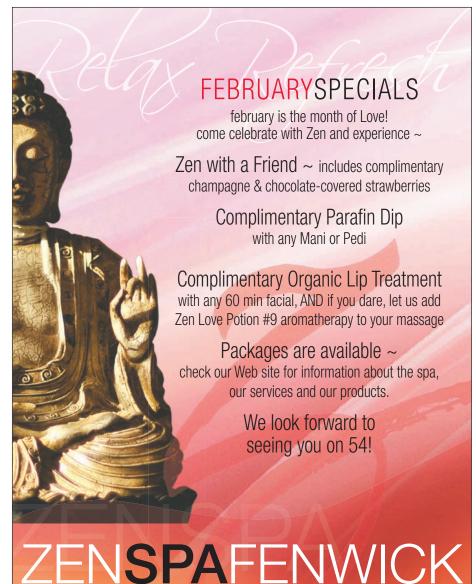
# Kiwanis help fund group providing needed rides



SUBMITTED PHOTO/BAYSIDE GAZETTE

Reverend David Herr accepts a check for \$400 from Kiwanis Club V.P. Barbara Peletier.

OCEAN PINES — Reverend David Herr, Human and Spiritual Affairs Chair for the Kiwanis Club of Greater Ocean Pines - Ocean City and leader of Worcester County Interfaith Caregivers, as he accepts a check for \$400 from Kiwanis Club V.P. Barbara Peletier. Interfaith Caregivers has been in existence for almost 20 years and is manned by volunteers who offer their time and cars to drive individuals in need of transportation to and from medical appointments. Herr said that most of the people now go to AGH and nearby health providers in Berlin as opposed to earlier times when it was necessary to drive to Salisbury where those services were available. For more information or to volunteer to be a driver, contact Reverend Herr at 410-352-5382.



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### Thompson gets Board go ahead for funding greens

### Avid golfers will have the opportunity to pay for lifetime of free golf

Continued from Page 1

plan will have to be put into place.

Understanding that the general membership was beginning to tire of assessment increases tied to the continuing and varied plans to "fix" the golf course, last year Thompson proposed that the golf community could be called upon to increase their contribution.

Although golf membership costs have generally held the line over the past few years, age, the economy and the course condition has dwindled the memberships ranks.

Moreover, Thompson was concerned that a significant annual membership increase might cost the Association even more members.

His solution was to propose offering lifetime memberships and using the revenue they generated to help fund the first and most necessary part of the golf course renovation — replacing the greens at the cost of about \$900,000.

Initially the plan was to offer 40 memberships at \$25,000 per and raising the entire amount from membership sales. Further research and Board of Directors input altered the plan and last month Thompson presented the new deal. In an effort to fund \$595,000 of the \$900,000 needed, the OPA would offer 33 memberships at a stair step, age-based rate.

Although the Board of Directors approved the initial plan they had questions and reservations tied primarily to the lifetime membership contract and the potential financial pitfalls of cutting future revenue for present monetary gain.

The contracts outline the lifetime membership rights — participants packages include greens fees, cart rental, player improvement program, a locker, and are non-transferable — as well as a commitment that the money will be used to rebuild 18 greens.

One of the provisions is that if a future board decides not to finish the plan, which is an always-looming possibility in the OPA, members can get their money back, less the number of years they've already participated.

Thompson's greens replacement plan calls for the immediate replacement of nine holes and replacement of the second nine in Spring 2013.

As a way of beginning to allay concerns about loss of membership funding into the distant future, Thompson placed is confidence in the works already being done by Billy Casper Golf (BCG), the OPA's management company, to increase revenue through generation of outside package play and eventually additional tournaments.

The plan to attract more tournament play was tied to the improvement of the Ocean Pines Country Club which has been put off indefinitely.

Before the green conditions deteriorated, making them nearly unplayable, BCG was already on pace to have one of the first profitable years at the Ocean Pines Golf Club in recent memory, according the Thompson.

If BCG continues to improve the course's condition as well as its profile, the amount of additional play it generates should more than make up for whatever losses the course suffers from the sale of 33 lifetime memberships.

Having assured the board on all points, Thompson this week asked that they formally approve his plan so that the club may begin selling the memberships and begin defraying the cost of the green replacement project.

He told the board the contract had been vetted by two lawyers and met with all the board's requirements. The board agreed to his request. Lifetime memberships are expected to go on sale directly.

### **OPA Golf Club lifetime** membership apportion

• Golfers age 70 and older will pay \$12,000

with 10 memberships available

- Golfers age 60-69 will pay \$17,500 with 12 memberships available
- Golfers age 50-59 will pay \$22,500 with 6 memberships available
- Golfers under 50 will pay \$25,000 with 5 memberships available

### **OPA Board of Directors** passes FY 2013 budget

### Questions about cost of Admin Building redo may finally be settled

### By Tony Russo

Staff Writer

BERLIN — The OPA Board of Directors passed the fiscal 2013 budget with little fanfare or argument — although there were plenty of speeches — over the objection of Dave Stevens with a vote of 6-1. The \$9.7 million budget includes a basic annual assessment of \$873 and capital expenditures totaling \$3.9 million.

Although the operating budget includes substantive organizational changes, it represents no increase in costs in favor of a redistribution of liability plan aimed at reducing operational costs and simultaneously driving revenue.

Given that the OPA will have no personnel costs associated with the Golf Club some of the payroll savings will be used elsewhere to change or improve operations.

A facilities manager will be added to the staff. This position was created to make sure the OPA spends less on contractors and also does a better job and maintaining their facilities.

There will also be added a human resources manager. Thompson asked for such a position in his FY 2012 budget but retracted the request in favor of a HR subscription service. He ade a case to the board the the subscription service was not as valuable as having someone on staff.

The other major addition is an aquatics instructor who will be responsible for helping to increase revenues in that usually lagging department.

In addition to appealing for the new positions, Thompson is asking the board of directors for options to bestow raises where he feels they are warranted.While he is asking for an aggregate of 3 percent, Thompson was clear that it was not a call for across-the-board raises.

Admin issue closed

In response to repeated and pointed requests about the \$46,000 spent on the Administration Building Thompson once again enumerated the specific reasons, rationale and cost for the building's redo.

Most of the facility's carpet and furniture had not been replaced in more than 20 years. The building was also reconfigured so that people could have privacy when doing financial business with the OPA — arranging to pay delinquent assessments, for example — and so that there was more storage with no real loss of floorspace.

Thompson, who has been repeatedly asked about the renovations at recent meetings provided documentation that included all the times he's provided documentation on the issue in the past, and places interested board members could find videos of the presentations and discussions. Director Dave Stevens has been aggressive in questioning the expenditures for the last several months.

"I hope this clarifies any issues with the admin building," Thompson said. GM report

Thompson told the board he and staff were in the process of interviewing companies who could build them a more functional, better searchable website. He assured the directors that the staff wouldn't buy a program that they were unable to maintain themselves.

The project, he said, would be well within budgeted guidelines from the FT 2012 budget.

Reporting on the budget Thompson said that it looked as if the OPA wold miss targeted budget goals by more than \$80,000. This can mostly be attributed to disappointments in Golf and Yacht Club expenses and revenue shortfalls. The association is likely to not actually lose money, the shortage is not in cash and was made up in other departments, it is still something on which Thompson said he expects to improve.

Oral arguments in the IRS v. OPA tax suit were presented at the 4th Circuit Court of Appeals, last month and Thompson said they will hear the outcome in 90-120 days.

In an effort to improve the tennis court playability, the OPA will spend about \$19,000 to fix tennis court drainage issue.

"If this works for us, we're going to go back and do it on the other side of the tennis court," Thompson said.

As announced earlier, the funding is complete for the Dog Park and work is expected to begin on the park shortly. Thompson said that he will convene a meeting with the principles responsible for putting the dog park coalition together and begin to draw up rules, practices and regulations for the board's review.

He expects the park to open this spring.

President's remarks

OPA President Tom Terry addressed several members' concerns that both he and the other board members had received vie e-mail and telephone.

He said he wanted to once and gain dispel the rumor that the recycling bins at the South Station would be removed now that Waste Management offers curbside recycling. The bins are provided by the county and, as such have no baring on the OPA's garbage collection plans or processed.

Terry also addressed growing concern that the OPA would be raising gas prices in an effort to increase their profit margin. This, too, he said was patently untrue. "We did not and have not voted on changes on anything having to do with [the gas prices]," he said.

### OPA PROPOSED BASIC ASSESSMENT FOR FISCAL YEAR 2012/2013





**Legion support** 

SUBMITTED PHOTO/BAYSIDE GAZETTE

American Legion Sinepuxent Post 166 generously donated \$500 to Worcester Youth and Family. Pictured are Tracy Hirsch, Communications Coordinator at Worcester Youth and Family, with John Granite.

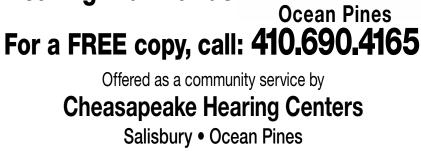
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### **OP Country Club moved to back burner, for now**

"Trying to push both Yacht

Club and the Country Club

renovation/rebuild right now, I

think, is a challenge."

Bob Thompson

Scope of Work requests for Y.C. to be sent to potential bidders soon

### Continued from Page 1

The directors who expressed concern did so generally because they were afraid that the project would spin out of their control and that they wouldn't have enough input into the final product. Before taking the project to referendum, they reasoned, they should have the opportunity for input in the rest of the process.

Thompson assured the directors that this was not the last they would hear of the project before it was offered for referendum and outlined both his plan and his methodology in an effort to assuage their concerns.

Taking them back through the process Thompson explained both the logistical and operational changes that have already begun to inform the next phase of the plan.

When Thompson began holding public meetings about the Yacht Club he received an avalanche of commentary from OPA members regarding what they liked and didn't like about the

didn't like about the proposal. It was developed around what

Thompson called the "campus concept" and involved major changes to the area around the Yacht Club, the facility's look as well as its use.

According to the original concept the Ycht Club would be torn down and rebuilt further from the water and better oriented to take advantage of the view of Ocean City. The original plan called for better access to the area from the Mumford's Landing Pool and incorporation of the Marina offices to better attract boaters.

The concept also called for an open dining area under the Yacht Club with one floor of banquet catering and overflow dining area above.

The plan also called for it to be a seasonal facility, given that one of the biggest financial drags on the club's operational budget were the tremendous losses the club took by remaining open all year.

Community input convinced Thompson to better accommodate indoor dining on the first floor and plan to keep the facility open year-round.

After convincing the board to set aside the plans for redevelopment of the Country Club, Thompson told them that he wished their permission to go forward with the design-build concept for the Yacht Club only.

His plan is to begin soliciting bids via issuing a scope of work immediately and

return to the board with plans developed in conjunction with both the advisory group responsible for the concept plan and actual numbers provided by the contractors.

Once potential bidders begin responding to the scope of work, Thompson said both he and the board will have a much more accurate notion of the total anticipated cost of the project. Thompson said he believed the initial expenses would be available for the board's consideration by March 11.

Thompson's own estimate was that the OPA would have to spend about \$2.5 million for the new structure, plus teardown and furnishings. He expected to take \$1.5 of which from the reserves and borrow the rest.

The estimate was likely conservative but as bids come in the board will have a better idea about how much the building will likely to cost.

More importantly, the will know what number to put on the referendum, which was the fact that made Thomp-

son's plan more appealing to some of the directors.

Once narrowed, the OPA will request bids for the project setting a due date of April 30. Thompson, volunteers and staff

will review and level the bids before bringing them to the board of directors for input and further decision.

Leveling bids requires a line by line review of the costs to make sure that, as Thompson out it, "We're comparing apples to apples."

Thompson said he expects the board will be able to vote on a contract and a plan by May 30 and have the project go out for referendum June 15. In response to questions about the haste with which he is proceeding, Thompson said that it would be critical to know where the Association stood on the question of replacing the Yacht Club.

Should the referendum pass, plans will have to be made for the Yacht Club being taken off line.

Should the referendum fail, a new plan for dealing with the current problems at the Yacht Club will have to be conceived and plans about how to get through the winter initiated.

Although he was initially skeptical about the proposal, Board Member Dan Stachurski threw his support behind it based on the fact that it would go to referendum.

He said that the OPA residents should have a look and the final say at the proposal and the board shouldn't stand in their way.

Board Member Dave Stevens objected to the process and as well as the motion to proceed and stood as the only director in opposition in the 6-1 vote.

### Ocean City touts Springfest lineup for 2012 season

OCEAN CITY — Springfest celebrates spring and the upcoming summer season Thursday through Sunday, May 3-5 in the Inlet Lot at the south end of Ocean City's famous Boardwalk.

Ocean City's 22nd annual Springfest will serve up a continuous variety of musical performances on two stages throughout the event. Admission to the four-day event is free.

All entertainment is free with the exception of the headline acts.

Tickets are now on sale for country star Loretta Lynn, 80s sensations Eddie Money and Survivor, and the Fabulous Hubcaps, all of whom will headline the entertainment at Springfest 2012.

The Fabulous Hubcaps, one of the nation's most sought after oldies and classic rock show bands, returns to the Springfest stage 7 p.m. Thursday, May 3 Tickets for this show are \$5 and \$10.

Loretta Lynn performs at 8 p.m. Friday, May 4. Her instantly recognizable delivery is one of the greatest countrymusic voices in history.

Tickets for this Springfest show are \$25-\$55.

Eddie Money and Survivor take the stage at 8 p.m. on Saturday, May 5 with tickets ranging from \$20 to \$45. With hits like "Two Tickets To Paradise," "Baby Hold On," "Walk On Water," "Think I'm In Love" and "Shakin".

Eddie Money continues to be one of the hardest working men in rock and roll.

Survivor hit the charts in the 1980s with songs like "Eye of the Tiger," "I Can't Hold Back," "High On You," "Burning Heart" and "Is This Love."

Survivor members Frankie Sullivan (guitars, vocals) and Robin McAuley (lead vocals) keep the signature Survivor sound that the world fell in love with, alive and touring.

Tickets for all three shows are on sale at the Ocean City Convention Center Box Office on 40th Street.

Box office hours are 8 a.m. to 4:30 p.m. Monday through Friday. Tickets are also available at www.ticketmaster.com or by calling 800-551-7328.



### Run for a Reason in OC Half Marathon



SUBMITTED PHOTO/BAYSIDE GAZETTE

Members of Team GOWOYO dig it out during a one of the Worcester County Youth and Family 'Run for a Reason' events to benefit the local non-profit in their work with the area's families and children.

### Participation appeal from Worcester Youth and Family Counseling

BERLIN — Worcester Youth and Family announced it is calling on the community for support during the Ocean City Half Marathon and 5K Race.

For several years, the private nonprofit has formed a group called Team GOWOYO to run, jog or walk during the annual event. Members of the Team raise money to benefit the many programs serving children and families of Worcester County. On Wednesday, February 29th, from 6-8 p.m. a special registration night and Kick-Off reception is being held in The Ray community room at Worcester Youth and Family's offices located at 124 North Main Street.

Those who take the pledge to raise money during the marathon will receive 20 percent off the registration fee.

"We are holding the registration at our offices because we want the Team to see who we are and what we do," said Worcester Youth and Family's Stefanie Gordy. "We are a private non-profit relying upon the donations from private individuals and businesses. It is really important that the people who support us understand just how meaningful their gifts are to those who are struggling in Worcester County. Our goal this year is for the Team to raise \$10,000."

The Team will 'run for a reason' during the half marathon and 5 K race held Saturday, April 28 in Ocean City.

Participants can choose between a 13.2 mile half marathon and a 5 K race both of which begin at the Ocean City Boardwalk with the half marathon continuing on through West Ocean City and finishing at Assateague State Park.

For more information please call Worcester Youth and Family at 410-641-4598 or email sgordy@gowoyo.org.



### WPS students are ready to open Fiddler on the Roof

### Worcester Prep actors prepare to tackle tale of Russian Jewish life

#### By Casey Knerr Staff Writer

BERLIN — Although Worcester Preparatory School is known for exciting and colorful covers of popular Broadway plays, this year's "Fiddler on the Roof" is expected to set a new standard for high school productions.

One of the most beloved Broadway musicals of all time, "Fiddler on the Roof" focuses on a Jewish family living in the heart of a Russian shtetl during the early 1900s. As each character tries to cope with a changing culture and the constant threat of pogroms, he or she must confront personal beliefs and deep seated stereotypes.

"Fiddler on the Roof" is a one-of-akind musical with catchy songs like "Tradition" and "Sunrise, Sunset," witty and insightful dialogue, and a bittersweet storyline. And of course, it is impossible to forget the precarious "Bottle Dance," which will be performed by the very talented young men of Worcester Prep.

Dan Freed, the show's director, called "Fiddler" his "favorite...Broadway show." He is impressed by the multitude of gifted actors (42 in all) who have come to participate in a long standing Worcester tradition.

"Vocally it's one of the strongest shows we've done in years," said Freed.

With a brand new sound system and elaborate scenery provided by Stephanie and Brian Lewis, this play will surely astound its audience. Freed added, "Most people are familiar with the story of 'Fiddler on the Roof,' but we're hoping to revive that...and give it a fresh new look."

The cast and chorus is especially excited for the upcoming production.

"I think it's going to be one of the best shows Worcester has done in a long time," said junior Elise Harmon, who plays the part of Hodel. "Hodel is a really exciting role to play. It's a lot different from my role last year."

Here Harmon refers to Gloria, a quick thinking and upbeat reporter in the Broadway musical, "Damn Yankees." Her numerous vocal awards and impressive acting ability have certainly qualified her for her brand new role as Tevye's second daughter.

"We put a lot of work into [the play[ and I hope people can come see it," Harmon said.

Sophomore Razaak Eniola, Worcester's own "fiddler on the roof," is also enabout this "wonderful thusiastic experience." Eniola has been intensely practicing the opening number with his violin, preparing to show off his musical talent to friends and family.

Finally, senior Ashley Foreman is especially excited to play the part of Golde, Tevye's independent and kind hearted



Love is in the air! Why not give a valentine to your eyes this February - in the form of good eye health. Schedule your eye exam appointment today and don't forget to ask about the OptoMap® Retinal Exam technology. If you are looking for the perfect gift for your valentine this year why not give the gift of sight with an Accurate Optical gift certificate? Nothing says love like good vision. Your eyes will love you for it! You can trust your eyes to Accurate Optical! We're local just like you!

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Worcester Preparatory school students practice "The Bottle Dance," an exciting part of

the upcoming play "Fiddler on the Roof."

wife. "I think my character is a lot of fun to portray and I think that the play is coming along smoothly," she said.

Even the dance instructor, Paulette DeRosa-Matrona, is pleased with this year's capable dancers. "I think the kids are fantastic...There's nothing they can't do when they set their minds to it," she said.

Yet perhaps junior Brad Mullen, who plays the part of the Constable, put it best when he said, "It's going swimmingly."

"Fiddler on the Roof" will be hosted at Worcester Preparatory School on March 2nd and 3rd at 7:00 pm (Doors open at 6:30); tickets are on sale now for \$10. They may be purchased from Mrs. Whiteman in the Middle and Upper School Office anytime during the weekday from 8:00 am to 3:30 pm or at the entrance on March 2 or 3 for \$12.

CASEY KNERR/BAYSIDE GAZETT

With so many gifted and enthusiastic students, it will be no surprise if this year's musical becomes one of Worcester's best.

### Salisbury University adds Nursing Ph.D. program

SALISBURY — Salisbury University is now accepting applications for admission into its first doctoral program — the Doctor of Nursing Practice (D.N.P.). Designed for nurses in advanced practice roles, the program begins in fall 2012.

Graduates will have specialized skills for managing the increasingly complex needs of patients in multi-tiered health delivery systems in cost-effective and collaborative ways.

"The first such degree program in our region, the D.N.P. will help prepare leaders in nursing practice to guide future healthcare reform," said Dr. Lisa Seldomridge, chair of the SU Department of Nursing. "We nurses traditionally work closely with patients. Aren't we especially well suited to guide and lead positive changes focusing on improving patient care?

Nationally recognized for academic excellence in programs including nursing, SU offers students a convenient location and close one-on-one interactions with knowledgeable faculty.

The DNP curriculum emphasizes using technology to improve health care delivery and outcomes.

Meeting the needs of working professionals, the program features a small cohort, hybrid classes combining online and classroom learning, and individual program planning based on student goals and experiences.

"With hospitals pursuing Magnet recognition and encouraging staff to increase certifications, the D.N.P. will make nurses more valued members of their health care organizations," said Dr. Molly Parsons, program director. "Care is always our priority, and studies show patients do better with a highly educated nursing staff."

"The D.N.P. will prepare nurses for positions in advanced practice, education and administration including public service," Seldomridge said. "Earning a doctorate had a profound impact on my life and career; I only wish I had had the opportunity as close to home as SU."

Compared to other institutions within the state and mid-Atlantic region, SU's program offers competitively priced tuition and fees. Scholarship funding may be available. The application deadline is May 1, with priority consideration given to those who submit materials before March 1.

For more information on admission or the curriculum, contact Parsons at 410-543-6420 or dnp@salisbury.edu, or visit the SU Nursing Department Web site at www.salisbury.edu/nursing/dnp.



### Ocean City goes green with a parade

### Annual celebration of Feast of Saint Patrick set for Sat. March 17

OCEAN CITY — The 31st Annual St. Patrick's Day Parade and Festival marches in Ocean City on Saturday, March 17. Sponsored by the Delmarva Irish-American Club, this Ocean City tradition has grown to become Maryland's second largest St. Patrick's Day Parade and the weekend has become a seasonal kick-off for many local businesses.

Ocean City's St. Patrick's Day Parade includes pipe and drum bands, including the Chesapeake Caladonia Pipe and Drum Band and the Ocean City Pipe Band, several area high school marching bands led by the Stephen Decatur High School Marching Band and numerous festively decorated St. Patty's Day floats.

Trophies will be awarded for best marching band, best commercial float, best non-commercial float, best motorized unit, best adult marching unit, best youth marching unit, special committee award and best overall entry in the parade.

The grand marshals of this year's parade are Harry and Kathy James. The procession begins at noon at 61st Street and marches south on Coastal Highway to the 45th Street Shopping Center, where the reviewing and judges stand will be located.

The 45th Street Shopping Center will be once again be transformed into a lively



The grand marshals of this year's parade are Harry and Kathy James.

Irish Festival complete with live Irish entertainment, dancers, face painting, Irish apparel and plenty of food and drink.

Music will be provided by Pat O'Brennan. The free-admission festival begins at 10 a.m. and runs until 4 p.m.

The Delmarva Irish-American Club was founded in 1980. The first membership drive resulted in 75 members; today the membership totals more than 300 and is open to anyone who is Irish, or Irish descent or just likes things Irish.

The club has awarded over \$250,000 for scholarships to local students from the proceeds of previous parades.

For more information, visit www.delmarvairish.org or call Buck Mann at 410-289-6156.



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### **Giving Worcester Prep another thing to cheer about**

### Spirit and enthusiasm dominate the Mallard Cheerleading squad

#### **By Casey Knerr** Staff Writer

BERLIN — Although basketball often captures the minds and the hearts of students during the winter season, no game would be complete without a group of spirited and upbeat cheerleaders.

Worcester Preparatory School certainly does not lack this, with a diverse and talented team of 15 girls and one brand new "Fighting Mallard" mascot, freshman Ali Khan.

Coached by Megan Wallace and Kira Eade, the group has performed impressive new routines and inspired Worcester pride at pep rallies and basketball games.

"We have a wonderful, spirited team with five seniors," said Wallace proudly.

Wallace added that senior captains Marybeth Fisher and Hannah Beauchamp have been working especially hard to lead the girls and play a positive, accepting role.

"They've been working very hard on their dancing, their stunting, and their tumbling," she said.

Cheerleading is no easy task. With complicated dances and an abundance of

remarkable stunts, the sport requires both discipline and strength.

Luckily, all of the Worcester cheerleaders possess both of these qualities to help them master their routines.

<sup>°</sup>I love being on the team," senior Jenn Moore, a four year member of the cheerleading team and future student at San Diego State University, said. "There are really great girls."

Senior Sarah Smith, who also plans to attend San Diego State, agreed.

"We've tried a lot of new stunts, which is good," she said. "The new girls fit in really well."

Smith said hopes to continue cheering at the university level.

In addition to spreading "an abundance of school spirit," the team has also done charity work with Relay for Life, the well known cancer organization, and Barks for Life, a charity which focuses on canine welfare.

With fundraisers and booths at local organizations like Frontier Town, the girls help to spread awareness regarding current issues and diseases.

This year's Worcester cheerleading team is an incredible collection of diligent, animated students full of school spirit.

So during the next "Fighting Mallard" basketball game, be sure to give a hand to the cheering girls dressed in red, white, and blue.





CASEY KNERR/BAYSIDE GAZETTE

Above:ophomore Sarah Arrington and seniors Mallory Richards and Marybeth Fisher support sophomore Shelby Rohde during Worcester Preparatory School Cheerleading practice.

Below:The Worcester Preparatory School Cheerleading team has worked hard to spread school spirit during the winter months



### Rise of the machines for Decatur, Snow Hill High



Members of the SDHS/SHHS robotics team test out the robot they designed to shoot basketballs as part of a nationawide competiton.

### Combined team ready to compete for the right to pursue national title

### By Tony Russo

Staff Writer

BERLIN — Although technically closed for the holiday Monday, the halls of Stephen Decatur High School were by no means empty.

The robotics team, comprised of students from both SDHS and Snow Hill High School had a deadline to meet and, President's Day or no, they were going to meet it.

The students are participating in the Rebound Rumble a robot building competition sponsored by First Robotics that pits teams from all across the continent against one another for what amounts to ore than \$14 million in college scholarships.

The team is divided into sub-teams ranging the spectrum of what might be called the technical arts. In addition to the physics and mechanics required to put the robot together, there is a planning team and a business team.

The less science-y team members handle logistics, fundraising and promotion, which is an important lesson — science is as much a business as an academic endeavor.

It takes funding and coordination and is as reliant on the people who do the facilitating as the people who do the calculations. But at crunch time, with everything else all ready to go, the team members responsible for making the robot shoot baskets were working out the last few bugs. Once they were certain it was as together as it could be, the students will dissemble the robot and ship it off to the Baltimore Convention Center where the state competition will be held.

From there, should the team prevail, they will fly to St. Louis for the national competition.

The team and competition is sponsored by, among other corporations, JC Penny who provided the \$6,500 for the base model kit.

The way the competition works is that the students are assigned a task to complete.

This year the challenge is to have a functioning basketball robot. Some of the robots were assigned to play defense but the SDHS team was given the task of building a robot that could shoot baskets.

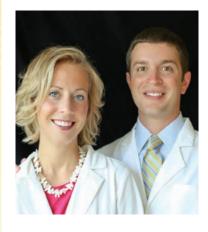
The base model kit is essentially just a large remote-control chassis. The students are then responsible to invent and construct the rest of the moving parts.

The team adult leaders are Michele Kosin, physics teacher from SHHS, Dale Krantz, tech teacher from SDHS and Dad/Mentor Dave Quelland, whose son Skylar designed the machine on his computer.

The competition will be held the weekend of March 8 in Baltimore, after that, the team could very well be St. Louis-bound.



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Drs. Errin and Mike DePalma

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### Worcester schools to seek more help from county

### Seek textbook funding above 2006 levels and partial step increases

NEWARK - At the February 21 Board of Education Meeting, the Board unanimously adopted the proposed



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\$93.3 million FY 2013 Operating Budget, which includes county and state funding. With the exception of a modest salary increase for school system employees and a rate increase for our bus contractors,

the FY 2013 pro-

Dr. Jon Andes

posed budget provides level funding.

"The FY 2013 Proposed Operating Budget that we will submit to County Commissioners in February is a modest budget that reflects the continued economic challenges of our county," said Worcester County Board of Education President Robert A. Rothermel. "Because decreasing county revenues have caused cuts to county services, our school system and other county agencies have carried the burden."

According to a Board statement since 2009, the school system has reduced and realigned \$3.2 million due to Maintenance of Effort funding from the county, coupled with rising fixed costs. Over the last three years, the school system has eliminated 34 positions and frozen all salaries.

"Ultimately, an operating budget is more than dollars and cents; it reflects what a community values most," said Superintendent Dr. Jon Andes. "In Worcester County, we have always valued our children and those who teach them. This tradition has served our county well. The proposed FY 2013 budget, though modest, will help keep the foundation of our success intact."

"Level funding seeks the same amount of county funding for the next fiscal year ), as the school system has in this fiscal year," said Chief Financial Officer Vince Tolbert. "Level funding, however, is not Maintenance of Effort, which fluctuates based on student enrollments?

Student enrollments for Worcester County Public Schools slightly dropped this year by 56 students, across 14 schools and 14 grade levels (pre-kindergarten to grade 12).

"Even though the slight drop in our student population equates to an average of only four less students per school, Maintenance of Effort funding would yield an \$851,000 reduction in county ours has not," said Assistance Superintendent for Instruction Dr. John Gaddis. "This makes it more challenging to retain our best teachers. It is hard to keep asking teachers for more, when they have less and less. It is definitely time to show our appreciation for their sacrifices by providing a modest pay increase."

Before the salary freeze, Worcester County employees' wages annually advanced on established salary scales by increments called steps. Each salary track is determined by position and certification and includes a defined number of steps. The salary scale for Standard Professional Certificated teachers, for example, has a maximum of 10 steps.

The proposed FY 2013 pay raise for those employees who are still on a step scale will be, on average, \$1,500 annually.

### "With Maintenance of Effort, we would be looking at the elimination of up to 32 more positions"

### Chief Financial Officer Vince Tolbert

funding for FY 2013," said Tolbert. "With Maintenance of Effort, we would be looking at the elimination of up to 32 more positions, increased class sizes, the elimination or reduction of programs and services, additional cuts to instructional supplies, and no pay raise for the fourth year. With level funding, we would be able to keep the programs, services, and staff that are meeting the needs of our students."

With salaries frozen at FY 2009 levels, Worcester County Public Schools' ranking for starting teacher salaries has steadily declined. In 2008, for example, starting teacher salaries ranked 11 out of the 24 Maryland school systems. In 2011, the ranking has dropped to 15.

"While other counties are providing pay raises to school system employees,

For those employees whose service has exceeded the established pay scale steps, they will see an approximate increase in pay of 1.5 percent. In terms of bus contractors, the allocation for Student Transportation will increase by 5 percent, including a 1.5 percent increase in contractor rates to address rising costs.

"A modest pay raise will begin to restore what has been lost," said Andes, "but it cannot begin to adequately thank our staff. Whether you look at assessment scores, accreditation, graduation rates, transportation service, Blue Ribbon Schools, or any number of factors, we are at the top in the state, and this distinction did not happen by chance. It did not happen without sacrifice?

In addition to sacrificing pay amid stellar student achievement, the sacri-



fices for the school system, like other county agencies, have been extensive.

We have taken big hits over the years in textbooks and technology," said Gaddis. "In the area of textbooks, we are seeking level funding in FY 2013, which equates to 2006 funding levels."

With Race to the Top and the new Common Core, the textbook budget category will need to reflect the cost of phasing in new textbooks and instructional materials.

"We estimate that it will cost approximately \$100,000 per grade level to implement the new curriculum, which includes textbooks, per subject area," said Gaddis. "Seeking level funding in textbooks does not reflect our lack of understanding for the value of high-quality textbooks or on the reforms that are on the horizon; rather, when tough times force tough choices, we are going to choose funding for teachers and small class sizes every time. Teachers have the greatest impact on student learning."

Funding for technology, which receives half the funding that this category did in FY 2009, will continue to be level in FY 2013.

"At \$200,000 annually, we are operating on a bare bones level for technology," said Gaddis. "To help, we have been persistent in bolstering our technology tools by aggressively seeking grants and using one-time federal stimulus funding in the area of technology. With mandated online-testing coming, we know that technology and the required infrastructure cannot be left behind."

Due to increases in the number of Special Education children and children from households of poverty, the proposed FY 2013 budget includes an increase in state aid of \$370,000. From FY 2009 to FY 2012, state aid has increased by \$1.3 million, while county funding has decreased by \$824,783.

Overall, the Proposed FY 2013 Operating Budget seeks an increase in county funding of \$1.9 million, representing a 2.5 percent increase when compared with FY 2012. The proposed budget includes the estimated increase in state aid, the modest pay increase, and additional budget reductions and realignments of \$681,300 to help address increases in utilities, insurance, and transportation.

"The modest increase we are seeking in county funding will help us maintain existing staff and programs, partially restore pay scale steps, and provide employees who have exceeded the step scale with a 1.5 percent increase in pay," said Tolbert.

"We urge our County Commissioners to look to the future when considering our proposed budget," said Rothermel. "The key is knowing what really matters, because that is where success and growth will flourish."

Andes agreed. "The litmus test for finding valuable investments is knowing which ones will generate the greatest returns," he said. "Our children and teachers are at the top of the list; an investment in them is an investment in our community. Our schools matter; it is as complex and as simple as that."

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#### **Bayside Gazette**

### BAYSIDE Pain management is shockingly simple with E-Stim

Electronic stimulation machine can be part of a comprehensive plan

By Tony Russo

Staff Writer

BERLIN — Setting aside the fight to prevent and cure disease, the medical watchword — phrase, really — of the decade is pain management. Advances in nutrition and healthcare have allowed Americans to be more active for longer than ever before. But with expanded lifeexpectancy and the quality of life that it tends to inspire, dealing with aches and pains that range from nagging to debilitating, is a continually rising concern.

While pharmacology hasn't progressed much beyond aspirin or narcotics or some combination of the two, strides in physical therapy have continually allowed patients to rethink what is possible in terms of their comfort and mobility will into their senior years.

But stretches and exercises can only take a person so far. Worse, decreased mobility means that many are not agile enough to get the maximum benefit from the physical therapy routines that can and do relieve pain.

Physical therapy is one of the most practical treatment regimens still active today. The focus is on finding something that works for a particular patient rather than conforming to template medicine.

To that end, in recent years a machine called the E-Stim has come into use and its effectiveness in treating pain is making it a regular go to for many patients who battle chronic pain of all kinds.

The machine's premise is almost laughably simple. Patients who are having muscle or joint pain have small electrodes adhered to the skin around the affected area and small doses of electricity are introduced into the patient's body.

The patient holds a "kill switch" the entire time in the event that the shock becomes too intense, but David Barnes, a physical therapist at Peninsula Home Care, said the button is very rarely used. It is more there for the patient's piece of mind than as a physically protective measure.

The shock creates a feeling like an internal muscle ripple and is more properly described as a pulse.



David Barnes demonstrates the use of the E-Stim machine recently with the help of Debbie Stevens of Penninsula Home Care.

Since adding this tool to his anti-pain arsenal a little more than a year ago, Barnes has had either very positive results or unbelievably positive results. He could not recall one patient who didn't see at least some benefit from the treatment when it was appropriate but has a wealth of success stories that continue to surprise even him.

Ê-Stim treatment has to be prescribed by a doctor as part of an overall wellness plan, but as patients are significantly reducing or even completely eliminating pain medication from their pain management schemes, doctors are likely to continue to prescribe the treatment as part of either the short or longterm recovery plan.

Barnes shared a story wherein success using the E-Stim was literally scary. He entered a patient's home and was unable to find the gentleman with whom he had a weekly appointment. Barnes became concerned when he saw the man's walker in the kitchen but the patient was nowhere in site. When he called out, he discovered the man had abandoned his walker for a cane instead, such was the relief the treatment provided.

"Once you're pain free your quality of life is better," he said. "I've yet to have anybody it was completely ineffective with."

The reason pain management is so critical is because the pain that accompanies and ailment can actually begin to cause others. In simple terms, favoring one muscle or joint group over another because of pain, stresses and degrades the overused set at an uneven rate. The result can often be damage to the opposite muscles or joints that initially required medical care.

Barnes said that although the E-Stim

must be doctor prescribed, if it demonstrates effectiveness for a patient whose diagnosis includes the expectation of longterm pain management procedures, sometimes he can recommend an E-Stim be ordered for the patient's personal use. He said he's had several patients who have so succeeded with E-Stim treatment that their machine was covered by Medicare.

Barnes warned that the E-Stim is not a silver bullet and was often best used as part of a comprehensive physical therapy plan. But by reducing patient's pain enough that they can undergo a more vigorous physical therapy regimen the road to recovery can be, in not shorter at least less uncomfortable and more efficient.

For more information about the possibility of at home physical therapy call Peninsula Home Care.



### **BUSINESS BRIEFS**

Or-

and

in

### Top producers

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OCEAN PINES — Shamrock Realty Group named Julie Sadler as Top Sales Agent and Rosie Beauclair as Top Listing



Julie Sadler



**Rosie Beauclair** Maryland and Delaware.

### New AGH Board

BERLIN — Atlantic General Hospital recently appointed the following new members to the Board of Directors:

Harriet L. Johnson, graduated from nursing school at Jersey City Medical Center and continued her education at



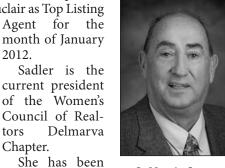
versity, where she obtained her Bachelor of Science degree. Johnson at-

Seton Hall Uni-

tended graduate school at Rutgers Graduate School of Education and received her Mas-

ter of Science at Harriet L. Johnson Hunter College of the City University of New York.

Harriet has served as an instructor at New Jersey State Hospital at Marlboro, Jersey City Medical Center Hospital School of Nursing, Hospital of Joint Disease, New York University Medical Cen-



with

Shamrock Realty

Group since its

Sadler is a li-

Beauclair

censed in both

Nursing.

G. Marvin Steen, graduate of East Carolina Univer-Greenville, sity, N.C., is a member of the Ocean Pines Chamber of Commerce, and a past president of the

> Shore Eastern Builders Association. He is a custom home builder and

G. Marvin Steen real estate broker with Steen Associates Inc., Steen Homes.

ter and Rutgers University College of

Thomas D. Beck, Jr., D.O. is an Orthopaedic Surgeon on staff at Atlantic General Hospital. Prior to joining At-

lantic

thopaedics

Berlin, Md., Dr.

Beck was in pri-



Thomas D. Beck, Jr.,

lege of Osteopathic Medicine, and completed a Fellowship in Adult Reconstructive Surgery and Joint Replacement at the University of Pennsylvania.

Beck has written and published numerous papers and lectures on a variety of topics.

Beck is currently the Vice Chief of Staff and Director of the Center for Joint Surgery at Atlantic General Hospital.

The following individuals were recently appointed as new corporate members at Atlantic General Hospital:

Heather Stansbury graduated with her bachelor of arts from Towson University, Towson, and her doctorate from the University of Baltimore in Baltimore, Md. Ms. Stansbury is a partner at Ayres, Jenkins, Gordy and Almond, P.A.

Stansbury served on the board for Diakonia for several years and is currently

on the board for the Radcliffe House. Frank Gunion, owner and CEO of



South Moon Under, attended George Washington University in Washington D.C. Mr. Gunion has been active in the environmental movement for 30 years and has contributed to legislating effective and fair laws relating to water quality. Gunion is a past chairman of the Board at The Salisbury School.

Helen Bartus received her nursing diploma from the Washington Hospital School of Nursing, her bachelor's from California University of PA, California, Pa., her master's degree from the University of Pittsburgh, Pittsburgh, Pa., and her doctorate from West Virginia University, Morgantown, W.Va.

Bartus volunteers at Habitat for Humanity in Sussex Del., the Food Bank of Delaware, and is the chair of Family Services Committee.

Robert Purcell graduated with his bachelor's degree from University of Delaware and is the president of "Beachwood incorporated" a custom homebuilder.

Purcell is a past president of the eastern shore builders association, Maryland state builders association and the ocean pines chamber of commerce. Presently he is a member of the Worcester county board of zoning appeals.

Ross Bergey received his bachelor's degree from Stevenson University and now works as an accountant at Bergey & Co. Bergey is an Eagle Scout and the treasurer of the Stephen Decatur Alumni Association.

Haskin U. Deeley, owner of Atlantic/Smith, Crooper and Deeley LLC., attended Guilford College in Greensboro, N.C.

William Greer, MD., graduated with his bachelor's degree from the University of South Carolina, Columbia, S.C., his doctorate from Medical University of South Carolina, Charleston, S.C., and completed his residency in Family Practice from the University of South Florida, St. Petersburg, Fla. Dr. Greer practices family medicine in West Ocean City

Cathi Coates received her Lynchburg College and her Doctoral from the University of Baltimore.

Coates is a member of the Worcester County Bar Association, Maryland Bar Association, Maryland Women's Bar Association, Maryland Criminal Defense Attorney's Association, and the National Association of Criminal Defense Attorney's. Cathi is an attorney at Coates, Coates & Coates, PA.

Michele Houck Knopp attended Towson University where she majored in Acting/Theatre Arts.

After finishing her education, she returned to her family's restaurant business.

She continues to enjoy working at Bull on the Beach with her husband and three children.

Michele has been an officer of the Ocean City/Berlin Opti-Ms Club, a member of Ocean City Elementary S.I.A.C, an officer of Most Blessed Sacrament Catholic School Home School Association, treasurer for Stephen Decatur High School NJROTC program, and an

officer for Bull on the Beach's participation in the AGH Penguin Swim.

### Home Instead

BERLIN - Home Instead Senior Care has opened an office in Berlin that will serve seniors residing in the Lower Eastern Shore area. Owned by Claude and Leslie Lewis, the local business is an independently owned and operated company that is part of an international franchise network.

Home Instead Senior Care helps seniors who wish to remain in their homes as they age. Home Instead Senior Care is located at 10031 Old Ocean City Boulevard, Suite 101.

### Trimble promoted

OCEAN CITY - Wayne Benson, President and CEO of Bank of Ocean



City, along with the Board of Directors, has announced the promotion of Susan E. Trimble, CPA to Vice President and Financial Officer. Trimble joined the Bank of Ocean City in 2010 after serving more than

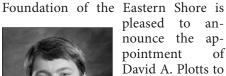
Susan E. Trimble

17 years in public accounting.

Born and raised in Willards, she graduated from Parkside High School and went on to receive her Bachelor's Degree in Accounting from Salisbury University. After graduation, she began working at a public accounting firm in Salisbury, where she earned her CPA designation and continued her career with the firm until joining the Bank of Ocean City. She joined the bank in 2010 as accountant and has now taken on all the duties of financial officer. Trimble lives in Berlin with her family and works out of the Berlin branch.

### Plotts named Controller

SALISBURY — The Community



the position of Controller. Plotts is taking over the duties of Gary Martin, who recently retired after over ten years of dedicated service to the

David A. Plotts

Community Foundation. As Controller, Plotts will oversee the Foundation's financials, investments, human resources, information systems, and facilities management.

Plotts, a Salisbury native, has served as the Accountant and IT Director at the Foundation since 2008.

He received his B.S. degree from Salisbury University's Perdue School of Business and is currently a Master's Can-Continued on Page 16

Orthopaedic Resi-D.O.

vate practice in Philadelphia, Pa. for almost four years. Dr. Beck completed Medical School, Internship

dency at the Philadelphia ColPaid Advertisement

### Page 15

### Maryland Homeowners: Take Action Now!

Maryland legislators are considering the Governor's proposal to reduce tax deductions for many Maryland homeowners.

The most important deductions for Maryland homeowners are the Mortgage Interest Deduction (MID) and the property tax deduction, which have *never* been reduced in Maryland.

### Why would Maryland legislators want to make owning a home in Maryland any harder?

### A Few Facts:

The Mortgage Interest Deduction and real estate taxes account for almost 70% of total deductions for Maryland taxpayers.

Real estate accounts for over 20% of Maryland's gross state product and 49% of local government revenue.

Maryland already has one of the most aggressive real estate tax structures in the country.

Being able to afford a home is one of the cornerstones of our state's economy.

Contact your legislators and urge them to protect the Mortgage Interest Deduction.

Find out more about what you can do:

### SaveMDMID.org





### FINANCIAL ADVICE Tips for online banking

Following are some good ideas if you do your banking online

Update your security and anti-virus software regularly. You can do this by ensuring that your



MBA, CRPC

stalling the patch as soon as it becomes available will help you protect your online banking account information.

weakness.

In-

Your password choice and its security are vital. Your password is your access to your online banking account. Never use a password which is easily recognizable. For example, if your first name is "George" then it is advisable for you not to use your first name as your password on your account; or any combination with that contains your name. Also, you shouldn't use the same password for several accounts. By doing this you reduce the risk of your password information falling into the wrong hands.

Recording of your password. If you need to write down your password(s), make sure you put them in a secure place. For instance, having your password information in your wallet isn't advisable because you could possibly lose your wallet or it may be stolen.

Sending password information to others online. Never give your password details to anyone online as this Information which is passed to others over the internet and remains on the internet forever.

Someone somewhere will have a copy of your previously sent information and that fact makes your password information unsecure and less safe. This may sound like a "no-brainer", but it has hap-

pened in the past.

Have anti-spyware software installed on your computer. Spyware programs can be downloaded or installed and end up on your computer. An innocent request for information about a product can result in a spyware program going straight to your hard drive. Its function is to monitor computer usage activity and then communicate that information to its owner. Its function was originally set up to collect marketing information. But "hackers" can also use it to collect sensitive and secure information like your password and account information in relation to an online banking transaction.

Therefore, having a anti-spy program will protect your against third party collecting information about your online banking activities.

Finally, online banking is growing at a very fast rate so much so that virtually every bank is offering online banking to its customers. There are big advantages for the banks because the transactions and therefore the work is done by the customers themselves and customers can access their online bank account 24/7.

If you have any questions about how secure your bank's online security is, make sure you contact them and ask. As most banks nowadays offer this feature, they should be able to answer all of your questions.

Chip Gordy, MBA, CRPC is a Financial Advisor with Coastal Wealth Management, LLC, specializing in Wealth and Retirement Planning. He can be reached at 410-208-4545 or chip@coastalwealtmgmt.com. Registered Representative, Securities offered through Cambridge Investment Research, Inc., a Broker/Dealer, Member FINRA/SIPC. Advisory services offered through Cambridge Investment Research Advisors, Inc., a Registered Investment Advisor. Coastal Wealth Management LLC & Cambridge are not affiliated.

### **BUSINESS BRIEFS**

Continued from Page 14 didate at the University of Maryland University College.

### **Shorebirds staff**

SALISBURY — The Delmarva Shorebirds, announced the addition of two new full-time front office staff members.

Alyssa Gintant, Business Development Executive and Fred Schnarrs, Box Office Manager, complete the Shorebirds staff in preparation for the 2012 baseball season.

The Shorebirds return 13 total staff members from prior seasons; Jimmy Sweet, David Bledsoe, Shawn Schoolcraft, Gail Potts, Sam Ward, Mike Steinhice, Zac Penman, Aaron Becker, Bret Lasky, David Super and Audrey Vane.

Gintant, who joined the Shorebirds staff on Feb. 6, is responsible for organizing and executing special promotions tied to Shorebirds games and non-baseball events at Arthur W. Perdue Stadium ranging from Fan Fest, promotional theme nights, business meetings, stadium rentals and birthday parties.

Schnarrs, who joined the Shorebirds staff in early January, will be responsible for overseeing the operation of the Shorebirds Box Office.

The Shorebirds open the 2012 season with an exhibition game against Salisbury University on April 3 at Arthur W. Perdue Stadium.

For information call 410-219-3112 or visit www.theshorebirds.com.

# Gas prices will likely beat spring to \$4 per gal mark

### World demand drives prices as U.S. drivers continue to use less gas

TOWSON — Prices at the pump surpassed the record annual average price established in 2011 (\$3.51 gal) this week and have done so in record time. In 2008, the year that saw the all-time high price for regular self-service gasoline (\$4.11 gal) the \$3.50 per gallon mark wasn't topped until April 21.

Last year, gasoline prices didn't surpass \$3.50 per gallon until March 8. This year, gasoline topped \$3.50 per gallon on Saturday, Feb. 11.

Recent history suggests that when fuel prices surpass \$3.50 per gallon, they stay there for some time.

In 2008, regular gasoline spent 138 consecutive days above that mark. In 2011, the stay was even longer, with motorists paying more than \$3.50 per gallon for 203 consecutive days.

The national average retail price for regular grade gasoline climbed to \$3.53 per gallon this week, 3 cents higher than a week ago, 15 cents higher than month ago prices and 38 higher than a year ago. Gas prices are within 58 cents of the alltime record high (\$4.11 gal) set in July 2008.

Crude oil topped the \$100 threshold on Monday and settled above the benchmark each day this week.

Multiple factors contributed to crude oil's surge - Iran's top oil buyers in Europe are making substantial cuts in supply months in advance of European Union sanctions, prompting Iran to threaten to withhold its oil deliveries and to block the Strait of Hormuz, through which one-fifth of the world's oil flows; Greece expects to get approval from euro zone finance ministers to begin a debt swap scheme with private bondholders; the number of Americans filing for new unemployment benefits unexpectedly fell to a near four-year low last week, suggesting the labor market recovery was quickening.

Crude oil marked its biggest weekly gain since late December to close the week at \$103.24, up 12 percent in the last 6 weeks and up 21 percent from a year ago.

In its weekly report, the Energy Information Administration (EIA) showed the nation's crude oil stocks fell by 171,000 barrels to 339.1 million barrels. Gasoline

stocks rose 400,000 barrels, to 232.2 million barrels.

EIA data showed gasoline demand crept up 128,000 barrels per day (bpd) to 8.167 million bpd. Year-to-date gasoline demand measured 7 percent below 2011 levels.

Total petroleum demand rose almost a million bpd to 18.655 million bpd, yet remains over a million bpd shy of where demand was in mid-February last year.

"Record setting gas prices for this time of year have left motorists wondering why prices are so high and how high prices will climb this spring and summer, a time when prices typically rise due to increased seasonal demand," said Ragina C. Averella, Manager of Public and Government Affairs for AAA Mid-Atlantic. "Global demand, speculation and crude oil prices are all influencing gas prices. While global demand is up, U.S. demand is at its lowest level since January 2000. Rising crude oil prices and the recent shut down of several refineries in the U.S. and the Virgin Islands have meant refineries were spending more to produce gas than they could sell it for. Gas prices could ultimately push \$4.00 per gallon in the coming months."

Gas prices have jumped nearly 10 percent nationally since the beginning of the year and the pain at the pump is expected to get worse in the next few months.

Prices for regular grade gasoline could push \$4 per gallon by the end of April or early May. Demand is at historically low levels, so what is driving the higher pump prices?

Analysts say blame demand on the rest of the world, along with some speculation and fear, as well as diversity in crude oil prices.

Tom Kloza, chief analyst for Oil Price Information Services (OPIS), notes that unlike any other time, the diversity in gasoline prices across the nation is being influenced by an unusual diversity in oil prices.

He said in the upper Midwest a refinery using Canadian oil can purchase crude at \$50-60 a barrel less than east coast refiners, which tend to use West African oil.

For that reason and because of refinery shutdowns on the east coast, the gasoline in the northeast could be among the highest priced this year. Gasoline prices will ultimately depend on where oil prices go, and whether the situation in Iran pressures crude further.

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Daily	Assateague Pointe	_	Mobile	From \$120,000	Resort Homes / Tony Matrona
Saturdays 11-4pm	Harbour Island Sales Office, 14th St & Bayside	2 & 3BR/2 & 3.5BA	Condo, Town, Slips	From \$300,000	ERA Holiday RE / N. Pavier
Saturday 10-1pm	205 Windward Drive, off Jamestown Rd.	5BR/3BA	Waterfront Home	From \$560,000	Coldwell Banker/Mary Bradford
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**TONY RUSSO** EDITOR

MARY COOPER

### **EDITORIAL**

### Thompson gets a chance at a 'lifetime' of success

Although some directors seemed a little hesitant to do so, they have turned Bob Thompson loose on two major tasks this week. The first was the go ahead with the next step in the replacement of the Yacht Club, wisely chosen to take priority over the Country Club. The second task is a little more interesting - the Lifetime Membership plan for the golf course.

Thompson sold the project vigorously because he obviously believes in it. His initial detractors were separated into two groups, those who thought the plan would fail because it was too expensive and those thought it would be a bad idea because it was too expensive. This last group is concerned that the golf course's future financial health lies under the weight of the 33 lifetime memberships that will be for sale.

Now that the plan has been modified and passed by the board of directors, the next step is to see how well it works. Thompson has been a font of novel and innovative ideas over the last 18 or so months and to see one of the more daring approved is exciting.

If Thompson can, as he's suggested, get enough of the memberships sold to take a bite out of the \$900,000 greens replacement everyone will be forced to see his approach to problem-solving in a different light, which would be encouraging.

The only real downside is that, should it not succeed, it may become included on the growing list of failed golf course fixes.

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"Dude, here comes a taxi. Toss the joint!"

### **HAPPY HOUR : The Heat is On**

#### **By Tony Russo**

More and more often I get cigarette-bust press releases and have spoken about them here and at length before. But during this week's Todcast, I hit upon a conspiracy theory of such breadth it is certainly as true as it is made up and unconfirmable. The best part is, it gives us the opportunity to get in the Gen Xer way back machine and travel to the mystical and mystifying 1980s.

The increased focus on cigarette tax evaders is really an attempt by law enforcement to discover which cops are rogue enough to still be good guys. Consider Eddy Murphy:

During his overzealous pursuit of cigarette smugglers at the beginning of Beverly Hills Cop, he bent a few rules but saved Detroit (or wherever) a ton of tax money by busting the cigarette baddies. Eventually, through a plot line that still makes sense today, this lead him to a huge drug bust that eventually made

California the drug-free zone it is today.

Unfortunately, this was fiction. But — so my made up police thinking goes - if there is a wild cigarette bust made by just the right officer, that officer will solve the nation's drug problem during his or her "administrative vacation".

My theory fell on less than interested ears, but when a trooper from the Berlin Barracks is honored for solving the drug problem, remember where you heard it first.

In non-made up news, Todd brought us up to speed on the Pirate Rob Birthday Bash which featured local favorite Bryan Russo (still no relation) among others.

Mark Huey, who is either a member of the audience or a member of the Todcast proper - we're not 100 percent sure - chimed in with Bryan Brushmiller during the State of the Beer to bring us up to speed on the epic "King of Pong" event at Burley Oak last

weekend.

Along those lines we also invented a drink and had it named after us, but you'll have to listen in to hear what it is.

Reports of having a movie star slinging beer were as believable to me as my cigarette conspiracy theory was to them, but live and let live. After all, it's just the Internet.

Feel free to join us 6 p.m. each Tuesday for the Happy Hour Todcast at Burley Oak Brewery.

If something tragic keeps you from coming out, you can always check out the resulting recording Thursday afternoon by subscribing on iTunes. Just type GCFL into the search bar at the iTunes store to subscribe. We're now also on the Stitcher app, which smart phone users can download free using the promo code 'Todcast' and have the show streamed directly to their phones. Fair warning before you listen: Put on your irony hats, kids. It's all in good clean fun.

### Bayside Gazette

### POLICE BEAT

### Horse shooting conviction

Berlin — Officials at Assateague Island National Seashore expressed satisfaction with a recent decision by the Federal Court in Salisbury regarding last year's shooting of an Assateague wild horse by hunter Justin Eason.

The case was heard by Federal Magistrate Judge Victor Laws on Friday Febr. 10.

In his ruling Laws stated, "I'm of the opinion that a fine alone is not enough to protect the public and our natural resources".

Laws ordered Eason to pay \$3,000 in fines and \$2,000 restitution for the horse and sentenced him to 18 months supervised probation.

Eason's father, John Eason, was sentenced to 12 months of supervised probation and ordered to pay a fine of \$1,000 for providing a false report to Park Rangers.

Both were also banned from hunting on all Federal lands for a period of 5 years and must enroll and complete a hunter education and safety course as a condition of their probation.

According to Chief Ranger Ted Morlock the incident could have been avoided if Eason had followed one of the cardinal rules of firearm safety - always be one hundred percent certain of your target before pulling the trigger.

"He put everyone out there at risk and destroyed an iconic symbol of Assateague through his irresponsible behavior," Morlock said.

He added that had the Eason's reported the violation immediately and not lied about it numerous times, the penalties would have been much less severe.

Superintendent Trish Kicklighter was pleased to see the case resolved.

"It's gratifying to see the court system take the protection of Assateague's resources and hunter safety so seriously," she said. "We're hopeful that the case will serve as an example and encourage others to be more careful."

Kicklighter also noted the important assistance provided to Park Rangers by the U.S Attorney's Office, the Investigative Services Branch of the National Park Service, the Bureau of Alcohol, Tobacco, Firearms and Explosives, and the Maryland Natural Resource Police.

The horse that died was a 28 year old bay mare with the identification number N2BH.

During her lifetime, N2BH foaled six times, and had eleven 2nd and 3rd generation offspring.

In recent years, N2BH had been treated annually with contraceptives as part of a broader effort to maintain the size of the wild horse population at a sustainable level.

The horse was shot during a two day deer hunt in January 2011.

The hunt was part of the National Seashore's annual hunting program that includes several gun seasons during the fall and early winter.

In addition to providing a unique and very popular recreational opportunity, the hunting program is used to manage resident deer populations.

Two species of deer are found on Assateague; the native white-tailed deer and the non-native sika deer, introduced to the island during the 1920s.

### **Cigarette smuggling**

BERLIN — During a traffic stop near the intersection of Harrison Road and Route 113, Maryland State Troopers discovered more than 450 cartons of cigarettes worth in excess of \$27,000, according to the State Comptroller's Office.

Troopers stopped Mussa Cisse, 25 of the Bronx, N.Y. for "an equipment violation" and noticed a number of cartons in the car's back seat. After some questioning, Troopers said Cisse admitted to having more contraband. They arrested Cisse and passenger Demba Maiga, 41, of Greensboro, N.C. Each are being held on \$10,000 bond.

### William Arthur Tribbitt

WILLARDS — William Arthur Tribbitt, "Otsy", age 75, died Sunday, Feb. 12, 2012 at Peninsula Regional Medical Center in Salisbury. Born in Smyrna, Del., he was the son of the late James Thomas Tribbitt, Sr., and Dolores Truax Tribbitt. He was preceded in death by his wife Shirley Anne Dennis Tribbitt in 2004.

He is survived by his daughter, Ruth Ann Tribbitt Larsen of Knoxville, Tenn.; step-daughter, Vera Baker of Willards; two grandchildren, Kristin Burt and Angie Reichenberg; four great grandchildren; a brother, James Thomas Tribbitt, Jr. of Dover; sisters, Violet Phelps of Dover, DE and Jean Failing of Wyoming, DE.

He was preceded in death by his brothers, Robert and Eugene Tribbitt and a sister, Dorothy Cooper. He is also survived by numerous nieces and nephews.

Tribbitt had been an electrical worker, and had worked for Sunbeam Bakery. He was a United States Navy Veteran, member of the IBEW Electrical Workers Union and the Bakery, Confectionary and Tobacco Workers International Union Local 68 AFL-CIO. In lieu of flowers donations may be made to the American Lung Association, 209 E. Market St., Salisbury, MD 21801 or to the American Cancer Society, 1138 Parsons Rd., Salisbury, MD 21801.

### Helen M. Manning

BERLIN — Helen Magdalene Manning, an avid traveler and seeker of new and exciting places departed on a final and most wonderful journey on Thursday, Feb. 16. She left us to join her mother and dad, Helen and Wilson (Buddy) Meyers, her much loved mother-in-law Ressie Manning and a host of angels known as aunts and uncles.

Manning leaves behind her faithful traveling companion of fifty four years, her husband Robert (Bobby Ray) Manning, her always loving partner and best friend.

Manning is also leaving behind her dearly beloved children, her daughter Robin Ann Rickett, a constant angel of mercy in her final days, her son-in law Raymond Eugene Rickett, her son Stephen Patrick Manning and daughter-in law Adalia Duites Manning, and, her treasured grandchildren, Joseph and Michael Manning, Alexis Marie Rickett and Trevor Rickett. Helen will meet her recently departed grandchild, Raymond Eugene Rickett III on the way to her final destination.

In preparation for this journey, Manning has been attended by a special group of sisters, Bertha Paul and Constance Balasone and a retinue of nieces and nephews; Michael Paul and wife Lisa, Angela Paul and husband Richard Miller, Mary Ann and husband Ron Diamond, Christine and her husband Cameron Chehreh, Kathleen and her husband Mike Shaffer, Tony Paul Jr, Melissa Saffran, and Neil Saffran.

Also attending Helen for this trip are her most wonderful grand nieces and nephews, Jaime, Marlyn Cameron, Collin, Brandon, Garrett, Tyler, Amanda, Jessica, Matthew, Chelsea, Noah and Camryn (Toulah).

She is being seen off on this voyage by her very special friends Barbara Litz, husband Elmer and Brenda Davidson.

Manning started her life's trip in Southwest Baltimore on Gilmore St on February 12, 1940, attended St Martins Catholic grade school, graduating from Mother Seton High school in 1958. A young former Marine named Bob swept her up and they were married in June 1959.

What a beautiful relationship was formed with the addition of Stephen and Robin in 1962 and 1966.

Together, this family of four traveled from Maryland to the Carolinas, Ohio, Michigan, California, Illinois, Florida, Texas, Toronto, Montreal, Niagara Falls and all points in between. Trips to Hawaii, Paris France, Cannes, Monte Carlo Venice, Rome, and Ramstein Germany to visit Stephen remain the highlight of her life.

Helen was a rock and roller in the fifties, a hippie in the sixties, a mom and homemaker in the seventies and eighties, and a lovable companion and grandmother in the nineties and beyond.

Travel, movies, antiquing and home decorating were her passions as was witnessed by all to visit Helen's home.

Her husband Bob says "Helen never met a yard sale or antique shop she didn't like and I think we saw them all."

In lieu of flowers, the family requests that commensurate donations be made to the University of Maryland Medical Center, Shock Trauma Center: UMMS Foundation 110 S. Paca St, 9th floor, Baltimore, MD 21201 or: Coastal Hospice, P.O.1733 Salisbury, MD 21804.

Funeral arrangements are private and a Memorial service and wake is planned. Arrangements are in the care of the Burbage Funeral Home in Berlin.

### **Roberta Frey Bolling**

NEWARK — Roberta (Bertie) Frey Bolling, age 68, passed away on Feb. 15 at Atlantic General Hospital in Berlin.

She is survived by her husband, Harlis Terry Bolling; daughter, Laura Ann Bolling; son, Robert Terry Bolling; and grandson, Cayden Morgan Bolling.

She was a devoted wife, mother and friend with an amazing amount of compassion towards life. We will miss her dearly. We love you always mom!

There will be a gathering 5-7 p.m. Thursday, Feb. 23 at the Burbage Funeral Home in Berlin.

We ask in lieu of flowers donations be made to the Newark Volunteer Fire Department, 8338 Newark Rd., Newark, MD 21841.

### Robert H. Melvin, Jr.

OCEAN CITY — Robert Henderson Melvin, Jr. age 93, died Monday, Feb. 13 at Atlantic General



Hospital in Berlin. Born in Wilson, N.C., he was the son of the late Robert Henderson Melvin, Sr. and Lillian Turner Melvin. He is survived by his wife of 69 years, Ellen Birckhead Melvin. He is also survived by his daughter Mary Ellen Melvin of Ocean City.

Melvin was a graduate of the University of Maryland.

Robert H. Melvin, Jr. He had been a federal government executive for many years. He was a WW II Army veteran, a member of the Masonic Lodge in Washington DC, and member of the Sinepuxent American Legion Post 166 in Ocean City.

Interment will be at a later date in Washington National Cemetery. A donation in his memory may be made to Holy Savior Catholic Church, 17th and Philadelphia Ave, Ocean City, MD 21842. Arrangements are in the care of the Burbage Funeral Home in Berlin.

### LIFESTYLE BRIEFS

### Sustainable eating

SALISBURY — The Worcester County chapter for Weston A Price will be having it's next monthly meeting 3-4 p.m. Saturday, March 10 at Greenbranch Farm. The Weston A. Price Foundation is dedicated to restoring nutrient-dense foods to the human diet through education, research and activism. It supports a number of movements that contribute to this objective including accurate nutrition instruction, organic and biodynamic farming, pasture-feeding of livestock, communitysupported farms, honest and informative labeling, prepared parenting and nurturing therapies.

### **Kids art classes**

BERLIN — The Worcester County Arts Council is offering art classes for children instructed by accomplished art teacher, Kathy Reade. These classes are designed for children ages 4 and up and no previous artistic experience is required. Students will be introduced to various different artists throughout the history by exploring the dominating stylistic techniques present in their work. Children will learn and experiment with unique techniques in each mini-master piece.

Classes will be held for 6 weeks 1-2:30 p.m. every Saturday, beginning March 3,at the Worcester County Arts Council located at 6 Jefferson Street in downtown Berlin.

Cost of each class is \$25.00 per student and includes all supplies. Space in class is



limited and advance registration is required. Call 410-641-0809 to register or additional information.

### Winners

OCEAN CITY — The Ocean City/Berlin Optimist Club announced the Boat Show door prize and scholarship lotto winners. North Bay Marina donated a pontoon boat with motor for the 25th year as the Boat Show prize. Jim Gallagher of Pa. won the door prize.

Jeff Barnes of Berlin won the \$75,000 grand prize in the scholarship lotto. Kathy Cioccio won the \$15,000 second prize. Raymond Schaal of Wilmington DE won the \$10,000 third prize. Proceeds from the lotto will be awarded as scholarships to college bound Stephan Decatur HS seniors. To date the Optimists have awarded over \$1,400,000 in scholarships to over 270 students in the past 23 years.

### Anniversary celebration

BISHOPVILLE — The Retired Nurses Of Ocean Pines will celebrate their anniversary on March 21 012 at Lighthouse Sound at 11:30. Michael Franklin CEO of AGH will speak and will receive the scholarship donation from the group.

To attend dues must be current. The cost is \$17.00. Reservations must be in by March 12. For information and luncheon choices contact Gale Alford at alford-gra@aol.com

### **OP** Library artists

OCEAN PINES — Acrylics artist Mariana Luce is inspired by the nature of the area, especially the ocean. She has a Master's Degree in Human Relations and Organizational Development, and a Minor in Art. Currently, Luce studies at the Art League of Ocean City. She has taken classes in watercolor, drawing, and jewelry making and paints with a weekly group of well known local artists and has earned three honorable mentions in juried shows at the ALOC. She studied silversmithing with metal masters in Annapolis and at Instituto de Allende, an art school in San Miguel de Allende, GTO, Mexico. She is a member of ALOC and the Worcester County Arts Council. This exhibit runs through March.

The Friends of the Ocean Pines Library are also pleased to announce that the works of Don Grafter have been selected for the special Artists Spotlight Exhibit through June. Grafter works in oils and acrylics, painting dramatic bold colored flowers and shapes that capture his interest. His work covers a large range of subjects, media, and styles. He is influenced by Jackson Pollock and has studied with artists Irma Ostroff and Enrique Flores Gables in New York City. This is a special exhibit hung in the two computer rooms to the left of the main common areas of the library. For library hours call 410-208-4014.

### **Comics Workshops**

BERLIN — The Worcester County Arts Council is offering Creating Comics art workshop instructed by local independent comic book artist and PLB Comics co-founder, Josh Shockley. This workshop is recommended to students ages 14 and up who enjoy drawing. The six session workshops will meet 5:30-7:30 Mondays, beginning March 5 at the Worcester County Arts Council located at 6 Jefferson Street.

The cost of the workshop is \$90.00. Members of the WCAC will receive 10% discount for the tuition. A material list will be supplied upon registration. To register and more information contact the Arts Council at 410-641-0809 or curator@worcestercountyartscouncil.org. To find out more about programs and classes offered by the WCAC go the website www.worcestercountyartscouncil.org.

### **Prevention Honorees**

SNOW HILL — The Worcester County Drug and Alcohol Abuse Council is seeking nominations of individual adults, youth, or groups who have made outstanding community contributions to drug and alcohol prevention or treatment. The awardees will be honored by Worcester County residents, elected officials, and Council members at the 21st Annual Drug and Alcohol Awards Reception and celebrating the 28th year of its existence. This will be held at 6 p.m. on Tuesday, April 24 at the Worcester Career and Technology High School. Nominations of individuals or groups who have performed commendably and beyond the call of duty are currently being accepted at the Worcester County Health Department.

Criteria for selection of honorees include: program impact on community, appropriateness of approach, and personal contribution to the program. Anyone who received an award in the past three years is not eligible. The deadline for nominations is April 2. Please call 410-632-0056 or e-mail Martyp@dhmh.state.md.us to request a nomination form or to make a reservation.

### Art workshop

SNOW HILL — Kirk McBride is offering a two-day workshop 9:30-4 p.m. Saturday and Sunday March 9-10 upstairs in the old firehouse on Green Street. Bishop's Stock Fine Art, Craft & Wine is handling registration for the workshop.

McBride will instruct and demonstrate how he approaches the creative process in oil painting and help students develop a process that will work for them. Following a consistent, step by step approach for every painting, from concept to paint application, actually frees artists to be more creative. This studio workshop will help build confidence needed for the next big step, taking your painting outdoors with success. Students will practice designing and creating paintings from still life and photo references.

The fee is \$175 and registration is limited to 15 artists. Students should have some oil painting experience. The supply list is available on kirkmcbide.com. Contact Bishop's Stock at 410-632-3555 or info@bishopsstock.com if you have any questions.



### Local author contributes a page of everyday history

### Director and poet tries out her hand at writing creative non-fiction By Tony Russo

### Staff Writer

OCEAN PINES — The only thing that makes the truth boring are the words that a person uses to tell it which is why the non-fiction genre has seen a revival in recent years.

Although it dates back to before Truman Capote, when that writer took a gruesome news item and turned it into what he termed "a non-fiction novel" he initiated a debate about what, exactly, can and should be done with the facts.

More than five decades later the verdict has pretty much been decided in Capote's favor.

Color and ancillary details have made non-fiction worth reading in a way it never has been before. The non-fiction novel has morphed into what is currently being called "creative non-fiction" but also spent some time as the new journalism, long-form journalism and narrative non-fiction.

The genre's attraction for both readers and writers is the fact that it paradoxically allows for poetic license — liberty with the facts is still banned but interesting things can be done with point of view and voice that are not, strictly speaking, allowed in historical accounts.

Ocean Pines resident Barbara Alfaro has been working in creative non-fiction for some time.

She has had several personal essays in that style published over the years. So when she sat down to begin her memoir, "Mirror Talk" she was able to use these previously published essays as both notes and touchstones as she reconstructed scenes from her life.

"Some of the essays I had already published were left untouched," she said. "But I still had to fill the spaces between them."

In that, she got a little help from her husband, Victor, who for obvious reasons is well acquainted with the facts of Alfaro's life.

He brought to her mind what in their family has come to be known as "the snowball incident".

That the story was included gives particular insight to the character of both the author and the genre and underscores why this kind of writing has gained popularity recently.

Alfaro had not thought to include the story for several reasons. The first was that she didn't see how it fit into the rest of the memoir.

It wasn't, to her mind, particularly interesting and on the face of it lacked the humorous sensibility many of the other stories had.

But the key to a good story is in the telling, which is a common theme in creative non-fiction. The idea is to take something that might seem mundane and reveal how it is actually engaging. It is a difficult task but one that rewards both writer and reader as it challenges objective notions of "interesting" by focussing on the storytelling process more than the content.

The decision to write and then include the story is kind of a watershed moment.

It is a prime example of how Alfaro found the key to filling in the gaps between a loose group of essays and producing a cogent, engaging memoir.

Although she's published both essays and poetry, as well as produced and directed plays, this was Alfaro's first attempt at a long-form narrative work and its success has emboldened her.

Although paperback sales haven't been as brisk as she would have liked, the Kindle version of Mirror Talk has had a significant amount of success and has emboldened her to continue her longform work.

Using a program provided through the publishing giant, Amazon.com, and her own layout program, Alfaro was able to self-publish the book without too much effort.

Although her book of poetry will require a greater amount of skill — she's engaged someone to make sure it doesn't come apart on the digital page — the empowering act of developing her own readership independently has also whetted her appetite.

To follow along on Alfaro's literary journey readers can find her work at barbaraalfaro.net. The site also has a link to her blog.



TONY RUSSO/BAYSIDE GAZETTE

Ocean Pines resident Barbara Alfaro has been working in creative non-fiction for some time. She recently released her menoir, "Mirror Talk" on Amazon.com.





Berlin Chamber Visitors Center 14 South Main Street Berlin, Maryland

"Crabbing Boat" 2011 9" x 12" on Canvas Board

www.adcockstudio.com / email:jim@adcockstudio.com

THE ART OF JIM ADCOCK



### **ON-GOING EVENTS**

### TAX HELP

AARP is once again offering free tax preparation for this year's tax season starting Feb. 2. Reservations required. Mondays

9 a.m.-3 p.m. at the Worcester County Library, Ocean Pines Branch. Call 410-213-1608 for an

appointment.

Thursdays

St. Peter's Lutheran Church 9 a.m.-3 p.m. Call 410-213-1608 for an appointment. Saturdays

Community Church at Ocean Pines 9 a.m.-3 p.m. Call 410-213-1608 for an appointment.

### CRAFT SHOP

Saturdays & Sundays. Pineeer Craft and Gift shop open 10 a.m. to 4 p.m. White Horse Park, Ocean Pines. Handcrafted items created by the members.

### NETWORKING

Every Thursday. The Early Birds, 7:30 a.m. TC Diner, West Ocean City. Free. Reservations required, 410-600-5320.

### BUILDING MATERIALS SALE Every first and third Saturday.

Habitat for Humanity, 310 E. Market St., Snow Hill. 8 a.m. to noon. Building materials, appliances, doors, windows, cabinets, vanities, fixtures, furniture and more. Selection and prices vary depending on inventory. Proceeds fund the Flower Street, Berlin house construction.

#### STORY TIME AT THE ZOO Every Tuesday

Salisbury Zoo, for children 3-5 years old. 10-11 a.m. Story and craft project. All children must be accompanied by an adult. Call 410-546-3440 for more information.

### STORY TIME

Tuesdays - Berlin Wednesdays - Ocean City Thursdays - Ocean Pines Library, 10:30 a.m. Stories, rhymes, finger plays, music and crafts. A different theme each week. For ages 2-5.

#### **KIWANIS CLUB** Every Wednesday

Meeting 7:45 a.m. at the Ocean Pines Community Hall, except for 3rd Wednesday which meets at The Woodlands in Ocean Pines Meeting 5:30 p.m. dinner at 6 p.m. For more info: 410-641-7330.

### DELMARVA CHORUS

Every Monday The Delmarva Chorus under the direction of Carol Ludwig meets 7-9 p.m.at the Ocean Pines Community Center.

Women interested in learning and singing in a barbershop format are welcome. For more information call 410-208-4171.

### DEMOCRATIC WOMEN

The Democratic Women meet 9:30 a.m. for coffee followed by a meeting at 10, the third Monday of the month at the Ocean Pines Community Center. Guests and new members are welcome to attend

### **BINGO**

Fridays - Knights of Columbus, 9901 Coastal Hwy., Ocean City. Doors open 5 p.m. Games begin 6:30 p.m. 410-524-7994.

### PANCAKE BREAKFAST

Saturdays VFW Post 8296, 104 66th St., Ocean City. 9 a.m. to noon. \$5 per person.

### **BEACH SINGLES**

### Thursdays

45 plus Happy Hour, 4 p.m. to 7 p.m., Clarion Hotel, 10100 Coastal Hwy., Ocean City. For more information, 302-436-9577.

### **BERLIN FARMERS' MARKET**

On the corner of West Street and Main Street in Downtown Berlin Wednesdays 2-6 p.m. and Fridays 10 a.m.-3 p.m. Fresh produce, eggs, garden plants, fresh cut flowers, seafood, meat and breads.

### TACO NIGHT THURSDAYS

At VFW Post 8296 on 66th Street to benefit Veterans. Three tacos and a Corona plus dessert \$8 per person.

### BREAKFAST

Knights of Columbus #9053 every 2nd & 4th Sunday 9 a.m. - noon \$8.00 - under 12 half price 9901 Coastal Highway, Ocean City Rear St. Luke's Church Info 410-524-7994.

### SWEET ADELINES

The Delmarva Sweet Adelines Chorus, under the direction of Carol Ludwig, meets 7-9 p.m.each Monday evening at the Ocean Pines Community Center. Women interested in singing in a barbershop format with good fellowship are welcome to come visit with us. For information call: 410-208-4171.

### SI BOC MEETING

Group meets the 2nd Tuesday of every month at the Woodlands in South Ocean Pines 6 p.m. dinner social time meeting begins 6:30 p.m. for more information please contact Marty Cropper, President 410-213-1592.

### AARP MEETINGS

Beginning in January, the Ocean City AARP Chapter 1917 will meet at the

Elks Lodge, 138th and Sinexpuent (one block off Coastal Hwy)9:30 a.m. on the second Thurs of the month – Jan. – June, Oct. and Nov.

### **THURSDAY, FEBRUARY 23**

### TALMUD CLASS

Temple Bat Yam is offering a Talmud class noon-1:30 p.m. Thursdays. This class is open to all. The discussions will include Jewish law, ethics, philosophy, customs and history. Please call 410-641-4311 for more information.

### WORLD OF PERCUSSION

Ocean Pines Library, 2 p.m. Featuring Doc Gibbs, musical director for the Emeril Live Show. Vast assortment of traditional and unusual percussion instruments.

### **REPUBLICAN WOMEN**

The Republican Women of Worcester County announce their February Meeting and Luncheon 10:30 a.m. at the Captains Table, 3rd floor Marriott at 15th Street, Ocean City. The Speaker will be Cathy Keim, Secretary/Treasurer of Election Integrity Maryland. Deadline for reservations is February 21. Contact Bev Bigler, 410-208-6018 or cwcandlewood@mchsi.com.

### AGH AUXILIARY LOBBY SALE

The AGH Auxiliary is holding a lobby sale from Uniform Concepts 7 a.m. - 5 p.m. in the Hospital's Main Lobby. There will be scrubs, lab coats, shoes, and socks. All proceeds benefit Atlantic General Hospital.and Friday, February 23rd from 7 am until 2 pm

### WILDLIFE SPEAKER

Ron Gutberlet of Salisbury University will give a talk on Delmarva's birds, reptiles, and amphibians and discuss population status and habitat needs 5-6 pm at the Globe. For more information please contact Sandi Smith at sandis@mdcoastalbays.org or 410-213-2297 ext 107.

### DEMOCRATIC CLUB

The Democratic Club of Worcester County will meet 7 p.m. in the Ocean Pines Community Center, Assateague Room. A mixer will be followed by a presentation by Diakonia, an emergency and transitional housing shelter. A brief discussion of Worcester County's housing policies concludes the meeting. All Democrats, and interested Independents are welcome.

### **FRIDAY, FEBRUARY 24**

### MURDER MYSTERY DINNER

Sponsored by Habitat for Humanity of Worcester County at Fresco's in Ocean City. Cocktail Hour 6 p.m.; Dinner 7 p.m. \$75 per person to benefit Habitat

for Humanity. Call 410-422-9899 or email lwbunting@comcast.net today for reservations. Limited space available.

### AGH AUXILIARY LOBBY SALE

The AGH Auxiliary is holding a lobby sale from Uniform Concepts 7 a.m. - 2 p.m. in the Hospital's Main Lobby. There will be scrubs, lab coats, shoes, and socks. All proceeds benefit Atlantic General Hospital.

### THE MOUSE TRAP

Guerrieri Hall, Wor-Wic Community College. An Agatha Christie murder mystery. Friday 8 p.m., Saturday 2 p.m. Show runs through March 3. 410-546-0019 for more information.

### **SATURDAY, FENRUARY 25**

### POLITICAL MEETING

County Commissioner Judy Boggs meeting is 10 a.m. at the Ocean Pines Library.

### REPTITLE FESTIVAL

Delmarva Discovery Center, Pocomoke. Educational introduction to all kinds of reptiles. Kids crafts. 10 a.m. to 4 p.m. Shows at 1,2, and 3. 410-957-9933 for more information.

### MONDAY, FEBRUARY 27

### **RESUME WORKSHOP**

A free resume workshop called "Take Your Résumé from Fizzle to Sizzle" will be held 5:30-7:30 P.M. Monday, Feb. 27 in Room 105 of Henson Hall at Wor-Wic Community College. To reserve a seat, contact career services 410-334-2903 or careerservices@worwic.edu by Wednesday, Feb. 22.

### **QIGONG LESSONS**

Takes place 4-5 p.m. at the James G. Barrett Medical Office Building, Berlin Qigong has been practiced in China for over 2,500 years. It is the art and science of using breathing techniques, meditation, and both gentle and dynamic movements. The first class is free. Fee is \$10/class thereafter. For more information, contact Ric Timbol at 301-602-9419.

### T.O.P.S.

Takes place 5-6:30 p.m. Atlantic General Hospital, Conference Room 1 Take Off Pounds Sensibly is a support and educational group promoting weight loss and healthy life-style. They meet weekly. For more information contact Edna Berkey, 410-629-1006.

### **TUESDAY, FEBRUARY 28**

YOGA 5:30-6:45 p.m. James G. Barrett Medical Office Build-Continued on Page 27 *Continued from Page 26* ing, Rotunda All levels welcome. Contact Georgette Rhoads at 410-641-9734 or grhoads@atlanticgeneral.org with any questions. Cost: \$72 for 8 sessions, or \$10 drop-in fee for first time.

### **THURSDAY, MARCH 1**

The Women's Club of Ocean Pines will meet at 10 a.m. at the Ocean Pines Community Center. Marie Gilmore will present the history of the Women's Club and Pat Addy will discuss the nomination process for new officers. Refreshments will be served. For information, call Pat Addy on 410-208-0171.

### FRIDAY, MARCH 2

**CRUISE AND TRAVEL SHOW** Presented by Accent On Travel. East Coast Nursery, The Cordrey Center, 30366 Cordrey Road, Millsboro, Del. Entrance Fee: \$1 donation at the door with RSVP \$5 at the door with no RSVP. All donations go to Susan G. Komen For the Cure. Call 302-703-2448 or 800-848-3273 for more information.

### FIDDLER ON THE ROOF

Worcester Prep's Upper School students will present Fiddler on the Roof 7:30 p.m. in the school's Athletic & Performing Arts Center. Tickets may be ordered in advance at \$10 each by calling Debbie Whiteman 410-641-3575 or stopping by her office at the school. Tickets purchased at the door will be \$12.

### ART EXHIBIT

Bishops Stock Fine Arts & Craft, Snow Hill. Featuring Ken Stetz watercolors. First Friday reception 5 p.m. to 8 p.m.

### CARD AND GAME PARTY

Sponsored by the Women's Club of Ocean Punes 10 a.m. to 2 p.m. at the Ocean Pines Community Center. Cost is \$20.00 per person. An individual or tables of players may reserve by sending name(s) and the type of cards or games to Diane McGraw, 7 Central Parke West, Ocean Pines MD 21811. Checks should be payable to WCOP. Deadline for reservations is February 27, 2012. For information, call 410-208-0171 or 410-208-2569.

### CANDIDATE FORUM

The Republican Women of Worcester County, the MarDel Republican Social Club, the Delmarva Republican Women's Club and the Worcester County Republican Central Committee and the Worcester County Tea Party will host a forum for the Rebpulican candidates who are running for U.S. Senate 6:30 p.m. in the Assateague Room located in the Ocean Pines Community Center.

### SATURDAY, MARCH 3

### SYMPHONY ORCHESTRA

Salisbury University, Holloway Hall. A Bach and Mozart celebration. 7:30 p.m. 410-543-6030 for more information.

### PANCAKE BREAKFAST

Berlin Lions Club Flapjack Fundraiser Breakfast will be held 8-10 a.m. at Applebee's in West Ocean City. Costs are \$6.50 for adults and \$5 children 2-10.

### **MONDAY, MARCH 5**

MARCH COMEDY MADNESS "Pretty Face, Pretty Lies" written by Robert O. Davis will be presented 7 p.m. Monday, March 5 at the Ocean Pines Yacht Club. Heavy hors d'oeuvres and dessert will be served to include: Vegetable Tempura, Mariner-style Mussels, Meatballs, Hot Shrimp Dip, Pulled Pork Sliders and Mini Quiches. Dessert and Coffee will be served during intermission. There will be a 50/50 and door prizes. The doors open at 5:30 P.M. Admission is \$25.00. The event is sponsored by the Republican Women of Worcester County. Please contact Peggy Long for reservations at 410-208-0183 or peggy@omnimaven.com

### WEDNESDAY, MARCH 7

### QUILTERS BY THE SEA

Quilters by the Sea Guild meets 12:30 p.m. in the Ocean Pines Community Center to make quilts for local charities. All are welcome. Call Shirley Schaefer at 410-641-8898 for more information.

### STORM PARTY

Ocean City Convention Center. Commemorating the 50th anniversary of the March storm of 1962. Dinner and video of local people sharing their experiences during the storm. Sponsored by the Ocean City Life Saving Museum. 410-289-4991 for more information.

### **BIG READ KICKOFF**

Ocean Pines Library. Radio Airwaves Productions performs readings from the book Dear America: Letters Home from Vietnam. Skits depicting stories of the heroic soldiers and their families. 410-208-4014 for more information.

### **RELAY FOR LIFE**

Relay for Life, Northern Worcester County will be holding a fundraiser 4-8 p.m. at Doyle's Restaurant in Selbyville. Doyle's will donate 15 pecent of each ticket to your favorite Relay team. Please call 443-235-2926 to receive a coupon.

### **THURSDAY, MARCH 8**

### TALMUD CLASS

Temple Bat Yam is offering a Talmud

class noon-1:30 p.m. Thursdays. This class is open to all. The discussions will include Jewish law, ethics, philosophy, customs and history. Please call 410-641-4311 for more information.

### FRIDAY, MARCH 9

### HOME SHOW

At the Roland E. Powell Convention Center noon-6 p.m. The Home Show will include an Art and Craft Fair featuring a wide assortment of gifts and accessories. The show will also have free drawings, door prizes, and a health craft cooking show For information visit www.oceanpromotions.info

### SATURDAY, MARCH 10

### HOME SHOW

At the Roland E. Powell Convention Center10 a.m.-6 p.m. The Home Show will include an Art and Craft Fair featuring a wide assortment of gifts and accessories. The show will also have free drawings, door prizes, and a health craft cooking show For information visit www.oceanpromotions.info

### **SUNDAY, MARCH 11**

HOME SHOW At the Roland E. Powell Convention Center 10:30 a.m.-3:30 p.m. The Home Show will include an Art and Craft Fair featuring a wide assortment of gifts and accessories. The show will also have free drawings, door prizes, and a health craft cooking show For information visit www.oceanpromotions.info

### **THURSDAY, MARCH 15**

### TALMUD CLASS

Temple Bat Yam is offering a Talmud class noon-1:30 p.m. Thursdays. This class is open to all. The discussions will include Jewish law, ethics, philosophy, customs and history. Please call 410-641-4311 for more information.

### FRIDAY, MARCH 16

### MASS AND GALA

Ancient Order of Hibernians, Emerald Isle Division 1, Ocean City sponsors the 18th Annual St. Patrick's Day Mass and Gala at St. Andrew Catholic Center. Mass at 3 p.m. at St. Luke Church with Bishop Malooly presiding will be followed by dinner at St. Andrew Catholic Center. Tickets are \$15 each and available at the Parish Office. For more information call 410-250-0300.

### SATURDAY, MARCH 17

CORNED BEEF AND CABBAGE Sponsored by the Knights of Colombus, Pope John Paul II Assembly noon7 p.m. Corned Beef and Cabbage Dinner - \$8.00 Make your own Corned Beef Sandwich - \$6.00 No reservations needed - Walk Ins - Take outs. Cash Bar - Irish Coffee

### WEDNESDAY, MARCH 21

### INFLUENTIAL WOMEN

The Worcester County Commission for Women will be celebrating National Women's History Month at a luncheon 11:00 a.m. at the Clarion Resort Hotel in Ocean City, Maryland. The luncheon will recognize women whose lives exemplify exceptional vision and leadership. Tickets cost \$35.00 per person and proceeds will benefit the McGuffey Bookworm Club, a literacy reading program for elementary school students in Worcester County. For reservations, mail checks to FWCCW, PO Box 1712, Berlin MD, 21811. For information, call 410-600-0552 or email soonerkay@gmail.com.

### THURSDAY, MARCH 22

### JOB FAIR

A free job fair will be held 2:30 to 6 p.m. in Room 103 of the Workforce Development Center at Wor-Wic Community College in Salisbury. Job seekers do not need to register to attend, but they should come dressed in interview attire and bring résumés. Individuals and employers needing more information can call (410) 334-2903. Employers can go to www.worwic.edu/StudentServices/CareerServices/CareerEventsJobFairs.aspx to register for a booth.

### SATURDAY, MARCH 24

### FEAST OF ST. JOSEPH

Second Annual St. Joseph's Day Festival sponsored by the Sons of Italy, Ocean City Lodge 2474 and St. Luke's Catholic Church noon-7 p.m. at St. Andrews Hall. Proceeds from the festival provide benefits to local organizations.

### SATURDAY, MARCH 31

The Auxiliary of the Bishopville Volunteer Fire Department will be holding and indoor yard sale on beginning 7 a.m. at the main fire station in Bishopville. \$15 for a table; \$25 for two tables. Food will be available. Call 443-235-2926 or 410-352-3101 to reserve your table.

### THURSDAY, APRIL 5

### TALMUD CLASS

Temple Bat Yam is offering a Talmud class noon-1:30 p.m. Thursdays. This class is open to all. The discussions will include Jewish law, ethics, philosophy, customs and history. Please call 410-641-4311 for more information.

### **SNAP SHOTS**



### **Boat donation**

SUBMITTED PHOTO/BAYSIDE GAZETTE

Sandi Smith, Vera McCullough and Brian Tinkler. Citizen environmentalist Vera McCullough donated a 24 foot Pontoon boat to the MCBP which will be housed at Sunset Marina. The boat will be used for MCBP programs.



**Election talk** 

SUBMITTED PHOTO/BAYSIDE GAZETTE

Pictured are Dell Purrell, Kay Hickman, and Judy Butler. Hickman, who is president of the Worcester County Board of Elections spoke to the Democratic Women's Club at their meeting on Feb. 13. The Democratic Women meet the third Monday of the month at the Ocean Pines Community Center. Guests and new members are welcome to attend.



### Assistive technology donation

SUBMITTED PHOTO/BAYSIDE GAZETTE

Wendy DiBuo, president of The Autistic Children's Support Group of Worcester County presented Assistive Technology Specialist Stephanie Caceres of Worcester County Public Schools with a \$3,500 donation to be used to purchase additional assistive technology for Special Education students enrolled in the school system as Lynda Cook, the group's treasurer looks on.



Holding on

SUBMITTED PHOTO/BAYSIDE GAZETTE

Molly Hoffman (Pre K 4) with sisters Anna (Pre K 4) and Madelyn Weist (Pre K 3) all of whom had a great time during Most Blessed Sacrament's Catholic Schools Week.



#### Art winners Artwinners.jpg

UBMITTED FILOTO/BATSIDE GAZETTE

Worcester Prep's Middle and Upper School Art Teacher George Zaiser's students Kathryn Pavlos, Parker Kellam, Hannah Gaskill, and Taylor Harman, were winners in the Optimist Art Exhibition held in Ocean City.

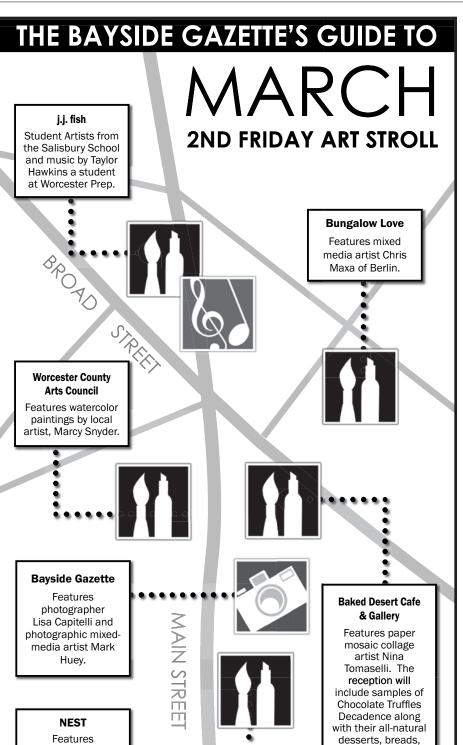


#### Science fair

SUBMITTED PHOTO/BAYSIDE GAZETTE

The students at Seaside Christian Academy recently participated in their annual Science Fair. Coale Davidson was the overall winner for the 4th-8th graders and his project was entitled, "Which Kind of Wood Burns Slowest?"

**Bayside Gazette** 



### MARCH 9, 5-8PM • BERLIN, MD

beverages and

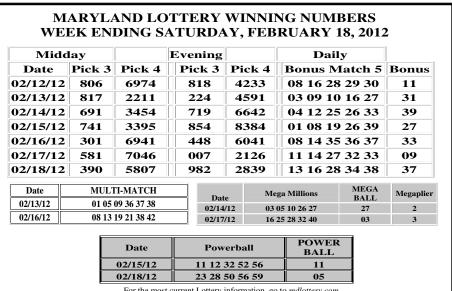
spreads.

watercolor artist

Susan Russell.

### Featuring an artist next month?

If you're a business in Berlin featuring an artist during 2nd Friday Art Stroll, please send an e-mail to editor@baysidegazette.com by 5PM Monday to be featured on the map.



For the most current Lottery information, go to mdlottery.com

### LIVE ENTERTAINMENT

### **BJ's on the Water** 75th St. Bayside

410-524-7575 FRIDAY - Tommy Edward & Melissa Rose SATURDAY - Overtime WEDNESDAY – TBA

### **Clarion Resort**

10100 Coastal Hwy. **Ocean City** 410-524-3535 FRIDAY & SATURDAY – Power Play

**DeNovo's South Gate – Ocean Pines** TUESDAY-THURSDAY & SATUR-DAY - Al Prescott

### Fager's Island 60th St. & the Bay,

**Ocean Citv** FRIDAY - DJ Hook SATURDAY Hot Tub Limo/DJ Rob Cee

### The Globe

Berlin. 410-641-0784 FRIDAY – The Galaxy Collection SATURDAY - The Nighthawks

**Green Turtle – OC** 11601 Coastal Hwy., Ocean City 410-723-2120 FRIDAY – DJ Wax, 10pm. SATURDAY - DJ Wood, 10pm.

Harborside Bar & Grill 12841 S. Harbor Rd. West Ocean City 410-213-1846 THURSDAY - Opposite Directions FRIDAY – DJ Billy T SATURDAY - Simple Truth...and friends;DJ Jeremy SUNDAY - Opposite Directions;DJ Biggler

### Harpoon Hannas 142nd Street Bayside 800-227-0525

FRIDAY - Dave Hawkins SATURDAY - Dave Sherman



Page 29

Al Prescott @ DeNovo's

House of Welsh 1106 Coastal Hwy., Fenwick FRIDAY - DJ Norn; Tony Vega

SATURDAY - Tony Vega MONDAY - DJ Norm WEDNESDAY - Bob Hughes

### **O.P. Yacht Club Ocean Pines**

410-641-7501 FRIDAY - Mike Armstrong

### Seacrets 49th & the Bay. **Ocean City** 410-524-4900 FRIDAY - Lucky You/DJ Tuff

SATURDAY – Gypsy Wisdom/Full Circle/DJ Bobby O

Steer Inn Tavern Rt 589

FRIDAY – The Bullets SATURDAY - Tranzfusion WEDNESDAY - Karaoke with Hey Mick



814-5554.

### **Bayside Gazette**

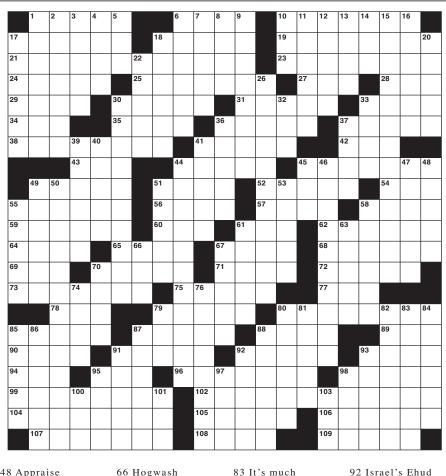
### CROSSWORD & SUDOKU

### CORE O' NATIONS By James F. C. Burns / Edited by Will Shortz

CORE O'	NATIONS By J
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73 Maximally wacky 4 "Jumpin' Jack Flash, it's \_\_\_ 5 X 6 Show sympathy, say 7 Stews 8 Check, as brakes 9 Halting 10 Text-speak gasp 11 Red Cross founder Clara 12 Remove 13 Wedding staple 14 New Guinea port 15 Unofficial discussions 16 Something gotten at an amusement park, maybe 17 Draper's supply 18 Real \_\_\_ 20 Loads 22 X, in Roma 26 Trip up, perhaps 30 Makes an extra effort 32 Little chuckle 33 "Swans Reflecting Elephants," e.g. 36 Mischievous one 37 SAT section 39 Whodunit staple 40 "Are you in 41 Servings of 3-Down 44 Sea salvager's quest, maybe 45 One-named rapper with the 2008 hit "Paper Planes" 46 Like always 47 Turns down



#### 48 Appraise 49 Mexican shout of elation 50 On the level 51 Colorful bird 53 Lets 55 See 45-Across 58 For immediate lease, say 61 Lord's Prayer word

81 Many a Justin Bieber fan 63 The 82-Down in 82 African "The Lion King'

#### 67 Film producer thanked once a vear 70 Bottom of the ocean? 84 Common co-op rule 74 Bearded flower 85 They can help 76 Pricey hors

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80 Pricey furs

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88 Ungainly gait 91 San , suburb of San Francisco 98 Eclipse

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93 Wife of 67-Down

95 Barley product

97 O.K. Corral hero

phenomenon

100 Mythical bird

February 23, 2012



### su|do|ku © Puzzles by Pappocom

### **MEDIUM - 55**

Fill in the blank spaces in the grid so that every vertical column, every horizontal row and every 3 by 3 box contains the numbers 1 through 9, without repeating any. There is really only one solution to each puzzle.

	3			6	2			
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#### Answers to last week's puzzles 9 3 8 7 4 1 5 2 5 9 6 4 3 7 8 8 7 6 3 1 4 9 2 9 4 7 6 5 1 5 4 1 9 8 7 2 7 5 3 1 2 9 6

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<sup>101</sup> Earth cycles: Abbr. 103 1991 book subtitled "When

AYSIDE

### **Robots for cooking and robots for playing**

Oh, what a weekend. Under the weather for most of it, I still had to get to the high school for quite a spell to 'assist' my son Tyler's robotics club.



By Paul Suplee.

CEC PCIII

Me? Assist a robotics club? I chortle at the idea; I was more of a cheerleader and pizza provider, and while I'm on that, many thanks to Bob Beck at DeNovo's for helping us with those. They were a much needed boost for the kids' morale by Monday. Saturday was an eleven hour day and Sunday was long as well.

The kids, mentors and a few parents worked night and day on the robot, getting it ready for the regional competition in Balti-

more, and it is a cool piece of hardware. I am a proud Papa, especially when I conjure up the images of our sixyear old being dragged on his belly by the beast with a grin from ear to ear.

But the weekend is over and it is time to start thinking about food again.

With my mind on robots and truth be told guitars (a side habit along with the piano), sometimes it is difficult to get back to food. After all, food is probably 75 percent of my waking hours between teaching it, cooking at home and writing about it.

Then there is the blog and website. Sometimes it makes my head spin, but more and more people are approaching me to tell me they like and sometimes dislike the articles, and that is great; it makes it all worth it.

Today we cooked a buffet and offered up an amazingly simple plate of freshly mashed potatoes, fresh broccoli with a butter lemon sauce and sous vide beef with a glace made by Chef Craig, our community volunteer, which was to die for.

Sous Vide, French for "Under Vacuum", is a cooking method where vacuum packed foods are slow-poached in a carefully controlled water bath. The bath is kept within .1 degree to make sure that is remains safe and controlled.

Pictured is our commercial sous vide setup, and it can be yours for the low, low price of around \$1,800 which places it a notch or two out of most people's price range.

Instead, you can use a home model known as the Sous





Vide Supreme (and no, I am not sponsored by them).

Craig owns own and I can attest that the finished product rivals anything from our commercial rig. For around \$299 you can buy the Demi I believe and it should be sufficient for normal home-usage.

I know that this is a fairly exclusive recipe as many people won't have vacuum packers or sous vide cookers, but it is still an important cooking technique to address, so I wanted to point it out.

It works. It is delicious, and from proteins to vegetables, the array of foods that you can cook sous vide will keep you occupied for months. Then, it becomes second nature.

Yes, it's just as much fun as a high school robotics club!

### Sous Vide Steak

My apologies again if this excludes you Serves 6

1.5# lifter steak or other tough but lean cut

Melted butter, as needed

Olive oil, as needed

S&P to taste

Fresh thyme and rosemary

Slather (good lord I love that word; we heard it when I was working an AIPAC convention a few years ago and

it still makes me smile) the steak with the butter and oil and season liberally

Grill the steak on a blazing fire until nicely marked on the outside but still raw on the inside

Vacuum pack the steak and if cooking immediately, place in a 135F water bath (please use an immersion circulator or Sous Vide Supreme for this. Don't hold me responsible if you decide to try this willy-nilly on the stovetop. Keep it safe)

If you are going to cook it later, chill it in an ice bath immediately to stifle pathogenic growth. This is vital to protect against the rampage of anaerobic germs

If you are ready for cooking, let the steak cook in your sous vide setup for 26 hours

Remove from the bag and slice to serve immediately or chill in an icebath for reheating in the sous vide at a later time

Your tough steak will now eat like butter. This is truly a fabulous cooking method and one you should think about pursuing if you love to cook

Paul G. Suplee is a certified executive chef and ProChef certified Level-3. He is a writer and culinary instructor. His ePortfolio can be found at www.heartofakitchen.com (Serta)

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