

WEATHER



58 | 41
SATURDAY



55 | 45
SUNDAY

SPORTS

Berlin Dolphins clip Snow Hill Eagles

Cadet and Junior Dolphins
remain undefeated this season

PAGE 13



BUSINESS

Organic turkeys for Thanksgiving

Greenbranch Farm in Salisbury
practices sustainable agriculture

PAGE 11



BAYSIDE



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GAZETTE

NOVEMBER 18, 2010

BERLIN ♦ BISHOPVILLE ♦ OCEAN CITY ♦ OCEAN PINES ♦ WEST OCEAN CITY ♦ SELBYVILLE

FREE



SUBMITTED/BAYSIDE GAZETTE

BLOOD DONATIONS – The Stephen Decatur High School Key Club in collaboration with the Blood Bank of Delmarva sponsored its bi-annual blood drive this past week. Last year, Stephen Decatur High School was recognized as the largest donor facility on the Eastern Shore. Stephen Decatur High School senior Kevin Ladd donates blood for the first time.

State Senate, State's Attorney races are over

Mathias, Oglesby win election

BY TONY RUSSO
STAFF WRITER

BERLIN – Although the results remain technically unofficial, for all practical purposes the results of the 2010 Mid-term election were set last week as the absentee and provisional ballots put State Senate candidate Jim Mathias and State's Attorney candidate Beau Oglesby out of the reach of their respective opponents.

Mathias finished with in excess of 600 more votes than Michael James and Oglesby finished with an excess of more votes than incumbent Joel Todd.

While there still remain ballots to be counted the numbers of outstanding votes don't suggest a substantive change in any of the races and as a result both James and Todd issued concession announcements last week.

In his announcement, James said he called Mathias to congratulate him on winning the seat and would be getting in touch with sup-



Jim Mathias



Beau Oglesby

porters and friends to thank them for all their hard work.

"It has been an honor and a privilege to take part and compete in this election," James wrote in an e-mail. "Our campaign was made possible by the hard work and dedication of many people who love the Eastern Shore and the strength that god gives us everyday."

For his part, Todd, who held the position for more than 25 years, promised a smooth transition. "I pledge to the voters that during the remaining time in my term of office I will do everything I can to prepare [Oglesby] for the cases and issues awaiting him on the first Monday of January," Todd wrote in his concession letter. He went on to thank, in many cases by

See ELECTION, page 9

CALENDAR 34 ♦ SNAPSHOTS 33 ♦ EDITORIAL 26 ♦ CROSSWORD 36 ♦ HEALTH 17 ♦ SUDOKU 36 ♦ CLASSIFIED 23 ♦ ENTERTAINMENT 35



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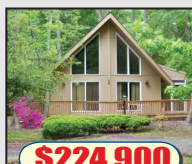
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SUBMITTED/BAYSIDE GAZETTE

ACCELERATED READER — As a part of the Ocean City Elementary School reading program, Accelerated Reader, students read books, take a short comprehension quiz on what they read, and are able to earn points. Second grader, CC Lizas chose to "cash in" 20 of her points in order to be a "Classroom Helper" in Kristie Priestley's first grade classroom.



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Capital Improvement Plan for schools stagnant

BY TONY RUSSO
STAFF WRITER

SNOW HILL – Given lack of projected funding availability the Worcester County Board of Education's annual Capital Improvement Plan remained unchanged for the fifth year in a row, according to Superintendent Dr. Jon Andes.

In a brief presentation Andes also thanked Commissioners Linda Busick and Bobby Cowger – both of whom will be replaced by newly-elected commissioners on Dec. 6 – for their service. Busick and Cowger presided over that last meeting.

Commissioner Virgil Shockley asked Andes if there was a fixed completion date for Pocomoke High School.

"If everything goes absolutely perfectly," he said. "Pocomoke High School will be open in June of 2011."

Shockley suggested inviting Gov. O'Malley and the other state officials to tour the facility next August when the Maryland Association of Counties (MACo) holds its annual meeting in Ocean City.

He suggested that, given that the MACo conference comes before the legislators consider public works funding in Annapolis, the Board of Education would do well to demonstrate how well they have spent state funding.

Andes agreed, saying he'd make sure to have invitations delivered to ranking state officials in time to arrange a tour event.

DISCOVERY CENTER

Economic Development Director Jerry Redden asked the commissioners to approve Pocomoke's implementation of a grant to construct a restaurant at the Delmarva Discovery Center. The town will hire contractors with county oversight.

"To date we have a good reputation with the state and we'd like to maintain that," Redden said in response to questions about how much oversight the county will be able to provide. He said the county will maintain a rigorous audit process.

Redden also said that the county's responsibility for the project ends with

the building's completion. Private industry will run the actual facility and should whatever restaurant that opens fail the county has no financial liability.

POS GRANT

Sharon DeMar Reilly, county director of public works, told the commissioners her department received a Project Open Space (POS) grant of \$170,000 scheduled to be available in 2013. She said the county has encumbered money for POS use and that it's being used productively. Reilly recommended the entire \$170,000 be allocated to the county for use, as opposed to pre-designated for municipal allocation.

Under questioning from Commissioner Judy Boggs, Reilly said the municipalities still had significant POS funds except for Ocean City, which just spent the last of their allocation. Municipalities can also apply for POS grants independently.

DOUGH ROLLER

According to commissioner documents, Dough Roller owner Bill Gibbs is seeking a text amendment to the zoning code that he said was critical to improving both the safety of his exiting customers and better access by potential customers.

The Route 50 branch of the Ocean City restaurant has entrances on Keyser Point Road that are not only difficult to see from the main road but also pose a danger to exiting patrons because of poor visibility down the both Keyser Point Road and Route 50. Current zoning language holds that access points must be located at least 200 feet from arterial or collector roads.

Gibbs asked the language include an exception clause that would allow developers to make their case to the planning commission for exemption on a case by case basis if a developer can show the rule makes access less rather than more safe.

In a memo to the commissioners Worcester County Director of Public Works John Tustin said that as long as the proposed changes had to pass the Technical Review Committee he had no objection to the proposed change.

The public hearing date will be Dec. 21.



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SUBMITTED/BAYSIDE GAZETTE

MYSTERIOUS CASE — Thomas Polk, and Eva Parks, as maid and butler in "The Mysterious Case of the Missing Ring," which was presented at Worcester Prep in Berlin. Worcester Prep Grade 6 students presented the play.

NEWS BRIEFS

MEDIACOM MEETING IN OP

Ocean Pines will hold a town hall meeting with Mediacom representatives 6 p.m. on Wednesday, Dec. 15, at the Ocean Pines Country Club, 100 Clubhouse Drive. David Kane, vice president of Mediacom, will be in attendance along with other members of the Mediacom team to respond to questions and concerns from cable subscribers.

Homeowners may ask questions from the floor; however residents are encouraged to submit questions in advance. Questions may be better researched and answers may be provided in more detail by Mediacom.

You may submit your questions and comments by emailing info@oceanpines.org or stop by the OPA Administration Building and submit your request or mail your comments to Ocean Pines Administration, Public Relations, 239 Ocean Parkway, Ocean Pines, MD 21811.

If you are unable to send your question in advance, there will be time at the meeting for additional questions.

OCEAN PINES LEAF COLLECTION

Fall leaf removal has been an ongoing challenge for the Ocean Pines Association. The OPA team has been working to develop a new strategy to accomplish this better. Chesapeake Waste will collect up to four bags of leaves each pickup in addition to your regular trash pickup.

OPA encourages residents to use Chesapeake Waste to remove up to eight bags a week. In addition, Ocean Pines Public Works will also be traveling around the neighborhoods vacuuming the leaves from our ditches.

Ocean Pines will be collecting any amount of bags on the opposite days the Chesapeake Waste trucks are in your area. Chesapeake Waste picks up on the South Side Tuesdays and Fridays and North Side on Mondays and

Thursdays. The pickup times will be from 7:30 a.m.-3 p.m. through Dec. 22.

In addition to this, the Public Works Yard, located behind the Southside Fire Station, will be open Five Saturdays from Nov. 20-Dec. 18 from 8 a.m.-2 p.m. for leaves or yard debris only, bagged or bulk. When bagging, you can put the leaves in a paper bag, which is preferred, or use plastic bags.

YARD WASTE COLLECTION

Yard waste curbside collection in Berlin will be held on Wednesday, Dec. 8, for those residents who receive normal trash pickup on Tuesdays or Wednesdays. Yard Waste Curbside Collection will be held on Wednesday, Dec. 15, for those residents who receive normal trash pickup on Thursdays.

Residents must have items for collection set out by 7 a.m. Materials placed for pick up at any other time will not be collected.

Do: Place leaves, grass clippings, pine needles and cones, and garden waste in a paper bag, plastic bag, or (maximum) 30 gallon container. Cut brush into 4 foot lengths and bundles no larger than 18 inches in diameter.

Don't: Mix in stones, rocks, metal, other inorganic matter, dirt, sod or other encumbrances.

The curbside pick up of yard waste is intended for occupied residentially improved properties only. Commercial and industrial properties are not included in the collection program.

DUNE PLANTS AVAILABLE

The town of Ocean City, for the fifth year, is offering beach district plants to the public for planting in the secondary dune area. The hardy plants tolerate the harsh environment of the oceanfront areas and provide habitat enhancement, water quality treatment and erosion control.

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SUBMITTED/BAYSIDE GAZETTE

STATE SENATOR VISITS OCES — Senator-elect Jim Mathias visited Ocean City Elementary School on Tuesday, Nov. 16. Pictured are Ms. Irene Kordick, third graders Hannah Burke and James Capati, Senator-elect Jim Mathias, and third grade teacher, Mrs. Carolyn Mitrecic.



SUBMITTED/BAYSIDE GAZETTE

BUILDER'S CLUB — The Kiwanis Builder's Club for Kids at Berlin Intermediate School have begun several causes for the community. Here they created and stuffed homemade dolls for the children at the hospital. Back row: Ms. Jane Slotter (advisor), Antonio Johnson, Keve Aluma, Cassidy Metcalf, and Stella Cunningham. Front row: Macy Peterson, Eric Rimel, and Matthew Sobol.



SUBMITTED/BAYSIDE GAZETTE

YOUNG ARTISTS — Showing their work at Walters Art Gallery in Baltimore are Worcester Preparatory students: Kendall Holmes, Marissa Grosso, Sandra Karsli, Grace Nichols, Riley Mears, Sophia Principe, Mandy Cosgriff, and Olivia Parker, who showcased their dioramas that were exhibited at the Walter's Art Museum in Baltimore on Oct. 23.

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POLICE BEAT

FATAL MOTORCYCLE ACCIDENT

Ocean Pines Police and the Worcester County Sheriff's Department are investigating a single vehicle fatal traffic accident involving a motorcycle, which occurred in Ocean Pines.

At 1:36 a.m. on Nov. 10, police responded to the vicinity of 674 Ocean Parkway and located a motorcycle which had struck multiple US Postal mailboxes located off the roadway.

The driver of the motorcycle was identified as Jeffrey Samuel Pickard, 59, of Ocean Pines. Pickard was pronounced dead at the scene, and the Worcester County Sheriff's Department's CRASH Team is assisting in the investigation of this accident.

The investigation is ongoing, and police shall be awaiting toxicology reports on the victim to assist in their investigation.

VEHICLE COLLISION

On Nov. 5 Troopers from the Maryland State Police Berlin Barrack responded to a personal injury collision, which occurred on westbound Route 50 at Route 610.

The collision involved a 2008 Dodge Caravan, driven by Elizabeth May Pitkevits, 81, of Selbyville, Del., which was crossing over the westbound span of Route 50 to go north onto Route 610, the vehicle failed to yield right of way to a 2004 Chrysler Sebring, driven by James Allen Smith, 43, of Berlin, which was traveling westbound Route 50 in lane two.

As a result of the collision, both drivers were transported to PRMC for treatment. Pitkevits was transported for head and neck injuries. Smith was transported for back and leg injuries.

TURKEY FRYER SAFETY URGED

As the Thanksgiving holiday approaches, the Ocean City Fire Department would like to take this opportunity to inform residents and visitors of Ocean City of the dangers associated with turkey fryers and offer safety tips to ensure a safe holiday for all.

While their use has become more popular over the years, there are currently no gas-fueled turkey fryers listed for use by Underwriters Laboratories (U.L.), an independent product testing laboratory. Turkey fryers use large amounts of cooking oil, which poses a significant risk for burns to the skin. In addition, overheating of the cooking oil significantly increases the risk of fire.

For these reasons, the National Fire Protection Association (NFPA) as well as numerous other safety organizations do not recommend the use of home gas-fueled turkey fryers. Safer alternatives, such as a new type of outdoor "oil-less" turkey fryer, should be considered.

However, where gas-fueled turkey fryers are used, the following precautions should be taken to ensure your safety. Turkey fryers should always be used outdoors away from all buildings and decks. Local ordinance prohibits the use of outdoor cooking equipment within 20 feet of any multi-family dwelling.

Fryers should be used on solid, flat surfaces to reduce accidental tipping. Fryers should not be overfilled with oil. The turkey should be fully thawed prior to being placed in the fryer. The fryer should never be left unattended and children and pets should be kept away from the fryer.

An all-purpose ABC fire extinguisher should be kept close by during fryer use. Lastly, all instructions from the manufacturer should be strictly adhered to during use. For more information on turkey fryer safety, contact the Ocean City Fire Department, Office of the Fire Marshal, at 410-289-8780, or visit www.nfpa.org.

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Election

FROM PAGE 1

name, those with whom he'd worked over the years.

The recently elected and recently re-elected Worcester County commissioners will be sworn in before the commissioner's Dec. 6 meeting.

Outgoing commissioners Bobby Cowger and Linda Busick graciously accepted accolades from their fellow

sitting commissioners as well as members of the staff at their final meeting Tuesday.

Both said it was an honor to serve and that they hoped they left the county in better shape than they'd found it.

The commissioners due to be sworn at the next meeting are: Merrill W. Lockfaw Jr. for District 1, James Purnell for District 2, Bud Church for District 3, Virgil Shockley for District 4, Judy Boggs for District 5, Jim Bunting for District 6 and Louise Gulyas for District 7.



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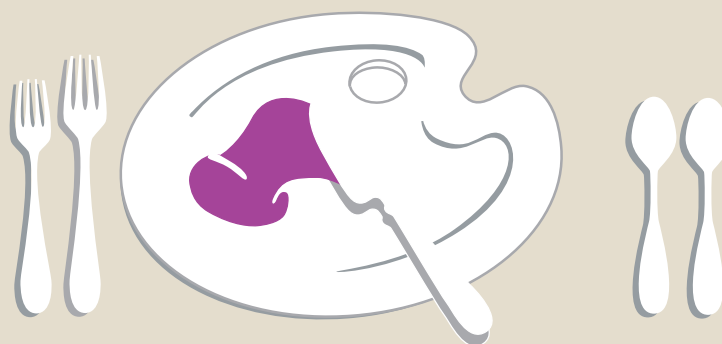
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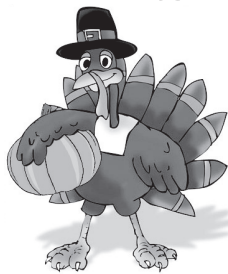
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TONY RUSSO/BAYSIDE GAZETTE

Austin Cox spoke to Stephen Decatur Middle Schoolers on Veterans Day. Cox was among the soldiers who took the beach at Normandy during WWII.

Students learn life lessons from veterans

SDMS holds presentations on armed services

BY TONY RUSSO
STAFF WRITER

BERLIN – Last week teachers and students of Stephen Decatur Middle School held two days of Veterans Day events aimed at improving the students' knowledge, not only of the types of people who serve, but also the types of service there are.

In planning the event, physical education teacher Mindy Bankert surveyed the students to get an idea of what kinds of presentations would have the greatest affect on them when it came to understanding military service.

She noticed, and students confirmed as much, that while the middle schoolers had an idea about military service it was more of a fuzzy understanding about people who wore uniforms.

"For me, I knew there was a military but [the presentations] made it clearer what each branch did," said Hannah Duckworth,

one of the participating students.

In an effort to get people from each branch of the armed services, Bankert contacted the Worcester County Veterans Memorial Foundation, which put her in touch with member Ed Little, a retired Navy captain.

Little, she said, was invaluable in coordinating the program and putting her in touch with various veterans.

As she began involving the kids in the planning one of her students, Hunter Cox, mentioned that his grandfather Austin Cox, was a WWII veteran. Bankert had already planned to invite the elder Cox but knowing his grandson was a student at SDMS made his presentation a little more personal.

Hunter said he's heard stories from his grandfather before but many of the stories had a bigger impact on him as he saw his grandfather deliver his talk. The 91-year-old Cox was a Doughboy – infantryman – during the invasion of Normandy.

Cox spoke about the anticipation during the days he and the rest of the invasion force waited out the storm in the boats. He also told a powerful story about how the automatic floatation devices – which he called Mae Wests, a reference that floated directly over each student's head – contributed to the drowning of many as the top-heavy soldiers floated upside-down and drowned.

Hunter, for his part, was proud to have his grandfather speak and touched by the gesture of being presented a replica of one of the senior Cox's combat medals. It was a presentation that impressed

the other students as well.

"I thought it was really sweet because Hunter was the one who asked him to come and talk to us," Duckworth said.

Michael Todd, one of Cox's classmates, said he was impressed by each of the speakers he had the opportunity to hear over the two days of talks.

"To hear the stories, I was tickled right to death over that," he said. "They don't teach us that stuff this year so it was a great chance to hear about the military."

In addition to Cox and Little, who is now in the Coast Guard Auxiliary as well, retired Marine Corps Colonel Bill Rakow, retired Army Colonel Doug Slingerland and Air Force Tech Sergeant Carrie Dupuie spoke to students about the choice to serve and the obligations it brings.

Their presence likely helped spur the school-wide drive to provide needed items for the troops fighting in Iraq and Afghanistan, according to Munya Sbeih.

"We got to be with the veterans and I think [my classmates] really loved it," she said. "It really comes into our service learning."

She said different academic classes were trying to collect different things. Some, for example, were collecting tuna fish and others baby wipes used to combat sand. Sbeih said she and many of the other students will likely redouble their efforts to give more in each of the classes after hearing fist hand, not only how difficult combat service is, but how important gifts from home are as well.

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BUSINESS

BAYSIDE

Real organic poultry grown at Greenbranch Farm

Turkeys available for Thanksgiving

BY TONY RUSSO
STAFF WRITER

SALISBURY – Ted Wycall is something of a revolutionary. Three years ago, due as much to his lack of confidence in the “big agriculture” business model as in response to both community and personal need, Wycall became one of the youngest organic farmers in the area.

This year he expanded on the sustainable model of agriculture when he transformed his grandfather's former chicken farm into one of the few places on Delmarva where you can purchase fresh, organically raised poultry from the grower.

The demand in this first year of production has been astounding. Greenbranch Farm has already had people commit to purchase the majority of their turkeys – a \$20 deposit will hold one of the few organically raised turkeys in the region – and is already taking orders for next year's batch, including for heritage turkeys, which are domesticated but pre-date the breeding for breast size that



TONY RUSSO/BAYSIDE GAZETTE

Greenbranch Farm owner Ted Wycall and farm manager Jeff Martyn, stand among the turkeys they've raised naturally and locally for Thanksgiving.

dominates the domestic turkey market.

The response was gratifying to Wycall as it demonstrates that there's a market for real food grown and harvested by people with both a stake in the land and the area's sustain-

able future. In his vision, everyone will eventually get most of their food from a farmer who lives within five miles of their home.

Continued scrutiny on both meat and vegetable producers' agricultural practices combined

with rising gas prices are beginning to level the playing field, making Wycall's food prices seem a bit more reasonable given the shrinking price-to-quality differential.

“It doesn't take much to reach an economy of scale,” Wycall

said. “More farmers need to be doing this.”

Wycall's almost Jeffersonian vision of a sustainable agriculture economy is perfect for Delmarva. And as times get harder on farmers, it's a project that's looking increasingly appealing to many.

According to Wycall the agriculture-heavy Eastern Shore imports as much processed food as it exports the ingredients for that food. Further, in order to have any chance at a profit, quality has to be sacrificed. But as a greater number of people begin to realize the health and quality of life cost of cheaper, lower quality food people are more interested in keeping it simple, if a little more expensive.

One day last week a man came into the farm stand and picked up, among other things, two pounds of bacon at \$8 per pound. What justified not only the price but also the amount

TO PAGE 12

FINANCIAL ADVICE

Buy sell agreements



By Chip Gordy

Most closely held businesses, even smaller corporations and partnerships, need to have a buy-sell agreement in place. Individually owned businesses can also benefit from the use of a buy-sell agreement.

This is essential for easy transition of ownership upon the happening of several events, namely the ones mentioned below.

- In the event of death of an owner, the business can suffer a financial setback and can be compounded if the surviving shareholders have to take in a new partner. Especially if the new partner is a family member, a smoother transition of the business can be accomplished with a buy-sell agreement fully funded with life insurance coverage. With this agreement in place, the family member can be bought out.

- When a shareholder leaves, whether for regular retirement or early voluntary retirement, their business interest may be purchased. The purchase price can be the same as or less than the death price, but usually a lower purchase price

might be set for early termination. As for retirement planning, a life insurance policy can provide the death benefit and also be used as a retirement supplement.

- If equal owners come to a major disagreement, the business can become “deadlocked” and unable to further conduct normal operations. In this case the business may have to be liquidated. This may have to be taken into consideration in the agreement.

- On the other hand, if ownership is unequal, and there is a major disagreement, a minority shareholder could be forced out of active employment. In that case, it would also probably make sense to purchase his/her interest. This possibility should be taken care of in the agreement.

- In most closely-held corporations, the individual shareholders must personally guarantee corporate loans from banks and/or contribute payments to the bank or business. There should be a stipulation that if a shareholder fails to pay, a buyout would be triggered for their interest.

Probably the most important part in a buy-sell is the valuation of the business. While no one wants to over-pay for a business interest, each owner would want to be sure either they or their family received fair value in event of a living buy-out or death. Appraisals may be viable and even required if family members are involved. Another reason for proper valuation

is to fix the value in the deceased's estate for federal estate tax purposes.

One of the conditions is that the value must be fair market value at the time the agreement is created. If appropriate life insurance is not purchased to fund the full value, then an installment purchase arrangement could be provided for the balance.

When an agreement like this is put together, the aforementioned topics should at least be considered. It's much easier to make business choices regarding these situations than to make emotional decisions after the event has taken place.

Chip Gordy, MBA, CRPC is an investment advisor representative with Coastal Wealth Management, LLC, specializing in wealth and retirement planning. He can be reached at 410-208-4545 or chip@coastal-wealthmgmt.com. Registered representative, securities offered through Cambridge Investment Research Inc., a broker/dealer, member FINRA/SIPC. Coastal Wealth Management LLC and Cambridge are not affiliated.

Organic turkeys

FROM PAGE 11

of bacon purchased was that the pigs are raised in the nearby woods and fed primarily on its bounty.

Allowing the pigs room to grow healthfully and letting them eat the staples of their natural diet – acorns and roots – produces bacon that's not only high quality but also significantly lower in saturated fats. Take away the chemicals, the unnecessary extra fat from poor diet and questionable raising conditions and bacon actually can be part of a healthy breakfast.

"They're healthier for it and so are we," Wycall said of the method he chose to raise the pigs. Similarly the cows are driven from field to field, fed only on grass which makes the beef superior to any of the steroid-heavy grocery store beef locally available.

This is their first year in the poultry production business and farm manager Jeff Martyn, whose idea it was for the expansion, said the response has justified Wycall's faith in the notion of selling organic chicken in an area dominated by chicken processing. It's interesting to think people here don't know what chicken really tastes like but, to make an analogy between raw and processed milk, he said eating chicken that has only been off the field for a few days is an attitude-changing experience.

The now 30-year-old Wycall began his organic farm three years ago, selling to his neighbors and supplying surplus to some of the local Community Sponsored Agriculture (CSA) producers. CSAs allow a limited number of people to buy shares of a farmer's crops in advance. The farmer uses the funds to run the farm and in return provides the participant with a share of the fresh local produce.

While it took longer than he'd have liked to fill his CSA roles this year he said he expects demand to continue to increase as word spreads. He said he's being careful not to grow too fast but is anxious to demonstrate to other farmers how profitable a small, niche operation can be.

FELTY HOSPITALITY AWARD

Reba Felty is the recipient of the 2010 Audrey Davenport Hospitality Person of the Year award. Named in honor of a Maryland Tourism Council past president legendary for exceptional customer service, this honor is awarded to an individual demonstrating outstanding service to Maryland visitors.

Felty was nominated by Ruth Waters and was recognized by her peers in the Maryland tourism industry during the awards banquet at the Maryland Tourism & Travel Summit in Annapolis last week.

Felty, director of sales at the Comfort Inn Gold Coast, has been president of the Hospitality Sales & Marketing Partnership, the Ocean Pines Chamber of Commerce and the OC Recreation Boosters.

DISASTER LOANS AVAILABLE

The U.S. Small Business Administration announced that federal economic injury disaster loans are available to small businesses, small agricultural cooperatives and most private non-profit organizations located in Worcester County, as a result of the drought and excessive heat that began on April 2010.

Under this declaration, the SBA loan program is available to eligible farm-related and nonfarm related entities that suffered financial losses as a direct result of this disaster. Agricultural producers, farmers and ranchers are not eligible to apply, but nurseries are.

The SBA determines eligibility based on the size of the applicant, type of activity and its financial resources. Loan amounts for small businesses can be up to \$2 million dollars, for 30 years. Loan amounts and terms are based on each applicant's financial condition

BUSINESS BRIEFS

and may be used to pay fixed debts, payroll, accounts payable and other bills that could have been paid had the disaster not occurred.

Disaster loan information and applications may be obtained by calling the SBA customer service center at 800-659-2955, Monday through Friday 8 a.m. to 6 p.m.

Completed applications should be mailed no later than July 5, 2011.

SHAMROCK TOP AGENTS

Shamrock Realty Group named Marilyn Bushnell as top sales agent and Jim Volk as top listing agent for September.

Bushnell is a seasoned agent with Shamrock Realty Group and has continued to excel. Volk recently joined Shamrock and has hit the ground running.

TAYLOR BANK DIVIDEND

Calvin B. Taylor Bankshares Inc. (TYCB) announced that its board of directors has declared an annual cash dividend of \$0.91 per share. This dividend is payable on Dec. 31 to shareholders of record as of the close of business Nov. 12.

CLAYLAND RECOGNIZED

Coldwell Banker Residential Brokerage in Greater Baltimore announced that Daniel Clayland, an associate broker with the company's Ocean City/104th Street office, was recognized as a leading sales associate nationally.

Clayland was among NRT's top 1,000 sales associates in the first and second quarters of 2010. NRT is the parent company of Coldwell Banker Residential Brokerage.

HALL PRESENTS P.A.N.D.A.

Local dental hygienist, Alexandra Hall RDH and Bethesda dentist, Suzanne Kim DDS presented a P.A.N.D.A. Program at recent Maryland State Dental Association Conference in Ocean City.

P.A.N.D.A. (Prevent Abuse and Neglect through Dental Awareness) is a program designed to train dental professionals and other healthcare providers to recognize and respond to signs of abuse and neglect in their patients.

Previously the Eastern Shore Children's Regional Oral Health Consortium (CROC) Coordinator, Hall was the first registered dental hygienist on the Lower Shore to be trained and serve as a volunteer P.A.N.D.A. presenter.

Hall has also provided P.A.N.D.A. programs to the Eastern Shore Dental Hygienist's Association where she currently serves as association president.

QUIET RESORTS PUBLIC RELATIONS & ADVERTISING EARNS AWARD

Quiet Resorts Public Relations & Advertising has been selected for the 2010 Best of Bethany Beach Award in the Public Relations & Publicity category by the U.S. Commerce Association.

The USCA "Best of Local Business" Award Program recognizes outstanding local businesses throughout the country. Each year, the USCA identifies companies that they believe have achieved exceptional marketing success in their local community and business category.

Quiet Resorts Public Relations & Advertising is affiliated with the East Coast Promotion & Research Group LLC of Bethany Beach, Ocean City, and Boca Raton, Fla.

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SPORTS

BAYSIDE



Berlin Dolphins clip Snow Hill Eagles

Cadet and Jr. Dolphins undefeated on season

SALISBURY – The Berlin Dolphin Cadets continued their unbeaten season by winning their seventh straight game, 18-12, over rival Snow Hill.

The Dolphins "B" defense got a fumble on Snow Hill's opening drive that set up their offense with good field position. Yet the Eagles defense responded by keeping the Dolphins out of the end zone who turned the ball over on downs.

The Berlin Dolphins defense held the Eagles to four-and-out and took over on the 35 yard line. Then the Cadet Dolphins began a methodical eight play drive with a key fourth down conversion by Devin Daniels where he made eight yards on his own to keep the drive alive.

Then two plays later JJ Purnell ran for a five yard touchdown. After a failed kicking extra point attempt the Dolphins had a 6-0 lead at the end of the first quarter. The second quarter was a showcase of defenses as both teams were pressed to make first downs.

The Snow Hill Eagles began driving late in the second quarter and had just crossed into Dolphin territory for the first time when with 53 seconds in the half safety Billy Wheatley intercepted a Snow Hill pass and returned the ball just short of a TD as time expired in the half.

After the kickoff to start the second half the Dolphins were their own worse enemy when first a 65 yard TD run by Terran Wright was negated by a holding penalty on the other side of the field. Then the "B" team tried a pass play that was completed but the receiver fumbled the ball giving the Eagles their best field position all day.

Snow Hill then took advantage of this field position by abandoning the run and completing two passes including a seven yard TD pass to tie the score at 6-6. The Dolphin defense then held the Eagles out of the end zone on the extra point attempt.

After the ensuing kickoff, Daniels then broke off a 60 yard TD run. Berlin tried to kick an extra point only to miss wide left.

The Dolphins kickoff pinned the Eagles



SUBMITTED/BAYSIDE GAZETTE

Assistant coach Terran Wright Sr. looks on as the Dolphin defense dominates Snow Hill last week.

back on their own 20. The Dolphin defense held setting up their offense with a short field. The Berlin offense stuck to their game plan and again methodically moved the ball 35 yards on six plays with a eight yard TD run by Daniels.

Berlin rushed for more than 200 yards in this game. Late in the game the Berlin defense made a mistake by allowing a 39 yard TD run bringing the score a little closer. After an onside kickoff attempt was covered by the Dolphins the offense took the victory formation and finished running out the clock to win the game.

The Cadet Dolphins are now 7-0 and qualified for the playoffs. Next up for the Cadet Dolphins is their regular season showdown game 6 p.m. Nov. 18 against the Salisbury Terps (6-1). The winner of this game will win the regular season and be the number one seed in the playoffs.

For more information about the Salvation Army "Red Shield" Youth Football League or the Berlin Dolphins football teams and cheerleaders, visit www.BerlinFootball.org.

JUNIOR DOLPHINS WIN

Berlin's Junior Dolphins improved to 8-0 with a 32-0 win over Snow Hill Eagles. The Dolphins took control from the opening whistle and never relinquished total domination of the game.

The Dolphins opened up the game with a 45 yard touchdown pass from Justin Meekins to Craig Synder to go up 7-0. The Dolphins added two more touchdowns before halftime a 41 yard interception return by Sam Coates and a 15 yard touchdown pass from T.J. Scarfone to Colton Lohnas.

Playing their "B" team most of the second half Berlin still found the end zone two more times with a 14 yard run by Tripp Ortega and a 12 yard run by Sam Coates.

Berlin coach Shockley praised his defense for shutting out a good Snow Hill team, and for only given up 20 points total the entire regular season.

The win closed out regular season and gave Dolphins the top seed in playoffs. The playoffs begin for the Junior Dolphins on Nov. 22.

Gym program fun for toddlers at Rec Center

SNOW HILL – Worcester County Recreation & Parks staff invites parents and their little ones to join them for Toddler Gym this fall at the Worcester County Recreation Center in Snow Hill each Tuesday from 10-11 a.m. Children must be accompanied by parents or guardians to participate.

The program gives toddlers between the ages of 18 to 48 months opportunities to socialize through play and learn a variety of locomotor skills. Parents participate in each class by helping and encouraging their children to explore, jump, balance, roll, kick, throw, and strike. Little ones will also acquire spatial awareness, through the use of different types of equipment, including oversized foam building blocks and Legos, play huts and tunnels, roller tunnels and balance beams. Children will also have opportunities to use traditional beanbags, soft play-ground balls, hula hoops, parachutes, tumbling mats, soft bats and other small equipment. Class time includes small group games, songs, and group activities that encourage children to move freely in open spaces.

In addition to providing physical fitness for children in a structured, safe environment, Toddler Gym provides parents with opportunities to help their children achieve these new skills. New stations and activities take place each week to keep children active and engaged.

"First and foremost, we want the children to have fun when they come here," said program manager Kelly Buchanan. "This class gives children an opportunity to make new friends, learn new activities and play with developmentally appropriate equipment."

Toddler Gym meets Nov. 23 and 30 and Dec. 7, 14, and 21. The winter session will meet each Tuesday, Jan. 11-March 29, from 10-11 a.m.

The cost is \$20 per child for the 12-week session and \$15 for each additional child. Financial Aid is available to those who show a demonstrated need. Proof of eligibility is required. For more info, contact Buchanan at 410-632-2144 ext. 103 or kbuchanan@co.worcester.md.us.




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SUBMITTED/BAYSIDE GAZETTE

Golf team members teamed up with one of their parents for the two person scramble event.

Stephen Decatur golf teams give out awards at season ending banquet

BERLIN – The JV and varsity Stephen Decatur golf teams recently held their end of the season banquet and awards ceremony. The day kicked off with the 11th annual player/parent outing held at Eagle's Landing Golf Course.

Golf team members teamed up with one of their parents for the two person scramble event for the title of player/parent champions and their names engraved on the coveted plaque proudly displayed in the SDHS trophy case.

This year's winners were senior Jake Miller and his father Dave Miller. Second place were the team of junior Nikki Rafer and her father Mike Rafer. Following the outing, players and family

members gathered at Peppers Tavern on Route 611 for dinner and awards.

JV award recipients were: Andrew Urban – Lowest 9 hole score of the season, Audrey Affelder – Most Consistent, Chase Eslin – Most Improved, Matt Ruggiere – Coaches Award, Hunter Dortenzo – Sportsmanship Award, and Mia Carlotta – Most Valuable Player.

Varsity award winners were: Gabrielle Anthony – 1st Homecoming Princess Golfer, Connor Gebhart – Most Consistent, Kate Kotoski – Best Attitude, Jake Miller – Most Valuable Player, Michelle Ott – Coach's Award, Nicole Rafer – Most Improved, and Joseph Iacona – Sportsmanship.



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SCHOOL SHOTS



SUBMITTED/BAYSIDE GAZETTE

DARREN AWARDS — The sixth grade Dolphin Team recently completed the DARE Program. The Darren Award was given to individuals who possess a strong sense of self. Hailey Brown and Maya Ethridge received the Darren Award.



SUBMITTED/BAYSIDE GAZETTE

DECORATED PUMPKINS — Mrs. Christine Lieb's Kindergarten students Jessie Bevard, Brittany Chase, and Layla Powell from Ocean City Elementary School show off the pumpkins they decorated after their trip to Mr. Pepper's Pumpkin Patch.



SUBMITTED/BAYSIDE GAZETTE

ARTIST IN RESIDENCE — Third grade students at Most Blessed Sacrament Catholic School enjoy a lesson by Artist in Residence, Angela Cassels, who is working with students in kindergarten through third grades to create Advent wreaths out of felt.



SUBMITTED/BAYSIDE GAZETTE

JUMP CLUB — The Ocean City Elementary School "Jump Club" just completed the fall session. The club consists of third and fourth grade students who meet after school on Wednesdays during October and November. The jumpers learn new skills and choreograph their own routines which are performed in front of parents, family and friends.



SUBMITTED/BAYSIDE GAZETTE

LUNCH VISIT — Showell Elementary kindergartener, Corbin Denk, hosted his mom and dad during National School Lunch week. He even invited them to share his fruit roll up dessert.



SUBMITTED/BAYSIDE GAZETTE

CAMPFIRE GAMES — Ocean City Elementary School students in Mrs. Cindy Leitgeb's second grade class participated in fun campfire games as a follow-up activity to the story "Henry and Mudge and the Starry Night". From left: John James, Paige Foard, Daniella Gonzalez, Aaron Proctor, Brooke Warthen, Eduardo Perpetuo-Filho, Steven Hoffman, and Noam Katna.



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Worcester County students recently graduate from Salisbury University

SALISBURY – Some 68 Worcester County students recently graduated from Salisbury University. They were among the 1,477 students who received 1,311 bachelor's degrees and 166 master's degrees during a ceremony at the Wicomico Youth & Civic Center.

Berlin area residents include Ekaterina Naumenko, B.A., international studies; Christy Baker, B.S., management; Matthew Bolich, B.A., history, cum laude; John Carpenter IV, B.A., conflict analysis and dispute resolution; Travis Carr, B.A., communication arts, magna cum laude; Heather Cerulli, B.A., English, magna cum laude; Heather Colbert, B.S., mathematics; Christopher Daly, B.S., interdisciplinary studies; Aiste Foreman, B.A., psychology; Megan Frick, B.A., history; Whitney Hand, B.S., management; Whitney Hoffman, B.S., elementary education, cum laude; Elizabeth Hornung, M.E.d.; Katie-Ann Jacobson; Arnold Jenkins II, B.S., management; Zachary John, B.A., philosophy; Brian Joiner, B.A., communication arts; Mitchell Jones, B.A., communication arts; Alethea Kniffen, B.A., music, summa cum laude; Lee Krempel, B.A., English, summa cum laude; Louis Lombardo, M.S., applied health physiology; Ronald Marney II, B.S., geography; Patrick Masterson, B.S., biology; Sarah Messer, B.A., communication arts, summa cum laude; David Neff, B.A., communication arts; Patrick Riley, B.S., chemistry; Julie Somers, B.S., accounting; Brett Spangler, B.S., biology; Jeanne Vander Clute, B.A., English, magna cum laude; Catherine Walsh, B.S., mathematics, magna cum laude; Stacey Walton, B.A.S.W.; and Laura Whitehead, M.E.d.

Girdletree area residents include Rachel Barrett, B.S., marketing, magna cum laude; and Carol Kurtz, B.S., accounting and finance, cum laude.

Ocean City area residents include Jill Benson, M.S.W.; Nicole Collett, B.S., management; Lorraine Flores, M.A.T.; Robert Hammond III, B.S., exercise science, cum laude; Amanda Kramer, M.S.W.; Amanda Long, M.A.T.; Corrin Marrazzo, B.A., finance; Adam Messick, B.S., finance; Sviatlana Rakutsis, B.S., accounting and finance; Frank Rowe, B.S., computer science; Christina Sessa, M.E.d.; Thomas Spencer, B.S., information systems; Matthew Stoehr, B.S., finance; and Krysten Stream, B.A., English.

Ocean Pines area residents include William Baisley, B.A., economics and history; Oxana Konoplyanik, B.S., biology; Siobhan McDaniel, M.S.W.; and Brittany Sudol, B.S., elementary education, magna cum laude.

Pocomoke City area residents include Bethany Epperson, B.A., psychology; Jennifer Layton, M.E.d.; Kyra Milbourne, B.A., communication arts; and Phillip Portier, M.A.T.

Snow Hill area residents include Samantha Baker, B.S., nursing; Kimberly Bowen, B.S., biology and pre-medicine; Kathryn Bruning, B.S., respiratory therapy; Natalie Costello, B.A., theatre; Kathryn Craige, M.S.W.; Andrew Hostetler, B.S., finance, cum laude; Julie Johnson, M.S.W.; Meghan Lee, B.A., English; and Amanda Perdue, B.S., elementary education, cum laude.

Other area residents include Rachel Hastings, B.S., nursing, cum laude, of Westborough; Michael Gregory, B.A., history, of Newark; and Ian Woodward, B.A., biology,

SCHOOL BRIEFS

SCRABBLE TOURNAMENT

A scrabble tournament will be held on Friday, Dec. 10, at 6:30 p.m., in the Student Center at Wor-Wic Community College in Salisbury. The tournament, which is sponsored by the Alpha Nu Omicron chapter of Phi Theta Kappa at Wor-Wic, will include three timed games. Prizes will be awarded to the highest scorers.

The cost is \$10 per player at the door. Doors open at 6 p.m. Snacks will be available for purchase. For more information, contact Terry Thompson at 410-572-8722 or thompson@worwic.edu.

POETRY OUT LOUD

Stephen Decatur High School will once again be holding its annual Poetry Out Loud competition in the Black Box theatre room on Thursday, Nov. 18, beginning at 1 p.m. Community members are welcomed to attend the free event, which celebrates poetry, and showcases the dramatic and public speaking skills of local students.

Two area winners will be selected to compete in the regional competition. Last year, Stephen Decatur High School senior Tracy Morey went on to place at the state level.

Poetry Out Loud is a national event that began in 2006 by the National Endowment for the Arts and the The Poetry Foundation. Thousands of students across the nation as well as Washington D.C. and the U.S. Virgin Islands participate in the event, which requires participants to perform dramatic recitations of 3 selected poems.

State winners eventually move on to compete at the national level where well known literary figures serve as judges. For more information, contact Stephen Decatur High School English teacher Dawn Russell at 410-641-2171.

WPS OPEN HOUSE

Worcester Preparatory School open house

with tours of the school and information about curriculum and programs for preschool through grade 12 children 9 a.m. Tuesday, Nov. 30, and 9 a.m. Wednesday, Jan. 12, at 508 South Main St., Berlin. For information, call 410-641-3575, www.worcesterprep.org.

WPS CHRISTMAS BAZAAR

Worcester Preparatory School's 39th Annual Christmas Bazaar will be held on Sunday, Dec. 5 from 11 a.m.-4 p.m. at 508 South Main St. in Berlin. For information or questions, call 410-641-3575.

The Bazaar will feature homemade items and foods in Kitchen Corner, a Bakery Booth filled with delicious homemade desserts, a Greenery Booth full of wreaths and garland, decorated Christmas Trees, Gift Baskets, Silent Auction, Chinese Auction, a Café serving a lunch prepared by Galaxy 66 Bar & Grill, a Snack Booth for lunch on the run, games and children's activities, an iPad raffle and more.

The WPS Chorus will perform at 3 p.m. and students will perform on piano and harp throughout the day. Santa arrives at noon for photos in his sleigh.

REGISTER FOR SPRING CLASSES

Wor-Wic Community College is accepting registrations for credit classes that are being offered this spring. In addition to the regular 14-week spring semester that begins Jan. 14, Wor-Wic offers two eight-week sessions, the first starting on Jan. 8 and the second beginning on March 12.

Registration for the first eight-week session ends Jan. 7. Students interested in taking classes offered during the 14-week semester can register through Jan. 13, and registration for the second eight-week session is available through March 11. For information or a credit class schedule, visit www.worwic.edu or call 410-334-2895.

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HEALTH

BAYSIDE

Knowing when quitting smoking is more than a choice

BY TONY RUSSO
STAFF WRITER

OCEAN PINES – Karen L'Hussier is one member of the Smoking Cessation Support Group sponsored by the Worcester County Health Department who has occupied both categories of would-be quitters – those who'd like to quit and those who absolutely must.

The first time L'Hussier tried to quit was about three years ago. She did it at the insistence of – or to put it positively with the encouragement of – her son David.

"It's something he's wanted for a long time," she said.

As any smoker with school aged children will tell you, the schools and television PSAs have done an excellent job recruiting kids to spread the word about the ills of smoking to their smoking parents.

Robbed of the moral high ground by the facts of science, parents are often forced daily to admit their weakness as smokers and vow to set a date to quit. It can be like living with an ardent member of a do-gooder cult.

To be fair, L'Hussier was also beginning to suffer the ill effects of smoking. She was more susceptible to colds and bronchitis,



TONY RUSSO/BAYSIDE GAZETTE

Karen L'Hussier is making her third attempt at quitting smoking, both for her son, David and out of necessity, a surgery she needs cannot be performed on smokers.

she developed asthma. Put simply she was nearly 50 and it was time to quit.

L'Hussier has been a regular at the group, starting each of the

last three Octobers – David's birthday is in October – and lasting throughout, although she hasn't been able to stick to quitting.

The first time she tried was the most successful. Using the discount coupons provided by the Worcester County Health Department L'Hussier got on

Over the coming weeks we will be profiling participants in the Worcester County Smoking Cessation Support Group that meets Tuesday evenings at the Atlantic Health Center.

the patch and quit for three months.

"The patch just didn't have enough nicotine," she said. "I was on the patch and still getting cravings."

Her second try was with the inhaler, a device geared to slowly reduce your body's dependence on nicotine. L'Hussier said she could barely remember anything about it except that it didn't work for her. In fact it almost doesn't count as a quit attempt.

In January 2009, L'Hussier discovered she needed neck surgery. Simply put she has a slipped disk in her neck and is unable to work until it's removed. The surgery needed cannot be performed on smokers so if she wants to be able to work again or to have a semblance of physical comfort into her late middle-age, now's the time to quit.

She came back to the support group for the simple reason that she believes it's been a big part of whatever successes she's had.

TO PAGE 19

FITNESS ADVICE

You're not too old



By David & Lisa Long

Age should not decide what you are capable of accomplishing. The physical obstacles of the world do not differ because of our age.

As we grow older we still need to and are able to move like we did when we were younger. The being able to is

up to you as an individual, we often let ourselves go and become less apt to handle physical challenges.

It may have been some time since you have exercised; there are various programs and facilities to assist you if you need help. Develop an exercise routine that will include strength, flexibility, and agility – functional training. Functional training simply means training our bodies to better perform movements we use in everyday living.

Some examples of functional movements you perform on a day-to-day basis:

- Lifting: Laundry basket, grocery bags, grandchildren;
- Reaching: Refrigerator or clothes dryer, dishes on shelves, grabbing objects on floor;
- Power: Standing up from chair, going up stairs, walking up incline;
- Balancing: Walking, moving while holding awkward objects.

Here are a few functional exercises you can easily add to your day. Performing these several times a day throughout the week will enable you to do more with less effort, more confidence, and hopefully keep you injury free.

- Push-ups: Start with wall push-ups and progress to placing your hands on the kitchen counter. You can do 5-6 while waiting for the microwave to finish.

Benefits chest, arms, abs and back.

■Squats or lunges: Reaching, standing, and sitting involve some form of a lunge and/or squat. Done properly they will strengthen your legs not trash your knees. Keep your weight in your heels and do not let your knees extend past your toes.

■Grocery bag lift: Strengthen your arms while shopping. Extend your arms (grocery bags in hand) and lift seven times to the front, side and rear. Remember to keep your shoulders back and abs tight while working your arms.

Studies involving older individuals have concluded that with regular exercise, they too can expect to receive the benefits enjoyed by younger people as a result of physical fitness.

Lisa and David Long are trainers who own Live Long Fitness in West Ocean City. 410-213-1078, www.livelongfitness.com, livelongfitness@live.com

Peninsula Home Care goes wireless with Point of Care technology

Upgrade prepares PHC for compliance with new healthcare regulations

SALISBURY – Peninsula Home Care (PHC), a leading licensed and certified home health service provider on Delmarva, recently announced that it has launched a new field-based data management system called Point of Care.

The Point of Care technology allows PHC healthcare professionals to record accurate, real-time data during patient home visits on wireless laptops. Point of Care's electronic records can then be accessed and commented on by all PHC professionals providing care to a patient – from the case manager to the physical therapist to the occupational therapist and so on. The files are encrypted and cannot be accessed without authorization.

"Point of Care provides an immediacy that paper records cannot provide

and the continuity of case management that patients need," said Kay Satchell, branch director of Peninsula Home Care's Seaford, Delaware office, the first to employ the system.

"With Point of Care, each Peninsula team member who serves a patient can view and share information in real time – it's a tremendous advantage for keeping files up to date and ensuring that everyone on a case understands what everyone else on that case is doing."

Physician communication also greatly benefits from Point of Care. The system mandates that information about the patient's care is sent to the patient's physician in real time, which in turn ensures that proper plan of care changes, such as treatments and medications, are made in a timely manner.

In addition to improving efficiencies

and interdisciplinary communication, Peninsula Home Care initiated the Point of Care system to stay ahead of increasing demands for accountability from the healthcare industry.

New government healthcare guidelines and rulings from the National Health Care Reform Act have implemented great incentives for the physicians to participate in the electronic healthcare record (HER) or the electronic medical record (EMR).

Proposed changes to be implemented between 2011 and 2013 are being driven by two things: a need for real-time data and a method by which to access a patient's medical record, regardless of where they are located geographically.

Recognizing how these benefits affect healthcare quality, in coming years Medicare, Medicaid and commercial

payers plan to decrease reimbursement to practices that are not using EHRs, providing an even stronger push for adoption.

"We have gone from documenting 20 pages of records for each patient to having everything at our fingertips," said Chris Hall, clinical manager, Peninsula Home Care.

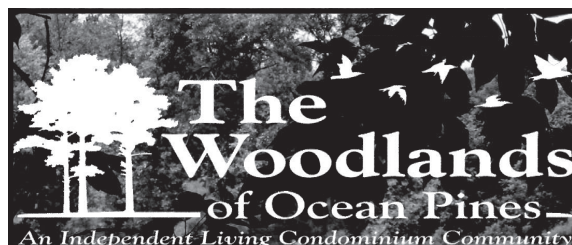
By 2011, the more than 150 professionals working in all three Peninsula Home Care branches will be using Point of Care.

"Point of Care offers more flexibility to our therapists and nurses," said Stephanie Mitchell, Ocean Pines branch director.

"And it's efficient, allowing caregivers to spend more time with the patient and less time documenting the visit afterwards. The payoff is cohesive, effective treatment plans and improved patient outcomes – which is really what home care is all about."


Peninsula Home Care, established in 1985, provides customized health care case management, nursing, physical and occupational therapy, speech language pathology and access to medical social workers and home health aides in patients' homes based on each patient's doctor's individual orders.

The PHC home health staff develops a care plan that includes services to reach and maintain a patient's physical, mental and social well being. Peninsula Home Care ensures that all patients are involved in their plan of care and strives to give them every opportunity to maintain their independence in the home. For information about Peninsula Home Care, visit www.PeninsulaHomeCare.com.



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of the Lower Eastern Shore

Smoking

FROM PAGE 17

"I find it very supportive and also it helps with the cost," she said. "Plus the information they give you is really helpful."

As important to her as learning from other people in the group and the mutual aid in everyone's attempt to quit, is the scientific information she's acquired about both quitting and nicotine as well as the extra tips provided by group leader Linda E. Green, R.N., M. Ed., C.D.E.

"I think the best tip I got was to remember the four Ds," she said. David chimed in on naming them: Delay, Drink water, Do something

else and Deep Breathing.

"The Delay has been working best for me," L'Hussier said. "If I can wait long enough the cravings will pass."

Her weapon of choice this time is the nicotine gum and after a tiny backslide last week, it's been more than seven days since her last cigarette. She said after a few days the gum erases the cravings immediately, but highly recommends the cinnamon flavor over the regular.

"The regular tastes like chewing a menthol filter," she said. The cinnamon can be a little strong so she's taken to chewing a half piece of each. Even if it doesn't taste great, it's better than smoking.



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Twisters Gymnastics finishes first at first meet of the season

BERLIN – The Twisters women's gymnastics team competed in the Maryland Judges Invitational on Nov. 6 and 7. The meet was hosted by the National Association of Women's Gymnastics Judges (NAWGJ) and held at the Prince George's Sports and Learning Complex in Landover.

This was Twisters first meet of the 2010-2011 competitive season. All teams gave outstanding performances with Level 5 finishing first, Level 4 finishing third, Level 7 finishing third, and Level 6 finishing fourth.

Individually, the girls compiled 17 first place finishes. Competing in the meet were over 400 gymnasts from more than 20 teams.

Members of the first place Level 5 team were Becky Maupin, Piper Connors, Alyvia Ciorca, Alyssa Weldon, Olivia Beard, Sierra Eisemann, Skyler Mahoney, Maggie Mitchell, Chelsea Van Vonno, and Jada Saunders.

Individual first place finishers were Becky Maupin (floor, 9.5; all around 37.3), Alyvia Ciorca (vault, 9.45; bars, 9.6; beam, 9.3; floor, 9.575; aa, 37.925), and Sierra Eisemann (bars, 9.425).

Level 4 third place team members were Akerah Winder, Alexa Eisemann, Amiyah Rounds, Aryan Peters, Cassandra Dolan, Erin Hurley, Erin Lambertson, Jessie Lupiwok, Joey Guard, and Nay'arrah Winder.

Individual first place finishers were Alexa Eisemann (bars, 9.25), Amiyah Rounds (vault, 9.15; bars, 9.25), Erin Lambertson (floor, 9.2; aa, 35.85), and Nay'arrah Winder (vault, 9.4).

Members of the third place Level 7 team were Dana Kim, Katherine Pavlos, Sarena Michnick, Cassidy Van Vonno, and Ivy Stearn. Individually Katherine Pavlos finished first on bars with an 8.5.

Level 6 fourth place team members were Ashley Tyndall, Georgia Sparacino, and Kayla Janek. Individual first place finishers were Kayla Janek (bars, 8.85) and Ashley Tyndall (vault, 8.65).

In their first Level 8 meet Neva Richardson and Mallory Rolleston gave outstanding performances. Neva Richardson finished first place on beam with a 9.325.

Twisters Gymnastics is coached by Carmella Solito, Fran Fennell, Donna Miller, and Shannon Tustin.



Chelsea Smith



Olivia Beard



Sierra Eisemann

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DNR takes lead in mitigating the effects of climate change

ANNAPOLIS – The Maryland Department of Natural Resources is taking the lead among State agencies in researching, encouraging and overseeing activities to impede Maryland's vulnerability to climate change with a new policy, Building Resilience to Climate Change.

"DNR will steer its own actions and lead by example with regards to climate change," said Secretary Griffin. "Maryland must take action now to prepare for the consequences of climate change."

"We will plant more trees to help capture excessive carbon pollution, restore more wetlands and living shorelines to

help shield us from flooding and coastal storms, and plan ahead to reduce the vulnerability of Maryland's people, homes, investments and wildlife. We encourage our other state agencies and local government leaders to plan for, and lessen, the consequences of climate change."

The Office for a Sustainable Future will maintain an accounting of DNR's overall resource consumption, including waste discharge and greenhouse gas emissions produced through electricity, fuel consumption and vehicle emissions.

Performance goals and benchmarks established through the Maryland Environmental Footprint Initiative will

guide development and implementation practices.

Under the leadership of Gov. Martin O'Malley, DNR is coordinating development and implementation of the Comprehensive Strategy for Reducing Maryland's Vulnerability to Climate Change.

DNR encourages state agencies and Marylanders to make sound investments in land and facilitates and to manage these facilities and natural resources with an understanding of the effects of climate change.

Phase I of the policy began in August 2008. This phase is a key component of the Maryland Climate Action Plan, detailing

the actions necessary to protect Maryland's future economic well-being, environmental heritage and public safety in the face of climate change and sea level rise.

DNR is currently engaged in Phase II with the University of Maryland, Center for Environmental Science and the Integrated Application Network to facilitate six sector-based adaptation work groups: Agriculture, Water Resources, Bay & Aquatic Ecosystems, Forest & Terrestrial Ecosystems, Human Health, and Growth & Land-Use. Each workgroup is scheduled to complete sector-based adaptation strategies by December 2010.

Climate change puts Maryland's people, wildlife, land and public investments at risk because of sea level rise, increased storm intensity, extreme drought and heat waves, and intensified wind and rainfall events.

With its geography and geology, the Chesapeake Bay region is ranked the third most vulnerable to sea level rise, behind Louisiana and Southern Florida. Historic tide records show that sea level increased approximately one foot in the Chesapeake Bay over the last 100 years.

As a consequence of climate change, sea level is likely to rise at least twice as fast as it did during the 20th century, resulting in a potential one-foot rise by 2050 and two to three feet of rise by 2100.

For information, visit <http://dnr.maryland.gov/dnrnews/infocus/climate-change.asp>.

Commission for Women seeking nominations for exemplary women

OCEAN CITY – The Worcester County Commission for Women has opened nominations to recognize two outstanding women whose lives exemplify exceptional vision and leadership.

Nominations are being accepted for these awards: The Woman of the Year and The Woman in History. "Women considered for these awards have been an inspiration to others," said Sharone Grant, chairman of the Commission for Women.

"They should be women who have benefited their community through volunteerism, by expressing creativity or individualism, or by striving to help others. We want to hear from those individuals who have been uplifted by a special woman, by an extraordinary woman."

Nomination forms may be obtained by calling 410-632-3616 or 410-651-6596 and must be returned no later than Dec. 1. The recipients of these awards will be recognized at the Women's History Luncheon held on March 23.

The annual luncheon coincides with Women's History Month. This year's theme is "Our History is Our Strength."

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State's firearm deer season opens Nov. 27

ANNAPOLIS – Maryland's two-week deer firearm season opens Saturday, Nov. 27. Hunters usually take nearly half of the annual deer harvest during this popular Maryland tradition.

"The two-week firearm season is the main event for most deer hunters," said Brian Eyler, deer project leader for the Maryland Department of Natural Resources (DNR). "It's a great opportunity for family and friends to spend time together in the woods and the substantial harvest helps manage our deer population."

Deer hunting regulations vary between Maryland's two Deer Management Regions:

Region A consists of Garrett and Allegany counties and, new this year, a portion of Washington County west of Clear Spring. The white-tailed deer firearm bag limit for Deer Management Region A is one antlered and one antlerless. However, no more than two antlerless deer may be taken on public lands in Region A with any combination of the bow, muzzleloader and firearm bag limits, excluding the Junior Deer Hunt Day.

Region B includes eastern

Washington County and the remaining 20 counties. The firearm season bag limit for Region B is two antlered and ten antlerless deer.

Hunters are urged to carefully inspect all tree stands before using them. A full body safety harness should be used while climbing into or out of a tree stand and while in the stand. DNR strongly recommends using a sliding knot, commonly known as a prussic knot, attached to a line that is secured above the stand.

This allows the hunter to be safely tethered to the tree as soon as they leave the ground. For more safety tips and a video on tree stand safety go to <http://www.dnr.maryland.gov/huntersguide/ts.asp>.

Complete bag limits, season dates, Deer Management Region boundaries and other deer hunting information can be found at www.dnr.maryland.gov/huntersguide. The 2010-2011 Maryland Guide to Hunting & Trapping issued with each hunting license contains detailed information about all of Maryland's hunting seasons and includes tips on treestand safety.



SUBMITTED/BAYSIDE GAZETTE

K-KIDS OFFICERS – On Tuesday, Oct. 26, at the second meeting of the year, Al Kastner, Kiwanis Club liaison of the parent Kiwanis Club of Greater Ocean Pines-Ocean City to local school Kiwanis Clubs, is pictured installing officers of the Buckingham Elementary School K-Kids, the Kiwanis Club at the elementary school level. Secretary Kayla Parker, treasurer Kasey Donaway, Kastner, VP Jalen Planter.



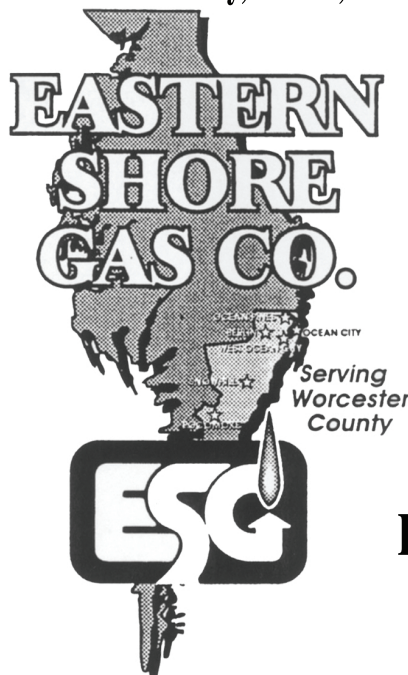
SUBMITTED/BAYSIDE GAZETTE

OPTIMIST CLUB OFFICERS – The Ocean City/Berlin Optimist Club recently installed new officers for the 2010-2011 year. Front, left to right: Bob Russell, past president; Rich Caproni, board; Lew Frey, President; Ron Kupec, board; Rich Dalton, board; Les McKee, secretary and Steve Acton, VP; (second row) Joe Hammen, treasurer; Bill Sheridan, board; Ken Mitchell, Board and Mel Jones, sgt-at-arms.

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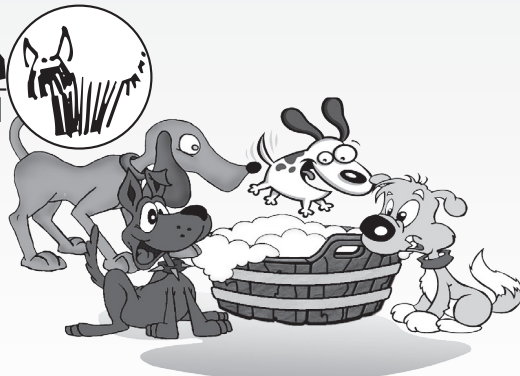
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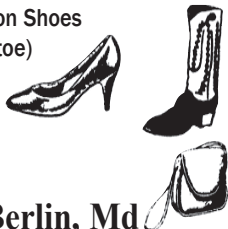
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organic farmer on the sustainable agriculture economy

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EDITORIAL

Supporting more sustainable ways of living is wise choice

This year with very little effort many Eastern Shore families will enjoy a Thanksgiving dinner that was raised or grown within, say, 20 miles of their homes; with even a little less effort holiday shopping can be local as well.

The move towards more sustainable ways of living isn't merely a fad, nor is it a push exclusively part of the "Green" movement. Instead it's people responding to a basic economic fact: in the end it's wiser to focus both required and discretionary spending as close to the source of production as possible.

It's not merely that local businesses provide better, more stable jobs, although that's an important part of it. The most important aspect of shopping in our local stores is that, as people who live on a peninsula that might as well be an island, the more self sufficient we are, the better it is in the long run.

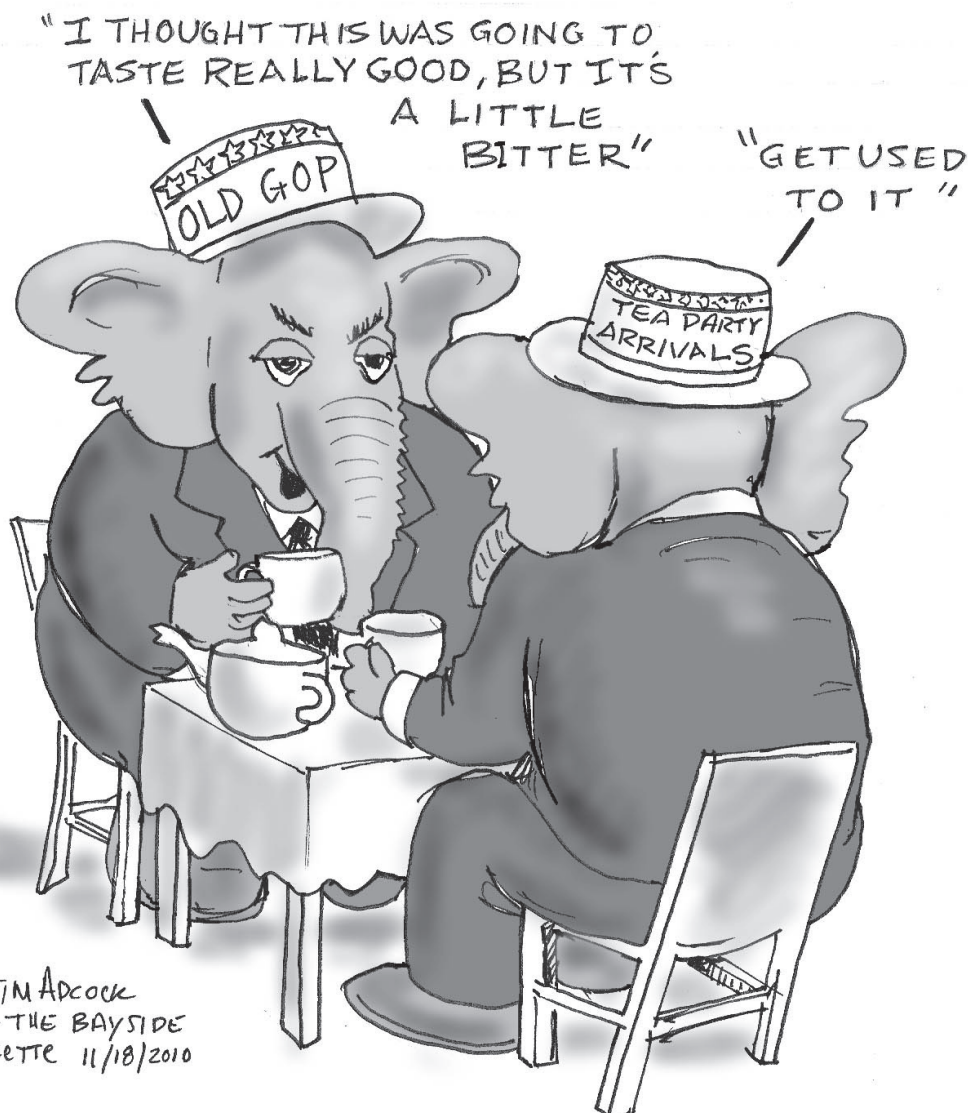
Add to that the fact that much of what can be purchased locally cannot be gotten elsewhere and the opportunities presented by a locally-focused holiday shopping season means we can not only give unique gifts but more personal ones in every sense of the word.

There is no question that things are a little tighter for local households. Entering the holiday shopping season with an eye on quality local gifts is an excellent way to make what in many households will be a more thoughtful giving season, making it a more memorable one.

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GUEST COLUMN

How to have beach restoration and better surfing

Can surfing and beach restoration projects coexist? Yes, but it takes work by everyone involved in the project to ensure that surfers' concerns are incorporated at the beginning -- not when changes can increase costs and lessen benefits.

That's the message in a new report issued by the American Shore & Beach Preservation Association, prepared in coordination with the Surfrider Foundation, Surfers Environmental Alliance, and the U.S. Army Corps of Engineers. The document, available online through the ASBPA website at www.asbpa.org,

also describes the various phases of a federally funded beach project, as well as the steps it found may work best for surfing interests who want to be heard as part of a restoration project.

For some projects, restoring a wide sandy beach along the shoreline can have an unintended effect on surfing: Reshaping the nearshore topography can destroy historic surf breaks (places where waves will break in a way that create good conditions for surfing). Similarly, the recreational benefits of surfing are often excluded from consideration during the project's

startup phase, only coming to the fore when the project design has moved forward so that any changes may increase costs or decrease stability of the new shoreline.

The crucial issue is for surfers to understand the various stages and phases of a project, and to get involved very early in the process when their concerns can be reflected in the project design and before any adjustments to maintain or create surf breaks can push up costs unacceptably. This is especially critical in beach projects with federal involvement -- a partner whose role

LETTERS EDITOR

FROM PAGE 26

that can help with funding and permitting, but which can add years to the overall project process and make common-sense adjustments more difficult to incorporate.

Some of the report's recommendations as to how surfers can beneficially participate in beach projects:

1. Address surfing considerations clearly, and coordinate their inclusion early in the planning process.

2. Keep in touch with both the federal project manager and the projects' local sponsor on a continual and consistent basis.

3. Be proactive during the process, and understand other coastal users' concerns to avoid reactions that could result in conflicts. Also, define the key points that surfers need to make during public input for the project, to ensure your message is clear and consistent.

4. Be prepared for a long process, and conduct yourself in a professional manner.

The full ASBPA report is available online at <http://www.asbpa.org/pdfs/2010-05-17SurfingPartnershipPlanningGuidance.pdf>. For information about beaches, go to www.asbpa.org.

Founded in 1926, the ASBPA promotes the integration of science, policies and actions that maintain, protect and enhance the coasts of America. For more information on ASBPA, go to www.asbpa.org, [facebook](https://www.facebook.com/asbpa) or www.twitter.com/asbpa.

Kiwanis Club thanks community volunteers

Editor:

In these trying and financially difficult times, there is evidence of the American spirit of coming together to support the needs of our children and our communities. I happen to belong to a local volunteer community service organization known as the Kiwanis Club of Greater Ocean Pines-Ocean City which is dedicated to "Serving the Children of the World," the purpose of Kiwanis International which exists in over 80 countries throughout the world.

We interface with schools from elementary to college, wherever student clubs exist. We award scholarships for furthering education to high school seniors. We support youth activities and organizations like the Cub Scouts in Ocean Pines and programs that the Ocean Pines Department of Recreation and Parks run for local children.

We perform services for senior citizens, who were children at one time, and assist in the Meals on Wheels program and Senior Center Bingo as we are also a community service organization. We are always running some kind of fundraising in support of these activities. The last one we did was on September 11th when we held a Duck

Race at Frontier Town. It is important to remember that while our Kiwanis Club organizes and runs the fundraisers, it is the community that makes it all come to fruition with their support of and attendance at our events. We all know that many individuals and many businesses are fighting a battle to keep their heads above water, but still they come to our support. They continue to care about others.

For example, over 1,000 ducks were entered in the race which means that a lot of people bought duck entries. Local businesses and individuals donated to the Kiwanis Club event for which we all say thank you to Outback Steakhouse, Cheers in Berlin, Whiskers in Pines Plaza, The Beach Club, Deer Run Golf, Ocean Pines Golf Club, Bay Club Golf, Barrett Motors in Berlin, Sherwood of Salisbury, Adkins Hardware, Salon 6, Sunset Grille, Bank of Ocean City, PNC Bank, Farmers Bank of Willards, Marina Deck and Ho Feng Garden Restaurant both of Pennington Commons, as well as donations from Mike Foelber of Rutherford Realty and Oleg Dudkin of Kiwanis.

And once again, Bob and Kelli Beck of DeNovo's prepared the food and kept the price for the picnic which accompanied the Duck Race at a great value.

With this attitude we can all be assured that volunteer organizations like Kiwanis will continue to exist and to help make a difference to our children and our communities.

One of my concerns is that like all volunteer organizations, Kiwanis is always in need of new members to continue the work. I hope your readers will consider becoming a volunteer, be it Kiwanis or any of the other organizations that also do similar work, when they understand the need and what is being accomplished.

If interested, check out www.Kiwanis.org/club/oceanpines.

David J. Landis Sr.
Ocean Pines

Election judges enjoy donated food and drink

Editor:

On behalf of the election judges and precinct workers at the South Gate Fire Station during the recent election, we would like to express our sincerest thanks and appreciation to A Bagel...for the delicious assortment of bagels and spreads, which they delivered for our breakfast. DeNovo's sent us a wonderful dinner of various salads, dressings and pizza, enjoyed by all and greatly appreciated.

Hopefully the residents and visitors of Ocean Pines will acknowledge what an asset these two restaurants are to our community.

Again, our thanks.

Barbara and Ed Weitzel
Ocean Pines

OBITUARIES

George F. Smoot Jr.

BERLIN – George F. Smoot Jr., 81, passed away Monday, Nov. 15, 2010 in Berlin. He was born on April 30, 1929 in Washington, D.C. to the late George F. Smoot Sr. and Margaret Meehan Smoot.

He was an Air Force veteran of the Korean War and worked for the Defense Mapping Agency for 30 years.

He is survived by two loving daughters, Juliet Wilkerson and her husband, Greg, and Valerie Stevens and her husband, Fred, two step grandchildren, Ann Marie Stevens and Freddy Stevens, and two great grandchildren DeAnna Stevens and Emily Stevens.

A memorial service will be held noon Saturday, Nov. 20, at the Burbage Funeral Home in Berlin. Friends may call one hour prior.

Memorial contributions may be made to Costal Hospice, PO box 1733, Salisbury, Md 21082. Arrangements are in the care of the Burbage Funeral Home. Acknowledgements to the family may be sent to Burbage@burbagefuneralhome.com.

Maxine "Mickey" Epperson

BERLIN – Mickey Epperson, 83, died Nov. 16 at Atlantic General Hospital. She was born in LeRoy, Ill., to the late Henry Dunlap and Helen Britten.

Mickey was a member of the Red Hats and also the Questers. She was a

member of the Community Church of Ocean Pines.

She is survived by her husband, Dean Epperson; son David Epperson of Chicago; son Mark Epperson of Berlin; sister-in-law Joyce Dunlap of Dewitt, Ill.; granddaughter Erin Llanes and her husband Rubin of Oak Park, Ill.; and great grandson Sam Anthony Llanes.

A memorial service will be held at the Community Church of Ocean Pines 11 a.m. on Saturday, Nov. 20. Friends may call half an hour prior.

Memorial contributions may be made to Sarah's Pantry, care of the Community Church of Ocean Pines, 11227 Racetrack Road, Ocean Pines MD 21811. Arrangements are in the care of the Burbage Funeral Home in Berlin. Acknowledgements to the family can be sent to Burbage@burbagefuneralhome.com.

DEADLINE

to submit letters
is 5 p.m. Monday.

Send letters to:
editor@baysidegazette.com

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LIFESTYLE

BAYSIDE



Master Illusionist Brad Ross levitates Princess Jasmine in a starry spectacle.

SUBMITTED/BAYSIDE GAZETTE

It's magic touring with Disney Live

Mickey's Magic Show visits Salisbury on Sunday

BY TONY RUSSO
STAFF WRITER

SALISBURY – Proportionately, it's easier to make it as a rock star than as a magician so when Brad Ross found a steady gig at Six Flags Great Adventure in Jackson, N.J., right out of college it was a job with which he was pretty happy.

Ross was captivated by the magician's performance at his 5th birthday party and began performing right away. Lots

of kids get into magic as they approach middle school but hardly any have the drive and determination to work at it hard enough to be working professionals by high school.

Throughout high school and college Ross worked birthday parties and similar events. Several attendees of Ross' Great Adventure shows, impressed with what appeared to be an amount of spectacle disproportionate to the small park, told him he should try

to go to Disney World and get a job.

While he thanked them for their compliments Ross had to tell them that the Magic Kingdom didn't have a magic spectacular so he couldn't go to them. Then one day, they came to him.

In 2005 Feld Entertainment, which produces the "Disney Live!" series, was just beginning to add stage shows to their already popular touring repertoire, which included the

SHOWTIMES

Disney Live! presents Mickey's Magic Show will hold performances noon and 3 p.m. Sunday, Nov. 21, at the Wicomico Youth and Civic Center.

For information or to purchase tickets, visit www.wicomicociviccenter.org or call the box office 410-548-4911.

tour shows Disney on Ice, Ice Capades, and Barnum and Bailey Circus. They'd been

TO PAGE x

Holiday Arts Night in Berlin Nov. 26

BERLIN – On Nov. 26 the town of Berlin will host its annual Holiday Arts Night celebration. Decked out for the holiday season, the streets will be alive with music and this event marks the start of the Victorian Christmas celebration.

The evening begins with the tree lighting ceremony at the Atlantic Hotel. Mayor Gee Williams will open the festivities scheduled for 5:30 p.m. Afterwards the shops throughout town will be open for the Arts event.

With Main Street closed to vehicle traffic, Berlin takes on the charm of a 19th century village. Most shops will feature the work of a local artist or craftsman. Hours are 6-9 p.m.

Featured artists include local wood artist Kenny Graves who will show his custom walking sticks, driftwood sculpture and garden art. Join the artist at Town Center Antiques, 1 North Main St. for an opening reception.

Look for Patrick Henry at his studio just off Main Street on Bay Street behind PNC Bank. This well known local artist presents a personal and profound retrospective of the Eastern Shore of his childhood.

The space is warm, intimate and its rambling interior provides the perfect canvas to showcase his considerable talents. Enjoy the evening and view new work by this local artist.

Ta Da, located at 18 North Main St., will showcase owner Patty Falck's painted glass art and the shop will be filled with the latest jewelry creations of her daughter, Blair Elizabeth. Blair's work skillfully incorporates large beads and stones into high fashion necklaces.

Culver's Antiques will feature the photography of Michael Andrews. Michael's work is laced with wonderful images of the Eastern Shore. Geometry, verticals and a strong design sense permeate his impressive collection of landscapes. The eye of this gifted photographer can also find art in the simplicity of old bicycles and rusted automobiles.

The Worcester County Arts Council will celebrate local co-op artists with a showcase of their seasonal arts and crafts.

Paintings, silk scarves, jewelry, ornaments and cards will be featured in the Holly-Days Shoppe. The sale will continue through the holiday season ending Dec. 24. A portion of each sale goes to fund their scholarship and grants program.

For a different twist on the evening, Jeffrey Auxer will be giving lessons and will be demonstrating his glass art in his studio on Jefferson street. Located behind the Atlantic Hotel, check out Jeff's glassblowing studio and his exhibit.

Disney

FROM PAGE 28

scouting illusionists all over the country and came to the conclusion that so many of Ross' other audience members had — his magic was Disney good.

"Disney is just synonymous with the word magic," he said. "I just took it as an honor to happen to be the one who was selected."

Especially given that the Disney Live! producer Kenneth Feld also produced master illusionists Siegfried and Roy.

Ross said he was further humbled not only for the opportunity to work with illusion designer Jim Steinmeyer — "He's like the Steven Spielberg of magicians," Ross said — but also that they took Ross' skills as an illusionist and showman so seriously.

After offering him the job the illusion director, Steinmeyer and the rest of the production team met with Ross and asked for his ideas about the show.

"I was just blown away that they asked me what I wanted to do in the show," he said.

Not only did they ask but they also agreed with and consented to many of Ross' proposed changes, additions and deletions.

One of the illusions Ross had always envisioned performing was one he'd seen in David Copperfield's show in the early 1980s. The bit centered on sawing two women in half at once and Ross imagined a variation on it — a variation which he's keeping secret except to say it has a surprise ending.

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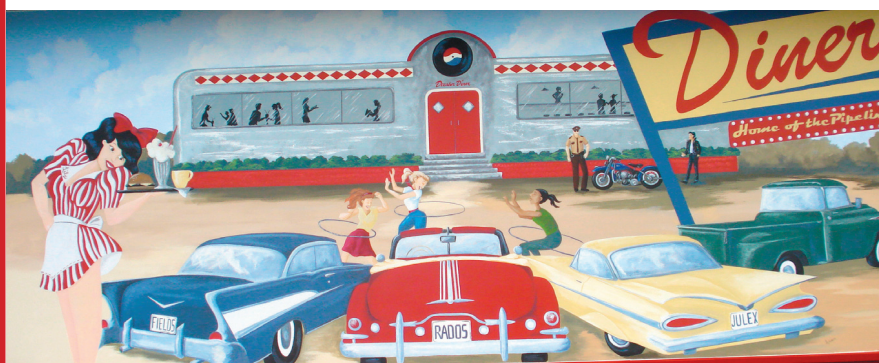
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WPS cheerleaders in 86th annual Macy's Thanksgiving Day Parade

BERLIN – Worcester Prep juniors Hannah Beauchamp and Marybeth Fisher will cheer in this year's Macy's Thanksgiving Day Parade in New York City.

Hannah and Marybeth are co-captains of Worcester Prep's varsity cheerleading squad and are very excited to be participating in this 86-year-old tradition. To be eligible to cheer in the parade, the girls had to hold the position of captain and receive a recommendation from their cheerleading coach, teacher Kira Eade.

Both girls are looking forward to spending a week in New York City, working with professional choreographers and making new friends.



SUBMITTED/BAYSIDE GAZETTE

Marybeth Fisher and Hannah Beauchamp.

Hannah is the daughter of Susan and Barry Beauchamp of Salisbury. Marybeth is the daughter of Sue and Chris Fisher of Bishopville.



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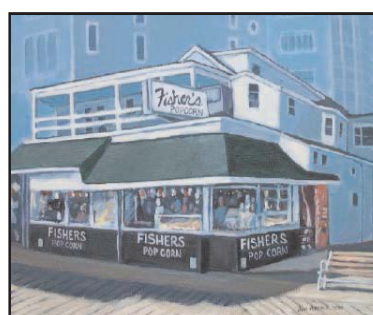
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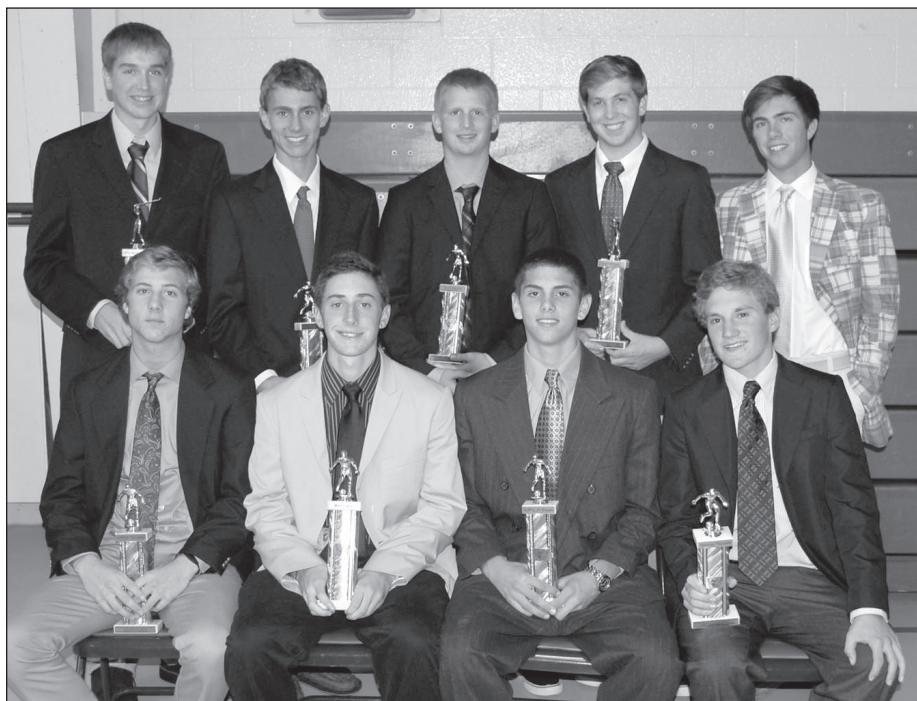
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Worcester Prep fall sports award winners



SUBMITTED/BAYSIDE GAZETTE

Worcester Prep's outstanding boy athletes were honored at the Fall Sports Recognition Night. They were: (front): Andrew Ternahan, Coach's Award, soccer; Matt Carey, Most Valuable Player, soccer; Jeffrey Andresen, Most Improved, soccer; Thomas Thornett; Coach's Award, JV soccer; (back) Billy Brittingham, Most Improved, golf; Chris Adkins, Most Improved, JV soccer; Zach Jacobs, Most Valuable Player, JV soccer; Will Moore, Coach's Award, golf; Ty Mayers, Most Valuable Player, golf.



SUBMITTED/BAYSIDE GAZETTE

Worcester Prep girl trophy award winners at the Fall Sports Recognition Night were: (front): Claire Brown, Most Improved, field hockey; Alex Bruder, Most Improved, JV soccer; Skylar Siegfried, Most Valuable Player, JV soccer; Frankie Willing, Coach's Award, JV soccer; (back) Maddy DiNardo, Coach's Award, soccer; Kelley Chandler, Most Valuable Player, soccer; Olivia Massey, Most Valuable Player, field hockey; Patricia Twilley, Coach's Award, field hockey; Kayla Baier, Most Improved, soccer.

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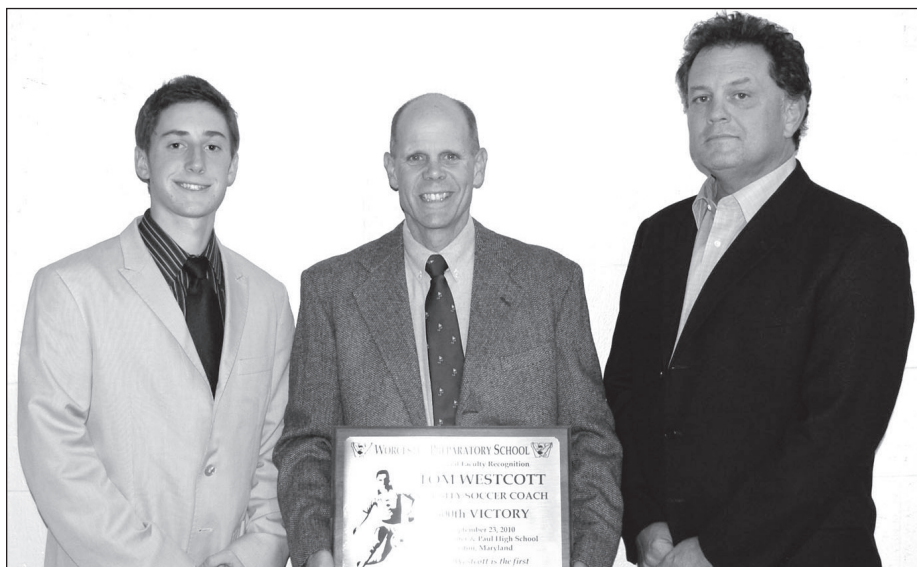
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SUBMITTED/BAYSIDE GAZETTE

WESTCOTT HONORED - At the Worcester Preparatory School Fall Sports Recognition Night, coach Tom Westcott (center) was honored for winning his 300th varsity soccer game for Worcester Prep. With Westcott are soccer player Matt Carey (left), and Worcester Prep alumnus Greg Shockley.

SNAP SHOTS



SUBMITTED/BAYSIDE GAZETTE

FOOD AND FUN — Connie Jean from Bella Mia's Salon and Kelly Moore enjoy food and entertainment at 28th Street Pit & Pub last week.



SUBMITTED/BAYSIDE GAZETTE

SUPPORT FOR CHILD VICTIMS — On Nov. 14 the Ocean Pines Volunteer Fire Department was presented with two dozen plush dolls called "Tommy Moose" by the Women of the Moose Lodge 1208 of Salisbury for the OPVFD to carry on their fire trucks and ambulances to give to a child who is facing a trauma situation. From left are OPVFD President Ron Thorwart; Susan Parks, recorder for the Women of Moose Lodge 1208; OPVFD Vice President Steve Rosen; Sandy Massey, Regent of Women of Moose Lodge 1208; OPVFD Fire and EMS Captain Bill Bounds; OPVFD Paramedic Jason West; OPVFD Chief Tom Meadows; OPVFD Paramedic Daniel Collins; and Ocean Pines resident Pam Esten, chaplain of Women of Moose Lodge 1208.



SUBMITTED/BAYSIDE GAZETTE

BOAT CLUB OFFICERS — The Ocean Pines Boat Club's Change of Watch-Installation of New Officers for 2011 was held at the Golden Sands Club in Ocean City on Nov. 14. The new 2011 officers and directors of the Ocean Pines Boat Club are (front) Pat Marchesiello, Sharon Connelly, Doris Lloyd; (back) Robert Abele, Fred Heinlen, Jack Broschard, Tim Mullin, Martin Baer, Rich Marchesiello, Frank Watkins, Dave Lloyd.



SUBMITTED/BAYSIDE GAZETTE

CUSTOMER APPRECIATION PARTY — Slim DeNunn and the High Rollers performed at 28th Street Pit & Pub's Customer Appreciation Party last Wednesday evening.



SUBMITTED/BAYSIDE GAZETTE

TOURISM AWARD — Ocean City Mayor Rick Meehan and the City Council acknowledge the Maryland State Tourism Award recently presented to the Town of Ocean City for the Rodney campaign. The Rodney campaign, created by the Town's advertising agency, MGH, Inc., won "Best Continuing Campaign" at the recent Maryland Tourism and Travel Summit in Annapolis. With the Mayor and Council are Ocean City Tourism Director Deb Turk, left, and Communications Manager Donna Abbott, right, who accepted the award on behalf of the Town at the awards banquet held recently in Annapolis. The campaign was nominated by Maryland State Delegate Jim Mathias.



SUBMITTED/BAYSIDE GAZETTE

SDHS ATHLETIC BOOSTERS DONATION — cA leadership gift of \$25,000 has been made by the Stephen Decatur High School Athletic Boosters to the capital campaign to build a new athletic field house at Seahawk Stadium. Presenting the donation to Lou Taylor, SDHS principal, are members of the executive board of the SDHS Athletic Boosters: Kim Moore, president; Brenda McNelis, vice-president; Linda Oliver, treasurer; and Lori Sullivan, secretary. For information an online giving opportunities, visit www.sdhسالumni.com.

CALENDAR

BAYSIDE

Thursday, Nov. 18

WINTERFEST OF LIGHTS

Northside Park, Ocean City.
Lightshow tour, through Jan. 2.
Sunday-Thursday 5:30-9:30 p.m.;
Friday and Saturday, 5:30-10:30
p.m.

WIND ENSEMBLE CONCERT

7 p.m. Ella Fitzgerald Center for
the Performing Arts at the University
of Maryland Eastern Shore in
Princess Anne. 410-651-6571.

REPUBLICAN WOMEN DINNER

The Republican Women of
Worcester County announces
their annual dinner meeting at the
Carousel Resort Hotel at 118th
Street. Doors open at 5 p.m., dinner
at 6:30 p.m. Speaker at 7:10 p.m.
Info: Ann Lutz, at 410-208-9767 or
annlutz@verizon.net.

ETHNIC FESTIVAL

International student ethnic
festival 11 a.m. Student Services
Center Ballroom at the University of
Maryland Eastern Shore in Princess
Anne. 410-651-6669.

Friday, Nov. 19

BINGO

Knights of Columbus, 9901
Coastal Hwy., Ocean City. Doors
open 6 p.m., games begin 7 p.m.
Refreshments available. 410-524-
7994.

BOOK OF THE MONTH
Berlin library, 1 p.m. "Sixty-Five
Roses" by Heather Summerhaves is
this month's book.

Saturday, Nov. 20

MAGI CHORAL FESTIVAL

Wicomico High School Auditorium,
Salisbury. Saturday 7 p.m.; Sunday
2 p.m. \$15 per person. Info: 410-
749-1633.

TURKEY SHOOT

The Synepuxent Rod & Gun
Club, 7909 Purnell Crossing Road
in Berlin, will host a Turkey Shoot
benefiting Ocean City/Berlin Boy
Scout Troop 225. Event hours are 8
a.m.-2 p.m. Registration begins at
7:30 a.m. Bring your own 12 gauge
shotgun and ammo will be provided.
Rounds will start at \$2 per person.

Win gift certificates from area
restaurants, hotel accommodations,
turkeys, chickens, etc. Several
prizes worth \$50 or more. Breakfast
and lunch will be available. For
more info, contact John Savage at
410-430-9369 or scoutmaster@
octroop225.org.

COUNTRY CHRISTMAS MEMORIES

OC Jamboree, West Ocean City.
Live stage show. 410-213-7581.
Through Dec. 31.

BIRD CLUB TRIP

The Tri-County Bird Club
(Worcester, Wicomico and
Somerset) will go on a field trip
to Bombay Hook National Wildlife
Refuge in Delaware on Saturday,

Nov. 20, looking for waterfowl, spar-
rows, snow geese and other birds.

Meet at the Ward Museum park-
ing lot on South Schumaker Drive in
Salisbury at 7:30 a.m. Bring lunch,
snacks, and drinks. For info or an
alternate meeting place, call 410-
543-1853.

K OF C BREAKFAST

St. Lukes, rear. 9901 Coastal
Hwy., Ocean City. \$9, under 9, \$5. 9
a.m. to noon. 410-524-7994.

FRIED CHICKEN DINNER

New Hope United Methodist
Church, Willards. Includes sides,
dessert and coffee. \$11 adults.
Carry-outs available. For informa-
tion, 410-543-8244 or 443-614-
6285.

Monday, Nov. 22

BIRD CLUB MEETING

The Tri-County Bird Club
(Worcester, Wicomico, and
Somerset) will meet on at 7 p.m.
in the Fox Room at Asbury United
Methodist Church on Camden
Avenue in Salisbury.

The program will be "Birding
in Peru," presented by Dr. Ron
Gutberlet. For info, call 410-742-
5497.

Tuesday, Nov. 23

CHAMBER ENSEMBLE

7 p.m. Student Services Center
Theater at the University of
Maryland Eastern Shore in Princess
Anne. 410-651-6571.

ART EXHIBIT

Fulton Hall Gallery, Salisbury
University. B.F.A. students works on
display, all disciplines. Show runs
through Dec. 16. Award reception,
Dec. 10, 6-8 p.m. Free.

Thursday, Nov. 25

THANKSGIVING DAY DASH

The inaugural Thanksgiving Day
Dash, sponsored by CrossFit Ocean
City, will take place at 9 a.m. at
the Worcester County Veteran's
Memorial at Ocean Pines on
Thanksgiving Day.

Friday, Nov. 26

HOLIDAY ARTS NIGHT

Downtown Berlin. Local artists and
artisans work in shops and galleries
throughout town. Shops and galler-
ies open 6-9 p.m. Town Christmas
tree lighting 5:30 p.m., Atlantic
Hotel. Music, refreshments. Free.

CHRISTMAS TREE LIGHTING

Main Street, Berlin, 5:30 p.m.
Victorian Christmas kicks off with
the lighting of the town Christmas
tree, in front of the Atlantic Hotel.
Enjoy sounds of the season and
refreshments.

ARTS & CRAFTS SHOW

Country Crafts Guild, Rock Hall
Firehouse, Route 20, Rock Hall.
40 juried craftspeople. Show runs
Friday and Saturday, 10 a.m. to 4
p.m. \$2 admission, children under
12 free. Handicap accessible. Food,
demonstrations. For information
410-778-1432.

Saturday, Nov. 27

PUTTING ON THE RITZ

Ocean City convention center.
Gourmet dinner and dancing.
Proceeds go toward convention cen-
ter art program and the Art League
of Ocean City. 7 p.m. to midnight.
410-289-2800 for tickets and info.

Tuesday, Nov. 30

WPS OPEN HOUSE

Worcester Preparatory School
open house with tours of the school
and information about curriculum
and programs for preschool through
grade 12 children 9 a.m. Tuesday,
Nov. 30, and 9 a.m. Wednesday,
Jan. 12, at 508 South Main St.,
Berlin. For information, call 410-641-
3575, www.worcesterprep.org.

KEEPING CHILDREN SAFE

The Ray at Worcester County
Youth and Family, 2-4:30 p.m. Free
seminar on keeping children safe
from sexual predators. Registration
required, call 410-641-4598 or e-
mail: sgordy@gowogo.org.

FAMILY RECITAL

11 a.m. Ella Fitzgerald Center for
the Performing Arts at the University
of Maryland Eastern Shore in
Princess Anne. 410-651-6571.

Thursday, Dec. 2

BERLIN CHRISTMAS PARADE

The Berlin Lions Christmas
Parade will be held on Main Street
starting at 7 p.m.

FAMILY RECITAL

11 a.m. Ella Fitzgerald Center for
the Performing Arts at the University
of Maryland Eastern Shore in
Princess Anne. 410-651-6571.

Friday, Dec. 3

FRITTER CARRY OUT

Bishopville Volunteer Fire
Department's Fritter Carry Out Night
from 5-7 p.m. Single fried oysters
and sandwiches, chicken wings reg-
ular and hot, steamed shrimp. Also,
\$10 special half pound of steamed
shrimp with a pitcher of beer.

Saturday, Dec. 4

OC CHRISTMAS PARADE

Holiday parade with high school
bands, floats and marching units
at 11 a.m. Activities in Gold Coast
Mall following the parade. Parade

route tentatively: 100th Street north
to 115th Street at mall. Info: Honey
Jarvis, 410-524-9000.

CHRISTMAS TOUR

Faith at Salem UMC, Selbyville,
10 a.m. to 3 p.m. Tour tickets \$20.
Soup and sandwich lunch, noon to 2
p.m., \$6 per person. For information
and tickets. 302-236-1785 or 302-
436-8412.

CHRISTMAS CRAFT SHOW

Bridgeville Historical Society,
Woodbridge High School, Laws St.,
Bridgeville, Del. 9 a.m. to 3 p.m.
Over 60 vendors, 50/50 raffle. Free.
All proceeds benefit the society.
302-337-7784.

Sunday, Dec. 5

CHILI COOKOFF

The 12th Annual Ocean City
Parrothead Club's Hots for Tots Chili
Cookoff will be held at the West
Ocean City Greene Turtle from 1-4
p.m. Judging of the Cookoff will be
done by patron participation.

WPS CHRISTMAS BAZAAR

Worcester Preparatory School's
39th Annual Christmas Bazaar will
be held from 11 a.m.-4 p.m. at 508
South Main St. in Berlin. For infor-
mation or questions, call 410-641-
3575.

Thursday, Dec. 9

RETIRED NURSES DINNER

Retired Nurses of Ocean Pines
Christmas Dinner and Installation
of Officers 5p.m. OP Yacht Club.
Reservations: Sally Smith at 410-
208-0564.

Friday, Dec. 10

SCRABBLE TOURNAMENT

A scrabble tournament will be held
at 6:30 p.m. in the Student Center
at Wor-Wic Community College in
Salisbury.

The tournament, which is spon-
sored by the Alpha Nu Omicron
chapter of Phi Theta Kappa at Wor-
Wic, will include three timed games.

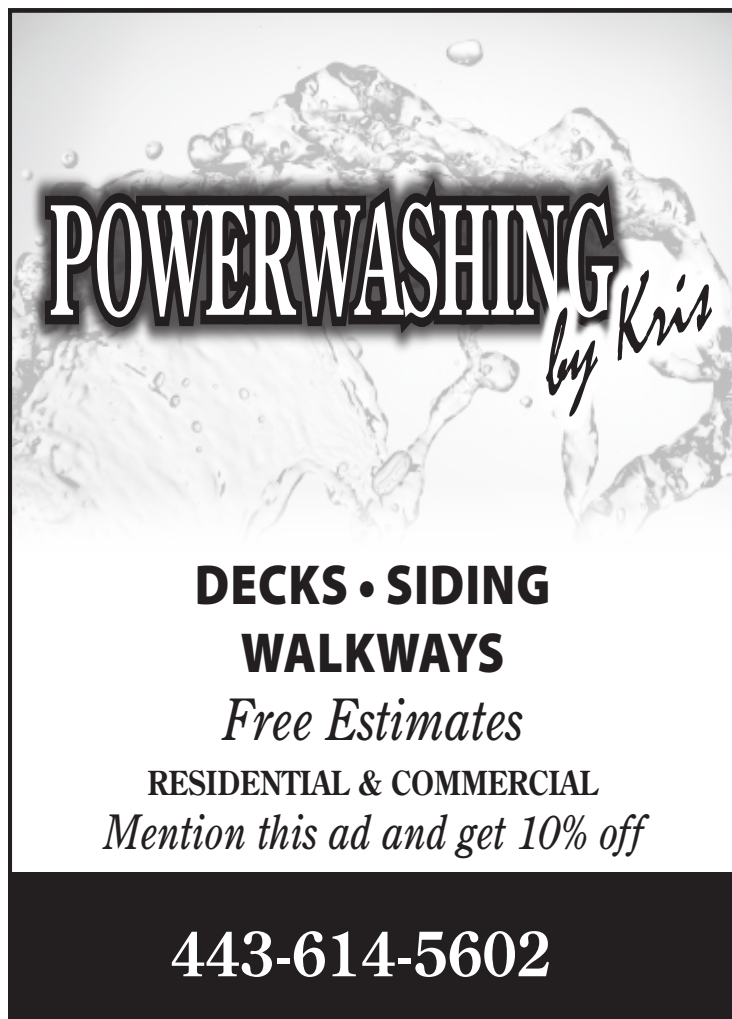
Prizes will be awarded to the
highest scorers. The cost is \$10 per
player at the door. Doors open at 6
p.m. For more information, call (410)
572-8722.

Saturday, Dec. 11

COOKIE WALK

Cookie walk for benefit of
Diakonia Shelter – St. Peter's
Lutheran Church, 10301 Coastal
Hwy, Ocean City, 9 a.m. to 2 p.m.
Choose from a variety of home
baked holiday cookies for \$7/pound
or bring your homemade Christmas
cookies and exchange them for
cookies.

All proceeds benefit Diakonia
Homeless Shelter and Food Bank.



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ENTERTAINMENT

➤ ATLANTIC HOTEL

Main Street Berlin
MONDAY – Earl Beardsley

➤ BJ'S ON THE WATER

75th St. Bayside
410-524-7575
FRIDAY – Lenny & The Soulsenders
SATURDAY – Full Circle
WEDNESDAY – Poole and the Gang

➤ CAROUSEL HOTEL

118th St. Ocean City
410-524-1000
FRIDAY – DJ Rupe

➤ CLARION RESORT

10100 Coastal Hwy. Ocean City
410-524-3535
FRIDAY – Power Play
SATURDAY – Power Play

➤ DENOVO'S

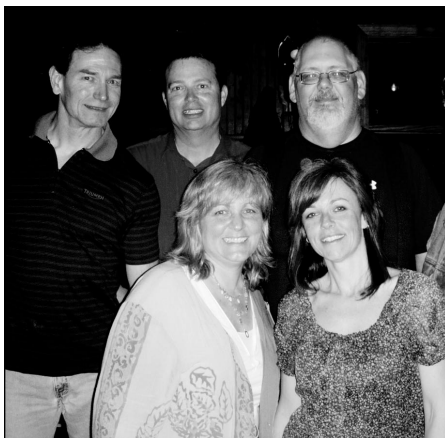
South Gate – Ocean Pines
410-208-2782
SATURDAY – Al Prescott
TUESDAY – Al Prescott
WEDNESDAY – Al Prescott
THURSDAY – Al Prescott



Power Play @ The Clarion

➤ FAGER'S ISLAND

60th St. & the bay, Ocean City
410-524-5500
FRIDAY – DJ Wood
SATURDAY – Jumper
WEDNESDAY – DJ Rob Cee



Full Circle @ The Globe

➤ GLOBE THEATRE

12 Broad St. Berlin
410.641.0784
FRIDAY – Full Circle
SATURDAY – OH BOY!
SUNDAY – Raquel Orsini

➤ GREEN TURTLE NORTH

11601 Coastal Hwy.
410-723-2120
SATURDAY – DJ Wood

➤ GREEN TURTLE – WOC

Rt. 611
410-213-1500
FRIDAY – DJ Skip Dixon
SATURDAY – DJ Rut

➤ HARPOON HANNAS

142nd St. Bayside
FRIDAY – Dave Hawkins
SATURDAY – Dave Sherman
WEDNESDAY – Bobby Burns

➤ HOUSE OF WELSH

1106 Coastal Hwy. Fenwick
1-888-666-0728
SAT. & SUN. – Tony Vegia
WEDNESDAY – Bob Hughes

➤ MARINA DECK

Penington Commons – Rt. 589
Ocean Pines, 410-641-5590
FRIDAY – Barbara Clare on Piano
SATURDAY – Patrick McAllorum



Crowded Outhouse @ Steer Inn

➤ SEACRETS

49th & the Bay, Ocean City
410-524-4900
THURSDAY – DJ Wax
FRIDAY – DJ Cruz/Go Go Gadget/DJ Mike-T
SATURDAY – Rew Smith/DJ Bobby-O/52 Pick Up/DJ Cruz/Goodman Fiske

➤ STEER INN

Rt. 589 – Racetrack Rd.
410-208-1900
FRIDAY – Crowded Outhouse
SATURDAY – Bond & Bentley
WEDNESDAY – Loud Love

➤ WHISKERS BAR & GRILL

11070 Cathell Rd. Ocean Pines
410-208-3922
FRIDAY – Karaoke w/Donnie Berkey

MARYLAND LOTTERY WINNING NUMBERS WEEK ENDING SATURDAY, NOVEMBER 13, 2010

Midday			Evening		Daily	
Date	Pick 3	Pick 4	Pick 3	Pick 4	Bonus Match 5	Bonus
11/7/10	714	4894	136	5730	07.08.16.30.32	13
11/8/10	185	5396	385	4612	16.17.27.30.31	14
11/9/10	999	5045	493	8603	01.05.07.29.36	10
11/10/10	182	8300	484	2744	15.20.30.32.38	04
11/11/10	521	7132	530	4668	17.23.25.37.39	22
11/12/10	643	7351	630	4033	06.11.29.36.39	09
11/13/10	253	7967	270	6780	14.18.25.31.33	24

Date	MULTI-MATCH
11/8/10	02.05.09.17.31.40
11/11/10	02.19.21.27.30.38

Date	Powerball	Bonus	POWERPLAY
11/10/10	05 08 11 40 44	10	4
11/13/10	17 30 48 51 54	29	5

Date	Mega Millions	Bonus	Megaplier
11/9/10	08 26 28 33 53	11	4
11/12/10	09 26 28 35 38	10	4

For the most current Lottery information, go to mdlottery.com

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CROSSWORD SUDOKU

DOUBLEHEADERS By Patrick Berry / Edited by Will Shortz

- Across
- 1 Buggy versions, maybe
- 6 Big yard area
- 10 Expresses disbelief
- 16 “The Big Bang Theory” network
- 19 Went beyond
- 21 Truck driving competition
- 22 Muesli tidbit
- 23 Factors to consider while trying to sleep on a campout?
- 25 Upper mgmt. aspirant
- 26 Superior
- 27 You might come up for this
- 28 Epitome of ease
- 29 Arabian Peninsula sultanate
- 30 What the marshal declared the moonshiner’s shed to be?
- 35 L on a T?
- 37 A. E. Housman’s “A Shropshire ---”
- 38 Smelted substances
- 39 Preventive measure
- 40 Submerge
- 43 Upper support
- 44 Attend to a plot
- 47 “Pardonnez- ---!”
- 48 Ohio State athlete who forgot his uniform?

For any three answers, call from a touch-tone phone: 1-900-285-5656, \$1.49 each minute; or, with a credit card, 1-800-814-5554.

- 53 Fighting fighting
- 56 Coxswain’s lack
- 57 Relative standing
- 58 Publishing hirees, for short
- 59 Part of P.T.A.: Abbr.
- 60 From --- Z
- 61 Name for a persona non grata
- 62 One who puts U in disfavor?
- 63 C.E.O.’s tricycle?
- 69 Start over on
- 70 Chain of life?
- 71 Local news hour
- 72 Keel’s place
- 73 Dudgeon
- 74 Prologue follower
- 76 Request upon finishing
- 77 As a group
- 81 Wild Bill Hickok holding his aces and eights?
- 85 Spell
- 86 Respectful bow
- 87 Criminal charge
- 88 Picture that shows you what’s up?
- 91 Platoon members, briefly
- 92 Competed
- 94 Unit of current
- 96 Places to plug in peripherals
- 97 Garbage receptacle that you and I insult?
- 103 Promising good things
- 104 Music genre prefix
- 105 Ancient Rome’s Appian ---
- 106 “What a shame!”

- 107 Rose of rock
- 108 “That high lonesome sound,” as played by Atlantic crustaceans?
- 115 Uma’s “Pulp Fiction” role
- 116 Many a Monopoly property
- 117 Singer of the 2008 #1 hit “Bleeding Love”
- 118 Seat facing the altar
- 119 Worked on in the lab
- 120 Cornerstone abbr.
- 121 Put up
- Down
- 1 Rise and fall repeatedly
- 2 Big day preceder
- 3 Red Sox legend Williams
- 4 Call into court
- 5 Followed the game
- 6 Crooked
- 7 Rebel org.
- 8 Soprano Tebaldi
- 9 Went around in circles, say
- 10 Opposite of post-
- 11 Landscaper’s roll
- 12 Zimbabwe’s capital
- 13 Pueblo structures
- 14 Army-McCarthy hearings figure
- 15 Roman sun god
- 16 “Borrows” peremptorily
- 17 Founder of Celesteville, in children’s lit
- 18 Roadside shop

- 20 Indication of teen stress, maybe
- 24 “Turn up the heat!”
- 29 Missouri’s --- Trail
- 30 Common dessert ingredient
- 31 Tess’s literary seducer
- 32 Offers a few directions?
- 33 “Dies ---” (Latin hymn)
- 34 By surprise
- 35 City where TV’s “Glee” is set
- 36 In a moment
- 41 Discouragement
- 42 Called upon
- 43 Fragrant cake
- 44 Round container
- 45 Singer Gorme
- 46 Cheeper lodging?
- 49 Eucalyptus eater
- 50 Defense grp. headquartered in Belgium
- 51 Pharmacopoeia selection
- 52 It bounces
- 54 Shakespearean character who says “I am not what I am”
- 55 Nashville-to-Memphis dir.
- 61 Diverse
- 62 Composer Bartók
- 63 Kentucky college
- 64 pV = nRT, to physicists
- 65 Geraint’s wife in “Idylls of the King”
- 66 Aircraft, informally
- 67 Like a Chippendales dancer

1	2	3	4	5		6	7	8	9		10	11	12	13	14	15		16	17	18
19					20						21							22		
23										24								25		
				26				27					28				29			
			30					31				32	33				34			
35	36							37				38					39			
40						41	42				43					44			45	46
47						48				49	50				51	52				
53				54	55					56					57				58	
				59						60				61				62		
			63	64						65				66				67	68	
69								70												
73																				
81																				
86																				

- 68 Massachusetts’ state tree
- 69 Frees (of)
- 74 Covered
- 75 Business address ender
- 76 Army of the Potomac commander, 1863-65
- 78 Pool hall pro
- 79 Quatre + trois
- 80 Former union members?

- 82 1989 Oscar-winning title role for Jessica Tandy
- 83 Took a card
- 84 Census form deliverer: Abbr.
- 89 Sequin
- 90 Crayon wielder
- 92 Moral standards
- 93 Focused
- 94 Fit for cultivation

- 95 Invitees who didn’t R.S.V.P., say
- 97 Cargo vessel with no fixed route
- 98 --- Hart, showgirl in “Chicago”
- 99 Deliver at a farm
- 100 Bygone rival of Delta
- 101 Harass nonstop
- 102 “Take Train” ---

- 108 Be up
- 109 Ham helper
- 110 Spectrum segment
- 111 Auction purchase
- 112 What the sublime inspires
- 113 Verbatim quote addendum, possibly
- 114 J.F.K. arrival of old



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© Puzzles by Pappocom
HARD - 44

Fill in the blank spaces in the grid so that every vertical column, every horizontal row and every 3 by 3 box contains the numbers 1 through 9, without repeating any. There is really only one solution to each puzzle.

				8				
	2	9		7				
					1		9	2
8	4					7		
	9	7				8	3	
		2					5	6
1	7		3					
				6		2	8	
				4				

The answers to last week's puzzles

5	2	8	6	3	7	9	1	4
7	6	1	8	4	9	2	5	3
9	4	3	1	5	2	8	7	6
3	1	5	4	7	8	6	9	2
2	8	9	3	6	5	7	4	1
4	7	6	2	9	1	3	8	5
6	5	4	9	8	3	1	2	7
1	9	7	5	2	6	4	3	8
8	3	2	7	1	4	5	6	9

S	A	V	A	L	A	S	J	A	M	J	A	R	P	L	E	B	E
I	G	I	V	E	U	P	A	M	O	E	B	A	R	E	E	V	E
R	E	S	I	S	T	I	N	G	A	R	E	S	T	A	R	D	E
							S	T	O	R	E	T	A	R	O	T	
D	I	E		R	I	P	S		Y	E	L	L	S	A	T	I	N
U	N	D	E	R	A	T	A	C	K		D	U	E	T		T	O
A	D	E	X	E	C		L	U	N	G		T	O	I	L	I	N
D	Y	N	A	M	I	C		M	O	O	T		N	E	U		
							M	A	N	E	S		X	O	U	T	
M	E	R		I	G	L	O		D	R	E	W		U	R	S	I
O	D	E	O	N		L	O	V	E	A	F	A	I	R		A	E
E	I	T	H	E	R		N	U	T	S		K	N	E	A	D	
S	T	U	D	D	E		M	O	N	O		K	A	L	E	L	
H	E	R	E		P	E	P		N	E	A	P		P	O	W	E
A	D	N	A	U	S	E	A	M		W	H	I	M		H	A	V
							A	R	M		P	R	O	F		U	P
A	N	D		P	I	S	T	O	L	S		E	R	O	S		I
D	E	R	M	I	S		I	C	E	A	X		O	U	T	E	R
O	M	E	A	R	A		C	H	E	C	K	I	N	G	A	C	O
L	E	S	L	E	Y		L	E	C	H	E	R		A	T	O	M
F	A	S	T	S			E	D	E	S	S	A		T	E	N	P

Preservation of 835 acres along Pocomoke River recently approved

POCOMOKE – Gov. Martin O'Malley this week announced Board of Public Works approval to preserve 835 acres of sensitive land in Worcester County through Program Open Space. Preservation of the Banks, Burns and Quillen properties marks the completion of a significant effort to permanently protect 2,000 acres of ecologically linked properties along the Pocomoke River Greenway.

These strategic land acquisitions – made possible in part by a U.S. Fish and Wildlife Service North American Wetland Conservation Act grant – will maintain the area's ecological integrity by linking large sections of protected forest blocks near Nassawango Creek and the Pocomoke River.

The Burns property is a donation of a conservation easement, the Quillen property is a fee simple donation, and the Banks tract is being purchased using Program Open Space funds.

All three properties lie within a Target Ecological Area and the Pocomoke River Focus Area, and will be managed as part of Pocomoke State Forest. The sites contain high quality bald cypress swamp (with some specimen cypress over 200 years old) and diverse habitats that support threatened and endangered species, forest interior dwelling birds, and bay grasses that serve as a nursery for juvenile fish.

"Through an extraordinary federal, state and local conservation partnership, these three acquisitions are allowing us to permanently preserve more than 2,000 acres of sensitive landscape in Worcester County," said O'Malley.

"Together, the eight sites protected under this effort will permanently safeguard habitat for significant living resources, preserve a magnificent viewshed along the Pocomoke, and provide increased access to the river for Maryland families."

The three-member Board of Public Works is composed of O'Malley (chair), Treasurer Nancy Kopp and Comptroller Peter Franchot. The BPW is authorized by the General Assembly to approve major construction and consultant contracts, equipment purchases, property transactions and other procurement actions.

Since 2007, O'Malley and the BPW preserved more than 31,596 acres of natural areas for public recreation and watershed and wildlife protection across Maryland. Since 1969, Program Open Space has provided funding for acquisition of 352,639 acres for open space and recreation areas. Most Maryland residents live within 15 minutes of an open space or recreational area funded by Program Open Space.



SUBMITTED/BAYSIDE GAZETTE

READY TO BATTLE – Berlin Intermediate School's Chess Club has begun its season. New students are being introduced to the game, while experienced players are battling and honing their skills. Mike Megary, the Chess Club advisor, helps students with various skills and strategies of the game.

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CUISINE

BAYSIDE

Salmon croquettes with cooked carrots, collards, and kale

The leaves are raked for the first time in three years, the grass has been mowed perhaps a month or so overdue and the chores are done.



By Paul Suplee,
CEC, PC III

That doesn't happen very often around these parts, so I am fairly pleased with myself. On the flip side, I am exhausted, and the last thing that I want to do is cook dinner, but it is dinner time so off I go.

I have a pact with my wife at the present time that we are not purchasing any meats until I go through the freezer in order to dispatch that which we already possess.

The usual suspects are present: chicken, salmon, scallops, beef of varied inexpensive sorts and pork adorn our standup steed in the pantry, a frost-laden testament to the fact that I don't always practice what I preach.

Playing a quick game of eenie-meenie-miney-mo, my finger laid to rest on the salmon, so it was time to do something with it that I haven't before. Oh the drudgery.

Too many articles have found themselves in the pages of this fine paper regarding salmon and its many uses, applications and tweaks. There's just not much left to do with the blasted stuff. Grilled, seared, en croute, poached, abnauseum absurdum. But I am a professional so I pontificated.

I recalled a short period of time in which I worked at a great restaurant in Baltimore, The Polo Grill. It was the restaurant where the Orioles and CFL Colts ate. It's where the jockeys and horse owners conducted business. It was a beautiful place, and the chef was a true educator.

At the Polo Grill, grilled salmon was a common banquet item. As there was typically a pan or two left over for a given overset, and since many banquets took place on Saturday night, Sunday brunch was the perfect time for salmon cakes.

Based loosely on potatoes croquette, this great main item



is perfect when served on top of sautéed spinach, braised cabbage or a nice salad. Since it is autumn, I would be more inclined to stick with the cooked vegetables, even leaning towards carrots, collards, kale, parsnips, turnips and the like.

The key is to make a fairly thick and flavorful potato mixture and then fold in the salmon carefully. Once you get to that point, you just treat them just like crab cakes when forming. Then, just dust them in either flour or breading and fry until crispy.

My problem now is that I nibbled too much as I cooked. Now that dinner is done, I am just not hungry anymore. Luckily these little beauties reheat beautifully and freeze well as long as they are vacuum sealed. So don't worry if you make too

much.

If you decide to freeze them, cook them halfway in order to crisp the outside. The sealing process will go much better that way.

As the evening progresses and the article finishes itself, my stomach starts to rumble signaling that it is time to eat my wares. I have to admit, this is not a bad gig. I get to eat what I write about, so that's not bad at all...until we get to fruitcakes.

With the holidays around the corner, I fear for the return of my sister's whiskey-soaked monstrosity, but that's for another day. For now, I'll just relish in the news that my chores are done...for once.

SALMON CROQUETTES

serves 6

3 ea. Baking potatoes
1 whole onion, skin on
¼ c. unsalted Butter

S&P to taste
Nutmeg to taste
2 Whole eggs
1 Egg yolk
12 oz. Salmon, sautéed until done
Breadcrumbs
Egg wash for breading
Flour for breading
1 ea. Tomato, skinned and seeded
Greens or kale
carrots, cut oblique
Sherry or Balsamic vinegar to taste

1. Pick the salmon apart into bit size chunks and set aside in a bowl
2. Bake the potatoes and whole onion in a 400F oven until baked, approximately 45-50 minutes
3. When the potatoes are soft and cool enough to handle, squeeze them into a bowl
4. Mash with a fork or slotted spoon and add the butter, salt, pepper and nutmeg and incorporate
5. Once the steam has dissipated a bit, add the eggs and incorporate well
6. Fold in the salmon pieces, adding fresh herbs if your heart so desires. I personally recommend it

7. Bread according to your standard breading station
 - a. Dust with flour
 - b. Dip in the egg wash
 - c. Coat with breadcrumbs
8. Fry in hot olive oil until golden and then turn and fry the other side
9. Finish the salmon cakes in a separate pan in a hot oven to cook through
10. Take the whole onion and cut it into rings to use as a base for your vegetables
11. In the original pan, sauté the carrots and greens, both having been blanched in salt water until almost done
12. Add the tomatoes and cook through. Finish with a pat of butter and a splash of vinegar to add a little bite to the vegetables.

Paul G. Suplee is a certified executive chef and ProChef certified Level-3. He is a writer and culinary instructor. His ePortfolio can be found at www.heartofakitchen.com.

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The Domingo-Cafritz Young Artist Program is unique in guiding young singers, coaches, accompanists, conductors, and stage directors on the verge of international careers. The Young Artists also have the opportunity to perform and cover roles on the main stage of the Washington National Opera. Join us for an evening of Opera favorites as performed by future international opera stars!

For information and tickets, visit

www.freemanstage.org


Joshua M. Freeman
FOUNDATION

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A pre-performance dinner option will be available at The Brick Hotel, also in Georgetown. The \$28 per person prix fixe meal will be available to those who show their performance ticket from 5-6:30pm. Reservations are suggested.

Limited seats available!