

## WEATHER



40 | 28  
SATURDAY



34 | 23  
SUNDAY

## SPORTS

### Decatur comes back on Snow Hill

Decatur's Gary Tingle makes a move during the win over Snow Hill Tuesday

PAGE 16



## CUISINE

### Nothing better than pot roast

You can't help but to love this amazing comfort meal just like Granny made

PAGE 31



# BAYSIDE GAZETTE



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JANUARY 27, 2011

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FREE

## Ocean Pines budget includes \$45 fee increase

BY TONY RUSSO  
STAFF WRITER

OCEAN PINES – Ocean Pines Association General Manager Bob Thompson presented his proposed budget to the association members for 2011-2012 fiscal year. Although there will be more changes before February's

final approval, as it stands the \$10 million budget includes a \$45 assessment increase.

The potential slots revenues will not be included in the coming year's budget. The directors agreed the potential slots dollars should be set aside for future debate wherein the board will attempt to establish a policy for the money's use.

The directors also elected to leave the golf operations budget presented by Billy Casper Golf alone based on the fact that the management company was hired to run to club.

"If they're off by miles [in this year's projections] we can do budget triage next year," said board president Tom Terry.

Thompson said that the most important part of the budget was an attitude change he hoped to affect that changed the focus from cost cutting to revenue generation. While he was clear that this didn't mean his administration wouldn't stop looking for inefficiencies, he maintained that attention to driving revenues

See OPA, page 4



SUBMITTED/BAYSIDE GAZETTE

**BEAT THE WINTER BLUES** – Fifth grade students Marissa Grosso, Ocean Pines (left), and Sarah Savage, Ocean City, enjoy the music and food at the Worcester Prep Parents' Association Beat the Winter Blues evening last Friday.

## Horse shot and killed at Assateague

BERLIN – Superintendent Trish Kicklighter announced that one of the wild horses inhabiting Assateague Island National Seashore was shot and killed last weekend during a two day deer hunt.

The 28 year old horse was found dead by a hunter on Saturday, Jan. 15, and reported to park rangers the following day. An investigation is under way.

"We are saddened by the incident," said Superintendent Kicklighter, "and hope that the shooting was accidental. Most hunters take pride in their role as conservationists and, to the best of my knowledge, nothing like this has ever happened before in the many, many years that public hunting has taken place in the National Seashore."

The horse that died was a 28 year old bay mare with the identification number N2BH. During her lifetime, N2BH foaled six times, and had 11 second and third generation offspring. In recent

See HORSE, page 3

CALENDAR 26 ♦ SNAPSHOTS 25 ♦ EDITORIAL 21 ♦ CROSSWORD 30 ♦ HEALTH 14 ♦ SUDOKU 30 ♦ CLASSIFIED 18 ♦ ENTERTAINMENT 28

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# Horse

FROM PAGE 1

years, N2BH had been treated annually with contraceptives as part of a broader effort to maintain the size of the wild horse population at a sustainable level.

The two day January deer hunt was part of the National Seashore's annual hunting program that includes several gun seasons during the fall and early winter. In addition to providing a unique and very popular recreational opportunity,

the hunting program is used to manage resident deer populations.

Two species of deer are found on Assateague; the native white-tailed deer and the non-native sika deer, introduced to the island during the 1920s. Without the control provided by hunting, the sika deer population would quickly grow and harm the island environment. Hunting was authorized by the Federal legislation that established the National Seashore in 1965.

From the nature of the wound, it appears that the horse died almost immediately from the gun shot. "In addition to physical evidence, we have several good leads that we're actively pursuing," said Chief Ranger Ted Morlock.

"I'm confident we'll find out who's responsible for this unfortunate incident. Regardless of whether the shooting was accidental or not, the failure to report the incident violates National Park Service regulations and we intend to prosecute to the fullest extent of the law."

The National Park Service is offering a \$1,000 reward for information leading to the arrest and conviction of the responsible individual(s). Persons with information about the incident should contact Chief Ranger Morlock at 410-629-6055, or by email at ted\_morlock@nps.gov. All information provided may remain confidential.

"I'm confident we'll find out who's responsible for this unfortunate incident."

-Chief Ranger Ted Morlock

ing to the arrest and conviction of the responsible individual(s). Persons with information about the incident should contact Chief Ranger Morlock at 410-629-6055, or by email at ted\_morlock@nps.gov. All information provided may remain confidential.



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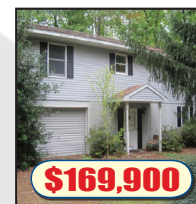
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## OPA budget

FROM PAGE 1

would be the focus.

"We've got to break that mold of 'just get by, just get by,'" he said. "To build a budget I needed to start with each area and figure out what they needed."

With the exception in a golf cart rental increase – \$1 per nine holes and \$2 for 18 holes – Thompson does not intend to drive his revenue increases through raising amenity fees. The biggest part of the revenue-driving attitude, he said,

was making sure the amenities stayed open and had consistent hours and service. Using the recently-opened Java Bay Cafe at the Yacht Club as an example, Thompson explained that rather than continuing to cut expenses and thereby service they're making the investment in service.

"Not everything is going to work," he said. "But nothing works if you don't try."

Thompson's plan also includes the possibility of hiring a chef to manage the costs and innovations it might take to further improve the food and beverage

operations and consistency. He said that while he wanted to retain the option, he didn't know for a fact that he would need to hire a chef and that the current staff did a sufficient job.

The notion of hiring a chef, along with potentially other staff members are core parts of the attitudinal change where rather than cutting services to save money, the management would focus on improving service and proportionately generating revenue.

"The last couple of years we've cut too deep," he said.

"Part of it is we have too many people

overworked and under paid."

Thompson's proposed staff increase, which could add as many as four full-timers to the payroll, was to fit into what he called the need for additional and more effective campus management to better respond to member problems and concerns.

Among the additional possible employees was a human resources director position that might end up being contracted out. The board appeared to favor the notion of a subscription to a human resources service provided by their current payroll company.

Thompson said that the human resources duties were currently distributed among the accounting department staff.

Thompson also suggested the addition of a program supervisor for the Parks and Recreation Department, pointing out that increased opportunities for participation not only build community but could also help grow revenue.

Similarly, he said the revenue he hoped to generate included finding a way to make better use of the indoor pool rather than "complain that we have a covered pool that's losing money."

In addition to extending the pool hours, which he said was a minimal cost compared to the expense of keeping it heated, Thompson said the OPA was looking into getting into the pool maintenance business.

In addition to managing other pools he suggested the OPA might consider providing other pools with contractual lifeguards and other pool-oriented services. The OPA currently provides pool management services for The Parke at Ocean Pines, a further subdivision of the HOA.

"When you build a budget, you should be building for these types of opportunities," he said.

Based on his proposed changes, Thompson said he hoped to generate just under \$5 million in revenue, a projected 20 percent increase over last year's revenues.

Director John McLaughlin raised some concerns about the proposed expense increases aimed at driving revenue. He worried that if the revenue wasn't generated the increases wouldn't be properly covered.

While they said they applauded Thompson's creativity and enthusiasm when it came to finding new revenue sources, several of the directors worried about the notion of competing with local businesses for management contracts. They were also concerned about not having the new business models run past them before the initiatives were run past the board.

"It's stepping out of the footprint of Ocean Pines," Terry said. The directors took many of Thompson's suggestions into account when publicly reviewing his budget and proposed a few changes. Thompson's budget revisions will be part of the final budget to be presented to the board for their review.

The directors are expected to review the changes they've requested and pass a final budget at their Feb. 16 meeting.

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# Worcester Youth and Family Counseling Services may run community events

BY TONY RUSSO  
STAFF WRITER

BERLIN – It is rare for people applying to work for municipalities to make their application at a Town Council meeting, but it's equally as rare for a company to apply for the job.

Theresa Fields, executive director of Worcester Youth and Family Counseling Services, did just that when she suggested to the mayor and council that, rather than hire a community manager to supplement what the organization is doing, the town contract the work out to the organization.

During last year's budget process the mayor and council approved the creation of a new position that would coordinate community events. The contracted work position – which wouldn't, for example, carry benefits – was established at an annual salary of \$24,000.

Under Fields' plan the non-profit would take the lead, coordinating current programs and developing new ones, as the job description prescribes. They would use their current staff to accomplish the job.

"This partnership will create opportunities to combine grant writing and application resources," she said.

By giving the non-profit the community coordinator contract, the town would be eligible for private grants municipalities are usually excluded from.

"We love Berlin, we know Berlin, we've been here for 25 years," Fields said. "A majority of our clients live in Berlin."

Mayor Gee Williams endorsed the plan, saying that the organization was among the most efficiently run community non-profits in the area. He said after Fields approached him with the idea he decided to put off interviewing people until the council had the opportunity to hear Fields' proposal in person.

The council elected to begin the process of converting the job description into a formal contract and will vote on it officially at the first meeting in March.

allowing them to sell up to \$10 million in general obligation bonds to build the storage and irrigation systems to support the new wastewater plant. The amount is not necessarily what the council will spend on the project. Both the mayor and the administration expect to have interim financing to cover costs covered by USDA grants. Grants provided under the USDA program that covers the kinds of work Berlin will have done are only provided after the bill has been paid off. As a result, the town may have to take out a loans to pay for some of the work before it can get the government funding. Once received, the town can use the USDA loans to pay off higher rated or longer term bonds.

Any of the funds not needed or spent cannot be used to pay down other debt or to refinance other bonds without further legislation.

The council adopted a practice that would hold it to the same standards state and local contractors are held to when using Community Development Block Grants. The "Section 3" plan would formally require the town to hire local and low income workers for jobs created by Community Development Block Grant Funding. It's a practice the town has already been following that had yet to be codified.

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## Board hears report on Mediacom; food and beverage issues

BY TONY RUSSO  
STAFF WRITER

OCEAN PINES – While resident feelings have tended to be mixed about the Mediacom contract that makes it the only game in town for many OPA members who want cable television, the company has met with residents annually for the last few years to try to have an airing of grievances of sorts.

The perception of these meetings' effectiveness has been mixed but for the first time this week, OPA director of communications Teresa Travetello reported publicly to the board on her follow-up with people who addressed concerns at the meeting.

Travetello said that the issues that needed to be corrected or explained by Mediacom were, even though at times the explanations weren't satisfying, they were complete. Several issues were within the directors' purview to address and she delivered them to them.

Board president Tom Terry said that he had Travetello make the presentation to demonstrate that the board was putting the association's weight behind the membership's concerns, rather than just letting them pass with the annual Mediacom meeting's closing.

Although he said he didn't want to comment on the accuracy or the quality

of the various responses he indicated there was some satisfaction in the fact that they were able to get responses to all of the heads of Mediacom.

### FOOD AND BEVERAGE RESOLUTIONS

OPA bylaws and resolutions advisory committee chair Jim Trummel said that the committee recently took up a review of the food and beverage resolutions that had been abandoned while the board was considering whether and if to have an outside company manage the golf and food and beverage facility.

As a result the board nearly struck down an old resolution establishing a group catering policy that made provisions for how to run the Yacht Club but no longer address the Yacht Club operations practically. The directors said OPA general manager was responsible for developing a plan to run the Yacht Club.

The vote was recalled, however, after it was discovered there hadn't been sufficient public exposure to the planned change. At Trummel's recommendation, Terry considered it the first reading instead. The board will vote on whether to remove the outdated resolution at the next regular board meeting.

Director Dave Stevens offered a motion that would ban a sitting board member who is up for reelection from being the board liaison to the OPA elections committee, his motion passed.

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# Berlin Peach Festival earns Heritage Tourism award

BY TONY RUSSO  
STAFF WRITER

BERLIN – Last week the Lower Eastern Shore Heritage Council recognized the Taylor House Museum's annual Berlin Peach Festival by awarding it a prize for being a distinguished Heritage Tourism Event.

The award was presented during the heritage council's annual meeting last week, which included tourism officials as well as representatives of the different museums and historic sites in the region.

"This is the first [LESHC] award we've ever won so we're very honored," said Taylor House Museum executive director Susan Taylor. "It was an award for the whole town."

The Berlin Peach Festival was conceived as a throw-back event reminiscent of the peach festivals that used to be held in Berlin when it was the peach packing epicenter of Delmarva.

But what was originally conceived as a small celebration turned into an event drawing visitors from all over to town.

The first year merchants and organizers were pleasantly surprised at the crowds that filled not only the Taylor House Museum but also the town's restaurants and shops.

This past year they expended the events, vending and entertainment

opportunities as well as their expectations and were once again surprised to see that the small event that they thought might have topped out the previous year drew even more people than they'd hoped.

On the heels of the Heritage Tourism Program Event award, the Berlin Peach Festival Committee is meeting to discuss ideas for further expanding the event. Taylor asked that anyone with suggestions about how the Third Annual Berlin Peach Festival can be improved upon leave a message at 410-641-1019.



SUBMITTED/BAYSIDE GAZETTE

The Lower Shore Heritage Council awarded the Peach Festival its Heritage Event Award for 2011. Pictured: Lisa Ludwig (LESHC projects manager), Lisa Hall (Town Council), Bonnie Luna (Peach Festival Committee), Patricia Dufendach (Peach Committee), Susan Taylor (Peach Committee), Linda Ayers (co-chair Peach Committee), Sandra Dewey (co-chair Committee), Michael Day (Peach Committee), Jay Parker (executive director LESHC).

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# BUSINESS

## BAYSIDE

## Home, Condo and Garden Show draws national vendors

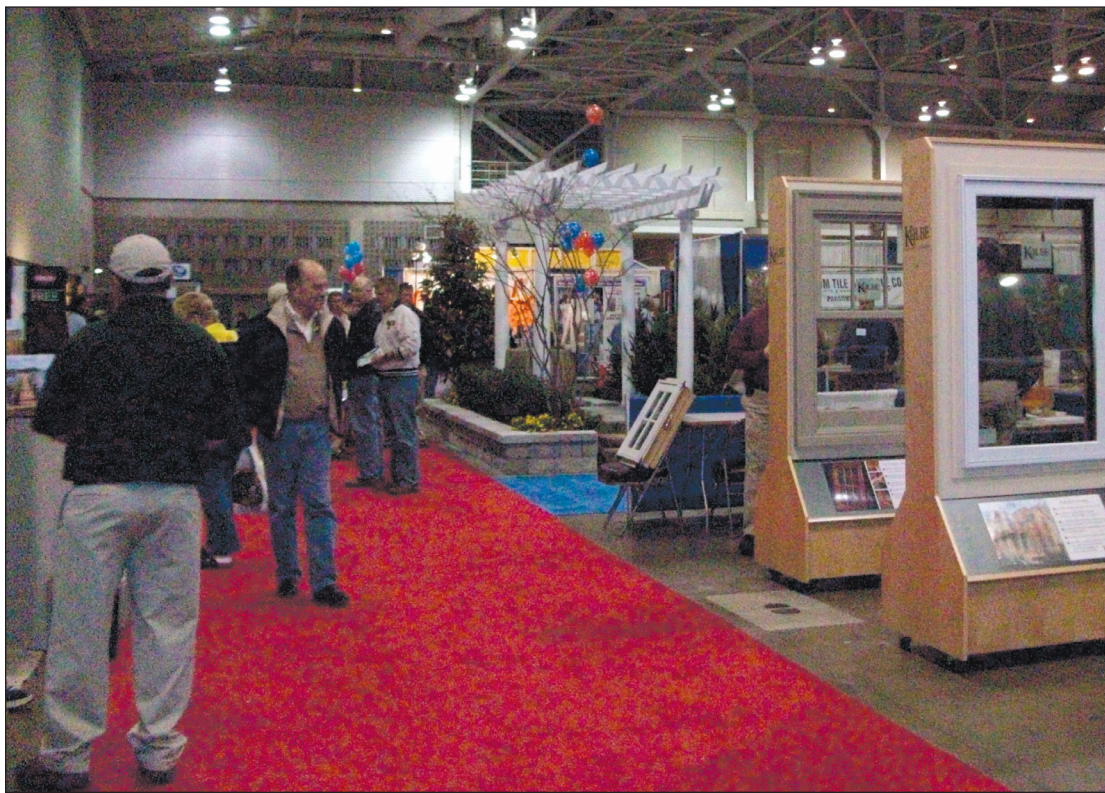
BY TONY RUSSO  
STAFF WRITER

OCEAN CITY – As both the housing market and the weather start to improve the attendance at this year's Ocean City Home, Condo and Garden Show is expected to be among the best ever. Vendors come from all over the country for the opportunity to showcase both their work and their wares.

"It's the biggest, best attended, most highly advertised home show on Delmarva," said Mick Wicklein, of Ocean Promotions. The reason it's so highly attended is because so people like the notion of being able to plan for their spring projects without having to go to each of the vendors.

Since the show has nearly 250 vendors, people understand that it's a weekend of convenience. Rather than having to spend days comparing price, availability and quality among a particular vendor, attendees get weeks worth of comparison's completed in only a couple of days.

"They put on a really good show and there's always a good turnout," said Nikki Tyler of Tyler Building. She said that people who come through who



may have just come to see the craft aspect of the event might top to chat and pick up a card.

"We've had people call us three years later," she said.

For people in the highly competitive building market, she said, the cost of a space compared to the amount of business it generates has always been worth it.

George Phippin of Phippin's

Cabinetry makes the better part of his living by selling to people who're interested in upgrading their homes for resale value as much as for personal satisfaction. Just as he tells his customers that the investment in countertops and cabinetry makes even more sense in a down economy, he thinks investing the time and money it takes to be part of the Ocean

City Home, Condo and Garden Show is worth it.

"We get quite a bit of business off it," he said. "I've been doing business there since I started."

Randy Warden, who owns Boat Lifts of Ocean City feels like going to the Ocean City Home, Condo and Garden Show gives him a competitive edge. "Once you've made face to face contact and shake a

### MORE INFORMATION

Vendor space is still available for the Ocean City Home, Condo and Garden Show March 18-21 at the Ocean City convention center.

For more information about reserving a space visit [www.oceanpromotions.info](http://www.oceanpromotions.info) or call contact Ocean Promotions 410-213-8090.

potential customer's hand you have an advantage," he said. A lot of businesses in his line of work, which ranges from bulk-head replacement to porch and deck work as well as boat lifts, rely primarily on making phone calls to potential customers. By making a personal impression he generates not only jobs, but contract work.

This year he's taking the opportunity to debut [tikimundo.com](http://tikimundo.com), a line of artificial tiki bars and huts that hold up better than those of actual grass and bamboo. The reason he's doing it at the Ocean City Home, Condo and Garden Show is that the show draws a significant number of people who've recently purchased homes in the area and require his products and services.

"These people are here to buy," he said.

## FINANCIAL ADVICE

### Look to the competition



By Chip Gordy

To understand the strengths of your own business, you should understand your business rivals and your own positioning. Who competes with you for your customers' money? Are they directly selling competitive products and services, or possible alternates? What are their strengths and weaknesses? How are they positioned

in your market? A good competitive analysis will vary according to what type of business you're in and your specific marketing plan and situation.

First, start by figuring out the general nature of competition in your type of business, and how customers seem to choose one merchant over another. What might make customers choose one business over another? Price or billing rates, reputation, or image and visibility? Are brand names important? How significant is word of mouth in providing long-term loyal customers?

For instance many professional service practices because of the nature of their competition depend on word of mouth for advertising. Other, more traditional means of marketing

are not completely accepted and therefore are not as influential. If you stop to think about it, is there price competition between accountants, doctors, and lawyers? Would you go to a different doctor just because his fees aren't as high as your current physician?

Why does someone hire one plumber over another? Why does a customer choose an established local branded restaurant, over a nationally branded one? What factors make the most difference for your business (and why)? This type of information is invaluable when understanding the competition.

Next, compare your product or service in the light of those factors of competition. How do you stack up against the others? In other words, you should know how you are positioned in the market. What benefits do you offer at what price, to whom, and how does your product/service mix compare to others?

Think about specific benefits, features, and market groups, and then describe each of your major competitors in terms of those same factors. This may include their size, their market share, their comparative product quality, their growth, available resources, image, marketing strategy, target markets, or whatever else you consider important.

Correspondingly, make sure you describe the strengths and weaknesses of each competitor, and compare them to

your own. Consider their service, pricing, reputation, management, brand awareness, or other factors that you feel are important. In what area(s) of the market do they operate? What seems to be their strategy? How much do they affect or will they affect your business?

Finally, competitive information may be limited in situations where your competitors are privately held. If possible, you may want to take on the task of playing the role of a potential customer and gain information from that perspective (although that may be pretty tough in a tightly-knit community like ours).

Industry associations, industry publications, media coverage, information from the local chamber of commerce, and their own marketing materials and websites may be good resources to identify these factors and assess the performance and position of each competitor.

*Chip Gordy, MBA, CRPC is an investment advisor representative with Coastal Wealth Management, LLC, specializing in wealth and retirement planning. He can be reached at 410-208-4545 or [chip@coastalwealth-mgmt.com](mailto:chip@coastalwealth-mgmt.com). Registered representative, securities offered through Cambridge Investment Research Inc., a broker/dealer, member FINRA/SIPC.*



**POLICE BEAT**

**UNDERAGE DRINKING**

On Jan. 22, Maryland State Police Barrack "V" received a call in reference to a party at 10205 Golf Course Road. The caller stated they were concerned due to witnessing a 14 year old female being extremely intoxicated. Troopers responded to the residence and observed several subjects consuming alcoholic beverages in the front yard of the residence.

Two of the subjects were detained and found to be 17 years of age. One of the males was given an alcohol citation and allowed to leave the area with a parent. The other 17 year old however became uncooperative, disorderly and was arrested for disorderly conduct and consuming alcoholic beverages.

Troopers subsequently searched the residence for the alleged 14 year old female with negative results. Through further investigation, the juvenile female was identified by name and found to be 15 years of age. The juvenile was located approximately three hours later and charged with consumption of alcoholic beverages.

All three juveniles were given a preliminary breath test which resulted in a blood alcohol content of .06-.07. Further investigation revealed Roger Welton (above adult suspect/home renter) frequently has parties at his residence and is not concerned of the age of the party goers.

Welton was charged with contributing to delinquency of minor, furnishing alcoholic beverages to a minor and maintaining a disorderly house. There were approximately 20 or more subjects at this party and mostly adults. Welton was released on \$7,500 unsecured bond.

In addition due to the parents being unaware of their children whereabouts, Social Services and Child Protective services were contacted in reference to the 15 year old female and an additional female that was accompanying this subject. They will be conducting a separate investigation into the welfare of these children.

**LOUD PARTY**

As the result of a loud party complaint, Ocean Pines Police cited eight individuals under 21, and five individuals under 18 years of age for possession of alcohol.

Police also charged Stephen Kenneth Beers, 52, from Ocean Pines, with one count of possession of suspected marijuana. In addition, Beers was cited for furnishing alcohol to persons under 21 years of age.

He was taken before a District Court Commissioner and released on his personal recognizance, pending trial.

**PRESCRIPTION THEFT**

Ocean Pines Police arrested two employees from a local heating and air conditioning company for theft of prescription drugs from a residence they were servicing. Police charged John Anthony Coiner, 51, from Berlin, and; David Eugene Whitehurst, 23, from Westover, with one count of theft under \$500.

Both individuals were taken before a District Court Commissioner and were released on their personal recognizance, pending trial.

**ARMED ROBBERY**

As the result of an ongoing criminal investigation, Ocean Pines Police charged two individuals with the armed robbery of a cab driver, which occurred in Ocean Pines on Dec. 30.

Police charged Thomas Edward Scaniffe, 17 (waived to adult status), of Ocean Pines, and; Joshua Hohman, 18, from Marion Station, with one count of armed robbery, one count of robbery, one count theft up to \$1,000, one count of second degree assault, one count of reckless endangerment.

Both individuals are currently in jail on related charges from a robbery which occurred in Ocean City on Dec. 29.

**TRESPASSING**

Eric Evans Eschenburg, 44, of Rockville, was being held without bond after being arrested on a charges of trespassing and

harassment after climbing onto the roof the Buckingham Presbyterian Church, 20 Main St., Berlin.

As Berlin police were responding to that call they were notified that Eschenburg had gotten off the roof and was heading toward a residence on Main Street. The homeowner was awoken by his dogs barking and found Eschenburg on his back porch. Eschenburg had recently been issued a trespass warning after the homeowner previously found Eschenburg on his porch looking into the residence.

Eschenburg is a convicted sex offender and the resident has been concerned about the safety of his family. Eschenburg was taken into custody and ordered held without bond after being taken before the District Court Commissioner in Snow Hill.

**ASSAULT**

Daniel Payne Horseman Jr., 37, of Quantico,

Va., was arrested after officers responded to a call on N. Main Street, in Berlin. The complainant stated that Horseman refused to leave her apartment and had assaulted her the previous day. Officers observed injuries and placed Horseman under arrest.

After being transported to the Berlin Police Department for processing, Horseman caused damage to the wall in the processing area and while in a holding cell spit on an officer. He was charged with two counts of second degree assault along with malicious destruction of property and was being held on \$5,000 bond after being taken before the District Court Commissioner.

**VIOLATION OF PROBATION**

Matthew Donald Gardner, 34, of Berlin, was taken into custody on a bench warrant for violation of probation after failing to appear for a hearing at the Circuit Court. Officers were

advised that Gardner was at the Worcester County Parole and Probation office on Old Ocean City Blvd., in Berlin.

While an officer arrived on the scene and attempted to verify the warrant, Gardner left the scene. Gardner was located in the area and transported to the District Court Commissioner, and then ordered held on \$50,000 bond.

**THEFT**

Pamela Michelle Williams, 46, of Berlin was arrested and charged with theft under \$100 after Berlin Police responded to a call at the Dollar General on Old Ocean City Blvd. for a shoplifting complaint. Williams was found to be in possession of numerous items belonging to the store that had not been paid for.

Williams was also wanted in the Delaware for violation of probation and was being held without bond in the Worcester County jail.

# BARRETT

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**NEWS BRIEFS**

**GLOVES DRIVE**

The Noel Community continues its outreach program during the cold winter months. They are in need of gloves, hats, and socks. This Valentine's Day, open your heart and share the gift of warmth during the ninth annual gLOVEs drive.

Consider dropping off a donation of a new pair of gloves, hats, or socks at the Ocean Pines Library on Cathell Road, the Ocean City Library on 100th Street, or the Berlin Library on Main Street between Feb. 1 and Feb. 11.

**OCEAN CITY SEEKS PUBLIC OPINION ON BOARDWALK PROJECT**

Three options for a new Boardwalk surface are under consideration before Ocean City's Boardwalk undergoes renovations this fall. The City Council wants to know how the public feels about the type of surface to use on the popular promenade and will hold a public hearing in March.

The town also will garner public sentiment through an online poll starting this week. Visitors to either the town's municipal website, www.oceancitymd.gov, or tourism website, www.ococean.com, will be able to select one of three options under consideration:

- 1.) an all wood surface;
  - 2.) wood surface with a plain concrete train lane;
  - and 3.) wood surface with a stamped concrete train lane.
- Options for concrete are being considered given the iconic Boardwalk train's impact on the wear and tear of the Boardwalk.

Voting takes place through Feb. 28. The results will be presented to the City Council at the March 7 public hearing. This is an informal poll and the City Council will consider other factors before a final decision is made.

**BOAT RAMP CLOSED**

The county boat ramp located off Golf Course Road at the West Ocean City Harbor will undergo rehabilitation work and be closed

to the public from Feb. 1 through May 31. This four-month project will cost approximately \$450,000 to construct a new six-lane boat ramp with supporting bulkhead, fixed piers and floating docks.

The project will be compliant with Americans with Disabilities (ADA) Standards to assure access to all. Project funding was provided through a Maryland Department of Natural Resources (DNR) Waterway Improvement grant of \$121,847.50 and U.S. Fish and Wildlife grant of \$327,829.50.

"Over the years, Worcester County has been able to foster a tremendous working relationship with Maryland's DNR, thus enabling a true "partnership" in improving access to Maryland's Coastal Bays," said Worcester County Public Works Director John Tustin. "This project affords continued and enhanced recreational boating access along with safety improvements and will be fully ADA accessible to all. Thanks go out to DNR for

helping to secure the Federal funds to make this project a success story."

The West Ocean City boat ramp, constructed in 1988, is utilized by thousands of boaters and anglers each year. The renovation project will assure continued access to and from Maryland's coastal bays and the Atlantic Ocean well into the future.

For more information, contact Worcester County Maintenance Supervisor Gerald Richardson at 410-632-3766.

**CERT MEETING**

The Ocean City Emergency Services Department will conduct a meeting with the Community Emergency Response Training Team (CERT) members at 10 a.m. on Saturday, Jan. 29. The meeting will take place in the second floor training room of the Ocean City Public Safety Building, 65th Street and Coastal Highway.

Training and projects planned for the year will be discussed. CERT is a free training course that aims to provide citizens with basic information for preparedness and techniques when dealing with emergencies. For information, call Ocean City Emergency Services at 410-723-6650.

**MARYLAND'S MOST BEAUTIFUL PEOPLE NOMINATIONS SOUGHT**

Nominations are now being accepted for the Maryland's Most Beautiful (MMB) People Volunteer Awards. Residents are invited to nominate individuals who reside in and represent the volunteer spirit of Worcester County. The deadline to submit nomination forms is Feb. 22 and a recognition ceremony for all volunteers nominated will be held at a later date.

Nomination forms are available at all five Worcester County libraries or by contacting Worcester County Volunteer Services. For more info, contact Volunteer Services Manager Cyndy Howell at 410-632-5656 or chowell@co.worcester.md.us.

The annual MMB program has been integrated into the annual Governor's Volunteer Service Awards recognition program.

**LEPC MEETING**

The next meeting of the Ocean City Local Emergency Planning Committee (LEPC) will be held at 1 p.m. on Thursday, Feb. 3, in the second floor training room of the Public Safety Building, 6501 Coastal Highway. The meeting is open to the public.

Jim Smith, Delmarva Power senior public affairs manager, will discuss power outage/storm preparation assessment and restoration. He will also present a brief update on the MAPP line system. For information about the meeting or the LEPC, call 410-723-6650.

**NEW BUS FARE STARTS FEB. 28**

A new bus fare structure to ride town of Ocean City buses along the Coastal Highway route will begin on Monday, Feb. 28. Under the new structure, passengers will now have the option of paying \$1 per boarding or \$3 for a ride-all-day pass.

Coupon books are available at \$15 per book, \$250 for 20 books, \$600 for 50 books and \$1,125 for 100 books.

The new fare structure comes after approval by the Mayor and City Council following a public hearing on the matter in December. The Maryland Transportation Authority has also approved the change. The new fare structure replaces the current \$2 ride-all-day rate.

Bus fare to ride the shuttle from the West Ocean City Park and Ride will remain \$1 ride all day when that operation begins service in May. For information, call the Ocean City Transportation Division at 410-723-1606.

**OCEAN PINES POKER CLUBS**

**SEEKING MEMBERS**

Two Monday night poker clubs are interested in recruiting new members in the Ocean Pines area. Seats are limited to eight at each of the two tables. Call 410-641-8351 for more information.

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**SALE PRICES GOOD THROUGH JAN. 31, 2011**

<p><b>2010 DODGE AVENGER R/T</b> White W/Grey Lthr &amp; HDD Radio</p>  <p>MSRP \$23,140 STK#1247 <b>OUR PRICE \$18,490</b></p>	<p><b>2010 DODGE CHARGER SXT</b></p>  <p>MSRP \$26,900 STK#980 <b>OUR PRICE \$21,975</b></p>	<p><b>2010 DODGE RAM 1500 RE CAB 2WD ST</b></p>  <p>MSRP \$23,515 STK#907 <b>OUR PRICE \$18,990</b></p>	<p><b>2010 DCODGE RAM 1500 REG CAB</b> SWB SLT 4X4, Bk w/20" Wheels, 4.7L V8</p>  <p>MSRP \$32,565 STK#868 <b>OUR PRICE \$26,990</b></p>	<p><b>2010 DODGE JOURNEY SXT</b></p>  <p>MSRP \$26,280 STK#1271 <b>OUR PRICE \$22,175</b></p>
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# SCHOOLS

## BAYSIDE

## McColgan in HBO film with Kate Winslet

### Worcester Prep student's star on the rise

BERLIN – Quinn McColgan, a third grader at Worcester Preparatory School, will star in the upcoming HBO Mini-Series, "Mildred Pierce," with Oscar winner Kate Winslet. The five-part series begins March 27.

McColgan plays Winslet's daughter, Ray in the film. After several auditions for "Mildred Pierce," she was cast in the part in March 2010.

During the filming of "Mildred Pierce," McColgan had the opportunity to spend the summer of 2010 in Brooklyn and Long Island.

The young actress started in the world of acting and modeling the fall of 2009 and since then has booked television, commercials, and print ads for Tyson Chicken, NBC, Ortega Tacos, Kodak, Parents Magazine, Vogue Bambini, Women's World, Laura Ashley, The History



SUBMITTED/BAYSIDE GAZETTE

Quinn McColgan, a third grader at Worcester Preparatory School, on the set of HBO Mini-Series, "Mildred Pierce."

Channel, Nickelodeon and much more.

Recently she had the opportunity to work with Spike Lee on a commercial targeting the problems of second-

hand smoke. She met Padma Lakshmi, host of "Top Chef" while doing promo work for Nickelodeon's Wii Fit.

McColgan is currently represented in New York and

Los Angeles by Take 3 Talent Agency Inc. and Product Model Management.

Quinn lives in Millsboro, Del., with her parents Noelle and John McColgan.

## Fardone named Showell Elementary Teacher of Year

BERLIN – Showell Elementary School announces second grade teacher, Ashley Fardone, as the school's nominee for the Worcester County Teacher of the Year Program, which recognizes the excellent work teachers do with our students.

Fardone, a five year veteran teacher, will be honored on Friday, April 1, at the Clarion Hotel in Ocean City. Many parents, staffers, and community members nominated Fardone for her excellent work in and outside of the classroom.

One former Showell parent wrote: "As an observer of Ashley Fardone's teaching style, she demonstrated a healthy, learning educational environment; always in confident control of her classroom. She motivated her students to achieve success

and perform to the best of their abilities. She is an example of the new generation of committed teachers and who we fully believe will be on the forefront in her career as an educator."

Fardone has earned credentials in the field of education as she is certified in both elementary education and special education. She holds a bachelor of science degree in elementary education from Salisbury University, and a master's degree in school counseling from Wilmington University.

Fardone credits her professional commitment to her family and former teachers. "Since the third grade, I always knew that I wanted to be a teacher." A Stephen Decatur High School graduate, as well as, a Showell

Elementary School graduate, Ashley dedicates her inspiration of becoming an elementary teacher to those who once were her teachers, now turned colleagues.

"My past experience as an elementary student was nurturing and positive, which has resulted in me being a lifelong learner. I have the privilege of providing the students in my classroom with the same education that I received."

Ashley gives tribute to her professionalism, dedication, and commitment of teaching to her family, as well. She added, "Growing up with surrounding family members who constantly encouraged me to always be the best that I could be in every way, is what ultimately placed me in the position that I am in today."

## SCHOOL BRIEFS

### SLOTTER A SEMIFINALIST

Rachel Slotter, a student at Stephen Decatur High School, has been named a semifinalist for the 2011 Class of the Coca-Cola Scholars Program. With the 2011 class, the Coca-Cola Scholars Foundation will have provided more than 4,700 young scholars nationwide with over \$44 million in scholarships.

"As a leading scholarship provider, we recognize our role in helping young people achieve their college goals," said Mark Davis, president of the foundation. "The Coca-Cola Scholars Foundation received nearly 71,000 applications this year, and the semifinalists are truly some of the most accomplished students in the country."

Slotter ranks with approximately 2,100 high school seniors who are in the running for \$3 million in college scholarships that the Coca-Cola Scholars Foundation will award in spring 2011. Students are selected to advance to this next phase based on the academic excellence, leadership and achievement demonstrated in school and community activities.

The Coca-Cola Scholars Foundation was created 25 years ago in 1986 to commemorate the 100th anniversary of Coca-Cola and to establish a legacy for the education of tomorrow's leaders through college scholarships.

### BULLYING WORKSHOP

WYFCS is offering a workshop series to help fourth through sixth graders cope with bullying. The six week program begins Feb. 1 meeting Tuesdays at 5:30 p.m.

This program is facilitated by Dr. Jen Kelly who specializes in child therapy. Call WYFCS clinical director Carolyn Cordial at 410-641-4598 to register.

### SDHS JOB FAIR

Stephen Decatur High School Job Fair will take place at the school 8:15 a.m.-1 p.m. on Wednesday, Feb. 23. For more information or to participate, call Kim Hudson at 410-641-4410.

### FINANCIAL AID WORKSHOPS

"FAFSA on the Web," a series of free financial aid workshops for anyone planning to attend college, will be held on Mondays and Thursdays, Feb. 7, 17, 21 and 28, from 5-7 p.m., in Room 111 of the Academic and Administrative Building at Wor-Wic Community College in Salisbury.

The purpose of the workshops is to help college-bound students.

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SUBMITTED/BAYSIDE GAZETTE

**GEOGRAPHY BEE** — The final round of Snow Hill Middle Schools' Geography Bee was held Jan. 6. Nine students qualified in preliminary rounds in December for this contest. The winner was eighth grade student Grant Richardson. The runner up was Chase Phillips. Grant will now take a qualifying test to move on to state level competition. Pictured above : FRONT Elijah Dykes, Zachary Adams, Laurie Short BACK Ethan King, Chase Phillips, Grant Richardson, Arianna Neumyer, Ryan Evans (Not pictured, Jaxon Latture)



SUBMITTED/BAYSIDE GAZETTE

**NURSING HOME VISIT** — On Jan. 7 student from Mrs. Hazel Freeman's, Mrs. Wendy Nash's and Mr. Ben Nelson's homerooms at Berlin Intermediate School visited their friends at the Berlin Nursing Home. Students delighted the residents with performances and presentations. Everyone enjoyed the "Memory Game" with the winter fun cards that students had colored. Pictured: Ross Makomson and Daniel Scott with Berlin Nursing Home resident.



SUBMITTED/BAYSIDE GAZETTE

**HOLIDAY VISIT** — Before winter break, students from Mrs. Susan Baker's, Mrs. Rita Shahan's and Mrs. Pam Yingling's homerooms at Berlin Intermediate School visited with the residents at Berlin Nursing Home. Students made and distributed holiday wreaths, sang songs for the residents. Back: Megan Corcoran, Logan Figgs, Wayne Morse, Andrew Nock and James Whittingham.

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# HEALTH

## BAYSIDE

# Knowledge of stroke symptoms could save your life

BY TONY RUSSO  
STAFF WRITER

BERLIN – When Atlantic General Hospital was acknowledged by the American Heart Association (AHA) and the American Stroke Association (ASA) recently for its continued success at mitigating stroke damage for their patients, the staff decided to use the recognition to make another push for getting people to identify and respond to stroke symptoms.

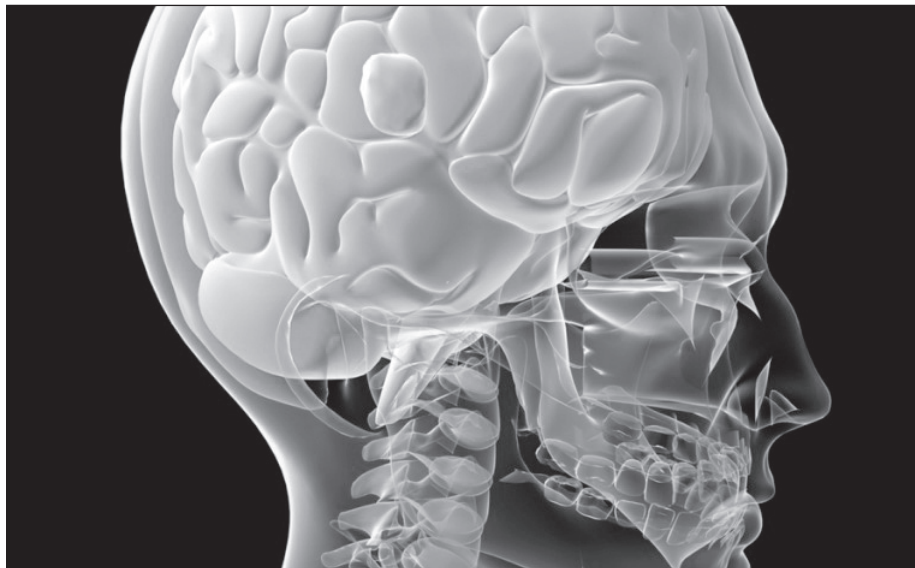
The Gold Plus Award, given by the AHA/ASA, lauds hospitals that meet stringent levels for successful stroke response programs and procedures. The Gold Plus Award measures an institutions success over the course of two years and is awarded on consistently high success rates over that period of time.

The idea is to set higher goals in very specific care categories not only so hospitals can strive to be recognized, but to establish a baseline checklist, of sorts, for emergency rooms to follow that not only keep stroke on their mind as a possible diagnosis, but also reinforce the best practices for dealing with a patient presenting stroke symptoms.

Atlantic General Hospital's director of nursing, Jackie Todd, MSN, BSN, RN, NE-BC, said that keeping the focus on the procedures helps keep the staff ready but the real difficulty is getting patients to take stroke symptoms seriously enough.

"Time is brain tissue," she said. "The sooner you get any kind of treatment it's good for you."

She credits the AGH educational staff as much as the medical experts for help-



ing the hospital maintain an exceedingly high success level with stroke victims' survival and recovery.

"At every health fair we have a table with stroke information," she said. "We have an obligation to our community to educate them."

In addition to the passive dissemination of stroke prevention and response information, Todd said the educational staff often gives talks to social, fraternal and civic organizations on the importance of identifying and responding to stroke symptoms. In many of the talks people are reminded that while being able to identify stroke symptoms is critical, healthy living not only helps prevent strokes but improves patient outcomes.

By trying to keep potential patients healthier and more aware of the stroke symptoms AGH increases the hospital's success rate. They understand that technology, preparation and staff response are critical to their success as well as

their patients.

Todd talked about new clot-busting drugs that can be effective as many as four hours after the onset of symptoms. She said that as both medicine and technology improve, the hospital will be able to do more to save patients' lives as well as help them retain much if not most of their motor skills after a stroke. A lot of patients can even survive and fully recover.

But a major part of the hospital's success remains dependent on patients identifying and properly responding to the symptoms. In an effort to improve upon their educational programs, the hospital has a team of educational nurses they call their Stroke Ambassadors.

Todd said that any organization interested in having a member of the Stroke Ambassadors team come and speak should contact the education department through the hospital: 410-641-1100.

### STROKE WARNING SIGNS

If you notice one or more of these signs, don't wait. Stroke is a medical emergency. Call 9-1-1 or your emergency medical services. Get to a hospital right away!

The American Stroke Association wants you to learn the warning signs of stroke:

Sudden numbness or weakness of the face, arm or leg, especially on one side of the body

Sudden confusion, trouble speaking or understanding

Sudden trouble seeing in one or both eyes

Sudden trouble walking, dizziness, loss of balance or coordination

Sudden, severe headache with no known cause

Be prepared for an emergency.

Keep a list of emergency rescue service numbers next to the telephone and in your pocket, wallet or purse.

Find out which area hospitals are primary stroke centers that have 24-hour emergency stroke care.

Know (in advance) which hospital or medical facility is nearest your home or office.

Take action in an emergency.

Not all the warning signs occur in every stroke. Don't ignore signs of stroke, even if they go away!

Check the time. When did the first warning sign or symptom start? You'll be asked this important question later.

If you have one or more stroke symptoms that last more than a few minutes, don't delay! Immediately call 9-1-1 or the emergency medical service (EMS) number so an ambulance (ideally with advanced life support) can quickly be sent for you.

If you're with someone who may be having stroke symptoms, immediately call 9-1-1 or the EMS. Expect the person to protest — denial is common. Don't take "no" for an answer. Insist on taking prompt action.

— Courtesy of [www.americanheart.org](http://www.americanheart.org).

## FITNESS ADVICE

### Exercise your body, and your brain will follow



By David & Lisa Long

While the idea that exercise is more beneficial than just physical exercise is nothing new, studies are now proving what many have always believed.

Exercise is known for allowing the heart to pump oxygen to the brain. In turn, the brain is more alert. Not only does the oxygen allow for clearer thinking, there are other direct results of exercise on the mind. Retention is improved, and people who exercise regularly are more likely to perform

higher on academic evaluations.

According to a recent Newsweek article, exercise not only prevents heart disease. It is also linked to boosting brainpower and may help prevent Alzheimer's.

The result of the studies proved that the most physically healthy students, tended to perform the highest on standardized test scores.

Another recent research project involved growing new nerve cells through a three-month aerobic-workout regimen. Other scientific studies have shown that vigorous exercise can cause older nerve cells to form dense, interconnected webs that make the brain run faster and more efficiently.

Physical activity has been shown to stave off Alzheimer's disease, ADHD and other cognitive disorders. Apparently, a strong, active body is essential for building a strong, active mind.

While the benefits of exercise are still being explored, it is important to realize that having a fit and active mind is often a direct result of having a fit and active body. There is certainly no proof that exercise can make you smarter, but there is now proof that declining brainpower associated with age can be stopped, and even reversed.

The effects of exercise on ADD and Depression are undisputed by the medical and therapeutic community. So if losing weight, gaining physical health, improving your longevity and quality of life were not motivating enough to get you active, maybe the thought of staying mentally sharp, avoiding senility, and warding off Alzheimer's disease and Depression will be.

Lisa and David Long are trainers who own Live Long Fitness in West Ocean City. 410-213-1078, [www.livelongfitness.com](http://www.livelongfitness.com), [livelongfitness@live.com](mailto:livelongfitness@live.com)



# It takes a grown up to plan for long term care

No one ever wants to believe that he or she won't be able to fully take care of him or herself. We work hard and save our money. We plan for retirement. Many of us even make a will. We carry health insurance even though we don't want to have to use it. We insure our property and our belongings even though we don't want to have a house fire or have our things stolen.

We plan for the "what if" or in the instance of a will, the inevitable. But we often ignore the fact that at some point in time we may need Long Term Care. And our money and assets are vulnerable to the cost of that care. Family relationships can be affected by the need for care.

What is the likelihood of needing care? According to the Department of Health and Human Services, an estimated 70 percent of people who reach age 65 will need some form of Long Term Care before they die. Medicare only pays under certain conditions and for a limited period of time. Health insurance policies exclude it under the category of "custodial care."

What is Long Term Care anyway? It is help that is provided if one cannot function fully on one's own because of physical limitations or because of cognitive impairment such as Alzheimer's or

dementia. It is people helping people who need care.

It is different from Medical in that the goal of Medical care is to make one better. The purpose of Long Term Care is to help a person maintain his or her lifestyle as safely and with as much dignity as possible. It is help with activities of daily living. The care needed may be temporary or for the rest of one's life.

The cost of care varies by the degree of help needed and location. Care can be given at home, adult day care, assisted living facility or nursing home. Costs vary geographically but here are some national averages. In 2009 the average annualized cost in an assisted living facility was \$37,200.

For the same time period a semi-private room in a nursing home was \$71,175. Adult day care services averaged \$66/day and the hourly rate for a home health aide was \$21.

As a nation, we spend approximately one third of our Medicaid budget on Long Term Care for those who have run out of money and assets to pay for their own care. Between 2008 and 2028 the cost is projected to be more than \$3.7 trillion. Medicaid is the United States' health program for individuals and families with low incomes.

All of those ultimately needing to

go on Medicaid did not start out as "poor." They ended up "poor" because the money that they had ran out while paying for care.

It is difficult to look at this issue. You have to be a "Grown Up" to do it. Look at your situation and see where the money would come from if you or your spouse needed care. What if you both did? Look at the best and the worst cast scenario.

Check into insurance options. There

is no "one size fits all." Get the information that you need to help you make an informed decision that will be in the best interest of you and your family.

*Lynne F. McAllorum is the owner of Broker Benefit Services, an independent insurance agency. She is a long term care professional and certified senior advisor. She can be reached at 410-208-1154/800-822-6033 or lynnefmc@mchsi.com.*

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## Region's largest two-day blood drive returns to resort Feb. 8-9

700 registered blood donors expected at 13th Annual Beach Blanket Blood Drive

OCEAN CITY – Hundreds of blood donors are expected to brave the winter temperatures along the coast and descend on the Ocean City convention center (40th Street and Coastal Highway) for the 13th Annual Beach Blanket Blood Drive on Tuesday, Feb. 8 from 10 a.m.-6 p.m. and on Wednesday, Feb. 9 from 9 a.m.-5 p.m.

The drive was established in 1999 to promote blood donation in the winter, a time when blood supplies typically dip as donors are kept away by colds and flu, bad weather and vacations. The Beach Blanket Blood Drive helps avoid blood shortages that affect other parts of the country.

"When this event was created, it was meant to be a fun way to draw attention to a serious challenge – filling blood donation schedules in the winter," said Roy Roper, Blood Bank president and CEO.

"It remains that way today. This is a much-anticipated event, and many donors come back year after year. But despite the fun, it fills a seasonal void and hundreds of donors at the blood drive help save hundreds of lives."

The Blood Bank is aiming for 700 registered blood donors at the two-day event, a goal that the organization exceeded last year for the first time in the event's history with 784 donors. Donors will receive a free T-shirt and the great feeling of having helped up to three hospital

patients with a portion of their blood. The canteen will feature cookies, candy, donuts and snacks provided by Ocean City restaurants.

To make an appointment to give blood at this drive, call 1 888 8-BLOOD-8 or visit [www.delmarvablood.org](http://www.delmarvablood.org). Walk-ins will be taken as time allows.

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# SPORTS

BAYSIDE



THOMAS MELVILLE/BAYSIDE GAZETTE

Stephen Decatur's Matt Swistak shoots over a Snow Hill defender during the Seahawks win on Tuesday evening. Swistak scored a game high 16 points for Decatur. (Below) Decatur's Teron Tyre makes a move to the basket in the first half. For more basketball photos, visit [www.melvillemediaphotos.com](http://www.melvillemediaphotos.com).

## Seahawks come back on Eagles

BERLIN – Stephen Decatur erased a six point half time deficit to come back and beat Snow Hill 55-51 on Tuesday evening. The Seahawks, playing without team leader Tre Foreman, who suffered a concussion during the previous night's loss at Wicomico, finally got into an offensive rhythm in the second half.

“It was our first game with-

out Tre Foreman. When you lose a guy like that it's huge and when you lose him last night and have no time to prepare makes it doubly tough,” said SDHS coach Mark Engle. “Tonight, as the game settled in, I noticed we gained confidence offensively without Tre there.”

Decatur started the third quar-



TO PAGE 17

### SPORTS BRIEFS

#### COASTAL LACROSSE CLUB BEGINS SPRING REGISTRATION

Registration for the 2011 outdoor spring season is under way and teams are filling up quickly. Parents may access Coastal Lacrosse Club's website at [www.coastallacrosseclub.com](http://www.coastallacrosseclub.com) for registration forms and information. In order to maintain a low player to coach ratio, the club will limit the number of players per team, therefore, teams will be formed solely on a first come-first serve basis.

The Coastal Lacrosse Club, founded in 2009, is Worcester County's only non-profit lacrosse organization serving the youth of Delmarva. The Club offers organized, instructional, teams for both boys and girls. Kids from 5 years of age to 14 can participate in the club's 3rd outdoor season of fun and camaraderie. In addition to playing a full schedule of Sunday games, the boys and girls teams will compete in the popular and competitive DYLA tournament held at the end of the season.

The most important goal of teaching kids the game of lacrosse while having fun will be achieved under the direction of a very dedicated and committed group of coaches. The Coastal Lacrosse Club and its professional staff look forward to developing your child's skills while emphasizing sportsmanship. For more information on how your child can become part of the fastest growing non-profit lacrosse club on the shore, visit [www.coastallacrosseclub.com](http://www.coastallacrosseclub.com).

#### SUPER BOWL SCRAMBLE

Eagle's Landing Golf Course offers golfers the opportunity to enjoy a fun and competitive round of golf prior to one of the greatest sporting events of the year, the Super Bowl.

The event is a four-player scramble with a unique scoring format. Each team consists of a coach, quarterback, running back and wide receiver. Teams score points in the following manner: touchdown (eagle) 6 points, field goal (birdie) 3 points, extra point (par) 1 point and safety (bogey) -2 points; 30 percent of the "A" player's handicap is the team offense.

A tailgate party (breakfast/brunch) starts the day at 8:30 a.m. Kick off (shotgun start) is at 10 a.m. Also included is "Throw the Bomb" on the third hole, and Melanie's "Blitz Soup" is served at half time.

Ticket price is \$50 per player, which includes green fees, cart and

TO PAGE 17



Follow Stephen Decatur Girls & Boys Basketball...

**LISTEN TO THESE UPCOMING GAMES:**  
 Tue 2/1 Girls vs Crisfield  
 Thu 2/10 Girls vs Wicomico  
 Fri 2/11 Boys vs Wicomico  
 For the broadcast schedule, visit [www.sfmports.net](http://www.sfmports.net)





THOMAS MELVILLE/BAYSIDE GAZETTE

Stephen Decatur's Jesse Engle drives into the lane and passes the ball against Snow Hill.

# Decatur

FROM PAGE 16

ter on an 11-5 run to tie the game at 30 and then took the lead for good on a three-pointer by Jesse Engle.

"At half time we talked about being more decisive with the basketball on the perimeter and then penetrating the gaps and dishing and being more effective with the ball," coach Engle said. "They came out and did that in the second half."

In the fourth Decatur kept scoring just

enough to keep Snow Hill scrambling and pulled away to 43-38 with baskets by Matt Swistak and Dre Smith. After Engle hit a shot in the lane to put Decatur up six with under two minutes left, the Eagles resorted to fouling Seahawks.

But Drakar Purnell, Swistak and Engle kept making free throws in the final minute to seal the win for Decatur.

"We talked about being mentally tough and finishing and winning close games at home," Engle said. "We want to win every close game. We want to win every home game. Tonight we finished, won the close game and defended the home court."

## SPORTS BRIEFS

FROM PAGE 16

tailgate party. Prizes will be awarded to winning teams. To sign up, call Eagle's Landing at 410-213-7277.

### ANGLERS CLUB MEETING

The Ocean Pines Anglers Club will meet 9:30 a.m. Saturday, Feb. 12, at the Ocean Pines library. The guest speaker will be Carrie Kennedy, program manager for the Coastal Fisheries Program in Fisheries Service at the Maryland Department of Natural Resources.

She will discuss Maryland's fishing program and regulations including the progress of 2011's summer flounder and black sea bass regulations, as well as providing an update on current and proposed regulations that will affect coastal fishermen and coastal fishing license requirements.

### PRO SURFER TO GIVE CONCERT

Internationally recognized pro surfer Jesse Hines will be making an appearance in Bethany Beach, Del., as part of a concert event hosted by The Beach Fellowship. Hines will be performing with his band and showing a short video highlighting his professional surfing career which was spawned on the Outer Banks of North Carolina, but has taken him around the globe in search of waves.

In the process, Hines has landed numerous prestigious covers for various surf magazines and been featured in countless articles and surf videos. Jesse Hines' band will be opening for the acclaimed musical artist Esther Faith, also from the Outer Banks.

Admission is free and the event is open to the public. The concert will be held at the Christian Conference Center on Pennsylvania Avenue, in Bethany Beach, Del., 6:30 p.m. on Thursday, Feb. 3, in the octagonal building. Call 302 537 6287 or email roywow@aol.com for information.

### BOAT CLUB MINI GOLF

On Wednesday, Feb. 2, the Ocean Pines Boat Club's Annual Miniature Golf Tournament will take place at the new Old Pro course at 134th Street in Ocean City. Happy hour snacks will start at 4:30 p.m. (BYOB and bring snacks to share). Teams will be selected to tee off at 5:15.

Reserve by calling Pat Marchesiello at 410-298-6933; reserve no later than Jan. 28.

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**APPLIANCES** – Maytag refrigerator, side by side, white, water/ice. Exc. Cond. \$700; Whirlpool range, white, self-cleaning, 30". Good cond. \$75; rangehood w/ fan, \$25. 410-641-5506.

**DVD CABINET** – good condition. \$10. 302-265-6725.

### FOR SALE

**ENTERTAINMENT** – cabinet, solid oak, 78x34. Lots of storage. 2 sets of double doors. \$200. 302-436-5083.

**TV** – RCA 25" color. Great condition. \$30. 302-436-5083.

**HAMPTON BAY** – large glass table, 6 ft. x 3 1/2 ft., 6 large chairs. \$300/OBO. 410-251-8888.

**STATIONARY BIKE** – Schwinn, \$60; Sport Rider, \$10. 410-208-9365.

**BEDROOM RM. FURN.** – 2 nightstands, triple dresser, dark brown. \$75. 410-208-9365.

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**FREE TV** – 52" RCA HDTV, rear projection. Needs repair. 410-641-5642.

**ENTERTAINMENT CTR** – 72x34 with wood doors. Holds 25" TV. \$200; 25" RCA color TV, great condition. \$30. 302-436-5083.

**GRAYCO** – play yard w/carrying case. \$20. 410-202-2923.

**COUCH** – and matching love-seat. Bob Timberlake. Good condition. \$200. 410-241-5585.

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**MAILBOX** – with post, 72H, \$35. 302-436-5679.

**CHILDS VIOLIN** – and case. Hardly used. Excellent condition. \$75. 410-251-9158.

**GIBSON** – Epiphone Jr. electric guitar. Jordan base amp. Great for beginner. \$125. 410-274-0991.

**TOY TRUCKS** - \$5 box. 302-265-6725.

**BLUERAY** – Disc/DVD Home Theater System. Brand NEW Samsung. Original Unopened box..... cost \$450.....need to sell \$300. Call 410-208-1271.

**TV** – Sony Trinitron, 17", with matching stand. \$100/OBO. 410-213-1136.

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# OPINION

## BAYSIDE

### NEWS SPEAK

“We are saddened by the incident.”

-Superintendent Trish Kicklighter,  
on the horse being shot and killed on Assateague Island

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TONY RUSSO  
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### EDITORIAL

## WCYFS is a good fit to direct community events

Worcester County Youth and Family Services has been one of the most active and most diverse non-profit supporters and proponents of community-building activities and programs for families all over Worcester County. Given their personnel resources and experience it only makes sense that they be contracted by the town to coordinate and direct community programs for Berlin, as they suggested at this week's council meeting.

The very fact that WCYFS made the proposal shows the kind of resourcefulness of which they are capable, as if the amount of excellent programs they're already providing on their minimal funding isn't sufficient enough. Plus, while it is an important feature, this isn't even the most important reason the town should approve this contract.

The original notion was that the town would contract one part time person for the job, and hope they lived up to their resume in what would be an uncommon position. But by contracting WCYFS they get a group of people who've been doing this job both well and publicly for decades.

Additionally by contracting the non-profit the town ensures that the community program efforts aren't duplicated, and as a non-governmental organization, WCYFS is uniquely positioned to be eligible for grant opportunities the town would otherwise not be eligible for, but as a town contractor WCYFS would have the power to get funding for community programs that will benefit the town. A true win-win situation.

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### GUEST COLUMN

## Life's sweeter around the bay

BY SARA KAPLANIAK

Life's great pleasures include waking up to the quiet following a snowfall. After savoring the silence, further joy comes from peeking out the window into a world blanketed in white.

Unfortunately after a few days, the white world fades to gray as salt, exhaust and an occasional doggy pit stop coats the roads. That's when I transform from winter worshipper to everyday environmentalist and ask myself, "Where will that pollution go after the snow melts?" In my mind, the answer is always the same: into the ground, toward

the creek, then to the river... and ultimately, the bay.

There's hope, though, that my answer will soon change. That's because in central Pennsylvania where I live, local municipalities are thinking about how their actions on the landscape affect waterways. In two instances, these actions have been inspired by an unlikely candidate—the sugar beet.

Take Derry Township, home to Hershey, Pa., where the municipality is testing a molasses-like byproduct derived from sugar beets on icy, winter roads. The byproduct—a de-sugared liquid typically fed to animals or flushed down the drain—will not freeze until temperatures get down to -30 degrees Fahrenheit, which

exceeds the anti-freezing point reached by salt alone. Over the last decade, this knowledge has been put to practice in Maryland, Virginia, New Jersey, Illinois, Ohio, Iowa, the District of Columbia and recently, Pennsylvania.

Pre-treating road salt with beet juice increases the salt's stickiness, helping it adhere to roads and bridges longer. This reduces the number of applications needed to keep drivers safe during inclement weather—meaning, less salt is used. This benefits local streams and rivers that may one day be unable to support the annual dose of salt. In fact, a 2005 study published in the Proceedings of the National Academy of Sciences predicts that concentrations of chlo-



## GUEST COLUMN

FROM PAGE 21

ride levels from road salt throughout the Northeast will make water in rural streams undrinkable and toxic to freshwater life by the next century. In fact, some local waterways have already reached their thresholds.

The road salt-beet juice mixture is also less corrosive, which extends the life of snow-clearing equipment used by municipalities and other vehicles. And the mixture comes cheap, costing around 25 percent less than the cost of treating a truck's load of rock salt with calcium, a more common companion. Produced around the world, sugar beets and their byproducts serve as a highly renewable, affordable resource that should be attractive to cash-strapped municipalities.

Just down the road from Derry Township, farmers in Lancaster County are considering growing sugar beets in response to government mandates for alternatives to corn in the production of ethanol. This would have environmental benefits for local waterways as sugar beets require less fertilizer than corn and other traditional crops, and extract

nitrogen from deep in the soil, reducing nutrients that eventually flow into the bay. Additionally, sugar beet production represents less of a threat to the bay's health than manure-producing agricultural practices such as raising dairy cows, chickens and other livestock.

No doubt, paying closer attention to how actions taken on the landscape affect local waterways in central Pennsylvania have the potential to benefit the bottom line for local municipalities and provide farmers with a viable new crop. But it's emotion that leads me to support the examination of sugar beets as an alternative to land-based practices harming the bay.

It conjures up a scene in the film *Willy Wonka & the Chocolate Factory* when the children enter a room that contains a river of chocolate, flowers filled with whipped cream and gummy bears hanging from trees. While everyone stands in wonderment, Wonka says, "Inside this room, all of my dreams become realities, and some of my realities become dreams. And, almost everything you'll see is eatable, edible, I mean, you can eat almost everything."

Perhaps that's why I scatter birdseed along my sidewalk after a snow, rather than a chemical-based de-icer. Sugar beets represent another natural (even edible!) and less toxic, alternative to everyday practices having a detrimental effect on local streams and the Chesapeake Bay watershed. They also represent a sign that decision makers have begun considering products and practices that benefit, even nourish, wildlife and people rather than threaten their health.

It begs the question; would blue crabs, oysters, egrets and other Chesapeake Bay wildlife downstream rather ingest the remnants of sugar beets...or more salt and manure? I know what Willy Wonka would choose.

*Sara Kaplaniak lives and writes in Pennsylvania, where she reduces, reuses and recycles along with her husband and two kids. Distributed by Bay Journal News Service.*

## OBITUARIES

### Ronald G. Gray

BERLIN – Ronald Gray, 76, died Jan. 17, 2011 at Atlantic General Hospital. He was born in Williamsville, Del., to the late William Edward Gray and Elsie May Evans Gray.

Ronald was a lifetime member of Showell Volunteer Fire Department and a member of the Salisbury Moose Lodge 654.

He is survived by this wife Julia Baker Gray; sister June Gray Watson of Berlin; niece Theresa Watson of Parsonsburg; niece Tracey Adkins of Ocean City; nephew Franklin Baker and his wife Sonia of Berlin; special grand-nephew Lee Baker; brother-in-law Robert Ernest and his wife Hazel of Berlin; brother-in-law Frank Baker and his wife Susan of Berlin; and brother-in-law Dickie Adkins and his wife Bonnie of Ocean City.

A graveside service will be held at Sunset Memorial Park 10 a.m. on Saturday, Jan. 22. In lieu of flowers, memorial contributions are suggested to the Showell Volunteer Fire Department, 11620 Worcester Hwy, Showell, MD 21862 or Berlin Volunteer Fire Department, 214 North Main St., Berlin, MD 21811.

Arrangements are in the care of the Burbage Funeral Home.

### Robert W. Smith

OCEAN CITY – Robert Woodhall Smith, age 89, of Ocean City, formerly of Federalsburg, died Monday, Jan. 10, 2011.

Born in Philadelphia, he was the son of the late Phillip Glenn Smith and Marion Haycroft Smith. He is survived by his wife Miriam Nichols Smith, whom he married on June 21, 1952, and by two daughters, Sharon R. Smith of Ocean Pines, and Kathleen E. Smith, of Ocean City.

He was adored grandfather of; Erin Terrell, Shannon Tustin, Robert Lomax, Alexander Bean, and Meghan Bean, and two great-granddaughters, Riley Terrell and Camryn Terrell. He leaves a brother, Donald B. Smith of Lincoln, Calif.

He was preceded in death by two brothers, Glenn H. Smith and Gordon J. Smith

After attending schools in Philadelphia, Michigan, and California, he enlisted in the United States Army in 1942. He saw action in North Africa, Anzio, Monte Cassino, Rome and Northern Italy. For his service in WWII, he received a Bronze Star, and Oak Leaf Cluster and a Purple Heart.

After returning to civilian life, he worked as a meat cutter until 1963, when he began working for Federal Paper and Chemical Co. in Federalsburg. He retired in May 2000 and moved to Ocean City.

Mr. Smith was a member of the VFW, the American Legion, and was a past Commander of the Military Order of the Purple Heart, Chapter 570. He was also a member of Union United Methodist Church in Federalsburg, and the 34th Infantry Division. He loved animals and nature, gardening and spending time with his grandchildren, and great-granddaughters.

A funeral service was held at the Burbage Funeral Home on Friday. Donations may be made in his memory to: Union United Methodist Church, 301 N. Main St. Federalsburg, MD 21632, or Military Order of the Purple Heart Delmarva Chapter 570 P.O. Box 281, Denton, MD 21629.

Arrangements are in the care of Burbage Funeral Home. Acknowledgements to the family may be sent to [burbage@burbagefuneral-home.com](mailto:burbage@burbagefuneral-home.com).

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# LIFESTYLE

## BAYSIDE

## Society of Women Leaders to host Fashion Emergency - Fashion & Art Red Cross benefit

OCEAN CITY – The Society of Women Leaders, an adjunct of the Lower Shore Chapter of the American Red Cross, will host their annual Fashion Emergency-Fashion & Art Luncheon on Wednesday, Feb. 23, at the Clarion Fontainebleau in Ocean City.

The doors will open at 10:30 a.m. so that attendees can leisurely stroll through the Art Exhibit of over 50 8 by 10 inch pieces depicting artists' interpretation of this year's theme "Ooh La La" Springtime in Paris.

Guests will also have time to sip on the shows featured martini, "The French Kiss," while perusing the fabulous Chinese Auction and vendor tables.

Co-founders of the Lower Shore Society of Women Leaders, Alison Sappington, Sheila Zimmer, Madalaine How and Patti Miller enlisted the help of Stephanie DeRito, Cynthia Walston and Tammy Cebula in 2009 to help create the concept of the Fashion Emergency -Galaxy 66 Luncheon.

The desire was to launch a highly entertaining afternoon "social" that offered a relaxed opportunity to network and spread awareness to local women about the importance of being Red Cross Ready. The group realized that by encouraging women to be prepared for situations when "every second counts"; knowing CPR or basic first aid, that local women can avoid becoming victims and actually respond and help save lives when an emergency or disaster strikes.

The Society grew from 100 attendees in 2009, to over 300 attendees for last years 2010 FE. This year seats will be limited to 350 so women are encouraged to purchase tickets early.

Admission to the Feb. 23 event is \$40. Tables of ten are available for reservation. The Chinese Auction committee is soliciting support from local business who would like to donate items or services for the auction baskets.



SUBMITTED/BAYSIDE GAZETTE

Fashion Emergency Committee Members LaVonne Wontorek, Sheila Zimmer and Michelle Fager.

Donors will be listed in the program – \$100, \$500 and \$1,000 event sponsorships are available and donors will enjoy multiple promo opportunities at the event as well as a full year of print and online promotion for your business. Cash, check and credit cards are accepted.

Fabulous food, fashions, music, art, pink champagne and surprises have become trademarks of the Fashion Emergency – everything that women love. Proceeds will benefit the Lower Shore Chapter of the American Red Cross, which stretches from Worcester, Wicomico and Somerset counties down the Eastern Shore, to the Chesapeake Bay Bridge Tunnel.

The local Red Cross Chapter serves this entire area 24/7, while also training over 2,400 individuals in safety and emer-

gency courses, responding to floods and hurricanes, 100s of victims of home fires, harsh winter storms and feeding/assisting emergency responders during search and rescue operations.

As one new member of the Society of Women Leaders put it, "I had no idea that our local Red Cross did all that—sign me up, I'm ready to take a CPR course and volunteer!"

Call Patti at 443-880-7795 or Alison at 443-695-5044 for tickets, sponsorships or to donate an auction item. For information about the Lower Shore Chapter visit [www.redcrosslowershore.org](http://www.redcrosslowershore.org). To find out more about the Society of Women Leaders-Red Cross Goes Pink events visit [www.redcrossgoespink](http://www.redcrossgoespink) or on facebook Society of Women Leaders-Red Cross Goes Pink or

## Ocean Pines Players to hold fundraiser Jan. 29

OCEAN PINES – The Ocean Pines Players will be 32 years old this year. They were organized in 1978 and most performances were staged at the old community center. There a stage had to be built and then removed after each series of plays had ended.

With news that the community center would be scheduled for demolition, the Players moved performances to Most Blessed Sacrament School where they performed for five years in the school "cafetorium."

Finally in early 2010, the Players were able to stage performances at the Carousel Hotel in Ocean City thanks to the hotel's willingness to offer a venue with more appropriate space and entertainment options for theater goers.

Today the Ocean Pines Players, which is a non profit charitable organization, includes two additional performing groups, the Children's Theater and Radio Airwaves Productions. Together as they grow, they hope to find a more permanent home where they can further expand productions and provide other services such as acting and script writing classes.

To meet long range goals, they have established a building committee to oversee a building fund. The Ocean Pines Players Building Fund will be dedicated to the construction of a new and permanent community theater venue for performing arts for the Ocean Pines greater community.

On a continuing basis, they will provide support for the building fund, programmed gifts, sponsorship programs and grants.

The first fund-raiser will be 7 p.m. on Saturday, Jan. 29, in the new Community Center. Radio Airwaves Productions will present an original play, "Complicity" written by Robert Davis and directed by Graham Caldwell.

This Agatha Christie-type mystery will be in theater-script reading format, complete with sound effects and costumes. All proceeds will go toward the Ocean Pines Players Building Fund. Tickets are \$8. Any additional contributions you wish to make are tax deductible.

## Photography of Kevin Fleming on exhibit at Ward Museum

SALISBURY – The Ward Museum of Wildfowl Art, Salisbury University, presents Wild Delmarva: The Photography of Kevin Fleming, on exhibit Jan. 28-April 10 in the museum's LaMay Gallery.

A Delaware native, Kevin began his career as a newspaper photographer before spending a decade with National Geographic, documenting subjects as diverse as the subatomic world of high-energy physics and the lives of New

Zealand sheep ranchers.

In 2008, Kevin Fleming published Wild Delaware, and the large coffee table book instantly became the state's number-one best seller. This exhibit features images from his new book Wild Delmarva, a spectacular selection of images of wildlife and wild places across the peninsula.

An opening reception is 5-7 p.m. Friday, Jan. 28; admission is \$15, with proceeds benefitting the Ward Museum and Public

Radio Delmarva. Call 410-543-6895 for tickets.

Fleming also hosts a photography seminar from 10 a.m. to 5 p.m. on Saturday, Jan. 29, to show students how he captures portraits, landscapes, action shots and aerial photographs while learning about lens settings, shutter speeds and other photographic techniques. He presents photographs from his award-winning books.



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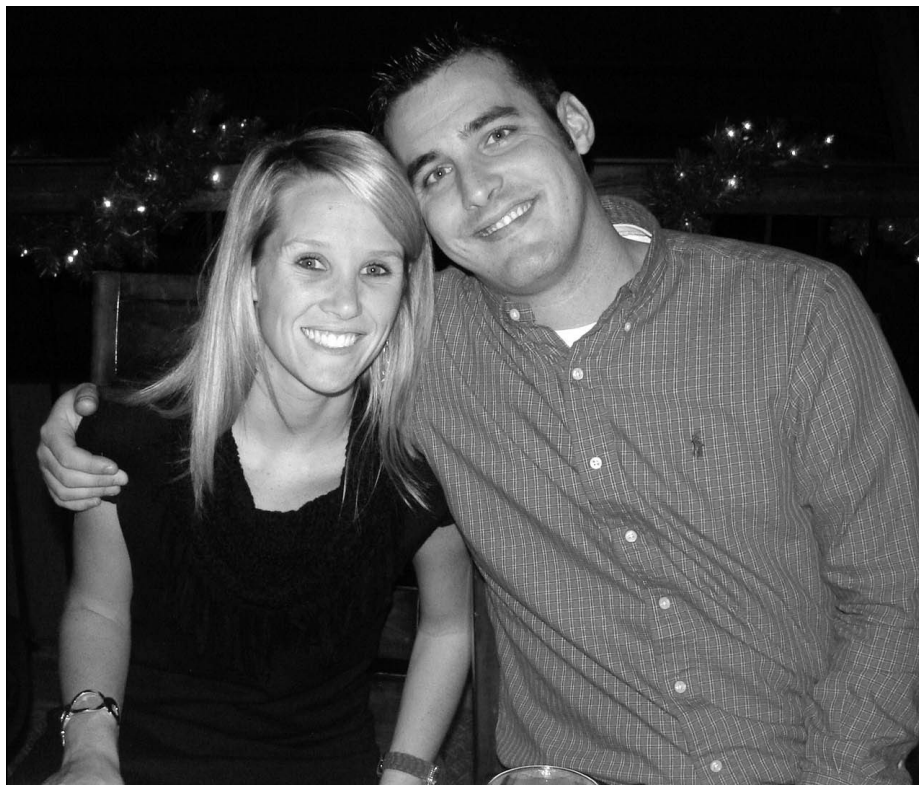
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## ENGAGEMENT



### Priestley-Fogle engagement

Mr. and Mrs. Jerry Priestley of Ocean City, Md., proudly announce the engagement of their daughter, Kristie Hope Priestley, to Matthew Harrison Fogle, son of Mr. and Mrs. Dale Fogle of Woodbine, Md.

Kristie is a graduate of Stephen Decatur High School and Salisbury University, with a bachelor's degree in elementary

education. She is a first grade teacher at Ocean City Elementary School. Matthew is a graduate of St. John's at Prospect Hall in Frederick and Salisbury University with a bachelor's degree in business management. He currently runs the family business, Fogle's Environmental in Ocean City, Md.

A summer 2011 wedding is planned.

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SUBMITTED/BAYSIDE GAZETTE

**BEEF 'N BEER** – Star Charities held their Beef 'n Beer fund raiser Jan. 15 at the American Legion Post 166 in Ocean City with proceeds to purchase telephone cards for military troops overseas. Providing entertainment from the left: Tori Abell, clogging; Corriander Kelley, singer; Lee Taylor, singer; Katerina Burton, singer; Kathy Madson, clogging; and Master of Ceremony Graham Cauldwell.



SUBMITTED/BAYSIDE GAZETTE

**AGH DONATION** – During the Auxiliary installation luncheon, Atlantic General Hospital's Auxiliary, pictured above, donated \$90,000 to Atlantic General Hospital. From left: Michael Franklin, president and CEO, Atlantic General, Betty Franke, outgoing vice president, Auxiliary, Kathleen Gibbons, outgoing recording secretary, Lavern Powell, outgoing corresponding secretary, Harriet Johnson, past president, auxiliary.



SUBMITTED/BAYSIDE GAZETTE

**GARDEN CLUB OFFICERS** – On Jan. 13 the Ocean Pines Garden Club installed its new officers. From left at the Yacht Club luncheon are, Marsha Reeve, Corresponding Secretary; Sharon Puser, Treasurer; Marian Bickerstaff, President; Barbara Ferger, Vice-President; and Suzanne Brooke, Recording Secretary. General meetings of the Ocean Pines Garden Club are held on the second Thursday of each month at 10 a.m. at the Ocean Pines Community Hall.



SUBMITTED/BAYSIDE GAZETTE

**MENTORING MONTH** – On Jan. 18, the commissioners presented a proclamation recognizing January as National Mentoring Month to representatives from Big Brothers Big Sisters & the Maryland Mentoring Partnership, Greater Expectations Mentoring Partnership at Snow Hill Middle School and the Worcester County Health Department.



SUBMITTED/BAYSIDE GAZETTE

**LIFE CRISIS CENTER** – United Way of the Lower Eastern Shore recently presented the Life Crisis Center with \$63,000 to support the MD 211/Crisis Hotline, a program providing crisis intervention and referral services across the Eastern Shore. Since 1983, the Life Crisis Center has received over \$1.35 million in United Way funding. Pictured are Life Crisis Center Board Members, David Harkins and Chris Hall, Life Crisis Center Executive Director, Michelle Hughes, and United Way Donor Relations Director, Amy Luppens.



SUBMITTED/BAYSIDE GAZETTE

**FINECEY MASONRY DONATION** – SDHS Alumni Association Treasurer Ross Bergey presents a plaque to Russell Finecey, (right) owner of Finecey Masonry, in appreciation for his firm's donation of discounts for materials and labor in the building of the athletic field house at Stephen Decatur High School's Seahawk Stadium. The field house is now under construction and is a project of the SDHS Alumni Association. For more information and online giving opportunities to support the field house project visit: [www.sdhsalumni.com](http://www.sdhsalumni.com).



# CALENDAR

## BAYSIDE

### Thursday, Jan. 27

#### PASTA AND PURSES

Pasta -A Plenty and Purses too! All you can eat (including gluten free and vegetarian dishes) 4:45-6:45 p.m. Stevenson Church Hall 123 N. Main Street, Berlin. Adults \$10 kids 12 and under \$5. Gently used and new purses will be for sale too. All proceeds benefit The Yellow Ribbon Suicide Prevention Program. Info: 443-235-9493.

#### DEMOCRATIC CLUB MEETING

The Democratic Club of Worcester County will hold its meeting at 7 p.m. at the Ocean Pines Community Center. Speaker will be Charlotte Cathell who holds the elected position of the Worcester County Register of Wills. There will be time set aside for questions/answers. Refreshments will be served.

#### FIRESIDE CHAT

Worcester County Library, Berlin branch, 3 p.m. Discuss and recommend your favorite books while enjoying a cup of coffee by the fire.

#### STORY TIME

Worcester County Library, Ocean Pines branch, 10:30 a.m. Stories, rhymes, finger plays, music and crafts for children ages 3-5 years.

#### REPUBLICAN WOMEN MEETING

The Republican Women of Worcester County will hold its first general meeting at the Marina Deck at 10:30 a.m. Speaker is Lisa Pearson from Home of the Brave. For details, contact Ann Lutz, 410-208-9767, or annlutz@verizon.net.

#### SOUP SALES

Thursdays, Jan. 27 and Feb. 10 and 24, 11 a.m.-1 p.m. Delicious homemade vegetable beef or navy bean, fresh-made chicken salad and egg salad sandwiches, hot biscuits and homemade desserts. Dine-in or call early for carry-out, 410-289-7430. Atlantic United Methodist Church, 4th St. and Baltimore Ave., Ocean City.

#### BEACH SINGLES

Clarion Hotel, 4 p.m. to 7 p.m. Happy hour every Thursday for singles 45 plus. 302-436-9577.

### Friday, Jan. 28

#### BINGO

Knights of Columbus, 9901 Coastal Hwy., Ocean City. Doors open 6 p.m., games begin 7 p.m. Refreshments available. 410-524-7994.

#### YOUTH CONCERT

Rewired Café, Stevenson Church, 123 N. Main St., Berlin, 7-9 p.m. \$5. Refreshments available.

#### TODDLERS & TYKES YOGA

Worcester County Library, Berlin branch, 10:30 a.m. Developmentally enriched yoga for babies, toddlers

and their caregivers under the instruction of a certified instructor.

#### POLKA

Worcester County Library, Ocean Pines branch. 2 p.m. Listen to polka music, performed by Frank Nanna and The Cow Polkas.

#### DINNER THEATER

The Possum Point Players upcoming dinner theater performance of Neil Simon's comedy "I Ought to Be in Pictures" runs Jan. 29 and 30 with dinner at 6:30 p.m. and on Jan. 31 with dinner at 12:30 p.m. Tickets are \$40. Possum Ticketline: (302) 856-4560.

#### ADULT MUSICAL COMEDY

Possum Point Players presents "The 25th Annual Putnam County Spelling Bee". Dinner begins at 6:30 p.m. Performance runs January 28 & 29, February 4 & 5; Sunday matinees January 30 & February 6, 12:30 p.m. \$40 per person. Reservations, 302-856-4560.

#### SAFE DRIVING PROGRAM

Ocean Pines Chapter of AARP, 55 Alive safe driving one day class, 9:30 a.m. to 3 p.m. \$12 per person AARP members, \$14 non-members. Call Dave Lloyd to reserve your spot, 410-641-6278.

#### RIBBON CUTTING

Kuhn Children's Institute, 611 Franklin Ave., Berlin, 11 a.m. to 1 p.m. Tour of the facility. Open to the public. 410-641-4775 for more information.

### Saturday, Jan. 29

#### EAGLE WATCH

Pocomoke River State Park, 3036 Nassawango Rd., Pocomoke. Join a naturalist for a short walk and explore the world of the Bald Eagle. 410-632-2566 for reservations.

### Sunday, Jan. 30

#### BREAKFAST BUFFET

Knights of Columbus, 9901 Coastal Hwy., Ocean City. All you can eat, 9 a.m. to noon, includes coffee and juice. \$9 per person, children under 9 - half price. 410-524-7994.

#### RED CROSS BENEFIT

The American Red Cross Lower Shore Chapter invites you to come out for a great cause at the Green Turtle. Tickets are available at the Turtle, 116th Street, 410-723-2120, gtoc@thegreeneturtle.com or call Patti Miller 443-880-7795. A portion of proceeds go to the Lower Shore Chapter of the American Red Cross.

### Monday, Jan. 31

#### MOMENTS IN LIFE

Worcester County Library, Berlin branch, 2:30 p.m. WBOC's Kelly

Rouse presents a collection of short stories.

#### AARP MEETING

Ocean Pines Chapter 4507 of AARP will meet at the Community Center at 9:30 cake and coffee, 10 a.m. meeting. Speaker: Mable Rogers, of the Historical Society, on The History of Riddle Farms. Info: 410-641-7347.

#### POKER CLUB

Ocean Pines Poker Club meets every Monday night at 7 p.m. Players wanted. Info: 410-208-2940.

#### ART EXHIBIT

Foyer Gallery, Art Institute & Gallery, Salisbury. Max Perim exhibit, last year's winner of the Blooming Artist Youth Show, runs through Feb. 12. Reception Feb. 9, 5-7 p.m.

#### CONCERT & ART SHOW

Fulton Hall, Salisbury University. Art Department Annual Faculty Show. Reception Feb. 11. Free. Show runs Feb. 1-14.

#### BLACK HISTORY EXHIBITS

Mosely Gallery, UMES. Reception 5-7 p.m. Feb. 18. Free. Show runs Feb. 1-26. Nabb Center Gallery, 'Family and Faith', show runs Feb. 1-28. Open Monday, Wednesday and Friday 1-4 p.m. Free.

#### SCULPTURE EXHIBIT

Ward Museum, LaMay Gallery, Salisbury. Reception 5-7 p.m. Friday Jan. 29. Bronzes by Paul Rhymer. 410-742-4988.

#### BULLYING WORKSHOP

Worcester Youth and Family Counseling Service, Berlin. 6 week program for 4th to 6th graders on how to cope with bullying. 5:30 p.m. Limited space available. Insurance accepted. Contact 410-641-4598.

### Tuesday, Feb. 1

#### ART RECEPTION

South Korean artist Changkyum Kim explores the intertwining of physical and metaphysical imagery during the exhibit "Beyond the Surface." Feb. 1-March 5 at Salisbury University's Electronic Gallery, Teacher Education and Technology Center (TETC) Room 128. An artist talk and reception are 5 p.m. Feb. 2, in TETC Room 153.

#### MOMENTS IN LIFE

Worcester County Library, Berlin branch, 2:30 p.m. WBOC's Kelly Rouse presents a collection of short stories.

#### HYPERTENSION CLINIC

Rite Aid, Selbyville, DE. 10 a.m. to noon. Free blood pressure screening and health information. Call 410-641-9268 for more information.

#### RECOVERY SUPPORT GROUP

Atlantic General Hospital,

Conference Room 1, 7 p.m. to 8 p.m. NAMI Connections Recovery Support Group offers a casual, relaxed approach to share the challenges of coping with diagnosis and their symptoms. For more information 443-523-2153.

### Wednesday, Feb. 2

#### QUILTERS

Quilters by the Sea meeting, Ocean Pines Community Center, 12:30 to make quilts for local charities. 410-641-8898 for info.

#### COMPUTER INSTRUCTION

Worcester County Library, Ocean Pines branch, 8-9:30 a.m. Two sessions, Designed for those who have little or no experience with computers and the internet. Feb. 3 and 10. Class limited to 8 participants. Advance registration is required.

#### TRIBAL BELLY DANCE

Ocean City Library, two classes - Feb. 3 and 10, 1-2 p.m. Free.

#### GRACE PARKER BREAKFAST

Grace Parker Breakfast. \$8 all you can eat. Carry-out available. 7 a.m.-1 p.m. First Presbyterian Church, 13th St. and Philadelphia Ave. Ocean City. Info: 410-289-9340

#### DIABETES SUPPORT

Ocean Pines Community Center, 7 p.m. to 8 p.m. Guest speaker Mimi Dean, Worcester County Health Dept. All are welcome. 443-804-5289 for more information.

#### HYPERTENSION CLINIC

Rite Aid, Berlin. 10 a.m. to noon; Rite Aid, Ocean Pines 1 p.m. to 3p.m. Free blood pressure screening and health information. 410-641-9268 for more information.

#### BOAT CLUB EVENT

Annual Miniature Golf Tournament, Old Pro, 134th St., Ocean City. 4:30 p.m. BYOB and bring snacks. Teams tee off at 5:15. Prizes. Limited to 72 attendees. For more information, 410-298-6933.

#### WIDOW & WIDOWERS

Lunch at Lighthouse Sound, Bishopville, 1 p.m. Carpool leaving Ocean Pines library 12:30 p.m. Contact 410-208-1857.

### Thursday, Feb. 3

#### SURFER VIDEO

Surfer Jesse Hines will make an appearance and perform with his band at the Christian Conference Center, Pennsylvania Ave., Bethany Beach, DE. 6:30 p.m. 302-537-6287 for more info.

#### FASHION SHOW

Community Church at Ocean Pines, 11:30 a.m. Catered by Denovo's Trattoria. Benefits Women Supporting Women, Worcester County chapter. \$22 per person

- advance sales. RSVP 410-641-2849.

#### OPEN STUDIO

Art League of Ocean City, 10 a.m. to 1 p.m. All media, no instructor.

#### ANTIQUe SILVER APPRAISAL

Worcester County Library, Berlin branch, 1 p.m. John Gallagher will be on site to appraise antique silver. No coins. Limited to 3 items.

#### STORY TIME

Worcester County Library, Ocean City branch, 6 p.m. Nite Lite series. Sing, dance and share wonderful bedtime stories. Children are welcome to wear their pajamas and bring their favorite stuffed toy.

#### COOKING DEMONSTRATION

Worcester County Library, Ocean Pines branch, 7 p.m. Eats Like A Wildman, presented by Mike Kane, chef at the Fountains.

#### OPPORTUNITY SHOP

Whatcoat United Methodist Church, 100 W. Federal St., Snow Hill. 8 a.m. to noon.

#### DIABETES CLINIC

Atlantic Health Center, 8:30 a.m. to noon. By appointment only. Call 410-641-9703 for information.

### Friday, Feb. 4

#### SAUSAGE SALE

Berlin Lions Club, Whole Hog Sausage Sale. 8 .am. until? Pre-sales through Berlin Lions Club for members only. Please call for 10lbs. or more. 410-641-1064.

#### CHILDREN'S THEATRE AUDITIONS

Auditions will be held for "Tribute to Broadway" for children and teens ages 8 to 21 at 5 p.m. at the Ocean Pines Community Center in White Horse Park.

The Ocean Pines Players Children's Theatre director Paulette DeRosa Matrona asks that if a solo part is desired, be prepared to sing with your own music or a cappella. Info: 410-251-1402.

#### ART RECEPTION

Art League of Ocean City, 5-7 p.m. Abstracts, Shapes, Colors & Things. All media. Free.

#### TAILGATE PARTY

St. Luke Catholic Parish, St. Andrew's Catholic Center, 14401 Sinepuxent Ave., Ocean City. 4-7 p.m. DJ, tailgate food, beer and wine available. \$10 per person. Tickets must be purchased by Feb. 1 at the Parish Office or by calling 410-250-0300.

#### ARTS ON THE RIVER

Snow Hill. Shops and Galleries open til 8 p.m. Free.

#### HOME SCHOOL DAYS

Ward Museum, 1 p.m. to 3 p.m. Home school children ages 5 to 12.



# Wear red for Snow Hill's First Friday next week

SNOW HILL – Feb. 4 is not only National Wear Red Day but it is also the beginning of the Arts on the River First Friday of the season. Snow Hill merchants and gallery owners in downtown will stay open until 8 p.m. to welcome visitors with special discounts, art openings, and light refreshments.

Look for promotions for National Wear Red Day sponsored by the American Heart Association to raise awareness of heart disease in women.

American Art Gallery's celebrates local talent. Local high school student Ashley Calandra will display her work in the gallery. Ashley's beautiful drawings will warm your heart. Local guitarist, Nick Haglich, will open the evening for Nancy Fullard, local pianist.

American legion Post 67 is open every First Friday for dinner. The public is welcome to enjoy a full menu that includes rib eye steaks, steamed shrimp, crab cakes, cheese steaks and more starting at 5 p.m. The dining room and full bar are open until 10 p.m.

Bishop's Stock Fine Art, Craft and Wine will be showing Winter Abstracts 2011 by a variety of artists and a trunk show of jewelry by Armando Suarez, an artist from Argentina who uses furrier nails in his creations.

The wine tasting for the month will include wines from Argentina. Owner Ann Coates offering a 10 percent dis-

count on all Red wine sales that evening in observance of the American Heart Association's National Wear Red Day.

The Stimms will play at Harvest Moon Tavern while the WW Tunes and Todd Crosby will be entertaining at the Blue Dog Café.

The Palette Bistro & Bar will feature a new martini and drink menu. Ask about their National Wear Red Day promotion.

Sassy Girl Boutique is offering all jewelry at 10 percent off.

First Friday is not complete without

dinner in one of Snow Hill's downtown restaurants. The Palette Bistro & Bar, Blue Dog Café, Harvest Moon Tavern and American Legion Post 67 offer the perfect settings for the end of a long work week. Reservations are strongly recommended.

First Fridays are sponsored by Arts on the River, Snow Hill's Art and Entertainment District, the Worcester County Arts Council and the Maryland State Arts Council. For information, contact 410-632-2080.

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Rt. 611  
410-213-1500  
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Rt. 589 – Racetrack Rd.  
410-208-1900  
THURSDAY – Tim Cypers Duo  
FRIDAY – Tsunami Rising  
SATURDAY – Randy Lee Ashcraft Trio

**BJ'S ON THE WATER**  
75th St. Bayside  
410-524-7575  
FRIDAY – Tommy Edward & Melissa Rose  
SATURDAY – Lenny G & The Soulsenders  
WEDNESDAY – Christopher Dean Band

**THE GLOBE**  
12 Broad St., Berlin  
410-641-0784  
FRIDAY – Rory Sullivan  
SATURDAY – Latin Dance Night

**GUISEPPE O'LEARY PUB**  
12703 Sunset Ave. West OC  
410-213-2868  
SATURDAY - Troy Mawyer  
TUESDAY - Chris Button

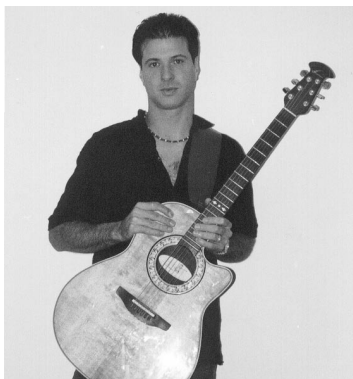
**WHISKERS BAR & GRILL**  
11070 Cathell Rd. Ocean Pines  
410-208-3922  
FRIDAY – Karaoke w/Donnie Berkey

**CLARION RESORT**  
10100 Coastal Hwy. Ocean City  
410-524-3535  
FRIDAY – Power Play  
SATURDAY – Power Play

**GREEN TURTLE NORTH**  
11601 Coastal Hwy.  
410-723-2120  
FRIDAY – DJ Wax  
SATURDAY – DJ Wood

**HARBORSIDE**  
West Ocean City  
THURSDAY – Opposite Directions  
FRIDAY – DJ Billy T  
SATURDAY - Under The Outhouse

**DENOVO'S**  
South Gate – Ocean Pines  
410-208-2782  
SATURDAY – Al Prescott  
TUESDAY – Al Prescott  
WEDNESDAY – Al Prescott  
THURSDAY – Al Prescott



Chris Button @ Sub Marina

**HARPOON HANNAS**  
142nd St. Bayside  
WEDNESDAY – Bobby Burns



Randy Lee Ashcraft Trio @ Steer Inn

**HOUSE OF WELSH**  
1106 Coastal Hwy. Fenwick  
1-888-666-0728  
FRI. – SUN. – Tony Vegia  
WEDNESDAY - Bob Hughes

**YACHT CLUB**  
Ocean Pines  
410-641-7501  
FRIDAY – Troy Mawyer

**MARINA DECK**  
Penington Commons – Rt. 589  
Ocean Pines, 410-641-5590  
FRIDAY – Barbara Claire on Piano  
SATURDAY – Patrick McAllorum

**PIT & PUB**  
28th St. Ocean City  
410-289-2020  
Block Party Weekend  
FRIDAY – DJ Bean  
SATURDAY – DJ Big T



Tommy Edward @ BJ's

**SECRETS**  
49th & the Bay, Ocean City  
410-524-4900  
THURSDAY – DJ Wax  
FRIDAY – the Movement  
SATURDAY – Rew Smith/Even Eleven

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Sat., January 29<sup>th</sup>  
**TROY MAWYER**  
6-9 PM

Tues., February 1<sup>st</sup>  
**CHRIS BUTTON**  
6-9 PM

Sunset Avenue • West Ocean City • 410.213.2868

### MARYLAND LOTTERY WINNING NUMBERS

WEEK ENDING SATURDAY, JANUARY 22, 2011

Midday			Evening		Daily		
Date	Pick 3	Pick 4	Pick 3	Pick 4	Bonus Match 5	Bonus	
01/16/11	620	4299	683	5882	01.08.20.26.38	03	
01/17/11	832	8875	244	1884	12.23.25.29.34	17	
01/18/11	800	6596	519	0834	06.08.15.16.26	10	
01/19/11	017	8087	946	6700	02.05.25.26.35	14	
01/20/11	946	9983	501	6615	05.13.28.33.35	34	
01/21/11	735	9163	546	1478	12.15.18.20.23	32	
01/22/11	402	1503	402	3650	06.12.16.18.25	13	

Date	MULTI-MATCH	Date	Powerball	Bonus	POWERPLAY
01/17/11	13.16.20.23.26.40	01/19/11	22 36 51 56 59	32	3
01/20/11	01.04.15.29.31.42	01/22/11	30 31 34 45 51	23	2

Date	Mega Millions	Bonus	Megaplier
01/18/11	04 27 29 38 45	05	4
01/21/11	05 09 21 35 38	20	4

For the most current Lottery information, go to [mdlottery.com](http://mdlottery.com)





SUBMITTED/BAYSIDE GAZETTE

**DONUTS FOR DADS** – Colby and Judah Matlock at Buckingham Elementary' School's annual Donuts for Dads.



SUBMITTED/BAYSIDE GAZETTE

**SNOWFLAKES** – Students in Miss Kristie Priestley's first grade class at Ocean City Elementary School enjoyed researching facts about snowflakes. After writing two facts that they learned, they each created a model of a snowflake. Pictured from left to right: Morgan Echols, Autumn Tunnel, Brandon Campechano-Cordero.

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28th Street Party

**THIS WEEKEND ONLY**

**Jan. 28th, 29th & 30th**

28th Street

**PIT AND PUB**

410-289-2020

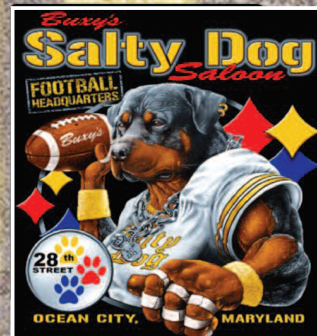
Fri. D9 Bean  
9:00pm-1:00am

Sat. D9 Big T  
6-10pm

GCF

1/2 lb. Ribs & Pitcher of Beer  
**\$9.95**

exp. 1/30/2011 / Must present coupon



410-289-2020

1/2 lb. Shrimp & Pitcher of Coors Lt or Miller Lt  
**\$10.95**

Sat. The Dog House is rockin' with the Tim Cyphers Duo  
9:30pm-1:30am

\$2 Jeremiah Weeds all weekend

exp. 1/30/2011 / Must present coupon



410-289-3100

**\$3 off any Lunch Sandwich**

**12-3pm**

(some restrictions apply)

exp. 1/30/2011 / Must present coupon



410-289-1330

**Free Appetizer with purchase of entree**

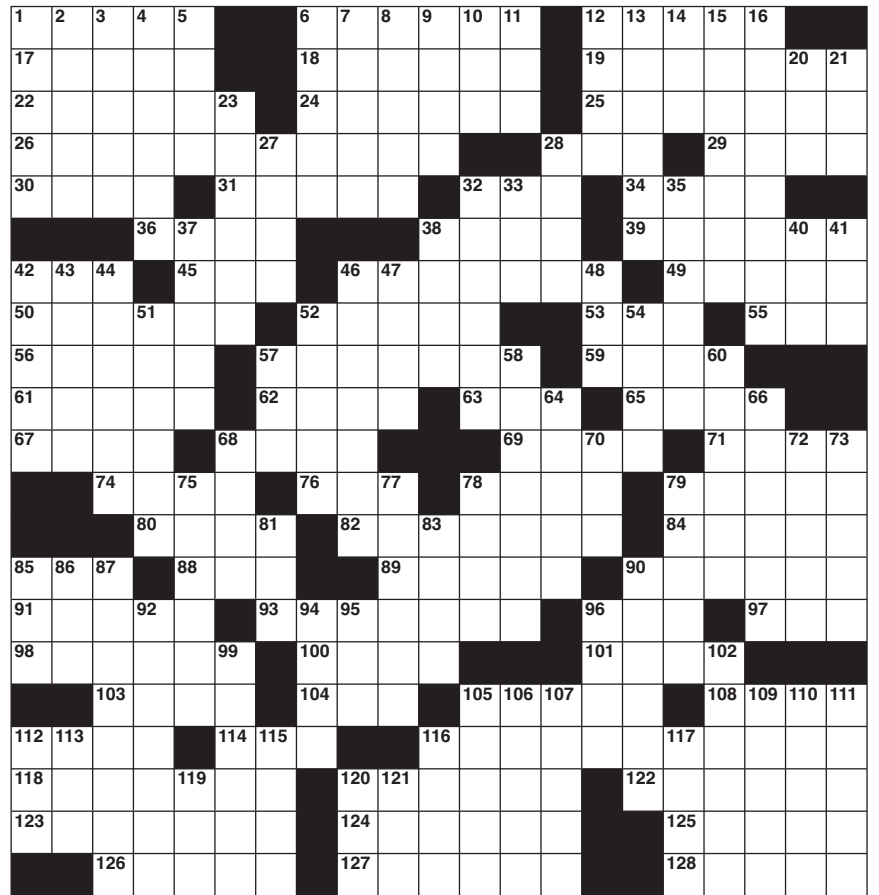
exp. 1/30/2011 / Must present coupon



**CROSSWORD SUDOKU**

LETTER OPENERS By Chris A. McGlothlin / Edited by Will Shortz

- |  |  |   |  |
|--|--|---|--|
| Across   | 55 Darn  | 103 Light bulb over one's tête?                     | 12 Pointer   |
| 1 Yo, she was Adrian   | 56 Workplace for a cabin boy                       | 104 "Awesome!"                                      | 13 *"Plan 9 From Outer Space," e.g.                      |
| 6 *Insulation measure  | 57 Payment type                                    | 105 Shelter org.                                    | 14 Saturn's spouse                                       |
| 12 *Weapon first tested in '52   | 59 Hot times on the Riviera                        | 108 Skewer  | 15 Flatten, in a way                                     |
| 17 *Gasket type  | 61 12-Across and the like                          | 112 *Beam with a bend                               | 16 Pointers  |
| 18 Bedridden, say  | 62 Tag sale tag                                    | 114 Skeletal opening?                               | 20 Inlet   |
| 19 Debilitates   | 63 Opposite of guerra                              | 116 *Women just don't get it                        | 21 Like some winks                                       |
| 22 They're found in año after año  | 65 ___ Mode, female character in "The Incredibles" | 118 Former Pakistani P.M. Bhutto                    | 23 Trig ratio  |
| 24 Oscar snubber of 1972   | 67 ___ Kadiddlehopper, Red Skelton character       | 120 Spanish pastry                                  | 27 Bunches   |
| 25 Frequently pierced place  | 68 *It may be under a hood                         | 122 Last-second bidder on eBay                      | 28 *Tops   |
| 26 *The Boss's backers   | 69 The third one is a shocker                      | 123 Marathoner's need                               | 32 Exercise one is prone to do                           |
| 28 It may go off the road, briefly   | 71 Barks   | 124 Mountain homes                                  | 33 Places where some R.N.'s work                         |
| 29 *Setting for "Saving Private Ryan"  | 74 Numerical prefix                                | 125 *House coverer                                  | 35 Took the part of                                      |
| 30 Taxco table   | 76 One carrying a toon?                            | 126 Like a turkey's wattle                          | 37 Deli array  |
| 31 Winds   | 78 The year 640                                    | 127 *One of Sean Combs's aliases                    | 38 Sting's instrument                                    |
| 32 Nanki-___ of "The Mikado"   | 79 "Give it ___!"                                  | 128 Steak ___                                       | 40 Repeated cry in Buster Poindexter's "Hot Hot Hot"     |
| 34 *Touch, e.g.  | 80 Honoree's place                                 | Down  | 41 ___ point   |
| 36 *Ace ___ Stories (old detective pulp magazine)  | 82 Toyota S.U.V.                                   | 1 Tribal heads?                                     | 42 *Group with the 2000 #1 hit "It's Gonna Be Me"        |
| 38 Swindle, slangily   | 84 Small   | 2 "___, fair sun, and kill the envious moon": Romeo | 43 *Thing that won't go off without a hitch?             |
| 39 One of the Blues Brothers   | 85. ___  | 3 Melodious speaking tones                          | 44 Hit   |
| 42 N N N   | 88 *4x platinum album of 2001                      | 4 Cross-dressing                                    | 46 Mingles (with)  |
| 45 N N N   | 89 Maurice of Nixon's cabinet                      | 5 Author who won a posthumous Pulitzer in 1958      | 47 They may have keys                                    |
| 46 Stocks up   | 90 King protector                                  | 6 Bar mitzvah party                                 | 48 Scranton-to-Philadelphia dir.                         |
| 49 Slant   | 91 Bottle in the kitchen or bath                   | 7 Spreading fast on YouTube                         | 51 Like some amusement parks                             |
| 50 Shelled   | 93 Whence the word "safari"                        | 8 Country singer Jackson and others                 | 52 Shakespeare's "food of love"                          |
| 52 *Typography symbol  | 96 Coach Parseghian                                | 9 Jenny ___ a k a the Swedish Nightingale           | 54 *"As Seen on TV" company                              |
| 53 Pilot's milieu  | 97 Going ___                                       | 10 Grand Forks sch.                                 | 57 Vegas opening?  |
| For any three answers, call from a touch-tone phone: 1-900-285-5656, \$1.49 each minute; or, with a credit card, 1-800-814-5554. | 98 Numbers by a door?                              | 11 ___ trip   | 58 1909 Physics Nobelist for work in wireless telegraphy |
|  | 100 *Vette option                                  |   |  |
|  | 101 Actress Sofer                                  |   |  |



- |  |  |                                       |                                    |
|--|--|---------------------------------------|------------------------------------|
| 60 Some drum parts                         | 78 Kind of income                          | 94 *I.R.S. form                       | 111 Lead/tin alloy                 |
| 64 *3-D graph line                         | 79 Beelike                                 | 95 From ___ Z (how this puzzle goes?) | 112 Dumbbell abbr.                 |
| 66 The Queen of Soul, familiarly           | 81 Call letters?                           | 96 Oil company acronym                | 113 Call, e.g.                     |
| 68 Colorado ski area                       | 83 *Little swab                            | 99 Grasping                           | 115 *Revealing photo               |
| 70 Dockworker's org.                       | 85 Govt. flu-fighting org.                 | 102 Town in Umbria                    | 116 Doctor Zhivago                 |
| 72 *It helps one get the picture           | 86 Mouths                                  | 105 Nose-burning                      | 117 How many oldies get rereleased |
| 73 *Midsize Jaguar                         | 87 ___ Trench (earth's deepest depression) | 106 Bit                               | 119 Not go straight                |
| 75 Coax                                    | 90 Bluegills                               | 107 Lackluster                        | 120 Limit                          |
| 77 Harry Shearer's program on public radio | 92 Obama nickname                          | 109 Old man                           | 121 "If only ___ listened ..."     |



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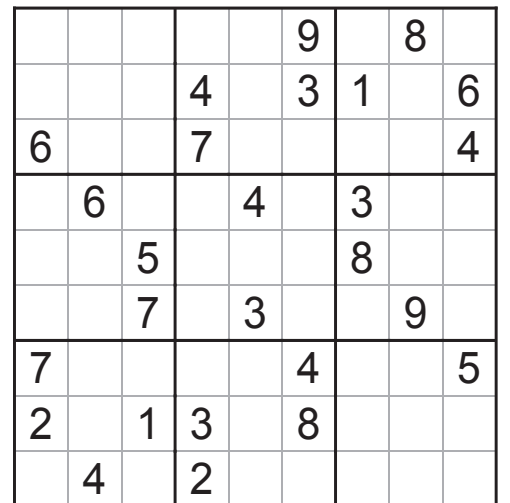
**410-641-4600**

10834 Ocean Gateway, Berlin (Formerly Croppers)

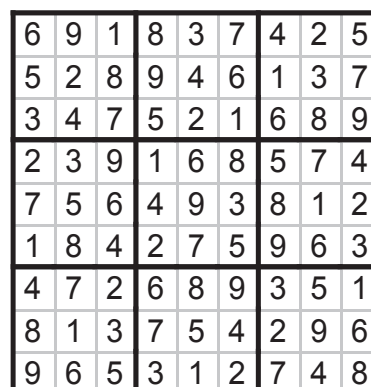
**su | do | ku**

© Puzzles by Pappocom  
**HARD - 53**

Fill in the blank spaces in the grid so that every vertical column, every horizontal row and every 3 by 3 box contains the numbers 1 through 9, without repeating any. There is really only one solution to each puzzle.



The answers to last week's puzzles





# CUISINE

## BAYSIDE

## Pot roast with roasted potatoes and turnips

One of the greatest challenges we face in our technical program is the short class times. Following the county sched-



By Paul Suplee,  
CEC, PC III

ule, we have to make do with what we have.

Recently, we entertained a local chapter of the Red Hat Ladies with my mother as the

gracious hostess and it was time to break out one of my favorite recipes (Not one that I created, but rather one that I truly enjoying cooking for many reasons). When all was said and done, I was told that they wanted the recipe so I decided to oblige.

Yankee Pot Roast, courtesy of the Culinary Institute of America where I perfected the technique for this recipe, is steeped in classical cooking techniques and traditions, and if you follow the instructions, you can't help but to have an amazing comfort meal like none you've had since Granny's day, of course assuming that your granny was a chef in Paris decades ago.

There are a few pointers that you need to remember. First, leave the dust on the Crock Pot. This is a tried and true, traditional and mean-green bad-to-the-bone pot roast like you've probably never had, and you will need a Dutch oven or a rondeau.

Secondly, you will need to go online and find a recipe for Sauce Espagnole. It takes a little practice, but you can make it days in advance. Thirdly, you need to be very, very patient. If you are not a slow-food junkie, then this recipe is not for you. There is a fair amount of mise en place.

Back to the Sauce Espagnole, this is a mother or grand sauce according to classical French cuisine. What makes it a Mother Sauce is the notion that from this you can add various ingredients to make hundreds of derivative sauces.

In a nutshell, this sauce is nothing more than a brown stock (you should know how to make that), tomato product and



flavorings all thickened with a roux made of butter and flour.

Once everything is combined, simply simmer and skim for a couple of hours and you're done. To reiterate, at this point you can chill and hold for up to a few days in the refrigerator until needed so you don't need to get all of this done at the witching hour.

Served with roasted potatoes and turnips and then a puree of root vegetables cooked in this unctuous and flavorful sauce, it slowly metamorphoses into the comfort dish of all comfort dishes. It is the most pleasing pot roast I have ever eaten.

Given our short class periods, it took us three days to make the pot roast. It can be done in a day at home, and your house will smell like a fine French bistro. And once you make it

all the way through, you will be shocked at the amount of cooking skills you will be assured of having. And then you get to eat your skills.

### POT ROAST

serves 8  
3# chuck roast, trimmed and trussed  
Butter and olive oil as needed  
Salt & Pepper to taste  
2 c. Dry red wine  
4 Cloves garlic, crushed  
3 Tbsp. tomato paste  
1 med. Onion, halved  
1 med. Carrot, in large chunks  
2 ribs celery, chunked  
Chicken Stock as needed  
Sauce Espagnole as needed  
Fresh thyme and rosemary to taste  
2 Tbsp. whole peppercorns  
2-4 bay leave, depending on freshness

1. Heat the oil and butter until very hot in a pan that will accommodate all of the above ingredients
2. Liberally season the roast and sear all sides until dark brown.

Don't be timid here. We don't want boiled meat...or at least I don't

3. Remove the meat and set in a pan to catch all juices that may come out while it's resting

4. Add a touch more oil and fry the garlic, onion, carrot, celery and tomato paste until darker

5. Deglaze the pan with the wine and add the stock and Sauce Espagnole

6. Add the herbs. Cover the pan and place in the oven at 300F for as long as it takes for the beef to be insanely tender

7. Remove the roast and let rest while you finish the sauce

8. Strain the sauce and discard the particulates. Place it back on the stovetop and put your trimmed root vegetables in to cook until very tender

9. When this is done, remove with a skimmer and puree in a blender or food processor until soft and creamy. There will be so much flavor from having been cooked in the sauce that you will have little work to do to season

10. Now, with all of the infused flavors of the sauce, perform a final

fine strain and season to taste.

11. Bask in your culinary prowess and shower yourself with praise. It's the coolest thing to make a sauce with so many layers of flavor. Classical technique = wonderful results every time

### ROASTED POTATOES

#### AND TURNIPS

4 ea. Med. Yukon potatoes, peeled and wedged  
2 ea. Turnips, peeled and wedged  
S&P  
Butter and/or olive oil  
1. Steam or parboil the potatoes only until tender  
2. Remove from water and toss together all ingredients  
3. Roast in a 450F oven until crispy on the outside and tender on the inside.

*Paul G. Suplee is a certified executive chef and ProChef certified Level-3. He is a writer and culinary instructor. His ePortfolio can be found at [www.heartofakitchen.com](http://www.heartofakitchen.com).*



# 3 games in 1 scratch-off.

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**INSTANT PICK 3**

**GAMES 1 & 2**  
 Match YOUR NUMBERS to the DAILY DRAW NUMBERS, win corresponding prize(s).  
 BONUS: Find any prize amount in the BONUS area, win that prize or find "FREE TICKET", win one \$1 Quick Pick Straight/Box ticket.

		DAILY DRAW NUMBERS	
YOUR NUMBERS		EXACT ORDER WINS	ANY ORDER WINS
BET 1	● ● ●	STRAIGHT PRIZE	BOXED PRIZE
BET 2	● ● ●	STRAIGHT PRIZE	BOXED PRIZE

**INSTANT PICK 4**

		DAILY DRAW NUMBERS	
YOUR NUMBERS		EXACT ORDER WINS	ANY ORDER WINS
BET 1	● ● ● ●	STRAIGHT PRIZE	BOXED PRIZE
BET 2	● ● ● ●	STRAIGHT PRIZE	BOXED PRIZE

**INSTANT BONUS MATCH 5**

**GAME 3** ▲ Scratch the DAILY DRAW NUMBERS to reveal 5 numbers and the BONUS BALL. Then, scratch only the numbers that correspond to the DAILY DRAW NUMBERS in LINES A or B. Refer to the PRIZE LEGEND to determine your PRIZE. Each line is played separately. BONUS BALL: Find a number, see if that number matches in LINES A or B; find "FREE TICKET", win one \$1 Bonus Match 5 Quick Pick ticket.

PRIZE LEGEND	PRIZE
5 NUMBERS	\$50,000
4 NUMBERS and BONUS BALL	\$600
4 NUMBERS	\$400
3 NUMBERS and BONUS BALL	\$30
3 NUMBERS	\$15
2 NUMBERS and BONUS BALL	\$3

		DAILY DRAW NUMBERS					BONUS BALL
YOUR NUMBERS							
LINE A	13	18	10	21	03	●	
	THRTN	EIGHTN	TEN	TWONE	THREE		
LINE B	23	39	30	29	15	●	
	TWTHR	THNIN	THRTY	TWVIN	FIFTN		

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\$50,000**

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