

## WEATHER



58 | 38  
SATURDAY



56 | 41  
SUNDAY

## LIFESTYLE

### Roller derby makes its debut on Shore

Salisbury Roller Girls inaugural bout set for Sunday in Fruitland

PAGE 23



## CUISINE

### Black bean salsa with diced chicken

With March Madness now in full swing its time for delicious snacks

PAGE 31



# BAYSIDE GAZETTE



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MARCH 17, 2011

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**RUNNING GREEN** – On Saturday morning before the big parade, more than 500 participants, including Melissa Lacroix (No. 190), of Berlin, ran the Boardwalk in the inaugural St. Patrick's Day 5K. Seth Kuchar, of Lewes, Del., won the race.

## County budget has \$3M shortfall

BY TONY RUSSO  
STAFF WRITER

SNOW HILL – Worcester County Administrator Gerald Mason presented the county commissioners with a \$166 million requested budget that includes a \$3 million shortfall. Mason said the shortfall would have to be made up in either spending cuts or revenue generation.

The county expects to collect \$163 in tax and fee rev-

enue, down \$240,312 from last year. According to the report he presented, even though property tax revenue increased \$763,151, income tax revenue has dropped by more than \$1.5 million.

County Emergency Management Planner David Fitzgerald told the commissioners that, working in conjunction with the emergency services department, the county cell phone expense

See COUNTY, page 29

## Officials ready to file charges in Assateague horse killing

BERLIN – It may be a month or more before officials at Assateague National Seashore are ready to file charges against the person allegedly responsible for shooting one of the island's horses in January.

Resource management assistant Carl Zimmerman said they are waiting for the results of a ballistics test to confirm the shooter's identity. "We don't want to proceed with filing charges until we have the evidence we need," he said.

The 28-year-old mare was killed during the most recent deer hunt, part of an annual

attempt at controlling the deer population, held on the island. It was the first such incident in memory.

The mare in question, known by the identification number N2BH, foaled six times and had eleven second and third-generation offspring.

Since the shooting occurred in the national park, federal authorities will be prosecuting the case should it come to trial. The bullet taken from the felled mare was sent to a federal crime lab for identification and the matching process can be a lengthy one, according to Zimmerman.

CALENDAR 26 ♦ SNAPSHOTS 28 ♦ EDITORIAL 22 ♦ CROSSWORD 30 ♦ HEALTH 14 ♦ SUDOKU 30 ♦ CLASSIFIED 18 ♦ ENTERTAINMENT 27



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You must act FAST because of limited supply - I only have about 8 of each of the four sizes. When all the FREE furnace units are given away in a particular size, that's it. There are no more at this price. If I have any of the 29 systems left over by March 15 (*I doubt that I will*), this offer still ends.



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THANK YOU FOR READING THIS RATHER LONG LETTER - I HOPE YOU WILL PROFIT GREATLY BECAUSE OF IT.



Warmly,  
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# Windows decision a wash for Town Council

BY TONY RUSSO  
STAFF WRITER

BERLIN – Councilwoman Lisa Hall called, unsuccessfully, for the Town Council to move on the Atlantic Hotel for violations when they replaced their wooden windows with vinyl late last year, saying they had made a mistake to allow the windows to remain.

“We need to own them, correct them and move on,” she said. Hall was worried because of a recent opinion solicited from the State’s Attorney General that said the town might be in grant funding jeopardy for not following its own historic district guidelines.

Mayor Gee Williams said he disagreed that the grant money would dry up in the future.

“They can put whatever conditions they wish to put on those grants,” he said. “It is a local government matter.”

Williams reiterated his position that the law needed to catch up with technological advancement.

“We have a lot of buildings downtown that still need major replacements,” he said.

Ron Cascio, who is a member of the historic district commission, said he was upset not that the hotel wasn’t forced

to remove the windows but rather that the mayor overrode the commission’s decision.

Councilwoman Paula Lynch said she didn’t believe that the original decision was valid because, to her recollection the town code states that there must be three positive votes. Since the vote that would have required the Atlantic Hotel’s ownership to rip out the newly restored windows was 2-1, Lynch said she believed it didn’t count.

She suggested the council re-consult town attorney David Gaskill regarding whether and if the vote against the improvement was valid.

## BUC

Because of Gaskill’s absence the mayor and council provided a fair description of the resolution repealing the town code prescribing for the Berlin Utility Commission rather than a word for word reading. Williams said he welcomed resident participation at the next meeting, scheduled for March 28 to tell the mayor and council their feelings about disbanding the commission.

“[We] invite people to express their opinions and comments to the council,” he said. Williams said the council could

TO PAGE 5



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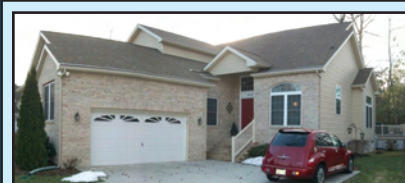
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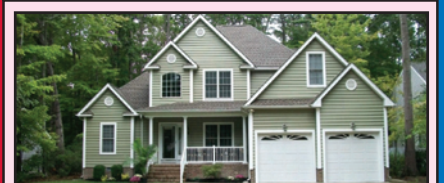
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## Worcester County's Women of Tomorrow Luncheon on March 23

OCEAN CITY – Six Worcester County students, nominated by a teacher, pastor or guidance counselor, will be honored by the Worcester County Commission for Women at the Women's History Month Luncheon 11 a.m. on Wednesday, March 23, at the Clarion Hotel in Ocean City.

The Women of Tomorrow are Grace Riley (Most Blessed Sacrament Catholic School) and Shannon Mowbray (Snow Hill Middle School), Bethany Belton (Snow Hill High School), Anne Kellam

(Worcester Preparatory School), Victoria Danna (Snow Hill High School) and Taylor Tobak (Stephen Decatur High School).

These outstanding young women will be recognized for their leadership abilities, academic achievements, and for making a significant positive impact on their community. The award categories are grades 7-8, grades 9-10, and grades 11-12, within each category recognizing an awardee for first place or honorable mention.



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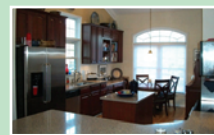
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# Windows

FROM PAGE 3

choose to pass the ordinance at the meeting or hold off the vote until the April 11 meeting.

## FILM INCENTIVES

Resident Ellen Lang testified before the mayor and council asking them to support a bill before the legislature that increases the tax incentives to make films in Maryland.

"The town of Berlin and all its merchant's business have benefited from the two features and one independent film that were made in Berlin," she said.

During the October production of the independent film "The Brooklyn Brothers Beat the Best" producer Jason Burman said that one of the only difficulties of filming in Maryland was the lack of tax incentives compared with other states that have similar setting options. The council agreed to compose a letter of support and provide it to Lang for delivery this week.

## JAZZ AND BLUES BASH

Berlin Chamber of Commerce representative Olive Mawyer asked the mayor and council to support the street closings for the fourth annual Jazz and Blues Bash, noon-8 p.m. Saturday May 7.

She said the notion is to try and keep people in town longer and more engaged. In addition to altering the times to make the event more crowd friendly, the

chamber plans to add children's diversions to keep kids interested during the event's downtimes.

The council approved the Berlin Jazz and Blues Bash with changes as well as the Spring Cruisers event and the Village Fair on May 21 and June 11 respectively.

## LDC

In his end of meeting comments, Williams brought the council up to date on his meeting last week as a member of the Local Development Council.

"Each community, I think, has its own ideas of how it should use the money," he said. Williams said he would present the town's plan to the council and the public at the March 28 meeting and said Arnold Downing, Berlin Chief of Police, would be working in conjunction with the other local chiefs to measure their public safety impact estimates.

Williams said that while Berlin had a plan to develop the land the town purchased for a new police station and community center would be acceptable, the town needed to come up with an additional plan for expenditure.

"It looks like that commitment could be taken care of by the lower side of the estimate," he said.

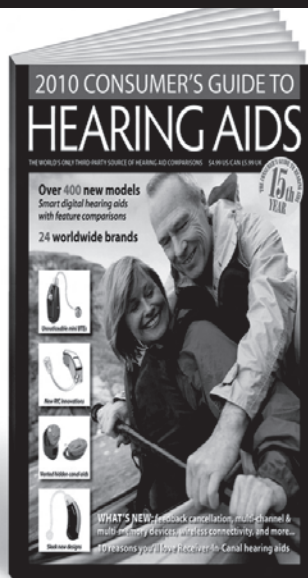
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Oral infections can cause periodontal disease (gum disease), tooth infections and even bad breath. However, at times it can go further and affect the rest of our body. Many studies have shown that these oral infections have a correlation between heart disease, stroke and diabetes. There are studies that also show that those who already have diabetes are more susceptible to gum disease. Individuals with diabetes and oral infections may encounter problems with their glycemic control. Bacteria from the oral cavity may directly infect blood vessel walls, which may cause local inflammation and injury, which in turn can aid in developing plaques. These plaques can thicken the walls of the blood vessels thus preventing proper blood flow which can lead to a heart attack or stroke. Those already diagnosed with heart disease should maintain a healthy mouth.

A healthy mouth is one without active caries (cavities), infection, broken or missing teeth, and plaque or tartar.

Many individuals are on several medications and these can affect the bacteria flora of the mouth. The change in the bacteria can lead to xerostomia (dry mouth). One way that our mouths maintain health is with the aid of saliva, when insufficient saliva is produced there can be an increase incidence of dental caries.

This information is not meant to scare anyone but to make people aware about the importance of taking care of our mouths. The internet is a great source of gathering information as long as we are prudent about where the information is coming from. Another great source is your dentist! If you don't already visit your dentist on a regular basis, make a point to, and ask questions. Routine dental care appointments can also diagnose cancers of the mouth, which are extremely treatable if diagnosed early. Oral cancers are the most undiagnosed cancers, primarily because there is no established relationship between patient and dentist.

Daily brushing, flossing and rinsing should be followed with regular visits to the dentist. We are highly trained in one specific part of the body, the mouth. We don't just treat teeth, but also the gums and bones that 'house' these teeth and the muscles and joint which help us with chewing our food and speaking.

In the past few months there was a segment on The Dr. Oz Show about the types of health check-ups one should not miss and he highly recommended that every individual should NOT miss their routine dental check-ups.

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## Donaway renovation adds retail space to downtown

BY TONY RUSSO  
STAFF WRITER

BERLIN – The facade refurbishment project initiated at the Donaway building on Main Street may signal more than a beautification project, according to Donaway Furniture general manager Vernon Davis. The furniture company is considering leasing both the newly renovated Main Street frontage as well as the front of the company's Pitts Street warehouse, expanding the potential retail space in Berlin.

"We're putting an awning there this week and adding shadow boxes," Davis said of the Pitts Street building. "We wanted to make it look better for the rest of the town."

Davis said the Main Street project was aided by a facade replacement grant from the state. The terms of which match a portion of the construction dollar for dollar, it's a program already used to help beautify several Main Street buildings including most recently the Treasure Chest.

With the announcement of the addi-

tion of Berlin Chamber of Commerce offices in the former Dennison Trackside Hobbies building, the south end of downtown is ripe for retail expansion.

Davis said the reason the company decided to announce the improvements is that since they are already in the midst of renovation they can arrange to suit specific retail needs. As the plan stands now, the two Donaway locations could account for as many as four new retail units – two per building – but Davis said that could change depending upon lessee requests.



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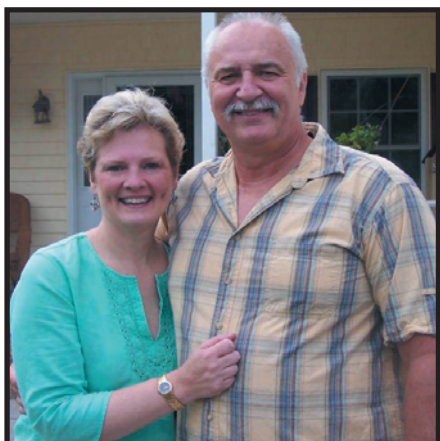
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# Burley Oak Brewery another step closer to opening

BY TONY RUSSO  
STAFF WRITER

BERLIN – Although he might still be as much as two-months shy of his official grand opening, Bryan Brushmiller of Burley Oak Brewery is already making plenty of friends in the neighborhood. When he took delivery of additional brewing equipment this month he asked his across the street neighbors at Croppers Towing if they'd help him unload it. They responded immediately, sending over a forklift and driver to bring Berlin one step closer to becoming

the first Eastern Shore town with a full production brewery.

Brushmiller listed his neighbors among an extensive list of friends and aides who have helped make the difficult start up a little bit easier.

He also named Del. Norm Conway, Del. Mike McDemottt and state Sen. Jim Mathias as confederates helping to usher through a bill that would allow him the same privileges as Western Shore brewers and Mayor Gee Williams and the town of Berlin, which have also made things a little bit easier as Brushmiller

prepares to make his dream happen.

"Everyone from the town has been great," Brushmiller said, pointing to the enabling legislation the town passed effectively making Berlin more brewer friendly.

The difficulty for now is that under current liquor rules, he'd have to operate the brewery as a restaurant, getting a significant portion of his income from food sales, in order to be able to serve pints in his tap room. Pint sales will be a critical part of his business but opening a res-

TO PAGE 11

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**Additional homes may be added to the tour so please call our office at 410-213-7721 or 410-726-8528**



## POLICE BEAT

### DRUG POSSESSION

On March 12 TFC. Middendorf initiated a traffic stop on a vehicle for a speed violation. TFC. Middendorf detected the odor of burnt marijuana emitting from within the passenger compartment of the vehicle. The accused, Kevin Jordan Barnes, 21, of Smryna, Del., as the operator was found to have a suspended license through Delaware.

TFC. Middendorf, and TFC. Orndorff then ordered the accused from his vehicle at which time the accused was placed under arrest for driving on a suspended license. While searching the accused incident to arrest two clear plastic baggies fell from his right pant leg. One baggy contained 18 individual baggies of cocaine, and the other baggie contained 34 Oxycodone pills.

A probable cause search of the accused vehicle was conducted and \$3,095 in U.S currency was located and seized. The accused was processed at the Berlin Barrack and later held on a \$100,000 bond at the Worcester County Jail.

### DUI

On March 13 at 1:30 a.m. Troopers of the Maryland State Police were on patrol in the Berlin area of Worcester County. It was at such time Troopers noted a 2006 Nissan passenger car to be operating in a manner to violate State of Maryland – Motor Vehicle Traffic Articles.

The violation(s) occurred nearest Route 90 and Route 50 in Worcester County. Upon conducting a traffic stop of the vehicle, the operator was identified via his Maryland driver's license as Delione Martel Bowen. Bowen was noted as living in Berlin Worcester County. Upon Trooper's approach to the vehicle, a strong odor of an alcoholic beverage could be detected on the breath and person of Bowen.

Removing Bowen from the vehicle, he was asked to complete a battery of Standardized Field Sobriety Tests (SFST's). During such time, Bowen was unable to complete the tests to a satisfactory level. Based on the test results, he was arrested by Maryland State Troopers of the Berlin Barrack for violating the State of Maryland – Driving Under the Influence Laws.

Bowen was transported to the Maryland State Police Barrack to submit a sample of his breath to determine his level of intoxication. Bowen refused to provide a breath specimen. Bowen's license was confiscated.

He was released from the Maryland State Police Barrack without further incident after receiving numerous citations for his driving habits and the DUI charges.

### DUI

On March 13 at 3:57 a.m. Troopers of the Maryland State Police were on patrol in the Berlin area of Worcester County Maryland. It was at such time Troopers noted a 2010 Nissan passenger car to be operating in a manner to violate State of Maryland – Motor Vehicle Traffic Articles.

The violation(s) occurred nearest Route 90 and Route 589 in Worcester County. Upon conducting a traffic stop of the vehicle, the operator was identified via his Maryland driver's license as Keith Adam Randlett. Randlett was noted as living on the 100 block of Deputed Testamony Place in Havre de Grace, Hartford County.

Upon Trooper's approach to the vehicle, a strong odor of an alcoholic beverage could be detected on the breath and person of Randlett. Removing Randlett from the vehicle, he was asked to complete a battery of Standardized Field Sobriety Tests (SFST's). During such time, Randlett was unable to complete the tests to a satisfactory level. Based on the test results, he was arrested by Maryland State Troopers of the Berlin Barrack for violating the State of Maryland – Driving Under the Influence Laws.

Randlett was transported to the Maryland State Police Barrack to submit a sample of his breath to determine his level of intoxication. Randlett refused to provide a breath specimen.

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# BUSINESS

## BAYSIDE

## OC Home, Condo, and Garden Show this weekend

BY TONY RUSSO  
STAFF WRITER

OCEAN CITY – Mike Wicklein of Ocean Promotions has technically spent the last three months putting together this weekend's Ocean City Home, Condo, and Garden Show but in reality it's an event that he's almost constantly planning. The reason it has become the spring kick off event that it has over the years is because Wicklein and the rest of his staff are forever looking for little tweaks and even the occasional overhaul they can perform to improve both the vendor and the attendee experience.

Many of the vendors have been setting up booths at the show for a decade or more and some have been with it since the beginning. Whenever they sign on, however, they tend to stay because the show offers them a unique chance to put themselves in touch with new clients every year as well as speak with traditional ones.

Blaine Bunting, of Bunting's Landscaping and Nursery, for example, is one of the long-timers. He uses the event as a means to reach out to his regular clients and find new ones annually. "It's a good venue for new customers but also a great chance to see our existing cus-



TONY RUSSO/BAYSIDE GAZETTE

Mike Wicklein of Ocean Promotions put the finishing touches on this weekend's Home Condo and Garden Show this week.

tomers," he said.

The reason he and the other vendors continue to find success is that the people who attend often do so with only a vague idea of the improvements they would like to make over the coming months. Putting all of the potential projects available in one place, people find, is a great way to get both ideas and expert advice about what

improvements are necessary and affordable.

And while landscaping contracts are among the things many attendees try to investigate you can find solutions to almost any problem at the Ocean City Home, Condo, and Garden Show from boat accouterments to outdoor furniture to indoor and outdoor trappings of all sorts.

In addition to the nearly endless options when it comes to ancillary products and services the number of home improvement professionals available to talk about potential additions to the outside or changes to the inside of your home or condominium is sufficient without being dizzying. If you have been, for instance, considering new countertops or cabinets

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you can leave with anything from an idea of what it will cost to get what you want done to a contract for getting it done.

In all cases, though, there's as much reason to go to the show if you're not ready to make a commitment as if you are. By perusing the different vendors' goods and services a person can begin to construct changes in their minds using solutions they might not have known existed.

Suggestions for improving the outside of your home, your boating experience or even adding a perfect fixture or piece of furniture that transforms a room are available at every turn. Each year attendees leave armed with a plan, or even the seed of an idea upon which they can improve over the course of the summer and when they're ready to make the changes, they know precisely where to go to get the goods or services they've decided they want.

## FINANCIAL ADVICE

### Converting your life insurance



By Chip Gordy

When you buy term life insurance, your reason is usually to protect your loved ones from a financial misfortune. One advantage of this type of insurance is lower initial premiums and a high death benefit. On the other hand, a more permanent and valuable life insurance policy may be needed to help provide security and the potential for more predictable premium payments in the future.

The reason why is that at first glance, low premium cost and a high death benefit of term insurance may make sense. But as you get older your term insurance premiums continue to go up. Certain term contracts do have premiums that stay the same for some of your life, but they may have considerable premium increases in the future, or even death benefits that decline each year. Therefore, it may make sense to convert your term policy to a permanent one.

When considering converting your term policy to a permanent life insurance, there are some things to bear in mind

with permanent insurance:

- Part of the premiums accumulate tax-deferred and can be borrowed or withdrawn depending on the policy. These loans and partial surrenders from a life insurance contract will reduce the death benefit and cash value, and loan interest may be charged on the amount borrowed;
- You can use the policy's underlying cash values to help with retirement, college expenses, or other future cash needs through loans and withdrawals;
- Premiums can possibly remain the same for the life of your policy.

The conversion benefit in most term policies offers someone who can't initially afford permanent insurance a chance to convert to a permanent contract at a later date. Some term policies may even offer an incentive that makes shifting to permanent even more cost-effective.

Another particular advantage of converting from term to permanent, rather than purchasing a whole new permanent policy, is that there is no need for medical or financial re-qualification. In many instances, this is true if coverage amounts are to remain the same. If coverage is increased there may be a need to provide additional medical and financial information, which depends on the insurance carrier.

Converting your term insurance to a permanent contract may also help provide additional security and protection. You may be comfortable knowing that the contract's death benefit will be there to help to provide for your family in the event of your untimely death. In addition, you may feel a great sense of confidence knowing your premiums have the possibility to build on a tax-deferred basis that may be important in the years to come. While this may not be for everyone, it is always prudent to review all your insurance options.

Most insurance policies contain exclusions, limitations, reductions of benefits and terms for keeping them in force. Always speak to a qualified professional when deciding on making any changes to your current life insurance policies.

*Chip Gordy, MBA, CRPC is an investment advisor representative with Coastal Wealth Management, LLC, specializing in wealth and retirement planning. He can be reached at 410-208-4545 or [chip@coastalwealth-mgmt.com](mailto:chip@coastalwealth-mgmt.com). Registered representative, securities offered through Cambridge Investment Research Inc., a broker/dealer, member FINRA/SIPC.*



## Brewery

FROM PAGE 8

restaurant was never part of his plan. For the town's part, there's no need to force Brushmiller to compete with the other restaurants, especially since he hopes to eventually have his beers featured there.

"We're just trying to get it passed and limited to the town of Berlin," he said of the new licensing legislation.

The town removed the obstacle last month and now Brushmiller is just waiting to see if the state legislative delegation can accomplish the same thing and let him get down brewing beer rather than constantly lobbying for the privilege.

Mathias said his committee heard the bill at the end of last week and could vote on it as early as this week.

"Not to be overconfident but it looks like it's going to go through," he said. "There was no opposition at the hearing and not questions...it will be treated like a local bill."

Mathias added that the



TONY RUSSO/BAYSIDE GAZETTE

Burley Oak Brewery owner Bryan Brushmiller checks out the contents of his newest fermenter.

same fate was likely for the bill to turn control of the Worcester County Liquor Control Board as well.

In the meanwhile, Brushmiller has begun setting up his tanks and working with his architect to re-conceive the former restaurant equipment warehouse as a rustic brewery. The front part of the structure, he said, will be a taproom, while in the back visitors will be able to see the entire brewing operation through a pane

of glass.

Because he'll be making Belgian-style beer in the traditional way, Brushmiller will have a yeast room in addition to fermentation and tank room.

He debuted several of his test beers at a recent impromptu tasting that certainly secured him his first few customers, but with a little legislative work before too long everyone will get their chance at a preview, and then, finally an opening.

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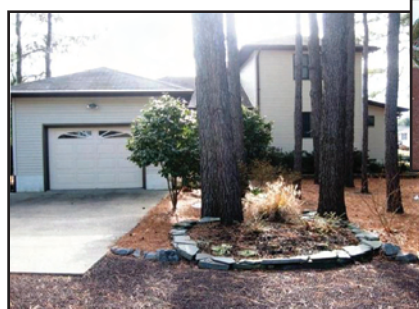
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# SCHOOLS

## BAYSIDE



SUBMITTED/BAYSIDE GAZETTE

Members of the Navy Junior Reserves Officers Training Course program at Stephen Decatur High School.

## Stephen Decatur takes aim at saving NJROTC program

BERLIN – Stephen Decatur High School's Navy Junior Reserves Officers Training Course (NJROTC) program will not shut its doors next year without a respectful battle with the United States Navy.

On Feb. 25, the Navy announced that it will disestablish 19 programs across the nation, effective June 30, listing Stephen Decatur High School's NJROTC among the programs to close at the end of this school year.

The Navy cites the failure of all 19 programs to meet minimum enrollment standards. The program minimum for a school of Stephen Decatur's size is 100 cadets. For this school year, 94 cadets are enrolled in the school's NJROTC program.

"We established a plan over the last five years, with the Navy's consent, to increase our enrollment numbers," said Dr. Joshua Fradel, coordinator of instruction and liaison for the ROTC programs in Worcester County Public Schools.

"The plan is working, and we have steadily increased enrollments. By next school year, based on eighth grade interest, we anticipate exceeding the 100 student enrollment requirement."

Aside from falling just short of the enrollment requirement, the high school's program earns high marks in its annual inspection ceremonies. In fact, at the program's December 2010 inspection, Stephen Decatur High School's NJROTC program received the highest marks possible in five of the five indicators.

Guest Inspector Captain John Keegan, USN, wrote: "Absolutely outstanding in every respect! Heartwarming to see such strong support from the school Principal, as well as the school district Superintendent, Assistant Superintendent, and County Board of Commissioners Chairman; all of whom were in attendance [at the inspection]."

Parents and school administration have joined forces in an effort to plead their case to legislators, who they hope will intercede on the program's behalf.

"To terminate such a valued part of our school program now, when our enrollment is growing, will be a travesty to both our current and future citizens of our school community and to the community at large," said SDHS Principal Louis Taylor.

"We will ask our legislators to contact the Department of the Navy to state our case. We simply must prevent this closure from happening."

At a meeting on March 7, parents were asked to contact Sens. Benjamin Cardin and Barbara Mikulski, as well as Congressman Andy Harris.

"First, we hope that parents will join the school in thanking them for their support in this matter," said Taylor, "and second, we would like them to state our case to the Navy."

The NJROTC program at Stephen Decatur High School has been changing lives since 1995, when the program was first initiated.

"I have watched students enter the program, not sure of where they fit in at high school, only to find that the program is a catalyst for their self-growth," said Commander Christopher Demining, one of two NJROTC instructors at the high school.

"As our students grow in self-confidence, commitment, and responsibility, the individual cadet, our NJROTC unit, our school, and the community all benefit," he said.

## SCHOOL BRIEFS

### JOB FAIR AT WOR-WIC

The public is invited to attend a free job fair being offered by the career services office at Wor-Wic Community College. It will be held on Thursday, March 24, from 2:30-6 p.m., in Room 103 of the Workforce Development Center at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

Area employers from various industries are expected to attend the job fair. Some of the participating employers include the Berlin Nursing and Rehabilitation Center, Calvin B. Taylor Bank, Clarion Resort Fontainebleau Hotel, Fruitland Police Department, Go-Getters, Mountaire Farms, the Original Smith Island Cake Co., Perdue Farms, Sysco, the U.S. Air Force, the U.S. Secret Service, WMDT-TV 47 and the Worcester County Developmental Center.

Job seekers do not need to register to attend, but they should come dressed in interview attire and bring résumés to give to interested employers. Individuals and employers needing more information can call 410-334-2903.

### DEAN'S LIST

Marymount University announced that 567 undergraduate students have been named to the Dean's List for their academic achievement throughout the fall 2010 semester.

The following local students are on Marymount's fall 2010 Dean's List: Julia Bokova, of Ocean City, a junior, is a/an criminal justice major; Bradley Bounds, of Ocean City, a senior, is a/an nursing major.

### LITERARY READINGS

The public is invited to attend literary readings by husband and wife Michael Hemery and Stacie Leatherman on Thursday, March 31, at 7 p.m., in Guerrieri Hall at Wor-Wic Community College on the corner of Route 50 and Walston Switch Road in Salisbury.

Hemery's book, "No Permanent Scars," was recently published by Silenced Press. He teaches English at North Royalton High School in Cleveland, Ohio, and is the nonfiction editor of "Hunger Mountain."

Leatherman's first book, "Stranger Air," will be published this spring and her second book, "Storm Crop," is scheduled to be published in late 2011. Hemery and Leatherman received their master's degrees in fine arts from the Vermont College of Fine Arts in Montpelier, Vt. A book signing and refreshments will follow the event.





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SUBMITTED/BAYSIDE GAZETTE

**DR. SEUSS' BIRTHDAY** – Students in Mrs. Jennifer Fohner's Pre-K classroom at Ocean City Elementary School brought in their favorite Dr. Seuss book to celebrate his birthday. After reading *The Cat in the Hat*, students created their own hat with an ABAB pattern.



SUBMITTED/BAYSIDE GAZETTE

**BOOK DRIVE** – The Stephen Decatur High School National English Honor Society (NEHS) collected over 4,000 gently used books during its annual book drive in February. Journalism teacher Mary Berquist's class took first place with over 1,400 books donated. Top row: Victoria Milla, Holly Thiel, Madalyn Beebe, Arielle Toulotte, Elijah Llinas, Hannah Smithhisler, Alycia Pishtey, Emily Somers, and Kristen Miller; (bottom row) Ashley Hrebik, Sara Kessinger, Bethany Simon, Paxton Miller, Kelley Freeman, and Paige Clayland.



SUBMITTED/BAYSIDE GAZETTE

**BLOOD DRIVE** – Stephen Decatur High School senior Kristen Miller donates blood during the Key Club's second blood drive for the school year on March 11. The blood drive brought in over 80 pints of blood, totaling 155 pints for the year, one of the largest for the school. Last year, Stephen Decatur High School was recognized as one of the largest blood donor facilities on the Eastern Shore.

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# HEALTH

## BAYSIDE

# A way to combat hypertension? Visit the barber

BY HARRISON WEIN, PH.D.

A new study found that barbers successfully helped fight high blood pressure in African-American men. The results support an increasingly popular practice, in which trusted members of the community deliver important health messages to those who need them.

About 72 million people nationwide have high blood pressure, or hypertension. That is about one in three adults. The condition itself causes no symptoms, but left untreated it can damage the heart, blood vessels, kidneys and other parts of the body.

African-Americans are at particularly high risk of developing high blood pressure. Genes seem to play some role, but so do diet and other lifestyle factors.

One known problem among African-American men is the low rate of preventive care. As a result, their hypertension is poorly controlled, which leads to premature deaths and disability due to strokes, heart attacks, heart failure and kidney failure.

Because of this, developing effective medical outreach programs with community partners is a major public health priority. African-American churches often serve as partners, but regular church attendance is less common among African-American men than women. Outreach programs through African-American-owned barbershops are becoming increasingly common, but whether they are truly an effective approach hasn't been shown.

A research team led by Dr. Ronald G. Victor, now at the Cedars-Sinai Heart Institute in Los Angeles, and Dr. Robert Haley of the University of Texas



Southwestern Medical Center set out to evaluate the effects of barbershop-based outreach on blood pressure control.

They screened African-American male

patrons for high blood pressure at 17 African-American-owned barbershops in Dallas County, Texas, and enlisted about 1,300 men with hypertension to

participate. The study was funded by NIH's National Heart, Lung and Blood Institute (NHLBI) and others.

In nine of the shops, barbers continually offered blood pressure checks with haircuts and encouraged their patrons to follow up with physicians. Participants in the remaining eight comparison shops received standard blood pressure pamphlets.

After ten months the researchers collected follow-up data. Their primary measurement was hypertension control rate—the percent of patrons whose blood pressure was controlled to recommended levels.

As reported in the February 28, edition of Archives of Internal Medicine, hypertension control in both groups improved significantly, but more so in the intervention group. In the comparison group, the control rate rose by 11 percent (from 40 percent to 51 percent). In the intervention group, the control rate improved by 20 percent (from 34 percent to 54 percent).

Because the comparison group wasn't truly an inactive control group, the greater improvement in the intervention group is particularly noteworthy.

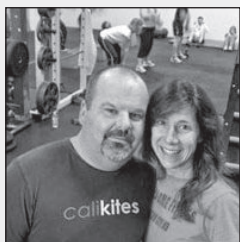
The true magnitude of the intervention's effect, however, will require further study. Nevertheless, this study shows that a trusted person in the community can play an important role in health promotion.

"The barbers were the heroes of this story. They really stepped forward and made it part of their barber practice," Haley said.

"They helped us show that social settings can be an integral part of health care in the black male population."

## FITNESS ADVICE

### Feeling frustrated



By David & Lisa Long

You know that feeling you get when you know you're right or at least headed in the right direction, but everybody wants to argue with you and no one wants to believe you. That's frustration. We, as trainers, deal with that feeling a lot. Exercise and eating right usually do not get the results people want quickly enough AND it's a lot of work, especially if there are a few years of damage from not living the clean and healthy lifestyle.

We've listed statistics, explained at length what it is

you need to do to get healthier, for goodness sakes we've even brought the kids into it. Is anybody listening? Does anyone care? We don't do discouraged very well, so we're not going there.

Every day we wake up we are given the opportunity to start a NEW day, make better choices, try different things, and change our lives. If you do not like where you're headed use this opportunity, do not become comfortably miserable.

Until you can decide on what you want, it makes it very hard to get it. Have you ever tried to order dinner not knowing what you want? How did that go? Make a list of what you want. Are you doing everything you need to get what you want out of life? If the answer is yes, great! Keep up the good work, you'll get there and don't give up until you do. If the answer

is no, quit crying because no body can change things for you, but you.

In our line of work we've also had the chance to see people change their lives. We'd like to thank those folks for letting us share their joy, excitement, accomplishments, and many other awesome feelings. Without these folks our jobs would be very frustrating. Thanks.

We'd like to give a quick shout out to our recent first time 5K finishers: Donnie Berkey, Glenn Brown, Johanna Kryda, Angela Mione and Carol Kerstetter (first place in her age group!) Way to seize the day!

*Lisa and David Long are trainers who own Live Long Fitness in West Ocean City. 410-213-1078, [www.livelongfitness.com](http://www.livelongfitness.com), [livelongfitness@live.com](mailto:livelongfitness@live.com)*



## AGH introduces new Outpatient Infusion Center

BERLIN – Officials recently announced the opening of the new Outpatient Infusion Center at Atlantic General Hospital. The project, which required more than a year of planning and nearly six months of construction time, will dramatically increase the capacity for chemotherapy infusion and blood transfusion services for the community's cancer patients.

Atlantic General's new five-year strategic plan includes a plan to build a new comprehensive cancer care center. The newly renovated infusion center within the hospital is the second of several key steps toward achieving that goal.

It began with the recruitment of Jessica Lee, M.D., a medical oncologist with extensive experience in cancer treatment who was passionate about building a new program in a community that had none before.

"AGH offers a patient-focused program and family atmosphere. The patients receive high quality care and personalized attention, which is very important for someone who is fighting cancer," said Lee regarding her decision to come to Atlantic General.

Lee began overseeing chemotherapy infusions and coordinating the overall care for her cancer patients at Atlantic General in July of 2010, when the hospital redesigned two private inpatient rooms to accommodate infusions. The dedicated space of the new Outpatient Infusion Center in the hospital is designed to cultivate a healing atmosphere for patients that will allow for as many as five transfusions to occur simultaneously.

"Our new Outpatient Infusion Center is a true reflection of Atlantic General's commitment to be the leader in promoting access to healthcare services for the residents of Worcester County and the surrounding region," said Ann Taylor, vice president of quality and medical staff services.

Patients of the new infusion center also benefit from the care and attention of Jane Huang, an oncology pharmacist dedicated to solely to overseeing the preparation of the chemotherapy mixtures and ensuring that patients receive the most effective treatments with the fewest side effects.

Other members of the cancer care team include a patient navigator, who helps patients and their families plot the course of their cancer treatment, make appointments and communicate with other healthcare providers as necessary, as well as a dedicated financial counselor to help identify resources as necessary to help pay for care.

The community is invited to join Atlantic General Hospital to celebrate this healthcare milestone in Worcester County with an open house scheduled for Thursday, April 7, from 5-7 p.m.



THOMAS MELVILLE/BAYSIDE GAZETTE

PIPERS ROCK – Chesapeake Caledonia Pipers Bagpipe Marching Band makes its way through BJ's on the Water in Ocean City last Saturday.

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SUBMITTED/BAYSIDE GAZETTE

ST. PAWS DAY – This year was the first time Paws and Claws had a float in the Ocean City St. Patrick's Day Parade, held last Saturday. Jan Rooney (in dog outfit) and Shamus with friends.



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SUBMITTED/BAYSIDE GAZETTE

**PETS ON WHEELS** – The Community Foundation of the Eastern Shore's Carol Steffy Spirit of Esther Fund contributed \$643 to Pets on Wheels of Delmarva Inc., a local pet therapy program. From left is Pat Strudwick, resident, Lakeside at Mallard Landing; Spicer Bell, president, Community Foundation; Margaret Bloodsworth, resident, Lakeside at Mallard Landing; Carol Steffy, donor representative; and seated is Bev Horner, president, Pets on Wheels of Delmarva with Toby.



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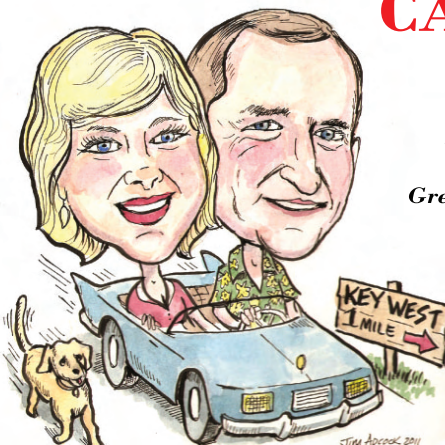
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# OPINION

## BAYSIDE

### NEWS SPEAK

"It is a local government matter."

-Berlin Mayor Gee Williams,  
on the Atlantic Hotel window controversy

BAYSIDE GAZETTE

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PUBLISHER

THOMAS MELVILLE  
EDITOR

LOUANN GRIM  
GRAPHIC DESIGNER

TONY RUSSO  
STAFF WRITER

MARY COOPER  
SALES MANAGER

### EDITORIAL

## Historic commission's policy the real issue; not the mayor

At this week's Berlin Town Council meeting there was an amount of ire, some of it deserved, directed at Gee Williams for his decision to ignore calls to force the Atlantic Hotel ownership to tear out the windows installed without the permission of the historic district commission. The question isn't whether Williams overstepped his bounds, he did. He also said as much during the meeting.

Contrary to what Councilwoman Lisa Hall and several other commenters said, the hotel windows, not the mayor are what is at issue; losing focus of this important point is a recipe for continued anger and disaffection.

The controversy settles simply on the fact that the historic commission felt that excusing the unapproved remodeling was beyond their authority. To be clear, they didn't really decide against the improvement so much as they blamed their decision on state rules.

Williams said from the beginning he hoped that this could foster a conversation about the application of historic district rules among the historic district commission, a supposition that was also an error in his calculation. Instead the conversation is about how to make Williams force the hotel to tear out the windows.

Rather than continue to emphasize a sense of outrage and strengthen the impasse, the historic commission should at least begin to investigate whether a slight alteration in policy might better serve the town than continuing to attempt to undo a transgression which, at this point, serves no one.

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Atlantic Business Center  
10031 Old Ocean City Blvd. Suite 101  
Berlin, MD 21811  
Phone: 410-641-0039 • Fax: 410-641-0085  
Toll Free: 800-807-9396

EMAIL: [editor@baysidegazette.com](mailto:editor@baysidegazette.com)  
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### LETTERS EDITOR

## Help support the NJROTC program

Editor:

To our community leaders,  
press and elected officials:

My name is Bryan Hamilton and I am writing to ask for your help and support in saving the NJROTC program at Stephen Decatur High School in Berlin.

I am a graduate of Stephen Decatur High and the former Cadet Commanding Officer of the NJROTC unit for the class of 2000.

Recently the United States Navy announced that they would be disestablishing 19 NJROTC units that have been on probationary status for not meeting the minimum number program participants.

Stephen Decatur's program has been very close to the 100 student requirement and has 94 student participants this year. Based upon incoming student schedules for the 2011-2012 school year, it looks like the unit would exceed the 100 student minimum requirement with about 120 participants.

To say the NJROTC unit would be a detrimental loss to Stephen Decatur and our community would be an understatement. I have seen and experienced firsthand the positive effects this unit has had on the students who attended Stephen Decatur.

My story is not one that is unique, but rather a testament to the type of young men and women who have become responsible citizens in the military and as civilians in our communities. I was one of those students like so many that were floundering through middle school. I felt like I never fit in any specific group or click.

I entered high school not really a part of anything. During my 9th grade year I felt like I was still trying to find my way. Some of my friends had joined NJROTC and I started to notice them talking about the fun activities they were participating in. I needed to pick an elective credit for my 10th grade year so I chose NJROTC. I was hesitant at first, but figured I'd give it a shot.

I began by just going to class, not really expecting to join one of the many teams that ROTC offered. I started picking up drill in class pretty well and was asked if I wanted to join Drill Team. For the first time I really felt like I became part of something bigger than myself. I was learning something new, and I was good at it! I started developing close friendships with other cadets in the unit. I was encouraged to strive to do my best and instead of having peers who judged me, I had peers who helped me. I finally belonged.

I belonged to a group of amaz-

ing students and had the structure and support of Cdr. Chris Deming and Master Chief David Reynolds along the way. I had a place to go in the morning while waiting for class to start. I had something to do every afternoon with practices for Color Guard, Drill Team, Physical Training team, etc. I continued to excel participating in everything I could.

I was staying out of trouble and making more responsible decisions. I was given the opportunity to attend leadership academies, and the National Youth Leadership Forum in Washington DC. I had earned the respect of my teachers and Principal, and my senior year I became the Commanding Officer.

I now work at Buckingham Elementary School in Berlin as an Instructional Technology Coach, and started my own small Jet-Ski rental business in Ocean City. I can directly relate much of my success as an adult to the skills I learned in NJROTC. My organization skills, work ethic, and motivation have helped me jump ahead of many of my classmates. The most important thing I learned was to lead by example. Leading by example heightens morale, improves efficiency, and promotes teamwork. When you lead by example you motivate your employees and peers, which in turn motivate you to keep striv-



# LIFESTYLE

## BAYSIDE



TONY RUSSO/BAYSIDE GAZETTE

The Salisbury Roller Girls inaugural bout, Wicomikazis vs. Old Bay Bombers, is 6:30-9:30 p.m. Sunday, March 20, in Fruitland.

## Salisbury Roller Girls ready to jam

### Roller derby debuts on Eastern Shore

BY TONY RUSSO  
STAFF WRITER

FRUITLAND – Sometimes the things that capture our imagination have more to do with their image than with their essence as in the case of 16-year-old Eva Paxton and the inauguration of the Salisbury Roller Girls roller derby league.

Four years ago, the now-20-year-old Paxton was watching “Miami Ink,” essentially a tattoo reality show and saw a woman getting her roller derby’s team logo tattooed on her arm. Paxton at the time knew absolutely nothing of roller derby – a women’s sport most associate with the 1970s – but the notion of joining something that intense was tempting. Tattoos suggest permanence and here was a woman who wanted to be permanently associated with a team. Paxton decided to learn more.

After extended hours on the Internet researching the game, its rules and local leagues, improving her skating and, most importantly and for her most frustratingly, waiting for her 18th birthday, Paxton joined the Diamond State Roller Girls,

#### WHIP IT

The Salisbury Roller Girls inaugural bout, Wicomikazis vs. Old Bay Bombers, is 6:30-9:30 p.m. Sunday, March 20, at the Crown Sports Center in Fruitland. Tickets are \$10 at the door.

traveling thrice weekly to Wilmington, Del., for practices and meets.

After a year traveling back and forth to Delaware, Paxton put out a Facebook message that she wanted to have a local team and tried to drum up interest. One month later they were practicing and this Sunday, a little more than a year after she sent out that first interest solicitation, the Salisbury Roller Girls will have their first league bout.

Roller derby is essentially a full contact race between two girls – known as jammers. The Jammers have blockers whose job it is to help make sure their racer gets through the pack while the other racer does not. The starting line is also the finish line and the jammer must complete what are essentially two laps in order to score points.

Each series of laps are called a jam and lasts a maximum of two minutes. A jammer can end the jam after scoring, but her choice to do so is dependent on

whether she feels she’s opened up enough of a lead to score again before she’s caught up by the pack. It’s a game filled with enough tactics and subtleties that it took the participants a full year to get themselves to a position where they felt ready to play in public.

Roller derby is overtly rough, with blocks, spills and elbows – both quasi-intentional and accidental – flying throughout the course of a bout. It’s also exclusively female and the Salisbury Roller Girls, as their forbearers in the sport did, play up the juxtaposition of femininity and the threat of violence. The result has been compared to professional wrestling if the winner wasn’t predetermined.

For example, Paxton’s handle is Buster Skull. All the girls have a roller derby handle they either select or have bestowed upon them when they’re “fresh meat,” the term for roller derby novices. Because it can be a little dangerous once the bout actually starts, the fresh meat players serve a kind of internship wherein they learn the rules and hone their skating skills before they’re allowed to participate in a bout at all. Once they’re ready they can be drafted by one of the two teams that, for now, comprise the Salisbury Roller Girls.

### MSO concert on Sunday in OP

OCEAN PINES – Mid-Atlantic Symphony Orchestra, under the direction of music director, Julien Benichou, ushers spring in with a March concert appropriately titled “Refreshing Nouveau.” Being presented is not only a program of refreshing symphonic music, but the introduction of two very talented young soloists.

Performances take place on March 17 at 7:30 p.m. at Easton Church of God, Easton, on March 19 at 7:30 p.m. at Mariner’s Bethel Church, Ocean View, Del., and on March 20 at 3 p.m. at Community Church, Ocean Pines.

There is a pre-concert presentation one hour before each concert. Tickets are available by calling 1-888-846-8600 or visiting [www.midatlanticsymphony.org](http://www.midatlanticsymphony.org). Special ticket prices for students and children under the age of 12. The season brochure and ticket order form can be downloaded.

Meng Su, is recognized as one of the most outstanding and exceptionally talented young classical guitarist of her generation. Meng Su was born in Qingdao, a beautiful coastal city of China, in the province of Shandong, in 1988 and demonstrated her artistic gifts as an exceptionally talented guitarist from an early age.

Su will perform Joaquin Rodrigo’s *Concierto de Aranjuez*, a concerto for guitar and orchestra composed in 1939, and the first symphonic work composed specifically for guitar.

Rodrigo’s music is eminently listenable, featuring melodies and rhythms not only easily accessible to the ear but flavored with a “Spanish feeling” throughout. It seems to bring to life the essence of an 18th century court, where aristocratic tradition blends with popular culture.

The piece, and for that matter Rodrigo himself, are most famous for the adagio (“slow”) central movement. This is a poem for guitar and orchestra that showcases the lustrous capabilities of each. Interestingly, Rodrigo lost his sight at the age of three and never learned to play guitar, but he became a master of its sounds, tonalities, subtleties, dynamics and capabilities.

The second young soloist, clarinetist Elena Murphy, took first place in the Chesapeake Youth Symphony Orchestra’s *Concerto Competition* held on Jan. 29 and won the opportunity to perform with the MSO.



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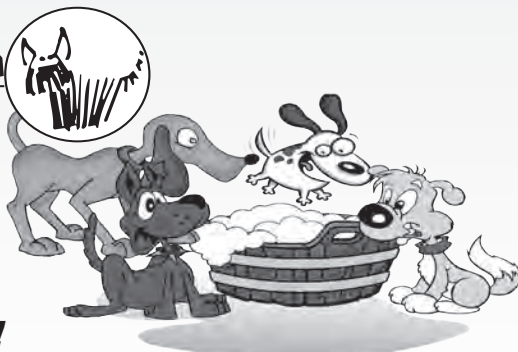
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## ALOC annual exhibit and reception honoring its corporate sponsors

OCEAN CITY – The public is invited to the Art League of Ocean City's reception for its corporate sponsors exhibit from 5-7 p.m. on April 1 at the ALOC gallery at 502 94th Street on the bayside. Refreshments will be served.

This will be a juried show in honor of the corporate sponsors of the ALOC. "This is a prestigious show for artists and we have submissions from local artists as well as artists from hundreds of miles away," said Margaret Spurlock, president of the Art League.

"We appreciate so much the support of our sponsors who recognize the impor-

tance of the arts to our community. This is one way for us to thank them."

The show will be judged by Brad Hudson who has been an artist/instructor at the University of Maryland Eastern Shore for 10 years. Hudson is a prolific artist; he has recently been focusing his energies developing his body of comic book illustrations and characters.

However, he continues to practice the art of printmaking specializing in lithography and relief printing. Hudson's recent interests have been focused on the pin-ups of the '40s and '50s, classic illustration, and iconography.

## Roller derby

FROM PAGE 23

As the league continues to grow, teams with 14 girl rosters will continue to be added and the number of league bouts will be increased. Meanwhile, intra-league contests are played by what might be considered the league all stars. The Salisbury Roller Girls travel team will compete in tournaments all over the region and eventually the country, attending single-bout matches and seeded tournaments as opportunity allows.

For the present, however, the girls are hoping to draw enough of a crowd to excite further interest and begin to grow

the sport locally, or at least get some bumps and bruises in the process.

Thus far they have two full teams that will compete against one another this weekend, the Wicomikazis and the Old Bay Bombers. The ladies will compete on the roller rink at the Crown Sports Center in Fruitland, which will have both bleacher and ring side seats. Paxton said the ringside seats are where the action is but caution's spectators that the experience might be too close for comfort for some.

"I always put up a sign that says for people to sit there at their own risk," she said. "They might end up with a girl in their lap."

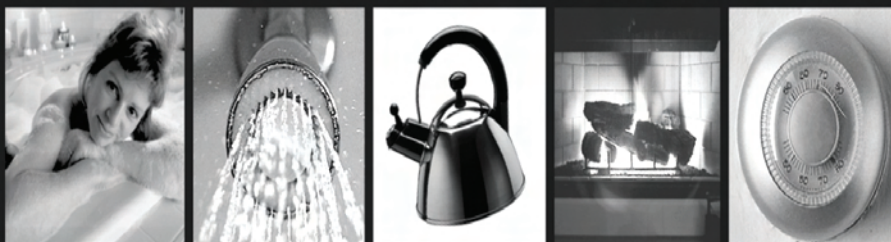


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# Kenny Loggins, Dionne Warwick to headline Chickenstock Live!

## Inaugural music fest takes place Sept. 24

BY TONY RUSSO  
STAFF WRITER

SALISBURY – United Way Executive Director Kathleen Momme was her usual exuberant self as she stepped to the podium to announce the acts scheduled for the inaugural Chickenstock Live! 2011 music festival. Grammy Award winners Dionne Warwick and Kenny Loggins will bookend a show slated to also include The Marshall Tucker Band, America, and Creedence Clearwater Revisited.

"This event is going to rock Delmarva," Momme said. "And most importantly it will help the United Way."

The fundraising event was put together in cooperation between Lion's Share Communications Inc. president Andrea Sims and the United Way and its corporate sponsors.

Sims is the person responsible for arranging the annual celebrity gala at the University of Maryland Eastern Shore which, for instance had among its guests this year Sharon Stone.

The cooperation began with the notion of having a concert to benefit a local charity and when looking for a charitable organization that did wrung the most out of each dollar and help the



TONY RUSSO/BAYSIDE GAZETTE

United Way Executive Director Kathleen Momme rallied press conference attendees who were already excited to hear the Chickenstock Live! 2011 lineup of artists.

greatest number of people on the Lower Eastern Shore, the United Way was the obvious candidate.

On the United Way's side, Mike Langley general manager of Pepsi Bottling Ventures, joked that he was asked to be the steering committee's chairman just as he was hoping to be left off altogether. But, he said, so far everything has gone as according to plan s could be hoped

and he held the highest expectations that this event would redefine the scope of what could be done with the right effort.

Although the United Way is the primary and designated beneficiary of the event, the entire area will likely reap the economic benefits of a show of this caliber and scope. Momme said the group America recently sold out a

show in Annapolis and had to add an additional date. Plus, being on the heels of Delmarva Bike Week, for which the stadium will also be a hub, the summer season may well be extended through September.

If Chickenstock Live! 2011 has the kind of response the organizers expect, the economic impact as it becomes an annual event would be significant.

Sandra Fulton, director of tourism for Wicomico County estimated that the economic impact for her county alone in restaurant, hotel and other direct benefits to be \$1.5 million that weekend. And given the pre-announcement excitement that has been created, Fulton said she expected a proportionate response from the concert-going public generally, in addition to the fans of the different groups.

"You better get your tickets fast because they're going to be gone," Fulton said.

Tickets range in price from \$85 for general admission reserved to \$300 for luxury seating to \$25,000 for a private suite for 25 people.

There will also be the opportunity to purchase tickets to a VIP cocktail party the night before for \$150 per person.

The festival event will be 11 a.m.-9 p.m. Saturday, Sept. 24 at Arthur W. Perdue Stadium tickets are available at the stadium box office or on [www.chickenstock.com](http://www.chickenstock.com) beginning Friday, March 18.

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#### BUILDING MATERIALS SALE

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#### STORY TIME AT THE ZOO

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Salisbury Zoo, for children 3-5 years old. Story and craft project. All children must be accompanied by an adult. Call 410-546-3440 for more information.

#### STORY TIME

Berlin Library, Tuesdays, 10:30 a.m.; Ocean City Library, Wednesdays 10:30 a.m.; Ocean Pines Library, Thursdays 10:30 a.m. Stories, rhymes, finger plays, music and crafts. A different theme each week. For ages 2-5.

#### BABY PLAYTIME

Ocean Pines Library, Tuesdays, 10:30 a.m.; Pocomoke Library, Wednesdays, 10:30 a.m.; Ocean City Library, Thursday, 10:30 a.m.; and Berlin Library, Fridays, 10:30 a.m. For children 0-5.

#### HOUSE RAFFLE

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#### BINGO

Every Friday  
Knights of Columbus, 9901 Coastal Hwy., Ocean City. Doors open 6 p.m. Games begin 7 p.m. 410-524-7994.

#### BREAKFAST

Every Sunday  
Knights of Columbus, 9901 Coastal Hwy., Ocean City. 9 a.m. to noon. \$8 per person, \$4 children. 410-524-7994.

#### PANCAKE BREAKFAST

Every Saturday  
VFW Post 8296, 104 66th St., Ocean City. 9 a.m. to noon. \$5 per person.

#### BEACH SINGLES

45 plus, meets every Thursday for Happy Hour, 4 p.m. to 7 p.m., Clarion Hotel, 10100 Coastal Hwy., Ocean City. For more information, 302-436-9577.

#### BALLROOM DANCING

Ocean City Library - Introduction to Social Ballroom Dancing – 7 week series. Wednesdays March and April, 2 p.m. Call 410-524-1818 to register.

### Thursday, March 17

#### SCREEN PAINTING

Ocean City Library, 3 hour workshop with artist John lampieri, of Bella Designs. Learn how to create a masterpiece of your own. Space limited to 12 participants. To register call 410-524-1818.

#### IRISH DANCERS

Downtown on the Plaza, Salisbury, Footsteps Irish Dancers, sponsored by the Salisbury Wicomico Arts Council, 5 p.m. to 8 p.m. 401-543-2787 for more info.

#### PINE'EER CRAFT CLUB

Monthly meeting, Community Center, Ocean Pines, 9:45 a.m. Create a bunny, \$6 per person. 410-430-0284 for reservations. All Ocean Pines residents are invited to attend.

### Friday, March 18

#### MARDI GRAS EVENT

Ocean City Prom Nite, Seacrets Morley Hall, 7 p.m. to midnight for candidates Tammy Patrick-Cebula and Buddy Trala. Music, food. \$30 per person in advance, \$35 at the door. 410-524-6030 for tickets.

#### JURIED MEMBERS SHOW

Spring Al&G Show, opens Friday, 5 p.m. to 7 p.m. Coinciding with 3rd Friday activities in downtown Salisbury. For more information 410-546-4748 or www.aiandg.org.

### Saturday, March 19

#### CONCERT

Salisbury University, Holloway Hall. To benefit the Magi fund. Spring concert of Sacred Music. 4 p.m. \$20 per person. 410-749-1633 for more info.

#### SALISBURY SYMPHONY GALA

The Commons, Salisbury University. Cocktails 6 p.m., dinner 7

p.m. \$125 per person. Reservations, 410-548-5587.

#### FAMILY GAME DAY

Berlin Library, 11 a.m. Video games, board games and computer games for the whole family.

#### FRIED CHICKEN DINNER

New Hope Methodist Church, Willards. All you can eat. Noon until. Adults \$11. Carry-outs available. 410-543-8244 or 443-614-6285.

#### SPAGHETTI DINNER

Community Church at Ocean Pines, fundraiser for Youth at Community Church Appalachia project. \$8 adults, \$5 children 4-12, under 3 free. Tickets available at the doro.

### Sunday, March 20

#### LUAU BENEFIT

Seacrets, sponsored by MCBP/OC Chapter of Surfriders. 1-5 p.m. Polynesian dancers, music, food. Advance tickets \$15, children under 12 free. \$20 per person at the door. Proceeds to benefit the Second Annual Earth Day Clean Up. Tickets available online at: www.mdcoastalbays.org.

#### MARDI GRAS EVENT

Casino Day, Ocean City Marlin Club, West Ocean City. Real table games and real cash. \$25 donation for candidates Tammy Patrick-Cebula and Buddy Trala. Hors d'oeuvres, beer & wine. 410-723-6762.

#### ECUMENTICAL CHOIR

The Ecumentical Choir of the Eastern Shore will perform during the morning worship service at Bethany United Methodist Church, Rt. 611 and Snug Harbor Rd.

#### ROCK-N-BOWL

Ocean Lanes, Ocean City. Sponsored by Big Brothers Big Sisters, 1-3 p.m. 2 games, t-shirt, pizza and soda. Music. Come dressed in rock-n-roll attire. Trophies. Call 410-543-2447 to register your team.

#### MID-ATLANTIC SYMPHONY

Community Church at Ocean Pines, Rt. 589, 3 p.m. Pre-concert one hour prior. Tickets, 888-846-8600 or www.midatlanticsymphony.org.

#### CHICKEN AND DUMPLINGS

Berlin Fire Company Auxiliary, begin 12:30 p.m. Carry-outs available. Adults \$10, children 5-12 \$5, under 5 free.

#### STAMP AND COIN SHOW

American Legion Hall 64, Salisbury, 10 a.m. to 4 p.m. 50th Anniversary show and sale. Free admission, free parking, free stamps for the kids. Snacks available. 401-422-1492 for more info.

### Monday, March 21

#### BERLIN LIONESS CLUB

Awards dinner, Berlin Lion's Den, Rt. 113. 7 p.m. Contact Ann Gillespie for more info 410-641-6648.

#### SHORT FILMS

Grow Berlin Green monthly meeting at the Globe featuring "The Story of Stuff" and "The Story of Bottled Water," 5 p.m. Enter CFL bulb raffle, trade incandescent bulb for energy efficient CFLs.

### Tuesday, March 22

#### DELMARVA REPUBLICAN WOMEN

BJ's on the Water. 6 p.m. \$20 per person. Speaker: AGH CEO. Reservations, 443-614-0719.

#### BUSINESS BREAKFAST

The Ray Room, Worcester Youth & Family, Main Street, Berlin sponsored by the Berlin Chamber of Commerce. Registration 8 a.m., workshop 8:30 to 9:30 a.m. \$12 members, \$15 non-members. All welcome. Continental breakfast, speaker: Kathryn Danko-Lord on how to enhance your business relationships by improving your communication style. Call 410-641-4775 to register.

### Wednesday, March 23

#### AUTHOR APPEARANCE

Ocean Pines Library, 2 p.m. Featuring author Molly MacRae will discuss life of the writer as well as her two recent novels. Come early and reserve your seat.

### Thursday, March 24

#### LITTLE HANDS SIGNING

Ocean Pines Library, 10:30 a.m. Kathy Macmillan will introduce children and their caregivers to basic American Sign Language.

#### REPUBLICAN WOMEN

General meeting, BJ's on the Water, 75th St., Ocean City. Doors open 10:30 a.m., meeting 11 a.m. Speaker: Charles Gizara, Atlantic General Hospital. \$20 per person. 410-298-9767 for more info.

### Friday, March 25

#### BULL & OYSTER ROAST

Bishopville Volunteer Fire Department, 10709 Bishopville Rd. 6-10 p.m. Tickets in advance, 410-352-5757. \$30 per person, includes beer, soda & water. Eat in – limited seating. DJ Eddie Simpson.

### Saturday, March 26

#### FLAPJACK FUNDRAISER

Ocean City Volunteer Fire Company Ladies Auxiliary at

Applebee's, West Ocean City. 8 a.m. to 10 a.m. \$6 per person. For tickets and more info. 410-804-4277.

#### MUSICAL PERFORMANCE

Senior Center, Chincoteague, 7:30 p.m. Presented by the Chincoteague Cultural Alliance, performance by Eric Taylor. \$18 at the door, \$15 in advance, students \$5. 757-336-0044.

#### CAR WASH

Boy Scout Troop 225 fundraiser, Berlin Auto Wash, 8 a.m. to 5 p.m. Rain date April 2nd. Portion of proceeds from car washed donated to the troop. Bake sale items. 410-430-9369 for more info.

### Sunday, March 27

#### MUSIC PERFORMANCE

Evonne Lee and students performing at the 10 a.m. service, Bethany United Methodist Church, Rt. 611 and Snug Harbor Rd. 410-641-2186 for more info.

### Monday, March 28

#### MOMENTS IN LIFE

Ocean City Library, 2:30 p.m. Featuring Kelley Rouse, WBOC's anchor. Kelly will share her lifetime of journalism and works through her personal writings and experiences.

#### GENEALOGY 101

Ocean Pines Library, 1 p.m. Featuring Charles Hall, historian and genealogist. Hall will guide participants through the steps and techniques needed to search your family history.

#### DIGITAL STORYTELLING

Ocean Pines Library, 2-4 p.m. Story interviews about life in Worcester County from 1914-2000. Call 410-632-3970 or 410-208-2910 to schedule your interview.

#### SUR-FISHING CLASS

Delaware Seashore State Park, noon to 3 p.m. Introductory class covering equipment, rules and regulations, fish identification and an opportunity to practice. Participants must be 10 or older and those under 16 must be accompanied by an adult. Must have a valid General Fishing License and ID number. \$25 per person includes use of rod, reel, tackle and bait. Space is limited, pre-preregistration is required. 302-227-6991. .

### Tuesday, March 29

#### STUDENT WORKFORCE CONFERENCE

Clarion Hotel, sponsored by the Ocean City Chamber of Commerce. International Student Workforce Conference for Employers. 8:15 a.m. registration. Conference runs until 1:30 p.m. Free.



## ENTERTAINMENT

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## SNAP SHOTS



SUBMITTED/BAYSIDE GAZETTE

**WCDC DONATION** – The Church Mouse Thrift Shop/St Paul's Episcopal Church Berlin recently presented a donation to the Worcester County Development Center in Newark. Profits from the Church Mouse are the main source of outreach giving for St Paul's Church. Helen Wiley, Church Mouse coordinator, Rachel Buser, service coordinator of the Development Center, Olive Mayer, Berlin Chamber executive director and Jack Ferry, program administrator of Worcester Development Center.



SUBMITTED/BAYSIDE GAZETTE

**SCHOLARSHIP LOTTO WINNERS** – Rich Dalton, left, Optimist Foundation Lotto chairman presents the Scholarship Lotto second place winner, Debra LoKey, middle, with a \$15,000 check. She was accompanied by her daughter, Angela.



SUBMITTED/BAYSIDE GAZETTE

**PURPLE AND GREEN** – Ocean City Ravens Roost 44 members Marie and Ray Myers, having fun, before they march in the Ocean City St. Patrick's Day Parade.



SUBMITTED/BAYSIDE GAZETTE

**FIELD HOUSE DONATION** – A leadership gift of \$10,000 has been made by Atlantic Orthopaedics, in Berlin, to the capital campaign for the construction of a new athletic field house at Stephen Decatur High School's Seahawk Stadium. The fund raising campaign is a project of the SDHS Alumni Association. Pictured Lou Taylor, SDHS principal, accepts the donation from Dr. Thomas Beck, Dr. Eric Bontempo, Dr. Phillip Spinuzza, and Dr. Daniel Pascucci.



SUBMITTED/BAYSIDE GAZETTE

**VOLUNTEERS** – Volunteers In Missions members Joanne Jones, Alice Seyfert and Liz Brigham with Bill Simpson, 93 year old WWII veteran. The Volunteers were in Waverly, Tenn., to help Simpson and others who suffered flood damage in May 2010.



SUBMITTED/BAYSIDE GAZETTE

**RAVENS ROOST** – Ocean City Ravens Roost 44 members prepare to step off and march in the Ocean City St. Patrick's Day Parade.



FROM PAGE 1

## MYSTIC HARBOUR

MAPP

LETTERS EDITOR

FROM PAGE 22

ing for excellence.

NJROTC is a unique program at Decatur that accepts all students for who they are and provides them with opportunities to become leaders within our community. The students of NJROTC have participated in thousands of hours of community service for the Berlin and Ocean City Area.

I hope from hearing my story and reading the attached paragraphs from former Decatur Alumni, you understand the impact this program has had on hundreds of students over the past 17 years. I'd like to thank Cdr. Deming, Master Chief Reynolds, and Principal Lou Taylor for never giving up on me, and providing me with an atmosphere to thrive as I matured into a young adult. This program is a vital part of our community and I hope it is around for many years to come.

You can help us in our effort to save Stephen Decatur's NJROTC program through sharing our stories with others. Our community rallied to establish this program 17 years ago, and now we are asking for your help to rally again and keep our unit going strong. We encourage you to write our local community leaders and U.S. and State elected officials to contact the Navy and push for our program.

The program is scheduled to be disestablished June 30th 2011, so there is a sense of urgency with this issue. Please share what the NJROTC program means to our students and community.

Bryan Hamilton

In response to concerns by Commissioner Judy Boggs, Tustin said the project won't be significantly disruptive as county trucks use the route regularly.

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### Merlot

Columbia Crest	750ml	10.99	<b>8.79</b>
Grand Estates	750ml	10.99	<b>8.79</b>
Flying Fish	750ml	13.99	<b>11.19</b>
The Velvet Devil	750ml	12.99	<b>10.39</b>

### Pinot Noir

Mirassou	750ml	9.99	<b>7.99</b>
A to Z	750ml	19.99	<b>15.99</b>
Fat Bastard	750ml	9.99	<b>7.99</b>
Aquinas	750ml	12.99	<b>10.39</b>

### Cabernet Sauvignon

Jordan	750ml	54.99	<b>43.99</b>
Duckhorn	750ml	69.99	<b>55.99</b>
Smith & Hook	750ml	26.99	<b>21.59</b>
Pedroncelli	750ml	15.99	<b>12.79</b>
Fat Bastard	750ml	9.99	<b>7.99</b>
Alexander Valley	750ml	18.99	<b>15.19</b>

### Miscellaneous Red

Stump Jump Shiraz	750ml	11.99	<b>9.59</b>
Cantine Povero Dolcetto	750ml	9.99	<b>7.99</b>
Cantine Povero Barolo	750ml	23.99	<b>19.19</b>
Hobnob Shiraz	750ml	9.99	<b>7.99</b>
Barista Pinotage	750ml	14.99	<b>11.99</b>
Casa de Campo Malbec	750ml	7.99	<b>6.39</b>
2 Up Shiraz	750ml	12.99	<b>10.39</b>
Marchesi di Barolo	750ml	49.99	<b>39.99</b>
The Crusher Petite Sirah	750ml	12.99	<b>10.39</b>

### Chardonnay

Byron	750ml	23.99	<b>19.19</b>
Freemark	750ml	19.99	<b>15.35</b>
Merryvale Starmont	750ml	19.99	<b>15.35</b>
Beringer Napa Valley	750ml	10.99	<b>8.79</b>

### Pinot Grigio

Cavit	1.5L	11.99	<b>9.59</b>
Clos Du Bois	750ml	13.99	<b>11.19</b>
Folonari	1.5L	9.99	<b>7.99</b>
San Angelo	750ml	16.99	<b>13.59</b>

### Sauvignon Blanc

Santa Rita 120	750ml	9.99	<b>7.99</b>
Groot	750ml	19.99	<b>15.99</b>
Pomelo	750ml	10.99	<b>8.79</b>
Decoy	750ml	16.99	<b>13.59</b>
Spy Valley	750ml	13.99	<b>11.19</b>

### Zinfandel

Gnarly Head Old Vine	750ml	9.99	<b>7.99</b>
Dry Creek Heritage	750ml	12.99	<b>10.39</b>
Bogle Old Vine	750ml	11.99	<b>9.59</b>
Temptation	750ml	12.99	<b>10.39</b>

### Miscellaneous White

Adelsheim Pinot Gris	750ml	16.99	<b>13.59</b>
Cupcake Riesling	750ml	9.99	<b>7.99</b>
Casa de Campo Torrontes	750ml	7.99	<b>6.39</b>
Dry Creek Chenin Blanc	750ml	12.99	<b>10.39</b>

### Malbec

High Note	750ml	11.99	<b>9.59</b>
Revolution	750ml	11.99	<b>9.59</b>
1919	750ml	11.99	<b>9.59</b>
Trivento Amado Sur	750ml	13.99	<b>11.19</b>
Trivento Golden Reserve	750ml	23.99	<b>19.19</b>

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# SUDOKU

REVEREND SPOONER, U.S.P.S. By Patrick Berry / Edited by Will Shortz

Across  
1 Roast V.I.P.'s  
4 Overall composition?  
9 Military funeral concluder  
13 Cars with floor-mounted ignitions  
18 Density symbol, in physics  
19 By itself  
20 Kaaba visitor's faith  
22 Say grudgingly  
23 "*I suppose it might seem odd that a reverend like myself would suddenly begin --- ...*"  
26 Top-\_\_\_\_ (golf ball brand)  
27 "Dirt cake" ingredients  
28 Equine-related  
29 Gun it  
31 "*... but I've always thought --- had a more fun job than I do*"  
35 "*For an avid philatelist like me, sorting envelopes is thrilling- — I might spot a ---!*"  
37 Kind of ceremony  
38 Show no modesty  
39 Marvin of "Cat Ballou"  
40 Friday's rank: Abbr.

For any three answers, call from a touch-tone phone: 1-900-285-5656, \$1.49 each minute; or, with a credit card, 1-800-814-5554.

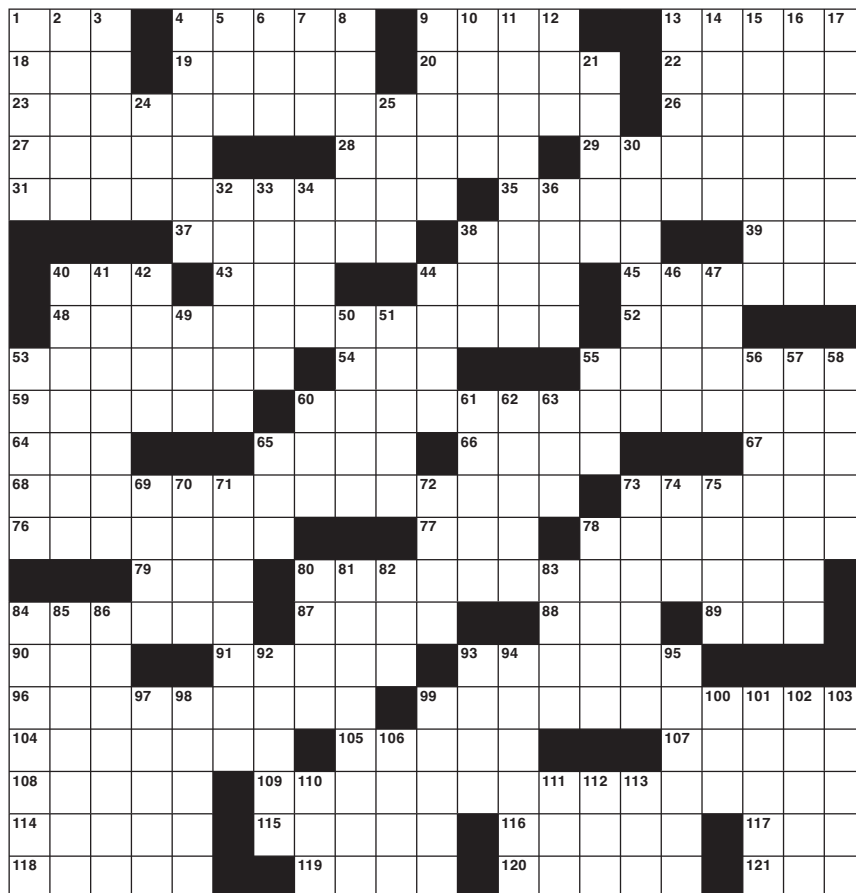
43 Had  
44 Poor writer's  
scribblings?  
45 Indo-Europeans  
48 "*When a man is  
nervous about  
shipping  
breakables, I tell  
him, '---  
carefully, sir'  
...*"  
52 Domino's order  
53 Whirlybird  
54 Actress Peeples  
55 Big name in rum  
59 Round-trippers,  
in sports lingo  
60 "*... and I write  
'---' on the box,  
which seems to  
reassure him*"  
64 Cambridgeshire's  
--- Cathedral  
65 Viking's  
destination  
66 Don Juan's  
mother  
67 "--- had  
enough"  
68 "*The best part of  
the job, of  
course, is when  
I'm out on the  
street ---*"  
73 Drawers of war?  
76 Mesabi Range  
export  
77 Tee---  
78 Remote place  
79 Food label no.  
80 "*I'm a bit leery  
of dogs — it's  
unsettling to  
enter a yard and  
hear some --- at  
me*"

84 From scratch  
87 Lover of light  
88 Distress  
89 Old inits. in  
telecommunicati  
on

90 Vegas casino hotel, with “the”  
91 The Bahamas’ Great \_\_\_ Island  
93 Novel for which Sartre declined the Nobel Prize  
96 “... *but dogs can’t spoil how much I enjoy driving around in the \_\_\_*”  
99 “*Homeowners get excited when they see me opening their \_\_\_* ...”  
104 Least bright  
105 Eighty-eight  
107 Dry out  
108 “The Hot Zone” topic  
109 “... *and when I hand-deliver a package, the recipients are positively \_\_\_ — it’s very satisfying!*”  
114 Fountain drinks  
115 Berry of “Frankie and Alice”  
116 Histrionics  
117 Poetic preposition  
118 Daisy variety  
119 Ugly situation  
120 Matches timewise, informally  
121 Acid

Down  
1 1983 Michael  
Keaton comedy  
2 Single-named  
“Hollywood  
Squares” regular  
3 Results of chafing  
4 Place to get a  
facial

5 Film director Roth  
6 Tours turndown  
7 Having one sharp  
8 Manner  
9 Ziggurat features  
10 Interviews  
11 Finishes  
12 \_\_\_ ammoniac  
13 More guarded  
14 Onetime Freud  
collaborator  
15 Queen in the  
"Star Wars" saga  
16 Asphalt  
ingredient  
17 Open terrain  
21 Desert landforms  
24 Flummery  
25 \_\_\_ de combat  
30 It comes from the  
heart  
32 Comes to  
33 Forest flutist  
34 Palm phone  
36 Hit with a charge  
38 Flapper's wrap  
40 Bookish type  
41 Soviet foreign  
affairs minister  
during the Cuban  
missile crisis  
42 Answering  
machine insert  
44 2010 Apple  
release  
46 Rolling in green  
47 Triumphant cry  
49 Revivalism?  
50 Leave  
weaponless  
51 Bygone Tide  
rival  
53 French sweetie  
55 Industry, slangily  
56 Wardrobe items  
57 Fork  
58 Dunne of "My  
Favorite Wife"  
60 Small island



61 It's closeted  
62 Put the kibosh on  
63 Film director  
    Craven  
65 Title for de  
    Staël: Abbr.  
69 On the subject of  
70 Moves a head?  
71 Golden \_\_\_\_  
    (General Mills  
    product)  
72 "Forget it!"  
73 Striking player

74 Symbol of  
Athena  
75 Lincoln while in  
Congress, e.g.  
78 Babel  
80 Car financing  
inits.  
81 Where prisoners  
swing picks  
82 Ear: Prefix  
83 \_\_\_ monde  
84 Like the GE  
Building  
85 Locomotive  
furnace

86 Lost Colony's  
island  
92 Companion of  
Rex and Rover  
93 Bird that may  
nest on volcanic  
ash  
94 Unable to agree  
95 Pack leaders  
97 R&B's \_\_\_\_  
Brothers  
98 Car dealer's  
offering  
99 Farmland rolls

100 Bungling fool  
101 Fishing  
    accountement  
102 1980s-'90s  
    Chrysler  
    offerings  
103 Iota  
106 Woes  
110 Mugger on stage  
111 Not straight  
112 Novelist  
    McEwan  
113 Station for  
    cinephiles



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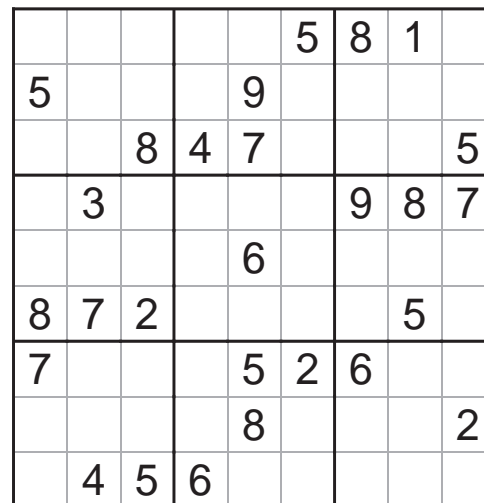
410-641-4600

## 10834 Ocean Gateway, Berlin *(Formerly Croppers)*

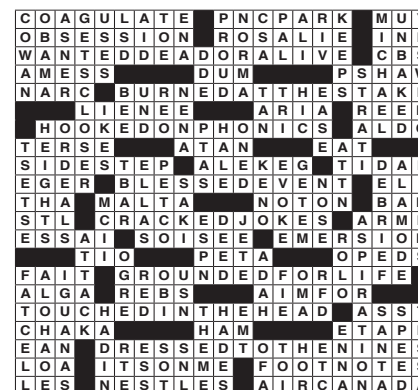
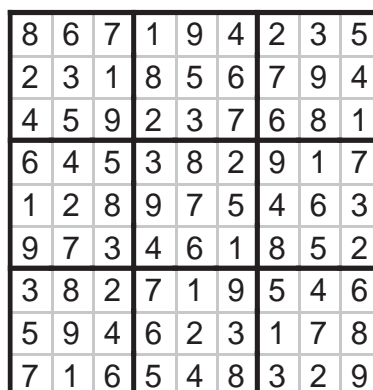
**su | do | ku**

© Puzzles by Pappocom  
**MEDIUM - 6**

**Fill in the blank spaces in the grid so that every vertical column, every horizontal row and every 3 by 3 box contains the numbers 1 through 9, without repeating any. There is really only one solution to each puzzle.**



## The answers to last week's puzzles





# CUISINE

## BAYSIDE

## Black bean salsa with chicken and fried tortilla chips

With March Madness now in full swing, it is time to get serious about our brackets...and our dips. It's party time for fans



By Paul Suplee,  
CEC, PC III

out there, and in a couple weeks I can only imagine that there will be one or two get-togethers centering on the tournament.

Which brings us to one of the most common party favors of all times – salsa. And while I enjoy a salsa fresco as much as the next guy, I like to make a quick and easy black bean salsa with home-fried tortilla chips and tangy chicken to boot. Paired with some fresh avocado (or guacamole), this is truly a no-brainer.

But Paul, how do I go about frying my own tortillas? Settle down, it is literally as easy as it sounds, and with the advent of the home fryolator, it's as easy as 123. The beauty is that the chips can be savory (not sweet) or sweet (not savory).

For making the latter, prepare a cinnamon sugar with a touch of cayenne. As soon as the chips come out of the fryer and onto your paper towel, simply sprinkle on and have a wonderful stand-alone snack. For the savory, make up a flavor blend and do the same. As soon as they come out, sprinkle, sample and serve.

You may notice that I am using canned tomato product in the recipe. Now, I've been having some 'senior moments' as of late and can't even remember if I've written about this, but I know that I talk about it quite a bit in my cooking classes at Shore Appliance and the Community Center of Ocean Pines.

If I repeat myself I apologize in advance. I don't mean to be redundant...to repeat myself...to say the same thing over and over again.

This time of year, you can imagine yourself at the store looking at the stunning deep red Beefsteak tomatoes. You buy one, take it home, cut a slice off and taste nothingness;



just a void where flavor should be. There is a reason for this, and it is the reason that there is a 'Tomato House' at the Jessup produce market.

Unripe tomatoes are backed up into the Tomato House and gassed, which precipitates the color change in the tomato. Thus, they are red but unripe. A quick solution is to buy hot house vine-ripened tomatoes, but as I am a teacher on a teacher's salary, I'll buy canned. Even after rinsing them off, they still have a rich flavor, so they are more than acceptable.

So what part of the chicken should you use? How about the meaty part? Every part and piece of chicken meat would be great in this recipe, but as some people favor the breast meat, you can certainly stick to that alone. Then, with the carcass, you can make that wonderful stock or broth and use in the dish or set it aside for some-

thing else.

And when you plate everything up, make sure that you have plenty of limes and cilantro on hand. Set a nice bowl on the side. Other sides could be cukes and radishes (cooling if your seasoning is hot), shredded cabbage (more traditional since lettuces wilt in the hot Mexican sun), or whatever your little heart desires.

And when March Madness clears and we have a new champion in our midst, we'll have pictures of good times and memories of flavors to last us until the next time we make this beautiful dip.

The following recipes will serve up to 8:

### BLACK BEAN SALSA

1 can Black beans, rinsed well  
1 can Tomato, small dice  
1 clove garlic, minced  
¼ ea. White onion, diced and rinsed well  
Juice of 1 lime

½ cup cilantro, chopped (measure pre-chop)  
Salt & Pepper to taste

1. Combine all of the ingredients and break a few of the beans open. Don't mash them but you want the flavors to marry as much as possible

2. Let the salsa sit for at least an hour before serving

3. Garnish with avocado, cilantro (I can eat gobs of it, but my wife can't stand it, so use judiciously), cheese and sour cream if desired and chopped parsley

### CHICKEN

2# Chicken meat, small dice  
1 med. Onion, small dice  
Sa-Son brand Achiote seasoning  
Liquid as needed

1. If you have the time to grill the chicken, all the better. This always adds an amazing flavor to this rustic dish

2. Otherwise, sear the chicken in a touch of EV Olive oil and quickly add the onion

3. Let the onions sweat until tender and then add your achiote seasoning

4. If you need liquid (some packaged spice blends do), and you have the foresight, use chicken or

veal stock. Otherwise water will do just fine

5. Adjust seasonings and get ready to go

fried tortilla chips  
Corn Tortillas  
Peanut oil for frying  
Salt & Pepper  
Cayenne (Optional)  
Paprika (Optional)  
Garlic powder (Optional)  
Cinnamon sugar (optional)  
1. Cut the corn tortillas into pie shapes. With the six-inch tortillas I have found that cutting them into six wedges makes them the perfect size for game day

2. Heat the oil to 350F-365F  
3. Fry the chips in batches. Take your time here. If too underdone they will be a soggy mess. Just let them go until they are a golden brown and you are ready to nosh some serious salsa.

*Paul G. Suplee is a certified executive chef and ProChef certified Level-3. He is a writer and culinary instructor. His ePortfolio can be found at [www.heartofakitchen.com](http://www.heartofakitchen.com).*



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