

## WEATHER



54 | 43  
SATURDAY



54 | 46  
SUNDAY

## SPORTS

### Decatur track wins its opening meet

Brad Hollowell clears the bar to win the pole vault on Monday

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## HEALTH

### Health Dept. offers nutrition tours

Coordinator Mimi Dean speaks with resident Annie Brittingham

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# BAYSIDE GAZETTE



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MARCH 31, 2011

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FREE

## Window issue still cracked

### Historic commission may sue hotel for removal

BY TONY RUSSO  
STAFF WRITER

BERLIN – Town attorney David Gaskill updated the Town Council on his opinion of the town's legal liability in the dispute over whether or not the Atlantic Hotel should be forced to remove windows installed without the blessing of the town historic commission.

The original application by the hotel was denied by a 2-1 vote, Gaskill said.

Since a quorum is three and nothing can be passed without three affirmative votes, he said the vote might have been void.

"It's certainly arguable that the historic district commission vote was not valid," he said.

"My advice, simply, is the same now that it was then," he said. "The historic commission has the authority and the right to enforce the decision on its own."

The council cannot make the hotel reapply nor can it reset the hearing process, he said, but the historic commission could elect to take the Atlantic Hotel ownership to court.

Should the historic commission decide to sue, they could force the mayor to

See WINDOWS, page 3



THOMAS MELVILLE/BAYSIDE GAZETTE

**QUEEN FOR THE NIGHT** – Ocean City Parrot Head Club Mardi Gras Queen Tammy Cebula thanks everyone for helping raise more than \$136,000 for the P.J. Aldridge Foundation and Worcester Youth and Family Counseling Services on Friday night at the Carousel in Ocean City.

CALENDAR 28 ♦ SNAPSHOTS 27 ♦ EDITORIAL 22 ♦ CROSSWORD 30 ♦ HEALTH 14 ♦ SUDOKU 30 ♦ CLASSIFIED 19 ♦ ENTERTAINMENT 29

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# Windows

FROM PAGE 1

send a letter to the hotel demanding the windows be removed. If the hotel decides not to remove the windows, they could argue in court whether assurances from the town that nothing would be done took away their rights to appeal. They could also argue whether the hearing at which the application was denied was a valid meeting.

"The ball is in the court right now, of the historic commission," said Councilwoman Paula Lynch.

The council voted to direct Gaskill to send a letter to the historic commission advising them that they should decide whether they'd like to pursue a suit against the hotel. Three of the historic commission members would have to agree to sue.

## BUC

"Over time the economic and regulatory environment...has changed dramatically," Mayor Gee Williams said. "As a practical matter the mayor and council have had to rely more on [consultants]."

While he said he sincerely believed that all parties had the town's best interest at heart, Williams said that since the mayor and council were ultimately responsible for all decisions regarding the public utilities the decisions regarding them should rest upon them.

Erik Quisgard, who chaired the BUC, said he disagreed with the decision. He

said that he understood that the council had the ultimate responsibility, having a body whose job it was to represent both the utility's and the rate payers' interests.

Councilman Elroy Brittingham who was on the council that established the BUC said it was time to make things more responsive to market fluctuations and regulatory demands. "During the course of the years, it has drastically changed and I just feel there should be a change," he said.

## SLOTS FUNDS

Williams presented some suggestions to the council for ways the slot impact fees could be spent that would appease the Local Development Council, which oversees the impact fee expenditures, and still be used in productive and predictable ways.

Since the council voted to use the slots funds to pay off the land they purchased at the corner of Route 113 and Bay Street, Williams suggested the first \$168,000 in received slot impact grants each year should be designated toward that. At that rate the purchase would be paid in five years.

Brittingham reminded Williams that part of the post-purchase plan should include a community center.

The balance, whatever the town gets above and beyond the \$168,000 could be divided between public safety and community development plans.

While the council members agreed generally they also suggested a plan be put in place for infrastructure work

including sidewalk installation on the side of Flower Street that still needs one and rehabilitating the sidewalk on North Main Street.

For his part, Police Chief Arnold Downing said that his department has already increased patrols on weekends and is coordinating with the other area public safety officials to make sure there's sufficient police presence in the area given the number of people.

To that end, Downing and Town Administrator Anthony Carson argued over how quickly Downing could begin the hiring procedure.

Given that Berlin has the lowest police

pay in the area; it is becoming next to impossible to keep employees who often get better salary offers from neighboring towns. Police officers start at \$30,000 and the next lowest pay in the area is \$36,500, according to Downing in Ocean Pines.

Since towns often pay police tuition in the academy, and certified officers find work easily elsewhere, officers who Berlin pays for can often buy out their own contracts and still net more in the end.

Downing warned the council unsuccessfully of the turnover problem during the last budget session.

# 3rd Annual Ocean Pines Short's Marine Boat Show



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# April 7th -10th Pennington Commons

(Food Lion Parking Lot)



SUBMITTED/BAYSIDE GAZETTE

**DEVIL HUNTSMAN** — Lauren Dykes (left) Eden, played the Devil Huntsman in Worcester Prep's unique adaptation of "The Tale of Snow White," and Jordan Kilgore, Eden, took over as the insistent, singing representative from the Department of Natural Resources.



## Healthy Mouth - Healthy Body

We take care of our bodies by eating right, exercising, and taking any needed medications. How often do we take care of our mouths? Our mouths are the gateway to the rest of our bodies. Shouldn't the health of our mouths be just as important as the rest of our bodies?

Oral infections can cause periodontal disease (gum disease), tooth infections and even bad breath. However, at times it can go further and affect the rest of our body. Many studies have shown that these oral infections have a correlation between heart disease, stroke and diabetes. There are studies that also show that those who already have diabetes are more susceptible to gum disease. Individuals with diabetes and oral infections may encounter problems with their glycemic control. Bacteria from the oral cavity may directly infect blood vessel walls, which may cause local inflammation and injury, which in turn can aid in developing plaques. These plaques can thicken the walls of the blood vessels thus preventing proper blood flow which can lead to a heart attack or stroke. Those already diagnosed with heart disease should maintain a healthy mouth.

A healthy mouth is one without active caries (cavities), infection, broken or missing teeth, and plaque or tartar.

Many individuals are on several medications and these can affect the bacteria flora of the mouth. The change in the bacteria can lead to xerostomia (dry mouth). One way that our mouths maintain health is with the aid of saliva, when insufficient saliva is produced there can be an increase incidence of dental caries.

This information is not meant to scare anyone but to make people aware about the importance of taking care of our mouths. The internet is a great source of gathering information as long as we are prudent about where the information is coming from. Another great source is your dentist! If you don't already visit your dentist on a regular basis, make a point to, and ask questions. Routine dental care appointments can also diagnose cancers of the mouth, which are extremely treatable if diagnosed early. Oral cancers are the most undiagnosed cancers, primarily because there is no established relationship between patient and dentist.

Daily brushing, flossing and rinsing should be followed with regular visits to the dentist. We are highly trained in one specific part of the body, the mouth. We don't just treat teeth, but also the gums and bones that 'house' these teeth and the muscles and joint which help us with chewing our food and speaking.

In the past few months there was a segment on The Dr. Oz Show about the types of health check-ups one should not miss and he highly recommended that every individual should NOT miss their routine dental check-ups.

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# Bayscape mini-grant program now available

OCEAN CITY – The town of Ocean City is once again offering mini-grants for the Bayscape Planting Program. The program offers native plant material to homeowners to install a “bayscape garden” on their property.

A bayscape garden is a beautiful landscape planted and maintained to benefit citizens, the local environment and the Maryland coastal bays. It uses native plants to: provide habitat for local and migratory animals, improve water quality, and reduce the need for chemical pesticides and herbicides.

Bayscapes are also valuable for the

gardener or landowner because they: offer greater visual interest than lawn, reduce the time and expense of mowing, watering, fertilizing and treating lawn and garden areas, and can address areas with problems such as erosion, poor soils or poor drainage.

Installing a bayscapes garden on properties in the Maryland Coastal Bays watershed helps improve the waterways and provides habitat.

The 2011 Bayscape Planting Program is available to all homeowners or condominium associations. Project sites must be located within the corporate limits

of the town of Ocean City. The first 20 applicants to submit a complete grant application will be offered the plants. There will be 20 \$200 grants to pay for the plant material.

The town will then order the requested plants and have them delivered at a pre-determined date and location. Citizens will be responsible for pick-up, installation and maintenance of these plants.

If you have a project idea and would like an application, call Gail Blazer, Engineering Department, for more information and an application/order form at 410-289-8825 or email at [gblazer@ococan.com](mailto:gblazer@ococan.com).

*Ocean City Bridal Show*  
*Lighthouse Sound 12-3pm*

*410 289 7699* *Sunday April 10th*

*www.oceancitybridalshow.com*

The image shows a bride and groom in formal wedding attire posing on large, dark rocks by the ocean. The bride is wearing a white strapless gown and the groom is in a black tuxedo. They are both smiling and looking at each other. The background features the ocean with waves breaking under a clear blue sky. In the top right corner, there is a logo for 'ROX' featuring two palm trees and a sun over the word 'ROX' in a stylized font.



# New power contract should lead to residential savings

BERLIN – Following a competitive internet-based bidding process on the World Energy Exchange, the Town of Berlin has signed a new one year purchase power agreement with American Electric Power Service Corporation (AEP), which will save the town's residential electric customers about 12 percent on average below their current monthly bills starting this summer.

The savings will be reflected in each customer's bills through the Power Cost Adjustment (PCA) portion of their monthly electric bills. The full impact of the reduced power supply cost will be phased into rates through the PCA over three months beginning with the billing customers receive in August.

"PCA charges represent just over one-third of the cost per kilowatt hour for residential customers, so the savings provided through the new contract will have a measurable impact for Berlin electric customers," said Mayor Gee Williams.

Three nationally qualified firms competed on March 29 in a live auction through the internet in what is commonly referred to in the power industry as a descending clock approach where each successive bid is lower than previous bids. All bids were made in real time and were simultaneously visible to all of the competing firms and to Berlin officials and the town's electric engineering consultants.

In 2009, using a traditional request for proposals (RFP) format, the Town had only one qualified bid for a power supply agreement. The primary goal of Berlin officials at that time was to stabilize electric rates that had risen dramatically in the previous year in the open marketplace where the town had been purchasing power.

"Our goal this year was to be more ambitious by using World Energy's internet auction approach in order to produce the lowest possible purchase power contract by attracting multiple qualified bidders to compete with each other in real time," said Williams.

"I believe the town has taken a positive step in an unpredictable energy market by contracting a power supply agreement that will reduce the cost of purchased power over the next year compared to what we have been paying."

The internet auction was conducted by World Energy Solutions (NASDAQ: XWES) of Worcester, Mass., and APPI of Salisbury. Berlin officials were guided and advised through the process by two electrical engineering consulting firms, Booth and Associates Inc. of Raleigh, N.C., and Customized Energy Solutions of Philadelphia.

## Household Hazardous Waste & E-Cycling Collection Day on April 16

WEST OCEAN CITY – The Recycling Division of Worcester County Public Works, in conjunction with Maryland Environmental Services and the Maryland Department of the Environment (MDE), will conduct Household Hazardous Waste, and E-Cycling (electronics recycling) Collection Day on Saturday, April 16, from 10 a.m. - 2 p.m. at the Ocean City Park & Ride Lot in West Ocean City.

Gather up those old or unusable cans of pesticides, pool chemicals, gas and other fuels, oil-base paints, thinners and everyday hazardous wastes accumulating in and around the home and bring them to the recycling center for safe disposal. Electronic items, such as computers, monitors, keyboards, printers, radios, televisions and VCR's, will be collected and later recycled.


Because household hazardous waste and electronics don't break down readily, recycling those items saves much-needed landfill space. Furthermore, many of the items contain poisonous materials that could seep out of the landfill and contaminate surrounding soil and groundwater. Proper disposal of these items is among many simple tasks we can practice to further protect our environment and ultimately our own health.

This event is open to Worcester County residents only. A representative from MDE will be on-site checking vehicle registration. PSC Environmental Services of Hatfield, PA will be responsible for the safe dispose of all hazardous waste collected. The electronics will be shipped to an electronics recycler for dismantling. For more information, contact Worcester County Recycling Coordinator Ron Taylor at (410) 632-3177.

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# New legislation allows brewery exemption; disbands LCB

BY TONY RUSSO  
STAFF WRITER

BERLIN – Legislation passed in Annapolis this week will enable two different entities and the people they hope to serve to get the most out of liquor laws. The first was an exemption of sorts for the Burley Oak Brewery that allows it to operate more like a pub without serving food.

Under the former law, in order for owner and brewmaster to be able to serve pints and growlers — large bottles of beer to take home — he would have to also serve food in the establishment. Brushmiller appealed to both the town and the county as well as his state representatives to help rectify the situation.

With the endorsement from local government the area's delegation proposed a law that would establish a limited exemption from the statute within the Berlin town limits.

When testifying about the benefits of the law, Brushmiller referenced expected economic growth saying that the funds he would have to expend on restaurant equipment and operations could be used to employ more people for greater production.

But more than that, he referenced the fact that he didn't want to enter into competition with the area's restaurants.

"The bill allows me to complement the local restaurants without competing with them," he said. People can take a tour, maybe have a pint and then order one at [a local restaurant] when they go

for dinner."

The other piece of legislation disbands the quasi-independent Worcester County Liquor Control Board and puts liquor sales and distribution in the hands of the county proper. The new county department will be called the Worcester County Department of Liquor Control and be run in a way similar to the enterprise fund departments.

Bud Church, president of the Worcester County Commissioners, said he was grateful the state assented to the county's request and that he looked forward to getting to work on the transition.

"So far we've had limited access to their operations but we expect a smooth transition on July 1," he said. "Things seem to be going very smoothly."

Church said the LCB has already been helpful providing current job descriptions and describing the purchasing processes to county workers.

Since the county won't have control of the LCB in time for their own budget process, Church said they'll work for the first year with whatever budget is approved for the LCB. After nearly a year of operations Church said next year's process would be much easier but said he wasn't worried about the affect on the county budget currently under construction.

"We don't think it's going to have a major impact," he said.

He also said the county doesn't expect to dismiss any of the current LCB employees, preserving local jobs.

## Dew Tour coming to Ocean City

OCEAN CITY – The Dew Tour on Thursday announced Ocean City as a new host site. Ocean City will feature the tour's first beachfront event and will mark the official start for the 2011 tour, July 21-24.

The circuit will continue on to Portland, Ore. in August, Salt Lake City in September, and return to Las Vegas, Nev. for the Dew Tour Championships and year-end Dew Cup Awards ceremony in October.

Situated on the beach for the first time in the Dew Tour's seven years, the first stop of the season in Ocean City provides a unique setting for the East Coast leg and will feature several new attributes including a skate bowl contest and surf competition.

Each stop of the four-city circuit will feature a different mix of disciplines and competitions, exposing every market to fresh experiences. Portland will offer an additional bowl contest for skaters, while Salt Lake City presents an extended FMX competition put on in collaboration with Carey Hart. For 2011, the Dew Tour welcomes BMX legend TJ Lavin as a contributor to the overall BMX program, including dirt course designs.

The full Dew Tour schedule features multi-sport events at each of the four stops, including BMX dirt, park, and vert and skateboard street and vert. Over the course of the tour, athletes will compete to accumulate points based on their individual-event finishes, each vying for the most overall points and the title of Dew Cup champion. Raising the stakes this year, the prize purse has increased per event along with the year-end bonuses.

Invest in Your  
Community...

**BUY  
LOCAL.**



# Court of Special Appeals rules against OPA in YMCA suit

BY TONY RUSSO  
STAFF WRITER

OCEAN PINES — The Maryland Court of Special Appeals delivered what is likely the final blow to the Ocean Pines Association's claim on a property ownership case against the Mid-Delmarva YMCA when it upheld the circuit court's finding against the home owners association.

Robin Cockey, attorney for the Mid-Delmarva YMCA, said that while he was pleased with the ruling, he was disappointed it took so much time and money to settle a contract dispute.

The dispute stemmed from a deal wherein the YMCA received donation of a property abutting the OPA with the proviso that the YMCA obtain a building permit for the property within five years. After that time, if the YMCA hadn't the property would come into the possession of the OPA.

While the OPA operated under the assumption that unless the Mid-Delmarva YMCA built a facility they'd get the property, the YMCA understood

that so long as they made the attempt, which they did, it would be sufficient.

Permitting and other problems plagued the project and as a result the Mid-Delmarva YMCA secured a building permit for a wildlife observation platform to live up to their end of the contract. The OPA believed that was inconsistent with the contract, sued, lost the suit and then appealed the loss to the Maryland Court of Special Appeals.

Earlier this month the court heard arguments from both sides and last week issued their ruling in favor of the Mid-Delmarva YMCA.

"I'm obviously very disappointed, but that's the ruling of the court," said OPA president Tom Terry. "We'll have to see what our options are."

The options, according to Cockey, aren't many. The OPA may appeal the decision to the Maryland Court of Appeals, the state's highest judicial body, but like the United States Supreme Court, they can choose which cases they hear.

The Maryland Court of Special Appeals is a court of right, which means

that anyone who loses in circuit court and wishes to be heard must be. The Maryland Court of Appeals only hears litigation where the plaintiff both makes a convincing case that the Court of Special Appeals was mistaken and that mistake's resolution has a wide public interest.

In other words, the OPA has to convince the court that prior contract interpretation rules are in error, not only that this particular contract was interpreted incorrectly, according to Cockey. He said that about one in five cases submitted are heard by the court and acceptance for a hearing indicates nothing of a cases merit or lack thereof.

"The issues of this case are rather mundane," he said. "You never know but...I assume this is the end."

Terry said the board will still consult with council to see if proceeding is both practical and providential and will likely render their own decision on the matter at the next OPA board meeting.

"I need to be informed now as to what the steps are and the cost associated and go from there," he said.

## NEWS BRIEFS

### ALERT SIREN TO SOUND

Saturday, April 2, Worcester County emergency alert signals will sound from area fire sirens. The signals are tested the first Saturday of each month. A steady alert tone will sound at 10 a.m. for approximately one minute.

In the event of an actual emergency, the sirens would be used as additional means to warn the surrounding communities of imminent danger and the need to tune to either radio, television or the internet for information.

### OCBP RESCUE DEMONSTRATION

The Ocean City Beach Patrol will present a rescue demonstration in conjunction with Maryland's annual Emergency Medical

Services conference, which will be held in Ocean City for the first time on April 2.

Plans include a presentation at 3 p.m. led by OCBP Captain Butch Arbin highlighting the procedure OCBP developed for removing victims of suspected spinal injuries from the surf, which was developed with the help of the Maryland Institute for Emergency Medical Services Systems (MIEMSS).

His presentation will be followed by a live demonstration of the neck/back technique in the ocean in front of the Clarion Hotel. Several OCBP members will brave the cold water to perform the rescue demonstration in heavy wetsuits and will turn their "victim" over to the Ocean City Fire Department for transportation, just like the standard procedure in the summer.

OCBP will then be joined by Fire Department rescue swimmers, the U.S. Coast Guard with a boat, and the Maryland Department of Natural Resources Police, also with a boat, to perform a "rescue medley." There will have five "victims" being rescued by landlines, paddle boards, rescue swimmers deployed from a quad and an OCBP jet ski.

### DIAKONIA WISH LIST

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SUBMITTED/BAYSIDE GAZETTE

**HUGGABLE FRIENDS** — First grade students at Ocean City Elementary School are collecting new stuffed animals for their annual "Huggable Friends" Drive. The stuffed animals are given one last hug before being donated to the Johns Hopkins Children's Hospital in Baltimore. Pictured from Mrs. Wendy Macrides' class are Emily Peters, Kylie Sens, and Ryan Hall.



SUBMITTED/BAYSIDE GAZETTE

**AR READING** — Ocean City Elementary School third graders Alan Cabello-Vargas, Jessie Albino and William Melgar-Mejia prepare to take AR tests in Mrs. Janet Baunhofer's classroom after carefully reading their library books.

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SUBMITTED/BAYSIDE GAZETTE

**LEPRECHAUNS** — Frankie O'Nanna serenaded students in the Early Childhood pod at Ocean City Elementary on St. Patrick's Day. He played the banjo and guitar and sang Irish tunes including an original about Leprechauns jumping on a bed. Pictured are Andrew Cummings, Ava Hinkle, Frank Nanna, Logan Intrieri, and Brittany Chase.



# DNR announces summer flounder regulations

ANNAPOLIS — The Maryland Department of Natural Resources (DNR) Fisheries Service announces the 2011 recreational summer flounder regulations to include a three-fish creel limit, an 18-inch minimum size limit (an inch shorter than last year) and a season to run April 16 through Nov. 30.

“Due to continued increases in the coastwide summer flounder stock and Maryland’s success in staying at or below the fishing target in 2010, summer flounder anglers will enjoy increased access to summer flounder in 2011,” said DNR Fisheries Director Tom O’Connell.

“Our choice of regulation is a direct result of our biologists working together with our anglers to enact regulations that work toward the coastwide rebuilding schedule, while providing quality fishing opportunities to our fishermen.”

A public notice announcing the 2011 regulations was published on March 26. DNR would also like to remind fishermen that the size limit also applies to summer flounder caught by commercial hook and line and is effective April 16.

DNR is encouraging anglers to participate in the fisheries management process by joining the volunteer angler survey. Anglers who join the survey will become eligible to win a rod and reel combo donated by All Tackle.com, a fishing tackle retailer with superstores in Annapolis, Ocean City and online. Go to <http://dnr.maryland.gov/fisheries/survey/index.asp> to participate.

In addition, any angler who catches a flounder measuring 24 inches or longer and registers it as a citation award eligible fish will receive free admission to the grand finale of the 2011 Maryland Fishing Challenge during the Maryland Seafood Festival at Sandy Point State Park on Sept. 10.

Simply bring your eligible fish to an authorized citation award center (certain tackle shops and charter boats) to receive your entry ticket and invitation for you and your family to the event. For details, go to <http://dnr.state.md.us/fish>

eries/challenge/index.asp  
Visit the Angler’s Log, DNR’s family friendly fishing report page, to see

who is catching fish, locate hotspots and see what techniques are working. While you’re there, let people know

about your fishing success. Check it out at <http://dnr.state.md.us/fisheries/fishingreport/log.asp>.



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# BUSINESS

## BAYSIDE

# Baked Dessert Café celebrates successful year

BY TONY RUSSO  
STAFF WRITER

BERLIN – It's been a whirlwind year for the ladies at the Baked Dessert Café but down economy or no they've become successful by being responsive to their customer base and learning to do what they do well better while discarding missteps as soon as they've been identified.

Setting aside the quality of their cookies, cakes and other sweets, what the Baked Dessert Café has demonstrated they're best at is remaining involved with and a part of their surrounding community. Rather than compete with church bake sales, for instance, they've made it a policy to turn the notion on its head holding bake giveaways for local food banks with some regularity over the last year.

As a way of celebrating their year in business while continuing much of what has made them successful, next week the bakery will hold another food fundraiser in support of the Berlin First Baptist Church, similar to the drive they held at the end of last year.

"The need doesn't change because the season does," said the Baked Dessert Café owner Robin Tomasello. "So we decided to do another food drive



TONY RUSSO/BAYSIDE GAZETTE

Robin Tomasello and her sister and Baked Desserts Café co-owner Shelly Eppard are celebrating their first anniversary by running a food drive for the Berlin First Baptist Church.

instead of having a traditional anniversary sale."

From April 4-8 the bakery will offer a different free sample each day in exchange for canned items or a monetary donation to the food pantry. Not only will the donations go

to an excellent cause but it will also give people the opportunity to have a taste of some of the bakery's best.

The Baked Dessert Café started out last year with a bit of a confectionary coup, getting the council to designate the peach

dumpling as the town dessert, helping to establish them as a company with a long-term commitment to Berlin.

Tomasello said that, given a time machine the only thing she would have told herself a year ago was to start regretting

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not having made the leap into the business sooner. All the lessons they've learned, she said, have been positive ones.

The biggest was that trying to continue to produce some of everything they knew how to make well was counterproductive. Together she and her sister and co-owner Shelly Eppard came to recognize the ebbs and flows of popular desserts and began to focus on them.

The biggest benefit of which was it freed up more time for special order taking and research, which has become not only a significant part of their business but a fun way to expand both their knowledge and talents.

For St. Patrick's Day, for example, they had several requests for Irish soda bread, which Tomasello — the head baker — didn't have a lot of experience making. As a baker, just following a recipe isn't satisfying for her so, as with all requests she hasn't had before,

TO PAGE 11

## FINANCIAL ADVICE

### Divorce and financial planning



By Chip Gordy

When going through a divorce, anybody that's done this knows that it's tough for everyone involved. As hard as it can be, there are certain financial steps that have to be taken to ensure a future financial picture for all those involved. Following are some areas that may need attention.

Update your beneficiaries. Take a look at the beneficiary designations on all of your financial documents, which includes insurance policies and retirement plans. This is probably the most overlooked area in my experience. If unchanged and if you get remarried, your previous spouse will be in a position to get assets, at the expense of your new partner.

Attempt to communicate about financial information. List all your investments, and figure out who is listed as the owner. Also go over all of your debts. Here too you'll need to know if one or both of you are listed as the responsible party.

Remember that you're not trying to divide up assets or debts yet; you just need to know what you have for later proceedings.

Don't overlook family goals. If you have children, and you both want to pay for college, you'll still have want to work together to contribute to your children's education.

Update your insurance. Once your divorce is final, you may want to think about adding to your life and/or disability insurance. A long-term care policy may make sense as well as it can help protect your financial self-reliance (usually the younger you are when you buy a policy, the less expensive the premiums will be).

Update estate planning documents. If you have already put together a living trust, will, or other important legal documents related to your estate, you will probably need to have them revised. If you re-marry, these amendments become even more vital.

Keep in mind that since some of these arrangements can be complicated, you will need to work with legal and tax advisors.

What about your new investment goals? When married, you may have had a different investment style. You may

have been a more or less aggressive investor then, wanting to or not wanting to take bigger risks while hoping for higher returns. When married, you may have reached an agreement in terms of your total investment strategy. Now that you're single, you'll need to base investment decisions on your own time horizon, long-term goals, and risk tolerance. To design your own investment portfolio, you would probably want to work with a financial professional; someone who's acquainted with your needs and objective.

Finally, it may obviously take a while to resolve the financial matters related to a divorce. If you can work together with your former spouse, there's a good chance that you can achieve good results down the road; trust me, I've been there.

Chip Gordy, MBA, CRPC is an investment advisor representative with Coastal Wealth Management, LLC, specializing in wealth and retirement planning. He can be reached at 410-208-4545 or [chip@coastalwealth-mgmt.com](mailto:chip@coastalwealth-mgmt.com). Registered representative, securities offered through Cambridge Investment Research Inc., a broker/dealer, member FINRA/SIPC.



# IRS has free online tax prep services available for Americans

## Taxpayers making \$58,000 or less can visit IRS.gov

WASHINGTON, D.C. – The Free File Alliance, a coalition of industry-leading tax software companies partnered with the Internal Revenue Service, announced the launch of the 2011 IRS Free File program.

Since its inception in 2003, IRS Free File has offered low-to-moderate income taxpayers free access to leading commercial tax preparation software.

This year, every taxpayer with a 2010 Adjusted Gross Income of \$58,000 or less may visit [www.irs.gov](http://www.irs.gov) to prepare, complete and e-file their federal tax returns at no cost.

"IRS Free File returns this year to proudly give 98 million Americans free access to the industry's best tax preparation software," said Tim Hugo, executive director of the Free File Alliance.

"We are committed to making taxes simple, fast and free by offering step-by-step help that takes guesswork out of the process. More than 30 million people have already taken advantage of IRS Free File, and our goal this year is to serve each and every taxpayer making \$58,000 or less."

To begin, taxpayers may visit the IRS website, [www.irs.gov](http://www.irs.gov), and click on the "Free File" icon. Users will find a list of Free File Alliance member companies and may either choose the one that fits their needs or utilize the "help me find a company" tool.

After selecting a company, taxpayers will be transferred to the company's website to prepare, complete and electronically file their federal income tax

returns. Three of the 19 participating software companies also offer services in Spanish.

This year, the Free File Alliance has also partnered with the IRS Volunteer Income Tax Assistance Program (VITA), a service for low-to-moderate income taxpayers.

Thanks to the new partnership, Free File Alliance member software will be available on self-assist kiosks at VITA sites in 29 states across the country.

VITA's partnership with the Free File Alliance will extend its reach and help the IRS provide expanded free tax prep services to more taxpayers who need additional assistance.

"Free File Alliance member companies have continually worked with the IRS to strengthen IRS Free File and ensure that it remains both accurate and secure," continued Hugo. "Through the new VITA partnership, the Free File Alliance will be able to help the IRS serve more taxpayers than ever before."

The Free File Alliance, a coalition of 19 industry-leading tax software companies, has partnered with the IRS since 2003 to help low- and middle-income Americans prepare, complete and e-file their federal tax returns online.

The Free File Alliance is committed to giving 70 percent of Americans free access to the industry's top online tax preparation software.

More than 30 million returns have been filed through IRS Free File since its inception. For more information, visit [www.freefilealliance.org](http://www.freefilealliance.org).

# New high-voltage power line planned for Sussex and Worcester counties

MILLSBORO, Del. – In order to enhance electric service reliability in southern Delaware and on the Eastern Shore of Maryland, Delmarva Power plans to build a new, high-voltage, transmission line between Millsboro, Del., and Bishopville.

The 138,000 volt line will be built on approximately 12 miles of an existing right-of-way.

Construction is scheduled to begin in Delaware in November of this year and in Maryland in February 2012. Completion is targeted for May 2012.

"Engineering studies indicate that the new line will help avoid extended power

outages for many customers in Sussex and Worcester counties should there be a major problem with the current transmission network that links Salisbury and Ocean City in Maryland and Bethany Beach in Delaware," said John Allen, vice president, Delmarva Power.

"This project represents another step in Delmarva Power's commitment to continue to provide safe and reliable electric service to our customers."

Delmarva Power plans to hold community meetings in the near future to provide more details on the project. The company will provide the public with the schedule once it has been finalized.

## Baked dessert

FROM PAGE 10

Tomasello researched the history of the confection.

Baking is only a small part of being a baker, adding to the culinary conversation is critical to the profession, and understanding not only what comprises a dessert but why it was selected enables her to make everything she learns to prepare her own.

"It's really interesting to do the research," she said.

Baked Desserts is also doing what they can to encourage healthier and better eating. While it may sound odd that healthful consumption is among a baker's most prominent concerns, as Tomasello explains it the move is part

of understanding what confection is all about.

They've recently added gluten-free options for many of their products and have begun developing a diabetic-friendly line of sweets. But their twist is to keep everything natural, disdaining the notion that chemicals are the only way to replace sweetness.

In addition to their commitment to natural ingredients, one of the other ways the Baked Dessert Cafe tries to focus on more healthful consumption is to offer single serving-sizes of nearly everything they make. It's likely the reason their cupcakes have become such a hit.

"It's important to stay with what we do best," Tomasello said. "We try and stay in touch with what we're committed to."

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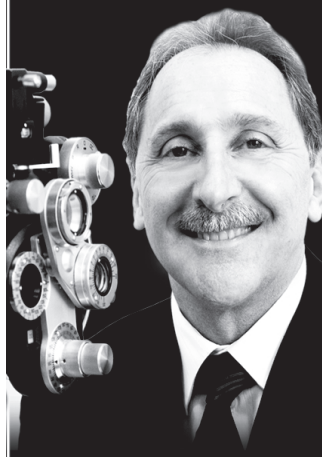
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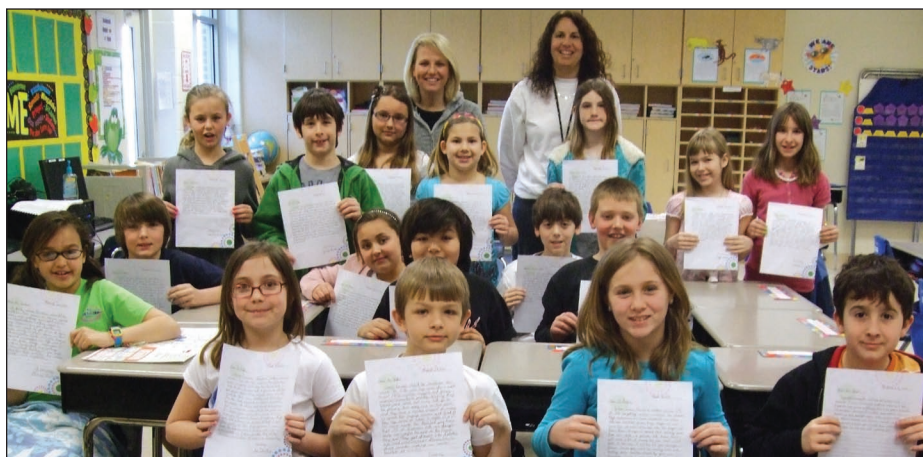
SUBMITTED/BAYSIDE GAZETTE

**DAR WINNERS** — Two Worcester Preparatory School students were honored by the Maryland State Society DAR for their winning essays at an Awards Luncheon in Hunt Valley on March 26. Colton Edmunds won the American History Essay Contest for Grade 5 and received a \$200 award for his "Memoirs of Paul Revere." Halie Murray-Davis, Grade 11, won the Christopher Columbus Essay Contest and received a \$500 award. Their essays have advanced to compete at the Eastern Division level. Pictured are Pat Arata, Regent, Colton Edmunds, Halie Murray-Davis, and Lenore Huffer, American History Committee chairman.



SUBMITTED/BAYSIDE GAZETTE

**LIONS AND LAMBS** — Kindergarten students at Showell Elementary have been learning about weather. This month, Miss Pike's class made lion and lamb masks to demonstrate the saying "March comes in like a lion and goes out like a lamb." Pictured are Tyler Pursel, Na'Sier Tull and Mia Diehl.



SUBMITTED/BAYSIDE GAZETTE

**HEALTHY FOOD** — Mrs. Faith Murray and Mrs. Kristin Rorke's fourth grade class from Ocean City Elementary School show off their letters on writing to persuade our school cafeteria to serve healthier foods. Pictured are: Angela Hein, Tanner Mayhue, Maddie McVicker, Erik Olsen, Jenna Banks, Xan Johnston, Kaleigh Redner, Carlos Mijares, Brandon Tabb, Wesley Powell, Skylar Moore, Chad Fischer, Kaitlyn Peters, Michaela Vinogradov, Lindsey Hutchins, Jenna Miller, Tara Fischer, Mrs. Rorke and Mrs. Murray



SUBMITTED/BAYSIDE GAZETTE

**TALL DWARFS** — Worcester Prep's 7th and 8th grade students presented "The Tale of Snow White" by Barbara Lennon to students in the Lower School, parents, and friends. Worcester's "tall" dwarfs were played by Grace Tunis, Victoria Lawrence, Julia D'Antonio, Hannah Arrington, Regan Shanahan, Bridget Brown, and Hayley Larsen.



SUBMITTED/BAYSIDE GAZETTE

**MSA CHEERS** — Students in Miss Julie Biscoe's kindergarten class at Ocean City Elementary School took a trip to Dr. Biscoe's fourth grade class and each child had the opportunity to wish the fourth graders good luck during MSA testing by saying, "Do your best on the MSA test!" Pictured are Julisa and Gianni.



SUBMITTED/BAYSIDE GAZETTE

**TIGER FOOD DRIVE** — The Little Tigers collected food donations for needy families. Their smiles show how happy they are with all the bags of good food they collected. Alex Bunting, Roxana; Hugh Thomas Cropper, Ocean City; Ben Tinkler, Berlin, Carter McCabe, Ocean View; and Aidan Hammond, Berlin.




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# Worcester Prep alumnus commands military sealift

BERLIN – Lieutenant Commander Robert Rosales, a 1989 graduate of Worcester Preparatory School and a 1993 graduate of the United States Naval Academy was appointed Commanding Officer in the U.S. Navy's Military Sealift Command, posted in the British Indian Ocean Territory on the atoll of Diego Garcia.



Lieutenant Commander  
Robert Rosales

He commands a unit that provides logistical and administrative support to vessels and crews in theater and works

closely with representatives from numerous armed services from the U.S. and other nations.

According to Rosales, "This is a unique assignment for me, as it is the first in my Navy career where I am not flying jet aircraft. Here in the Indian Ocean, I'm strategically positioned between unrest in the Middle East and nuclear crises in Japan, executing tasking to support operations in both theaters."

At Worcester Prep, Rosales was an outstanding student and athlete. He starred in Worcester's musicals, was a top soccer player, and received numerous academic awards. Rosales was the featured speaker for Worcester's 2007 Commencement Exercises.

Lt. Cmdr. Rosales has accumulated over 3,100 flight hours and has logged 485 carrier arrested landings. His awards include the Air/Strike Flight Medal, the Navy Commendation Medal (six awards), the Navy Achievement Medal, and various unit and campaign

awards.

Rosales was designated a naval aviator in 1996 and received orders to Sea Control Squadron 41, San Diego, for fleet training in the S-3B Viking. He served as Schedules Officer, Assistant Operations Officer, and Aircraft Division Officer in Jacksonville and completed two inter-deployment training cycles and one deployment aboard USS Eisenhower to the Mediterranean and Arabian Gulf, flying missions in support of operations Deliberate Forge and Southern Watch. In 2000, he served as Weapons and Tactics Instructor for the S-3B Viking community and then transferred to the Sea Control Weapons School after its establishment in 2001.

As Naval Aviations Safety Officer and Logistics Officer, Rosales served on the staff of Carrier Air Wing Two in the Western Pacific and Arabian Gulf aboard USS Constellation for her final cruise. During this deployment he flew missions in support of operations Southern Watch and Iraqi Freedom and later with Sea Control Squadron 32, he flew sorties from the USS Enterprise in the Mediterranean, Arabian Gulf, and Western Pacific, in support of operations Enduring Freedom and Iraqi Freedom.

Lt. Cmdr. Rosales reported next to Training Squadron 21 at Kingsville, Texas, where he served as the squadron's Training Systems Officer and Operations Officer until 2008 instructing intermediate and advanced flight students in the T-45 Goshawk and in 2009 he transferred to the staff of Training Air Wing 2, serving as the Wing Training Officer.

Lt. Cmdr. Rosales assumed command of MSCO Diego Garcia in April of 2010. He is the son of Drs. Mario and Florentina Rosales of Seaford and Ocean Pines.



SUBMITTED/BAYSIDE GAZETTE

**MIRROR ON THE WALL** – Worcester Prep's 7th and 8th grade students presented "The Tale of Snow White." In the traditional "Mirror, Mirror on the Wall" scene, Elena LaPlante, as Snow White with the poison apple; Devin Hammond, as the hip-hop spouting mirror; and Caroline Lewis, as the Evil Queen and stepmother.

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# HEALTH

## BAYSIDE

# Health Department offers nutrition tours at grocery stores

BY TONY RUSSO  
STAFF WRITER

BERLIN – Kathy Wool, R.D., L.D.N. arrived early and was waiting at the front of the Food Lion grocery store for what she hoped was a significant number of people to take part in her nutrition tour. The event was sponsored by the Worcester County Health Department and Wool worried that the timing might have been off or that word hadn't gotten out sufficiently as only two participants had yet arrived.

As it turned out her concern was unnecessary because by a little after 10 a.m., the advertised start time, there were plenty of participants, many of whom came prepared not only with questions but also with shopping lists. While Wool had intended the class primarily as instructional, some attendees were really looking forward to putting what they learned into practice immediately.

At one time, grocery store tours were a rare and sometimes costly event because they are mildly time-intensive and often conducted by a nutritionist or dietician with a private practice, but the health department has been sponsoring these with more regularity recently and will likely continue to do so. Their notion and mandate is that the healthier they can get people to live, the better they can begin to reduce the growing demand for what are often preventable community health needs.

After decades of poor or mis-information regarding the "best" kinds of diets, both the private and public health



TONY RUSSO/BAYSIDE GAZETTE

Kathy Wool led a recent health department sponsored grocery tour focussing on nutrition. It's part of the department's effort to promote healthier living.

communities have begun to make some headway with the greatest dieting secret of all time — when it comes to weight loss and maintenance, calories are really the only thing that matters.

It's a theme Wool constantly returned to throughout the tour. She likes to use what might be called a calorie bag analogy:

Assume your total calorie intake ought to be 1,500 per day, this number is person specific so might be higher or lower based on your goals and condition. If you imagine each item you eat being placed in a calorie bag that only holds 1,500 calories and when the bag

is full, you're done eating for the day. By these lights, one fast food lunch might be all you can have, if that's what you choose. But for health reasons, one calorie-packed meal per day is both unwise and impractical.

While additional room can be made in the bag through burning calories through exercise, the mental picture of running out of room is a helpful way to stay in touch with the facts of reasonable consumption. By using it, a person can change their entire attitude about food to a balance between what they'd like to have and which foods will best fit into their calorie bag.

It follows, then, that foods that keep you satiated the longest with the fewest number of calories, or rather the most productive calories, can help fill the bag in the most effective way. To that end, both the tour and the newest nutritional guidelines focus on vegetables.

After fielding questions Wool began in the produce aisle talking about how to make sure to get the bulk of your calories from vegetables. Possibly the most important revelation was that, when shopping in a grocery store, frozen vegetables can be superior to fresh depending upon the item and the season.

Since many fresh fruits and vegetables have to be shipped before they're finished ripening, out of season frozen vegetables that are picked ripe and flash-frozen can have a higher nutrient count.

Wool was able to provide similar insights from the dietician's perspective at nearly every turn, helping participants not only to understand the highly-specialized terms that appeared on many of the nutritional labels but also to put familiar terms into better perspective.

Early on, for example, she pointed out that to get a better picture of how much sugar an item contains, divide the grams by four and that's the number of teaspoons — an item with 20 grams of sugar per serving would have the equivalent of five teaspoons of sugar.

Wool said she believed the tour was a success and looks forward to continuing the program in the future. For more information about this and other free programs sponsored by the Worcester County Health Department call Prevention Services at 410-632-1100.

## FITNESS ADVICE

### Keeping fitness functional



By David & Lisa Long

"Core" and "Functional" have become two favorite buzzwords relating to fitness. Fitness programs and magazines tout functional and core as part of their program regimens.

What does it mean for an exercise to be truly functional?

Technically speaking, a functional exercise is multi-joint and multi-plane. More broadly, a functional exercise is one that is relevant to real-world challenges. Functional training simply means training our bodies to better perform the types of movements we use for everyday living.

Time spent developing strength, flexibility, and agility, to name a few, has the optimum carry-over

into daily activities.

Strength movements you perform on a daily basis can be categorized into the following groups:

- **Lifting:** laundry basket, grocery bags, child/grandchildren;
- **Reaching:** refrigerator or clothes dryer, dishes on shelves, grabbing objects on floor;
- **Power:** standing up from chair, going up stairs, walking up incline;
- **Balancing:** walking on uneven surfaces, moving while holding awkward objects.

"Is your exercise routine functional?" Is it preparing you to be better at life? When you come to the conclusion that it most likely is not, then you need a change.

How can you tell if it is functional? "Do I do anything that looks or feels like this ever?" Rarely in our

daily lives do we move in isolation. Weight machines are not considered functional. They can get a particular muscle stronger; but, will you have the balance and stability to use that muscle if you are falling?

Exercise should be a rehearsal to take what ever life throws your way. Be ready to run, jump, squat, and throw.

Choosing a functionally based fitness program will absolutely improve every aspect of your life. Begin by finding the right coaches/trainers. Inquire about functional training.

CrossFit is growing in this area; this is without a doubt one of the most functional programs anywhere. Look up your local CrossFit affiliate for more information.

*Lisa and David Long are trainers who own Live Long Fitness in West Ocean City. 410-213-1078, [www.livelongfitness.com](http://www.livelongfitness.com), [livelongfitness@live.com](mailto:livelongfitness@live.com)*



## Atlantic Endoscopy Center receives high grades from patients

BERLIN — The staff of Atlantic General Hospital's Atlantic Endoscopy Center has some numbers to celebrate. The death rate from colon cancer has been dropping steadily for more than 20 years, in large part because regular screenings are finding the disease earlier when it is easier to cure. According to the American Cancer Society, there are more than one million colon cancer survivors in the U.S.

Awareness of the importance of early screening continues to increase, but more can be done. Colorectal cancer is still the second leading cause of cancer-related deaths in this country.

That's why the Atlantic Endoscopy has another number to share: a level of patient satisfaction that ranks it within the top 1 percent of hospitals across the nation; 100 percent of Atlantic Endoscopy Center patients surveyed rated their care as "good," "very good" or "excellent" according to the most recent quarter's data. This is a rating that the center has achieved consistently since opening in 2008.

"We have achieved this level of satisfaction because we have a dedicated team of clinical staff and physicians who work hard each and every day to provide the best care possible," said Terry Moore, RN, clinical leader of the Atlantic Endoscopy Center.

"We acknowledge that the screenings we provide are uncomfortable or even embarrassing for some, but we do everything in our power to put our patients at ease and make the process as easy for them as possible."

Moore went on to stress the importance of regular screenings, particularly among those groups, such as African American men, who are at increased risk for developing colorectal cancer.

"It's critical that you get your colon cancer screening when it's time," Moore said. "Colon cancer is one of the most curable cancers if it is caught early."

For more information about colon cancer screening and the providers that offer this service in our community, visit [www.atlanticgeneral.org/endo](http://www.atlanticgeneral.org/endo).

## Worcester County Health Department hosts annual Public Health Conference

OCEAN CITY — The Worcester County Health Department recognizes National Public Health Week April 4-10 by hosting its 2nd Annual Public Health Conference.

Community leaders from law enforcement, education, nonprofits, medical facilities, nursing homes, government, business and other sectors have been invited to attend the conference from 8 a.m.-3 p.m. on Wednesday, April 6, at the Carousel Resort, 11700 Coastal Highway in Ocean City.

The conference features keynote speaker Bonnie Braun, the first endowed chair and director of the Herschel Center for Health Literacy at the University of Maryland College Park - School of Public Health. She will open the conference with a presentation about health care reform.

The conference will also provide an

opportunity for participants to work together on setting priorities and solutions to public health challenges in Worcester County. The conference will conclude with a presentation about prevention and management of bed bug infestations.

Since 1995, communities throughout the country have celebrated National Public Health Week the first week of April to draw attention to the need to help protect and improve the nation's health. For more information about National Public Health Week, visit [www.nphw.org](http://www.nphw.org).



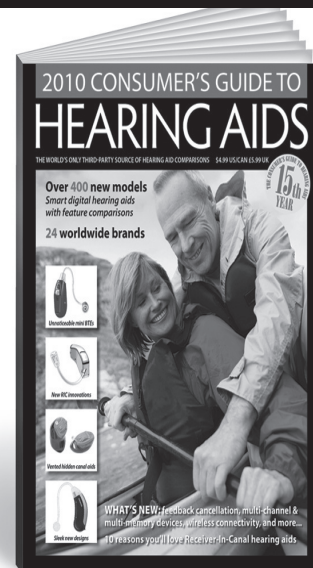
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# SPORTS

## BAYSIDE



THOMAS MELVILLE/BAYSIDE GAZETTE

Stephen Decatur pole vaulter Dan Cericola clears 11 feet 6 inches on his second attempt on Monday afternoon. He finished second behind teammate Brad Hollowell. (Below) Corey Zimmer leads at the beginning of the 3200m race. For more Stephen Decatur track photos, visit [www.melvillemediaphotos.com](http://www.melvillemediaphotos.com).

## Decatur track dominates season opener



BERLIN – Stephen Decatur track and field teams started the season hot even if the temperature was biting cold in Seahawk Stadium.

The Decatur girls won with 266 points over Wicomico (82), Snow Hill (76), Arcadia (42) and Crisfield (41).

The boys accumulated 334 points to beat Snow Hill (80), Wicomico (62), and Crisfield (29).

The Decatur boys dominated the meet with superior depth in several events. Multiple winners were Cordontè Ayres in the 100m and 200m sprints; Shameal Stanley won the triple jump and long jump; and Brad Hollowell won the pole vault (12 feet 5 inches) and 300m intermediate hurdles.

The Decatur girls also routed the field with depth in many races and field events. Isabella Iampieri won the 300m intermediate hurdles and 100m high hurdles; and Ravyn Saunders won the 800m and 400m races.

## SPORTS BRIEFS

### HEALTHY U 5K

Healthy U of Delmarva hosts a 5K run and 1-mile non-competitive walk 10 a.m. Saturday, April 2, at the Salisbury University track and field complex on Wayne Street. Entry fee for the run is \$10 in advance, \$20 that day.

Day-of registration begins at 9 a.m. Proceeds benefit Healthy U's summer camps for local children.

To download a registration form, visit the Healthy U of Delmarva at [www.healthyudelmarva.org](http://www.healthyudelmarva.org). For more information, call 410-742-9202.

### WOR-WIC 5K RUN

The Wor-Wic Community College Foundation is sponsoring a 5k run and Law Enforcement Cup Challenge 9 a.m. on Saturday, April 2, at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury. Proceeds will benefit the students of Wor-Wic.

Law enforcement teams are invited to compete for the Law Enforcement Cup, a trophy that will be passed to the winning agency from year-to-year. The challenge is open to employees of any law enforcement agency. Each agency can have an unlimited number of teams, with up to three officers per team.

The 5k run is also open to the public. Register at [www.active.com](http://www.active.com). The entry fee is \$25 per person for those who register by March 31. For information, contact Janice Murphy, director of development at Wor-Wic, at 410-334-2808.

### DOLPHIN FOOTBALL SIGN UP

Free Football Camp – 10:30 a.m. to 1 p.m. Camp consists of offense/defense positional instruction, agility, speed drills and player positional evaluations at Buckingham Elementary School April 2 and football sign up for ages 6 to 13 years. Anyone unable to attend sign up call Donnie 443-497-1577 or Ron Bireley 410-641-0948

Travel Team – Dolphins looking into possibility of adding a travel team season in August to lead into the fall season.

### DOLPHIN'S GIRLS CLUB

Cheerleader sign-ups and spring mini camp – Berlin Dolphin football club has announced the formation of the youth Berlin Dolphins cheerleading dance squad. Open to ages 5 years old and up.

Dolphins Girls Club cheerleading, dance squad, baton twirling sign ups begin April 1, anyone interested can contact Vicki at 410-641-3480.



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# Summer sports camps sizzle at Worcester County Recreation Center

SNOW HILL – Worcester County Recreation and Parks (WCRP) is gearing up for its 2011 summer recreational and sports summer camp season, which is expected to deliver action and excitement for school-age children entering grades 1-8.

For the third consecutive year, WCRP will offer Early Bird, Sunset, half-day and full-day camp options. There are also a greater number of sports and recreation camps to participate in than ever before.

In total, WCRP will offer 23 camps at the Worcester County Recreation Center in Snow Hill and other sites across Worcester County.

"We're excited to offer so many options for parents in our county," said program manager Myro Small, who will oversee the basketball, flag football and track camps this summer. "Children can choose camps for their favorite sport or activity, or participate in Sports Combination Camps where they will participate in multiple sports during the same week."

WCRP will offer traditional camps that teach fundamental skills in traditional sports, such as basketball, soccer, baseball, tennis and volleyball. Participants will take part in daily drills, modified games, and full game situations by the

end of the camp week.

The diversity of the camps includes golf, flag football, and track camps. For children that cannot decide on just one sport, WCRP is offering Sports Combo Camps and Recreation Sports Camps that will cover a wide range of traditional and non-traditional sports.

Sports Combo Camp, for example, will include traditional sports such as basketball, soccer, volleyball, and flag football. The camp will also aim to expose campers to other sports such as badminton, table tennis, and much more.

"The Recreation Center programs are great. The confidence my children have gained since participating in them is unbelievable," said Diane Hurney, whose three active children participate in many WCRP programs.

This year, WCRP will also offer three sessions (two weeks each) of swimming lessons for children ages 3 and up at the Pocomoke River State Park (Shad Landing Pool) in Snow Hill.

Session One will begin Tuesday, July 5, at 8:30 a.m. with Level 1, 2, and 3. Starting at 9:30 a.m. Beginner, Advanced Beginner, Intermediate, Swimmer, and Advanced Swimmer will be offered.

Session Two will begin Monday July 18, at 8:30 a.m. with Beginner, Advanced

Beginner, Intermediate, Swimmer, and Advanced Swimmer Levels being offered. At 9:30 Splish Splash (this will be the only session of this level), Levels 1, 2, and 3 will be offered.

Session Three will begin Monday, Aug. 1, at 8:30 a.m. with Levels 1, 2 and 3. Starting at 9:30 a.m. Beginner, Advanced Beginner, Intermediate, Swimmer, and Advanced Swimmer levels will be offered.

Age, ability, and maturity are all factors for deciding the appropriate level for a child interested in swim lessons. WCRP employees will work with all participants to ensure that they are in the proper swim lesson level.

"The teaching staff at the pool, along with all of the skills that my girls learned, makes the Swim Lessons program one of the best in the area," said parent Heidi Pusey. "The quality and affordability of the program is exceptional, and I will be signing them up again this summer."

Summer Camp excitement will begin Monday, June 20, and the final week of camp will run the week of Aug. 15. Financial aid for sports and recreational camps are available to those who show a demonstrated need. Contact WCRP for more information regarding the Summer Camp programs at (410) 632-2144.

## Eastern Shore Senior Games in Salisbury this spring

SALISBURY – From pickleball to bowling to a 5K run/walk, the Eastern Shore Senior Games celebrates its 12th year with a variety of competitive activities for young-at-heart athletes.

The games are Thursday-Saturday, May 5-7, at Salisbury University's Maggs Physical Activities Center and athletic fields, and other locations throughout the community. An opening ceremony at 5 p.m. Friday, May 6, includes the keynote addresses "Fitness Challenges Across a Lifetime" with Dr. Scott Mazzetti and "Injury Prevention in the Older Athlete" with Dr. Brent Fedorko, both of the Health and Sport Sciences Department.

Competitions include aquatics, badminton, bowling, 40K cycling race and recreational ride, fitness testing, floor and foul basketball shooting, golf, pickleball, pump and run, table tennis, tennis, track and field, and team volleyball.

Registration is \$25 for a single sport, \$40 for unlimited sports. Entries must be postmarked by Monday, March 21. Entries for unlimited sports only will be accepted through Monday, April 11, at a cost of \$60. Additional fees apply for bowling, golf and volleyball. There is no day-of registration.

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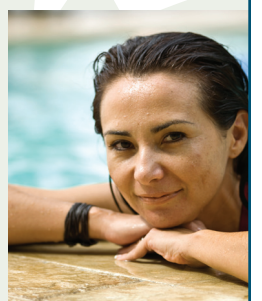
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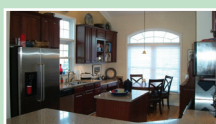


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## Invest in Your Community...

# 442-acre property along Ayers Creek to be conserved

## Public nature preserve planned, including new access for water recreation

BERLIN – The Trust for Public Land has conserved a large, forested wetlands property along a half-mile of Ayers Creek, the conservation group, Worcester County, and the Maryland Department of Natural Resources announced Wednesday. The property is within the 4,000-acre Holly Grove Swamp area, and will be the first large wooded area available for public access in northern Worcester County and a priority for local conservation efforts.

The eastern portion of the 442-acre property in Berlin fronts Ayers Creek, which enters the north of the property as a small stream but quickly widens into a tidally-influenced, brackish waterway that flows into the upper reaches of Chincoteague Bay. Ayers Creek is a popular canoeing and kayaking destination.

Protecting natural resources in the Holly Grove Swamp area, a contiguous block of coastal plain forest, has been a priority for Worcester County and the Maryland Coastal Bays Program. The Chesapeake office of The Trust for Public Land (TPL), a national conservation organization, which has been working to conserve the property since 2008, negotiated the purchase of the property and facilitated its conveyance to Worcester County.

The county will work with the Maryland Coastal Bays Program to restore forests and wetlands on the property. The County and Maryland Coastal Bays Program are also planning a kayak and canoe launch on the eastern shore of Ayers Creek for a proposed watertrail system.

"Worcester County is pleased to participate in this acquisition as it will offer new recreational experiences for residents and visitors, as well as help preserve the natural beauty and water quality of Ayers Creek," said Bud Church, Worcester County commissioner.

"Holly Grove, Ayers Creek, and the waterways of the coastal bays are remarkable natural and recreational resources," said Kent Whitehead, TPL's Chesapeake program director.

Funding for the \$1.875 million purchase included \$1.375 million awarded from the National Oceanic and Atmospheric Administration's Coastal and Estuarine Land Conservation Program (CELCP), and \$500,000 awarded by Maryland's Program Open Space, as recommended by the Maryland Board of Public Works.

Because of its ecological significance, the property ranked third in the nation under the competitive CELCP program. U.S. Sen. Barbara Mikulski, chairwoman of the Commerce, Justice and Science Appropriations Subcommittee that oversees funding for CELCP, and U.S. Senator Ben Cardin support the

program.

"Since 2002, Congress has provided NOAA with more than \$230 million to conserve coastal and estuarine areas across the country," said Mikulski. "This funding has led to more than 120 projects over the years that not only protect valuable wetlands but also provide public access. Ayers Creek is one of Maryland's natural treasures. That's why I'm proud NOAA chose to help preserve this unique area as part of its national competition."

"Protecting this Ayers Creek property will protect an important landscape, help the water quality of our coastal bays, and serve as important habitat for numerous species of plants and animals," said U.S. Sen. Ben Cardin, chairman of the Water and Wildlife Subcommittee of the Environment and Public Works Committee.

"The acquisition of this property through federal, state and private funding will provide public access to a landscape that is essential to the health of our natural world and a part of the county's rural character."

"We are grateful to the county and state of Maryland for their commitment to conserving this Ayers Creek property, and particularly grateful to Congress and the Administration for supporting this competitive grant program that enables coastal states like Maryland pursue critical conservation targets such as the Ayers Creek property," added Whitehead.

The property is in a critically important area for preserving the water quality of Maryland's coastal bays, and serves as an important habitat for dozens of reptile, amphibian, and neotropical migrant bird species. It is also one of the few sites in the area where the red-bellied water snake has been observed.

"This acquisition shows the great work that can happen when federal, state, county and non-profit groups work together," said Maryland Department of Natural Resources Secretary John Griffin. "Projects like Ayers Creek illustrate the State's commitment to providing opportunities for public recreation and ecological education. This land will not only be available for all Marylanders, but will help preserve a quality of life for generations to come."

"The Ayers Creek property truly encompasses the ecological, conservation, recreational, historic, and aesthetic values that CELCP was created to protect. This property saves vital habitat for wildlife, including threatened and endangered species, creating a variety of outdoor recreation opportunities, and expanding the boundaries of a previous CELCP conservation project in the area.

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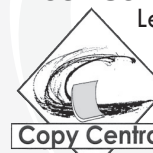
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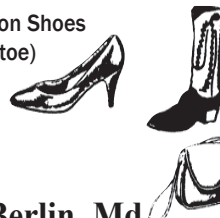
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# OPINION

## BAYSIDE

### NEWS SPEAK

"I believe the town has taken a positive step ..."

-Mayor Gee Williams,  
on Berlin signing a new power contract

BAYSIDE GAZETTE

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LOUANN GRIM  
GRAPHIC DESIGNER

TONY RUSSO  
STAFF WRITER

MARY COOPER  
SALES MANAGER

### EDITORIAL

## Time for OPA to cut loses and end the YMCA land dispute

While it's a shame things turned out the way they did, it's probably time for the Ocean Pines Association to cut its losses in regard to the property dispute with the Mid-Delmarva YMCA, content that they proceeded in good faith throughout the process.

It is perplexing that given the ill will, let alone the prevailing economic circumstances, the YMCA remained interested in keeping the property after it was clear they would not be able to develop it in the way they had planned. The likelihood that after having behaved so selfishly in the matter they will ever be able to gain support for anything beyond the wildlife observation deck is approaching nil.

That they fought so hard to secure the project and spent so much money to retain land they will probably never be able to use in a productive way is as much an affront to the Ocean Pines Association members as it is to those whose dues go to support the organization.

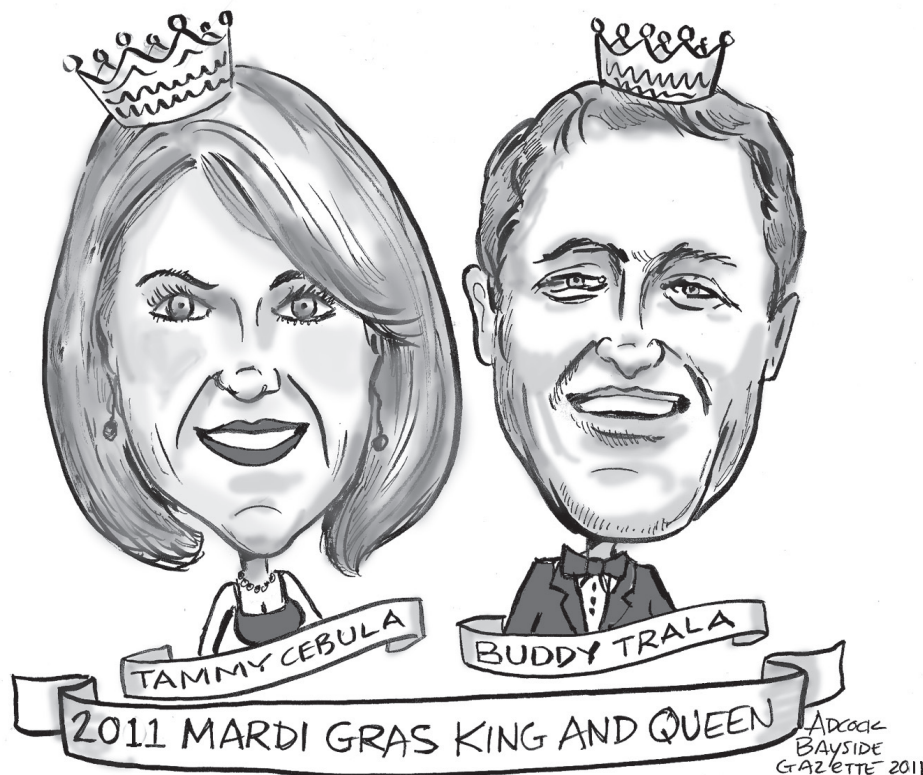
In fact, YMCA program members will turn out to be the real losers as the funds they provide to help maintain and improve the existing properties have been siphoned off to gain an asset what will surely never benefit them.

For the OPA's part, it is clear that they fulfilled their duty by taking the case as far as it will go, now it's time to chalk it up to a lesson learned and move on.

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The Bayside Gazette office is located at  
Atlantic Business Center  
10031 Old Ocean City Blvd. Suite 101  
Berlin, MD 21811  
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**Total: \$136,492.01 raised by six participants**  
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### LETTERS EDITOR

## ACT in favor of wind energy bill

Editor:

Dear Senator Jim Mathias and Delegates Norm Conway and Michael McDermott,

As the Executive Director of Assateague Coastal Trust, in Berlin, I am writing to thank Senator Mathias and Delegate Conway for your sponsorship of HB1054/SB861, the Maryland Offshore Wind Energy Act, and urge Delegate McDermott to support the bill.

The Board of Directors of the Assateague Coastal Trust have taken the position that offshore wind development, properly regulated, is necessary on the Delmarva Peninsula in order to reduce our consumption of fossil fuels, decrease our dependence on coal burning energy plants, and move forward to a more sustainable future.

The Coastal Bays watershed is already facing impacts from sea level rise and by switching to more sustainable energy sources, such as offshore wind

farms, we will help protect this watershed for future generations.

The Maryland Energy Administration estimates that a transition to wind generated electricity will cost homes \$1.44 a month starting in 2016 decreasing over time. We question the cost statistics being quoted by oil and coal industry lobbyists as dubious, at the very least.

Delaying this bill another year will only increase the costs of offshore wind development. It is time for Maryland to stop finding excuses and move forward, for the sake of our communities and our natural resources.

We thank Senator Mathias and Delegate Conway for your leadership and urge Delegate McDermott to vote favorably on HB1054/SB861 the Maryland Offshore Wind Energy Act.

Kathy Phillips, Executive  
Director  
Assateague Coastal Trust Inc.,  
Berlin

## MBS casino night a big success

Editor:

A huge thank you is, once again, extended to our wonderful community! Most Blessed Sacrament Catholic School held our 3rd Annual Casino Night fundraiser on March 5 and it was a huge success!

We are grateful for the tremendous generosity of the local community including 16 local restaurants who donated wonderful signature dishes and many, many local businesses who donated spectacular items for our auction!

The proceeds far surpassed our expectations and raised much needed funds for our school!

A night of fun and community fellowship was had by all! Kudos again to the spectacular community in which we live!

Lisa Delisi, Casino Night  
Committee Chair



## OBITUARIES

### Frank Stephen Scherer

OCEAN CITY – Frank Stephen Scherer, age 91, died Wednesday, March 30, 2011 at Atlantic General Hospital in Berlin. Born in Washington, D.C. he was the son of the late Frank Robert Scherer and Anna Weber Scherer. He was preceded in death by his wife Peggy Iona Scherer.

Mr. Scherer was a United States Navy veteran. He had retired from Verizon where he had worked for many years as technician.

He is survived by his son, Frank S. Scherer Jr. and his wife Janet; his daughter, Patricia Groth and her husband Jim; two grandsons, Robert and Jimmy Groth; two great grandsons, Cori Wolf and Dustin Groth; one great great grandson, Parker Wolf; many nieces, nephews and a host of friends.

A funeral service will be held on Saturday, April 2, at 3 p.m. at the Burbage Funeral Home in Berlin. Friends may call one hour prior to the service. Interment will follow in Sunset Memorial Park.

### Charles Joseph Buckheit

BERLIN – Charles Joseph Buckheit, age 78, passed away peacefully at his home on March 26, 2011. He was the son of the late Joseph Buckheit and Charlotte Steger Buckheit.

Mr. Buckheit had worked as a police officer with the New York City Police Department having retired after 20 years of service. He spent 15 years in security at World Financial Center in New York City. In 1992 he moved to Berlin. He enjoyed horse racing and football and loved his family and home.

He is survived by his loving wife of 60 years, Joan; two sons, Charles Buckheit and his wife Margaret and Paul Buckheit; four grandchildren, Christopher, Peter, Lauren and Matthew. He was preceded in death by his son Michael in 1993. Also surviving is a sister, Charlotte Cahill; a brother, John Buckheit and several nieces and nephews.

Friends may call on Thursday, March 31, from 2-4 p.m. and 6-8 p.m. at the Burbage Funeral Home in Berlin. A Mass of Christian Burial will be offered on Friday, April 1, at 11 a.m. at Holy Savior Catholic Church in Ocean City.

In lieu of flowers donations may be made to Coastal Hospice, PO Box 1733, Salisbury, MD 21801.

### Helen E. Pruitt

SALISBURY – Helen Elizabeth Davis, age 88, died Friday, March 25, 2011 at her home in Salisbury. Born in Snow Hill she was the daughter of the late Harry Daisey and Amanda Pruitt Daisey. She was preceded in death by her husband Virgil F. Davis Sr. in 1987.

Mrs. Davis had been a devoted mother, grandparent and homemaker. She was a member of Calvary Baptist Tabernacle in Salisbury.

She is survived by her children, Carolyn Taylor and her husband Paul of Bishopville, Ronnie Davis of Berlin, Virgil Davis Jr. And his wife Marguerite of Gumboro, Bonnie Murray and her husband Richard of Salisbury, Joan Doyle and her husband Pete of Oviedo, Fla., Arthur Davis and his wife Joann of Salisbury, Grace Carey and her husband Robert of Laurel, Del., and Linda Parsons and her husband Frank of Cleveland, Tenn.; 21 grandchildren; 30 great grandchildren; 11 great great grandchildren; sisters, Lois McDaniel and Frances Twilley and numerous nieces and nephews. She was preceded in death by her siblings, Elsie Davis, George Daisey, Edgar Daisey, Lawrence Daisey, Linwood Daisey, Stella Daisey, Thelma Gravenor, Mildred Davis and Horace Daisey.

A funeral service was held on Monday at the Calvary Baptist Tabernacle on Tilghman Rd. in Salisbury. Interment was in Willards Cemetery in Willards.

Donations may be made to Coastal Hospice, PO Box 1733, Salisbury, MD 21804 or to the Calvary Baptist Tabernacle, 337 Tilghman Rd., Salisbury, MD 21804. Arrangements are being handled by the Burbage Funeral Home in Berlin.

Condolences may be sent to the family at burbage@burbagefuneralhome.com.

### Frank Daniel Altobelli

BERLIN – Frank Daniel Altobelli, age 80, died peacefully at home in Monday, March 28, 2011. Born in Pennsylvania he was the son of the late Thomas

Altobelli and Domenica Repiti Altobelli. He is survived by his wife, Evelyn D. Altobelli.

Mr. Altobelli had a very broad career. After working as an FBI Agent for many years, he went on work for the Department of Transportation where he retired as a regional administrator. He was a member of St. John Neumann Catholic Church where he served as an usher, Past President of NARFE, Past President of Mended Hearts Salisbury Chapter and Past Vice President of the Sons of Italy.

Along with his wife he is survived by three sons, Frank D. Altobelli Jr. and his wife Kathryn, Mark T. Altobelli and his wife Kimberly and David L. Altobelli and his wife Desma; one daughter, Denise M. Altobelli and her husband Rod Titcomb; three step daughters, Margaret K. Wicker and her husband Wesley, Barbara S. Hardy and her husband Paul and Cynthia J. Schuster; two sisters, Madeline Ryan and her husband William and Grace Greene and her husband Don; 13 grand children; and many nieces, nephews and a host of friends.

He was preceded in death by his brothers, Paul and Thomas Altobelli.

A Mass of Christian Burial will be offered on Friday, April 1, at 1 p.m. at St. John Neumann Catholic Church in Ocean Pines. Friends may call one hour prior to the service. The Rev. Thomas Protack will officiate. Interment will be in Spring Hill Memorial Gardens in Hebron.

In lieu of flowers donations may be made to the charity of your choice. Arrangements are being handled by the Burbage Funeral Home.

### Earl Gray Davis

BERLIN – Earl Gray Davis, age 88, died Sunday, March 27, 2011 at Atlantic General Hospital. Born in Berlin he was the son of the late John K. and Fronie Gray Davis. He was preceded in death by his wife Martha Owens Davis in 1987.

Mr. Davis was a graduate of the University of Baltimore. He had worked as a data processing manager for the State of Maryland in the Motor Vehicle Administration.

He was a United States Marine veteran of WWII, member of the Sons of the American Revolution, member of the John Snoot Society, Boggs-Disharoon American Legion Post 123 in Berlin, and an avid fisherman and Republican.

He is survived by his son Timothy Owens Davis and his wife Candace of Nottingham; five step-grandchildren and 24 step-great grandchildren. Also surviving is a brother, Harold L. Davis and his wife Nancy of Ellicott City; and five nieces.

A funeral service will be held on Thursday, March 31, at noon at the Burbage Funeral Home in Berlin. Friends may call one hour prior to the service. Interment will follow in Evergreen Cemetery. Donations may be made to Atlantic General Hospital, 9733 Healthway Dr., Berlin, MD 21811.

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# SLOOF

## LIRPA

## Berlin buy any other name would smell as sweet

### Marketing company to purchase naming rights of town

YOUR AD HERE – According to a press release from Town Hall, the town formerly known as Berlin, Md. will have a new name, several actually. In a move that Mayor Gee Williams said would solve the town's financial difficulties in both the long and short term the council voted unanimously to engage the Sweden based Namnet marketing company to license naming rights for the municipality.

"In these difficult economic times

we have to look for revenue generating opportunities wherever we can," Williams said. "Frankly, it will be for the best both in terms of place recognition and in tourism."

The naming rights auction will be held instead of the pig races at the Spring Celebration next month. The reserve amount of \$500,000 has already sparked interest from national chains.

Last year Topeka, Kan., had an amount of success when it renamed itself "Google" for March. Although the gambit was aimed at convincing the Internet giant to do business in the state capital, the attention sparked the imagination of Swedish marketing guru Salme Thorvaldsen who has been licensing

town-naming rights all over the planet over the last year.

In addition to helping Reebok purchase Trainer, Ark., and Sony name PS3, Wash., Thorvaldsen has been instrumental in putting together smaller deals such as Orangina, N.Y., and Jose Cuervo, N.M.

"The thing with marketing partnerships is you have to bring something to the table," he said. "A town that presents no tourism options isn't going to get a big name sponsor, but this town has something special."

Both pharmaceutical companies seeking to establish dominance in the active senior market have apparently been seeking an historic downtown of

Berlin's character for some time. But Thorvaldsen cautions not to ignore what he calls the "coup" factor.

"I can't even repeat what it cost for Sony to rename a Washington city, right in the heart of Microsoft X-Box country," he said. "But it was worth it to them."

Similarly he alluded to the company behind "the other white meat" might be more than happy to shell out high dollars for chicken country real estate.

Part of all the deals, Thorvaldsen said, is the licensee bear the cost of changing letterhead and hosting the new name for the town website on their own.

"Who knows," said Williams. "Since we won't have pig races this year maybe we can have a race to name the town."

## Residents in uproar over shortage of Natural Light

People in Worcester County and Lower Delaware refuse to switch to fancy beers

OCEAN CITY – At first it started with a rumble, or maybe it was a belch, but something got the bartender's attention at Kirby's Pub on 94th Street on Sunday. Customers were upset; and they had a right to be.

Right in the middle of last weekend's NASCAR race the bar was running lower on Natural Light than Dale Earnhardt Jr. was on fuel in the final laps, and things were looking dire.

"We had to make a special run to find more Natty Light, but every place was running low," said bartender Adam Conner. "I don't know what is going on but there's going to be a riot if this thing don't get fixed real soon."

Resident Don "Happy Hour" Ramsey was not "happy" last Sunday. "What is a man to do? You guys with your fancy imported beers like Sam Adams and Amstel Light are too busy watching yacht races, but the real men need a can of beer and car race."

The reason? As usual, President Obama is to blame. The big government regulations made it easier for sissy beers – like imports Heineken, Corona and Sapporo – to move into markets that are traditionally filled with blue collar beer drinkers.

"I'm sure Obama is drinking wine from France and beer from Germany right now while he orders his staff to pour out the American beers," said a disgusted Jimmy Smith, who likes his Natty Boh ice cold and in a can. "Big government is ruining this country."

Another reason Natural Light is not



SUBMITTED/BAYSIDE GAZETTE

Jimmy Smith and Don "Happy Hour" Ramsey were upset about the lack of Natural Light in Ocean City.

as easily available is because of a glitch at the nearest bottling company that led to a reduced amount of the brand being bottled and shipped. Company representatives blamed big government for the mix up.

"It's just another case of the government poking its nose into where it don't belong," said company spokesman Alan B. Alans. "We're now back on track and all orders will be filled."

Bars and restaurants up and down Coastal Highway were relieved to hear that their stock of Natural Light cans will be re-supplied for this weekend's race.

"I'm sure Obama is drinking wine from France and beer from Germany right now while he orders his staff to pour out the American beers."

-Jimmy Smith,  
Ocean City resident

### Local man drives the speed limit - no matter what

BERLIN – For James Feeley it all started with a ticket. Feeley was cited for doing 63 mph in a 55 mph zone, which cost him nearly \$100 in fees and upped his insurance premiums. But the 60-year-old retiree said he's learned his lesson and will never break the speed limit again. Ever.

In fact, Feeley has made kind of a hobby out of helping other people to observe the limit, getting on single lane roads such as Route 589 during busy traffic times and making sure that under no circumstances does he break the law.

"I'm retired and have nothing but time on my hands so I felt like, if the government thought it was important enough to spend millions if not billions annually enforcing the limit, I should do my part," Feeley said. "Plus, every now and again I get in front of a police officer, it drives them crazy."

Feeley said he logs about 300 miles per day, generally along Coastal Highway, Route 589, and Assateague Road. He chooses his route based on where he believes the problems lie.

"You can tell the roads that have the most speeding because they never have police speed traps," Feeley said.

He added that he's not worried about rising gas prices because he's got plenty of money and all the time in the world.

"What do I do? Nothing," he said. "So why sit in my house running the AC and listening to the radio when I could do the same thing outside and help my fellow citizens better obey the law? It's kind of a public service I provide."

Feeley also invested in and learned hot to use a Bluetooth so he could call the police every time someone passed him on Route 50 going above the limit. The police, he said, have the right to know.

HAPPY APRIL FOOL'S DAY



# Ward Wildfowl Carving Competition in April

OCEAN CITY – For more than 40 years, talented artists from the United States, Canada, Europe and Asia have convened in Ocean City to showcase their carving skills at the Ward World Championship Wildfowl Carving Competition and Art Festival.

The Ward Museum of Wildfowl Art, Salisbury University, once again hosts the event at the Roland E. Powell Convention Center in Ocean City, from Friday-Sunday, April 29-May 1.

On display will be more than 1,400 wildfowl carvings, many of which are created by the world's best artists, naturalists and authors. These spectacular birds, which are coveted by celebrities and avid collectors alike, mimic wildfowl species such as red tail hawks, bald eagles, saw whet owls, wood ducks and thousands of wildfowl species from around the world.

Competitors of all levels of experience, from youth to world champions, compete against their peers for top honors, including cash awards and the world champion's carving on display in the Ward Museum for one year.

This year, the competition introduces a new Silhouette Division for young competitors. Each entry must be a life-size replica and made of wood one-inch thick or less. World champion carver Del Herbert of Chula Vista, Calif., hopes this new division will encourage the next generation of carvers.

"The Silhouette Division gives young people a simple project to complete, which will allow them to become involved in carving and learn the fun of competition. That's one of the great things that the Ward Museum has been doing in the last few years – putting a

lot of emphasis on youth involvement," he said.

In addition to viewing the plethora of fine carvings and sculptures, visitors also may purchase paintings, photography, carvings, bronze sculptures, jewelry, folk art, home decorating items and carving supplies from more than 100 vendors who will be on site.

For the avid decoy collector, or anyone who wants to begin their own collection, Saturday's auction is a great place to bid on original carvings by top artists from around the world.

There will also be a silent auction for the two winning carvings from the Champagne Waterfowl Division. Additionally, visitors have the chance to purchase carvings directly from the artists at the Carvers Art Shop.

Activities for children are plentiful at the Kids Corner and include: creating soap carvings, carving feathers using power tools, receiving instruction from a world champion carver and decoy painting, among others.

A list of hotels offering special rates to visitors attending the show is available

on the museum's web site. Show hours are 10 a.m.-5 p.m. Friday April 29, and 9 a.m.-5 p.m. Saturday, April 30, with the awards ceremony beginning at 5 p.m.

On Sunday, May 1, show hours are 10 a.m.-4 p.m. Tickets are \$10 for adults, \$8 for seniors and students, children 12 and under are admitted free when accompanied by a paying adult. Three-day passes to the event are available for \$18.

For more information, call 410-742-4988, ext. 120, or visit [www.wardmuseum.org](http://www.wardmuseum.org).

## Grand re-opening at Furnace Town on Saturday

SNOW HILL – Come join the fun at Furnace Town! On Saturday, April 2, Furnace Town will hold a grand re-opening from 10 a.m.-4 p.m. Celebrate the start to a new year with games, refreshments, music, and much more!

Take a walk down the Corduroy Road and explore life in the 1800s. Watch artisans create 19th century pieces of art. Once you have had the chance to explore, come learn and play Game of Gracies and Hook and Rope.

Snow Hill Mayor Steve Mathews ribbon cutting ceremony will be at noon followed by refreshments. At 2 p.m., watch brave volunteers race down the furnace ramp on toy tractors!

Our Grand Re-Opening will begin at 10:30 a.m. Activities will be held throughout the day. Kids are free with one paying adult. Children must be accompanied by an adult. For more information, visit [www.furnacetown.com](http://www.furnacetown.com).

# FINAL MARKDOWN

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THOMAS MELVILLE/BAYSIDE GAZETTE

**GIVING THANKS** — P.J. Aldridge thanks all the king and queen contestants during Mardi Gras for raising more than \$138,000 for his foundation and Worcester Youth and Family Counseling Services on Friday night at the Carousel in Ocean City.



THOMAS MELVILLE/BAYSIDE GAZETTE

Mardi Gras queen candidates Tara Gates, Kathy Denk and Tammy Cebula.



THOMAS MELVILLE/BAYSIDE GAZETTE

Tracie Miller, Dina Tiberi and Jeanette Deskiewicz have fun at Mardi Gras.



# MARDI GRAS



THOMAS MELVILLE/BAYSIDE GAZETTE

Marla Robertson, Todd and Natalee DeHart at Mardi Gras.



THOMAS MELVILLE/BAYSIDE GAZETTE

Dave and Mandi Wells at Mardi Gras



THOMAS MELVILLE/BAYSIDE GAZETTE

Nora Duke, Carolyn Cordial and Jana Hubbard have fun at Mardi Gras.



THOMAS MELVILLE/BAYSIDE GAZETTE

Jennifer Kelly and Corey Leggour at Mardi Gras.



THOMAS MELVILLE/BAYSIDE GAZETTE

Sonya Carmack at the Matteo's table at Mardi Gras.



THOMAS MELVILLE/BAYSIDE GAZETTE

Erika Phillips, Dan Pascucci, Anita Pascucci, Preeti Yonker and Errin DePalmer have fun at Mardi Gras.



CALENDAR

BAYSIDE

ON-GOING EVENTS

**INTRODUCTION TO FLYING**  
Saturdays in April  
Ocean City Municipal Airport,  
presented by Ocean City Aviation  
Assoc.  
Four sessions, 10 a.m. to 11:30  
a.m. \$10 per person. To register:  
410-641-6888.

**FOOD DRIVE**  
Month of April  
Curves of Berlin, 13th Annual  
Food Drive. \$30 donation or equiva-  
lent donation for Curves reusable  
grocery bag. For more information:  
410-641-0509.

**CRAFT SHOP**  
Saturdays & Sundays  
Pine'eer Craft and Gift shop open  
10 a.m. to 4 p.m. White Horse Park,  
Ocean Pines. Handcrafted items  
created by the members.

**NETWORKING**  
Every Thursday  
The Early Birds, 7:30 a.m. TC  
Diner, West Ocean City. Free.  
Reservations required, 410-600-  
5320.

**BUILDING MATERIALS SALE**  
Every first and third Saturday  
Habitat for Humanity, 310 E.  
Market St., Snow Hill. 8 a.m. to  
noon. Building materials, appli-  
ances, doors, windows, cabinets,  
vanities, fixtures, furniture and more.  
Selection and prices vary depend-  
ing on inventory. Proceeds fund the  
Flower Street, Berlin house con-  
struction.

**STORY TIME AT THE ZOO**  
Every Tuesday  
Salisbury Zoo, for children 3-5  
years old. 10 a.m. to 11 a.m. Story  
and craft project. All children must  
be accompanied by an adult. Call  
410-546-3440 for more information.

**STORY TIME**  
Tuesdays - Berlin  
Wednesdays – Ocean City  
Thursdays – Ocean Pines  
Library, 10:30 a.m. Stories,  
rhymes, finger plays, music and  
crafts. A different theme each week.  
For ages 2-5.

**BABY PLAYTIME**  
Tuesdays – Ocean Pines  
Thursdays – Ocean City  
Fridays - Berlin  
Library, Tuesdays, 10:30 a.m. For  
children 0-5.

**HOUSE RAFFLE**  
Til Labor Day  
Ocean Pines Volunteer Fire  
Department annual fundraiser. Win  
a new 3 bedroom, 2 bath home.  
Limited tickets will be sold - \$100  
each. Call 410-641-8272. Drawing  
will be on Labor Day.

**BINGO**  
Fridays  
Knights of Columbus, 9901  
Coastal Hwy., Ocean City. Doors

open 6 p.m. Games begin 7 p.m.  
410-524-7994.

**BREAKFAST**  
Sundays  
Knights of Columbus, 9901  
Coastal Hwy., Ocean City. 9 a.m. to  
noon. \$8 per person, \$4 children.  
410-524-7994.

**PANCAKE BREAKFAST**  
Saturdays  
VFW Post 8296, 104 66th St.,  
Ocean City. 9 a.m. to noon. \$5 per  
person.

**BEACH SINGLES**  
Thursdays  
45 plus Happy Hour, 4 p.m. to 7  
p.m., Clarion Hotel, 10100 Coastal  
Hwy., Ocean City. For more informa-  
tion, 302-436-9577.

Thursday, March 31

**WHO’S COOKING**  
Learn new recipes and how  
to whip up fast, easy meals.  
St. Andrew’s Catholic Church,  
Sinepuxent Ave., Ocean City, 2 p.m.  
\$5 per person. Pre-register at 410-  
250-0300.

**ART RECEPTION**  
Opening Art Exhibit Reception,  
UMES, Mosley Gallery, 4 p.m. to 6  
p.m. Fine Art Student Show. Show  
on display through April 29. 410-  
651-7770 for more info.

Friday, April 1

**FIRST FRIDAY**  
Snow Hill, shops and galleries  
open til 8 p.m. Art openings, special  
discounts, music and open house  
and tour at River House Inn. For  
more info: 410-632-2080.

**JURIED ART EXHIBIT**  
Art League of Ocean City, 502  
94th St., bayside. 9th annual cor-  
porate sponsor juried art exhibit.  
Opening reception 5 p.m. to 7 p.m.  
Show runs through April 30.

**PINK BOOK LAUNCH**  
Atlantic Hotel, Berlin, 5:30 p.m.  
Pink Book launch and art and fash-  
ion sale, to benefit The American  
Red Cross Lower Shore. For more  
info: 443-880-7795.

Saturday, April 2

**BINGO**  
Most Blessed Sacrament School,  
Racetrack Rd.. Doors open 5 p.m.,  
bingo begins 6 p.m. 20 games plus  
specials. Prizes, auction, 50/50,  
bake sale and other food items. \$20  
in advance, \$25 at the door. 410-  
430-9156 for more info.

**BAZAAR AND CAR WASH**  
Deaf Independent Living Assoc.,  
at 806 Snow Hill Rd., Salisbury.  
Donate gently used items to sell or  
come to shop. Food. Funds to sup-  
port Camp Adventure scholarships.

443-365-2647 for more info.

**INDOOR FLEA MARKET**  
Bethany Untied Methodist Church,  
Rt. 611 & Snug Harbor Rd., Berlin.  
Breakfast and lunch, baked goods.  
For info: 410-629-0926.

**FUNDRAISING EVENT**  
Benefitting the Lacrosse Club  
of the Eastern Shore, Blue Ox  
Restaurant, 5 p.m. to 9 p.m. Must  
be over 21 to attend. Auction items,  
50/50. Funds raised will be used to  
send kids to recruiting camps. \$20  
per person includes buffet and bev-  
erage. For tickets e-mail: surfmore@  
live.com.

**5K RUN – WALK**  
Healthy U of Delmarva hosts,  
5K run and 1 mile walk, Salisbury  
University track, Wayne Street. Run  
\$10 in advance, \$20 day of event,  
walk free. Registration required, 9  
a.m. To register: 222.healthyudel-  
marva.org.

**5K RUN**  
Wor-Wic Community College at  
Rt. 50 and Walston Switch Rd. Law  
enforcement teams are invited to  
compete for the Law Enforcement  
Cup. Each agency can have an  
unlimited number of teams with up  
to three officers per team. Also open  
to the public. Trophies. \$25 per per-  
son. Register at: www.active.com.

**FRIED CHICKEN BUFFET**  
Mt. Pleasant Church, Willards. 11  
a.m. until.. Adults \$11, children \$5,  
under six free. Bake table and car-  
ryouts.

**GO BERLIN GREEN**  
Berlin Town Council Chambers,  
noon. Grow Berlin Green and the  
Lower Shore Land Trust workshop.  
Learn how to make some simple  
adjustments around the house and  
yard that can have lasting benefits  
for your home, wildlife and the  
watershed.

Sunday, April 3

**BREAKFAST**  
Community Church at Ocean  
Pines, 8:30 a.m. to 12:30 p.m.  
\$6 per person. Proceeds benefit  
Volunteers in Missions.

**SPRING CHOIR CONCERT**  
UMES, Ella Fitzgerald Center for  
the Performing Arts, 4 p.m. 410-651-  
6571 for more info.

**PFLAG**  
Parents, Families and Friends of  
Lesbians and Gays is being formed  
in the Rehoboth area. First monthly  
meeting, 4 p.m., Epworth Church,  
19285 Holland Glade Rd. 302-841-  
1339 for more info.

Wednesday, April 6

**QUILTERS**  
Quilters by the Sea Guild, Ocean  
Pines Community Center, 12:30

p.m. Meet to make quilts for local  
charities. 410-641-8898 for more  
info.

Thursday, April 7

**OPEN HOUSE**  
Atlantic General Hospital,  
Outpatient Infusion Center ribbon  
cutting and open house. 4 p.m. to 6  
p.m. Ribbon cutting 5 p.m. 410-629-  
6400 for more info.

**MUSIC PERFORMANCE**  
Great Hall, Salisbury University,  
featuring harpist Melissa Tardiff  
Dvorak and violinist Sonya Hayes. 2  
p.m. 410-543-6271 for more info.

**WOMEN’S CLUB**  
The Women’s Club of Ocean  
Pines meeting, Ocean Pines  
Community Center, 10 a.m. 410-  
208-6708 for more info.

**BREAKFAST CLUB**  
Cottage Café, Bethany Beach,  
9:30 a.m. Jeff Fried, President and  
CEO of Beebe Medical Center will  
speak on the state of our health  
care system. Open to the public.  
Space is limited, to register: 302-  
251-8901 ext. 102.

**OPEN HOUSE**  
Ocean City Convention & Visitors  
Bureau open house for business  
owners, managers and sales per-  
sonnel, both current members and  
those interested in membership are  
encouraged to attend. 2 p.m. For  
more info: 410-289-2800.

Saturday, April 9

**INDOOR YARD SALE**  
Berlin Intermediate School,  
Franklin Ave., Berlin. 8 a.m. to 2  
p.m. For more information 410-641-  
4421.

**INDOOR YARD SALE**  
Roxana Volunteer Fire Company,  
7 a.m. to 1 p.m. Food available. Call  
302-381-4838 for more info.

**HUGE YARD SALE**  
Berlin Lioness Club, 48  
Brandywine Dr., Ocean Pines. For  
more info: 410-641-5569 or 410-  
641-6648.

**VERA BRADLEY BINGO**  
Kiwanis Club of Greater Millsboro,  
Millsboro Fire Hall, State Street.  
Doors open 6 p.m. Games begin  
7 p.m. \$20 in advance, \$25 at the  
door. For tickets call 302-934-5245.

**THIN MINT WALK-RUN**  
Salisbury City Park, sponsored by  
Girl Scouts of the Chesapeake Bay.  
Registration 8 a.m. 5K walk begins  
9 a.m. Pre-registration. 8 & under  
free; 9-14 \$10; 15-18 \$15; 19 and  
over \$20. No strollers for run, but  
allowable for walk. No pets allowed.  
Children under 18 must be accom-  
panied by an adult. Register: www.  
gscb.org.

**WALK THE BOARDS**  
Ocean City boardwalk Tram  
Station to raise funds for St. Jude’s  
Children’s Research Hospital. \$15  
donation to walk. 410-213-1956 for  
info.

Sunday, April 10

**ROSIE THE RIVETER**  
Carousel Hotel, Ocean City  
Aviation Assoc. fundraiser, cash bar  
4:30 p.m., dinner 5 p.m. Show fol-  
lowing dinner. \$35 per person. 410-  
726-7207 for reservations.

**BASIC BOATING COURSE**  
Ocean Pines Library, three eve-  
ning course, April 12, 13 & 14. 6  
p.m. to 9 p.m. The course meets  
the requirements of the Maryland  
Boating Safety Education Act. \$15  
per person includes course materi-  
als. For more info: 410-629-1016.

**BUILD A KITE**  
Delaware Seashore State Park,  
10 a.m. to 11:30 a.m. and Saturday  
April 16, 2 p.m. to 3:30 p.m. Make  
your own kite, suitable for ages 6  
and up. Materials provided. \$5 per  
person. Meet at the Indian River  
Life-Saving Station Museum. Rain  
or shine.

**ITALIAN DINNER**  
Kiwanis Fundraiser at DeNovo’s,  
Ocean Pines. Three seatings: 5,6  
& 7 p.m. Limited seating. Walk-ins  
permitted space available. Adults  
\$10, children 12 and under \$5.  
Reservations requested, 410-208-  
6719.

**SPRING CLEAN-UP**  
Town of Ocean City’s annual  
clean-up and yard sale. Northside  
Park. Includes bulk pick-up Saturday  
6 a.m. to 2 p.m. and Sunday 6  
a.m. to 1 p.m. Amnesty program to  
collect fireworks, ammunition and  
weapons. 410-524-0318 for info.

**EASTERN SHORE DINNER**  
Harrison’s Harbor Watch, benefi-  
ting the Berlin Heritage Foundation.  
Noon to 4:30 p.m. tickets \$15 per  
person or for a limited time two for  
\$25 for mail orders postmarked by  
April 1. Mail order the Foundation at  
P.O. Box 351, Berlin, MD 21811 or  
cal l410-641-1019.

**TEAM CHALLENGE**  
Winterplace Park, 1st Team  
Challenge to benefit Cancer Support  
Community-Delmarva. 2 p.m. to  
6 p.m. Challenge courses, relay  
races, diaper derby, music, refresh-  
ments. Teams of 4-6 \$100, individu-  
als \$25. Register at 410-546-1200.

**BRIDAL SHOW**  
Lighthouse Sound, Bishopville,  
noon til 3 p.m. Presented by Rox  
Weddings and Events. Free.  
Hor’dourves, fashion shows, music  
and more.

**SPAGHETTI DINNER**  
Atlantic United Methodist Church,  
105 4th St., Ocean City. 4 7 p.m.



## LIVE

## ENTERTAINMENT

## ➤ ATLANTIC HOTEL

Main Street Berlin  
MONDAY – Earl Beardsley

## ➤ BJ'S ON THE WATER

75th St. Bayside  
410-524-7575  
FRIDAY – No Byscuyts  
SATURDAY – Davis Holiday Band  
WEDNESDAY – Tommy Edward & Melissa Rose

## ➤ CLARION RESORT

10100 Coastal Hwy. Ocean City  
410-524-3535  
FRIDAY – Power Play  
SATURDAY – Power Play

## ➤ DENOVO'S

South Gate – Ocean Pines  
410-208-2782  
SATURDAY – Al Prescott  
TUESDAY – Al Prescott  
WEDNESDAY – Al Prescott  
THURSDAY – Al Prescott

## ➤ FAGER'S ISLAND

60th St. & the bay, Ocean City  
410-524-5500  
FRIDAY – Hot Tub Limo  
SATURDAY – Trip Wire

## ➤ GALAXY 66

66th St. Ocean City  
410-723-6762  
FRIDAY – The Williams Project



Al Prescott @ Denovo's

## ➤ GLOBE

12 Broad St. Berlin  
410-641-0784  
SATURDAY – The Kaleb Brown Reggae Band  
SUNDAY – Mike Armstrong

## ➤ GREEN TURTLE NORTH

11601 Coastal Hwy.  
410-723-2120  
FRIDAY – DJ Wax  
SATURDAY – DJ Wood



Power Play @ The Clarion

## ➤ GREEN TURTLE – WOC

Rt. 611  
410-213-1500  
FRIDAY – DJ Soulfinger/DJ Skip Dixon

## ➤ HARBORSIDE

West Ocean City  
THURSDAY – Opposite Directions  
FRIDAY – DJ Billy T  
SATURDAY – Under The Outhouse  
SUNDAY – Opposite Directions  
MONDAY – DJ Billy T  
TUESDAY – John LaMere  
WEDNESDAY – Crowded Outhouse or Johnny Bling

## ➤ HARPOON HANNAS

142nd St. Bayside  
WEDNESDAY – Bobby Burns

## ➤ HOUSE OF WELSH

1106 Coastal Hwy. Fenwick  
1-888-666-0728  
FRI. – SUN. – Tony Vegia  
WEDNESDAY – Bob Hughes

## ➤ MARINA DECK

Penington Commons – Rt. 589  
Ocean Pines, 410-641-5590  
FRIDAY – Barbara Claire on Piano  
SATURDAY – Patrick McAllorum

## ➤ THE PURPLE MOOSE

Talbot & Caroline on the Boards  
410-289-6953  
FRIDAY – Alive n Kickin  
SATURDAY – DJ Obb/Alive n Kickin

## ➤ SEACRETS

49th & the Bay, Ocean City  
410-524-4900  
THURSDAY – DJ Wax  
FRIDAY – the Benderz  
SATURDAY – Full Circle/Rising Sun/Garden State  
Radio/Lucky You

## ➤ STEER INN

Rt. 589 – Racetrack Rd.  
410-208-1900  
THURSDAY – DJ Wax  
FRIDAY – Kid Davis & the Bullets  
SATURDAY – Bird Dog & The Road Kings



Opposite Directions @ Harborside

## Big &amp; Small . . . .

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## MARYLAND LOTTERY WINNING NUMBERS WEEK ENDING SATURDAY, MARCH 26, 2011

Midday			Evening		Daily		
Date	Pick 3	Pick 4	Pick 3	Pick 4	Bonus Match 5	Bonus	
03/20/11	914	4146	195	4020	04 09 11 14 25	36	
03/21/11	577	6642	750	3336	03 05 07 29 36	24	
03/22/11	972	1151	870	8728	03 11 17 30 34	37	
03/23/11	377	2948	800	3690	02 09 20 34 36	23	
03/24/11	221	9712	462	2442	04 12 16 30 36	15	
03/25/11	181	8493	322	3198	12 13 19 24 31	02	
03/26/11	245	4894	278	3271	02 15 22 29 38	20	

Date	MULTI-MATCH
03/21/11	02 14 16 17 20 41
03/24/11	01 07 08 11 18 34

Date	Powerball	Bonus	POWERPLAY
03/23/11	05 15 26 28 32	09	2
03/26/11	04 10 11 19 33	27	4

Date	Mega Millions	Bonus	Megaplier
03/22/11	01 14 35 50 53	43	4
03/25/11	22 24 31 52 54	04	4

For the most current Lottery information, go to [mdlottery.com](http://mdlottery.com)



CROSSWORD

SUDOKU

GET READY TO ROLL By Kevin G. Der / Edited by Will Shortz

- Across

1 Ornate

5 Spreads

12 Old pol. entity

15 Like some skiing

16 Dark patch on a distant sun

17 Niña accompanier

18 Roams

19 Century in Amer. politics

20 Pony

21 Yenta’s habit

23 River to the North Sea

24 Bally enthusiasts

26 Off-white pottery

28 Sharp-tongued

29 Land in a stream

31 Thin as \_\_\_

32 Temper

34 Galumph

36 They may get people talking

38 Jazz style

42 General Assembly figure, for short

43 Mine, to Marie

45 Sun Devils’ sch.

46 Underlying

47 Dutch brews

50 Ticket presenter

51 Shred

53 Period of the Cenozoic Era

55 Meditate (on)

58 Like much of New Orleans’s French Quarter

60 Beaver’s home

61 Shankar piece

62 \_\_\_ acid

63 Hoedown seating

64 Pooh’s pal

66 What you used to be?

68 Bickering

72 “I like your thinking”

76 “Cat \_\_\_,” 1965 film

77 Red-haired film princess

79 Olds sedan

80 Shot source

82 Exchange fig.

83 Citrusy cocktail mixer

86 Focus of a class action?

88 Novelist Hoag

89 Cancún, e.g.

92 Flap

94 Drink with tempura, maybe

97 “Howards End” role

98 Centipede maker

101 Singular

102 Balancing acts?

103 Kaplan course, briefly

105 Waited longer than

107 Drillmaster’s call

108 Called

110 Rhodes of the Rhodes scholarships

114 M.P.G. watcher

115 “make.believe” sloganeer

116 \_\_\_ guisada, Tex-Mex stew

117 Kind of gun

119 Continue

123 Twin Cities sch.

124 Waikiki wear

126 Yellow pool items

128 That, in Toledo

129 Sophocles title hero

131 Station line

134 \_\_\_ del Carmen, Mexico

135 Told stories

136 Norwegian king called “the 77-Down”

139 Clear

140 Station identification

143 Tie up

144 Pixar robot with a female voice

145 London daily

146 Rot

147 Letter in 145-Across

148 Cheat

149 Cheers

22 Hawaiian pizza topping

25 Minstrel songs

27 Month before juin

29 Swift’s “A Tale of \_\_\_”

30 Soap opera creator Phillips

33 “\_\_\_ Mio”

35 Ambulance, slangily

37 One in a maze

39 Schemed together

40 For \_\_\_ (cheaply)

41 Alexander, to Aristotle

44 Sardegna, e.g.

47 Asia’s \_\_\_ Sea

48 What writer’s block may block

49 5-4 ruling, e.g.

52 Assembly area

54 Spanish food brand

55 Old PC part

56 O.K., in Osaka

57 Ones with the Christmas spirit?

59 Mariner of note

63 Steel or bronze

65 Card catalog abbr.

67 Tracker’s aid

69 Child-sized mitt

70 Promise to pay

71 Large cask

73 The Crimson Tide, for short

74 Bass lover?

75 Irish Rose’s beau

77 See 136-Across

78 “\_\_\_ had it!”

81 Nine

84 Skater Midori

85 Exsiccates

87 Campsite sight

90 Slowing, in mus.

91 French possessive

93 Highlands daggers

95 Water color

96 “Survivor” homes

98 More than pale

99 Hosiery color

100 How some shares are sold

101 Suited to a person’s strengths

104 Edible mushroom

106 Charge

109 Fork

111 Said “No fair!”

112 They have rates and ratings

113 Jay who jests

118 Tongue-lash

120 Engage in a 1920s fad

121 One way to turn

122 Cornhusker St.

125 Draws out

127 Clowns’ toys

129 Still in the game

130 Spent

132 Merry-go-round music

133 Sly type?

134 W. or Bam

137 Actress Skye

138 Nettles

141 Sound at a spa

142 Neth. neighbor

For any three answers, call from a touch-tone phone: 1-900-285-5656, \$1.49 each minute; or, with a credit card, 1-800-814-5554.

1	2	3	4		5	6	7	8	9	10	11		12	13	14
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144					145								146		
147					148								149		



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© Puzzles by Pappocom  
MEDIUM - 8

Fill in the blank spaces in the grid so that every vertical column, every horizontal row and every 3 by 3 box contains the numbers 1 through 9, without repeating any. There is really only one solution to each puzzle.

					4	3		
				5	2	8		
3	4	9	6			7		
9						2	8	
	5						3	
	3	4						7
		3			8	1	2	6
		7		6	5			
		8	2					

The answers to last week's puzzles

3	9	7	1	6	2	5	8	4
5	8	6	7	9	4	2	1	3
1	4	2	8	3	5	7	9	6
8	5	9	3	4	1	6	7	2
7	6	3	2	8	9	1	4	5
2	1	4	5	7	6	9	3	8
9	2	1	4	5	8	3	6	7
4	7	5	6	1	3	8	2	9
6	3	8	9	2	7	4	5	1

POTLUCK	RANWITH	KRUPP
ETHANOL	ONEACRE	OATER
THEPELICAN	BRIEF	THEPO
EEL	GEED	CLESTARIN
RAMPAGE	UGLYDUCK	KLING
ATTEST	GINO	FIE
THESTERILE	CUCKOO	OWEN
NASH	ADOS	DOINAPOLI
ONT	PAWER	ATL
ON	PAWER	ATL
SIXDAYS	SOFT	THECONDOR
STANLEE	EAR	GLUESTO
TOKILL	AMOCKING	BIRD
OUIDA	LAD	HOOPS
UTTERS	NOH	ALAN
TSAR	THEMALTESE	FALCON
PRE	MEIR	ALLUDE
LONESOME	DOVE	GALPALS
AMANAS	TUN	WALT
RAVEL	WHERE	EAGLESDARE
CHARM	HOLYDAY	BRUITED
HALOS	OSSEOUS	ESPNEWS



# CUISINE

## BAYSIDE

## Dairy- and sugar-free buckwheat crepes with fruit filling

There's nothing like a good crepe to solve a fair number of problems. Take it a step further and fill the aforementioned



By Paul Suplee,  
CEC, PC III

crepes with a light and fruity filling and you are really on to something.

A thin pancake of notably French origin (isn't everything that is good French, after all? A bit more on that later), this morsel of goodness can be a formidable feast when wrapped around a powerhouse sandwich (veggies), or maybe strips of chicken and fresh pesto, or as is most popular, with fruit and whipped cream.

Freshly sliced Prosciutto with basil leaves, EV Olive oil and fresh mozzarella make a perfect filling to roll up. The versatility is rather amazing.

Sweet, savory and either way amazingly tasty, the versatile crepe can make anyone happy.

So, back to the French notion that they are responsible for inventing oxygen, and don't forget that my surname is as Gallic as they come. A friend of mine recently purchased a French Oven, err I mean a Dutch Oven. Comically, since the brand was French, they wouldn't dare give any complimentary credit to another nation, so 'French' oven it was.

As much as the French love themselves, and we do, suffice it to say that we/they are not responsible for global culinary goodness, although our/their contributions by no means are to be demeaned through this diatribe. It's just that many countries have crepe-style dishes, and it would be hard to convince anyone that one nation reigned supreme over the rest.

For one prime example, when Catherine de' Medici married into the French crown, she brought not only the fork to the French table, but she also brought her Florentine chefs. Many culinary anthropologists have felt for years that the Italian chefs also imported their vast and developed repertoire of sauces and soups with them.



But don't run that by my ancestors. Sacre Bleu!

But as often happens in this column, I wander from the path of reason as I bounce from one topic to the next. All in all, it's just another day at the office.

When I make crepes at home, they comprise the one treat that everyone in the family enjoys. They are light, flavorful and extremely utilitarian. Plus, once you realize exactly how easy and enjoyable they are to make, they are a simple way to dazzle and impress.

Making crepes for the gaggle this fine and cold night, I decided to lean toward a specialty request I had during a charity dinner I cooked over the weekend. One of the guests was asking me about healthier menus, and as you may have noticed over the past year, I am trying to explore healthier avenues of feeding folks while maintaining flavor. It is a difficult and deli-

cate balance.

Taking a basic crepe recipe, I merely tweaked it with some buckwheat flour and some Stevia which is a natural sweetener derived from plant leaves. Somehow it's no-calorie and better for you, so I play with it on occasion.

Another trick that I use is to cook with fresh fruit juices. Pear juice and apple juice are good for desserts, but you have to be careful in using these, since sugar is sugar. Too much of any fruit juice can cause problems, but that's your call. From a taste standpoint, you can't beat the fresh juice.

And when the day is done, and the Frenchman in me finishes his last crepe, I can only revel with nationalistic pride on the genius of 'our' pancakes.

### DAIRY- AND SUGAR-FREE BUCKWHEAT CREPES

1 ¼ c. Buckwheat flour

- 1 tsp. Sea salt, finely ground
- 3 ea. eggs
- 2 c. Almond milk
- 15 drops Stevia or other artificial sweetener
- 3 Tbsp. Butter, melted
1. Combine everything except the butter with a whisk
2. Drizzle in the butter as you whisk vigorously and you are done with the batter
3. If you are only using buckwheat flour, let it sit for at least an hour before you make the crepes. If you are softening it with tapioca or another starch, adjust the time accordingly
4. When the batter is ready to go, heat a non-stick pan and spray very lightly with spray
5. Ladle in 1/3 c. batter and swirl the pan around, effectively making an incredibly thin layer of batter
6. As the batter cooks through, it will become dry on top. At this point, carefully flip it over and cook the other side for about 30 seconds
7. Remove from the pan and place on a plate, covering with a towel to maintain the heat while you cook the rest of the crepes
8. Fold in half and then in half again, and stuff with your fruit filling
9. Top with whipped cream if pre-

ferred and sprinkle with mint

### FRESH FRUIT FILLING

- 1 ea. Fresh Peach
- 1 ea. Granny Smith Apple, peeled and sliced
- 1 ea. Bosc or Anjou pear, peeled and sliced
- 6 ea. Strawberries, hulled and sliced
- 1 c. fresh apple or pear juice
- Mint for garnish
1. Place the pear, peach and apple in a saucepan with the juice
2. Simmer just until the fruits begin to soften
3. Adjust with any seasoning you like; maybe mint, cinnamon, basil and freshly cracked pepper. These add subtle nuances (assuming that your use of them is not heavy-handed) and the finished dish will appreciate these little additions.

*Paul G. Suplee is a certified executive chef and ProChef certified Level-3. He is a writer and culinary instructor. His ePortfolio can be found at [www.heartofakitchen.com](http://www.heartofakitchen.com).*



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